



COVID-19 Baseball Safety Guidelines

Equipment

Last updated: 29 July 2020

- Helmets, gloves, batting gloves, bat weights, cleats, officials indicator, catchers, arm sleeves or umpires mask, uniform, bats, caps, baseball and elbow guards are the most at-risk pieces of baseball equipment subject to the spread of Covid-19. All equipment needs to be sanitised completely and promptly before after use.
- Helmets should be sanitised inside and out.
- Avoid throwing around the baseball after a strikeout. For example, it should be thrown back to the catcher immediately after a strikeout.
- The player should place any equipment (elbow guards) which the player wishes to discard during a game on the boundary's edge.
- Any foul ball should be sanitised before being re-introduced in a game.
- Bats should be collected from the knob handle after use and sanitised promptly before being used.
- Keep your equipment stored to the side until use.
- No rosin bags for the pitcher may be used in a game.
- Limit the number of baseballs used before (warm-ups), and during a game.
- Sanitise ball as best as possible.
- In a game, avoid setting up additional equipment to practise to the side e.g., Batting Tees, netting, elastic bands on fences to train or stretch.
- No eye black or sweat bands.
- Elbow and ankle guards must not be shared and sanitised after each use.
- Uniforms should be promptly taken off when returning home and washed.
- Baseball cleats should be sanitised before and after use.

Cleaning a baseball, porous item

Baseballs are porous, so they require extra care to sanitise.

For example, (but not exhaustive):

1. Designated cleaner is recommended to wear rubber gloves, plastic apron and a protective face mask when sanitising a baseball. The mentioned is not mandatory.
2. Rinse new disinfected wipes of extra liquid before use.
3. Limit contact of the baseball with others or surfaces.
4. With a new dry disposable cloth or towel wipe the baseball of dirt or grim.
5. Use a wet and drained of extra liquid disinfected wipe to clean the baseball around the surfaces.
6. Use another new dry cloth or towel to dry the ball.
7. Dispose of the wipes and rubbish safely and promptly.
8. Keep clean baseballs segregated from others.
9. The cleaner of the baseball should wash or sanitise his or her hands thoroughly in between cleans.

Cleaning non-porous equipment (bat, helmets etc)

- Adults should clean equipment only.
- Do not share equipment if possible.
- Everyone is responsible for sanitising his or her equipment.
- Use rubber gloves and a protective face mask when sanitising equipment if possible. Plus, a protective plastic apron is suggested during cleaning. The mentioned is not mandatory.
- Limit contact of equipment with others or surfaces.
- Sanitise (e.g., disinfected wipes) equipment thoroughly and keep clean equipment segregated from others.
- In some instances, it is proper to clean the inside and outside of equipment e.g., batting helmets etc.
- Dispose of any rubbish promptly.
- The cleaner of the baseball should wash or sanitise his or her hands thoroughly in between cleans.