



Body Image Screen- Gender Spectrum (BIS-GS) (Adapted)

DIRECTIONS: Choose two answers for each body part. (1) Check the most appropriate box as to how you feel for each specific body part, and (2) choose yes or no as to whether you would want to change each body part if it was possible through medical or surgical treatment.

If you do not have the body part, first choose no (don't have), then check the most appropriate box as to how you feel about NOT having that body part. Then choose yes or no as to whether you would want to change that body part if it was possible through medical or surgical treatment.

1. Nose

Have?

Yes

No

Very Satisfied (1)

Satisfied (2)

Neutral (3)

Dissatisfied (4)

Very Dissatisfied (5)

Change?

Yes

No

2. Shoulders

Have?

Yes

No

Very Satisfied (1)

Satisfied (2)

Neutral (3)

Dissatisfied (4)

Very Dissatisfied (5)

Change?

Yes



No

3. Hips

Have? Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change? Yes
No

4. Chin

Have? Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change? Yes
No

5. Calves

Have? Yes
No

Very Satisfied (1)
Satisfied (2)



Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

6. Breasts

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

7. Hands

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No



8. Adam's apple

Have?Yes No Very Satisfied (1) Satisfied (2) Neutral (3) Dissatisfied (4) Very Dissatisfied (5) **Change?**Yes No

9. Vagina

Have?Yes No Very Satisfied (1) Satisfied (2) Neutral (3) Dissatisfied (4) Very Dissatisfied (5) **Change?**Yes No

10. Scrotum

Have?Yes No Very Satisfied (1) Satisfied (2) Neutral (3) Dissatisfied (4)



Very Dissatisfied (5)

Change?

Yes

No

11. Height

Have?

Yes

No

Very Satisfied (1)

Satisfied (2)

Neutral (3)

Dissatisfied (4)

Very Dissatisfied (5)

Change?

Yes

No

12. Thighs

Have?

Yes

No

Very Satisfied (1)

Satisfied (2)

Neutral (3)

Dissatisfied (4)

Very Dissatisfied (5)

Change?

Yes

No

13. Arms



Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

14. Eyebrows

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

15. Clitoris

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes



No

16. Penis

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

17. Waist

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

18. Muscles

Have?

Yes
No



Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

19. Buttocks/Butt

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

20. Facial Hair

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No



21. Face

Have?Yes No Very Satisfied (1) Satisfied (2) Neutral (3) Dissatisfied (4) Very Dissatisfied (5) **Change?**Yes No

22. Weight

Have?Yes No Very Satisfied (1) Satisfied (2) Neutral (3) Dissatisfied (4) Very Dissatisfied (5) **Change?**Yes No

23. Biceps

Have?Yes No Very Satisfied (1) Satisfied (2) Neutral (3)



Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

24. Ovaries-uterus

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

25. Testicles

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

26. Hair (on head)



Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

27. Voice

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

28. Feet

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes



No

29. Figure

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

30. Body Hair

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

31. Chest

Have?

Yes
No



Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

32. Appearance

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No

33. Stature

Have?

Yes
No

Very Satisfied (1)
Satisfied (2)
Neutral (3)
Dissatisfied (4)
Very Dissatisfied (5)

Change?

Yes
No



■ Adapted from the BIS-GS*

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