

TOP 10 TIPS

FOR SUCCESSFUL DECLUTTERING



🏠 PLAN YOUR DAY

Choose a room, drawer, wardrobe and stick to it. Don't get waylaid putting stuff back into other rooms until the end.

🏠 USE IT, NEED IT, LOVE IT?

Most objects fall into these categories. If you don't use it regularly, need it sometimes or love it all the time, it's time to question whether it should stay.

🏠 BE REALISTIC

It's taken months or sometimes years for the clutter to build and it will take time and effort to sort it out.

🏠 CHOOSE YOUR DESTINATIONS

Know beforehand where you can offload the things you choose to lose. Choose a charity shop you feel passionate about and where it's easy to park. Know how your local recycling centre works. Make sure your sister, mum or friend needs, will use or love your cast offs. If you plan to sell, find someone to do it for you or ensure you have the tools and the time to do it yourself.

🏠 GET STARTED

There's no easy way. Tackle visible clutter first on surfaces or the floor to give yourself space to work. Then work clockwise around the room until it's done.

🏠 COLOUR CODE

Use different coloured bags for different things so you don't get confused. You can go through a lot of black bin liners in a day. I use blue for charity, green for recycling, clear for family and friends etc

TOP 10 TIPS

FOR SUCCESSFUL DECLUTTERING



🏠 OUT THE DOOR

Plan to offload everything on the day you declutter. That way there's no chance of it reappearing. I have never had a client with regrets.

🏠 KEEP A VISION

However you envisage your newly decluttered space, keep that firmly in your mind all day long to keep your motivation high.

🏠 SAVE STORAGE UNTIL LAST

Don't buy storage until you have fully decluttered and are ready to organise. That way you can get exactly what you need.

🏠 CHOOSE YOUR DESTINATIONS

Know beforehand where you can offload the things you choose to lose. Choose a charity shop you feel passionate about and where it's easy to park. Know how your local recycling centre works. Make sure your sister, mum or friend needs, will use or love your cast offs. If you plan to sell, find someone to do it for you or ensure you have the tools and the time to do it yourself.

🏠 ORGANISE FOR YOUR LIFESTYLE

Choose a system that works with your lifestyle. Be realistic and don't microorganise. Then sit back and take it all in!