

This leaflet provides a list of local services, groups and activities that can support people to live well with dementia. These groups and activities are inclusive for people living with dementia, their carers, family and friends.

Information for people living with dementia in the Pershore area

Evesham & District Meeting Centre


20 Church St, Evesham WR11 1DS.
Supporting people living with dementia with structured and fun activities to support their cognition and well-being.
Every Tuesday to Thursday | **10am - 3pm**

 [01386 429454](tel:01386429454)

 edmhss.org

Pershore Dementia Café

Pershore Civic Centre, WR10 1PT.
3rd Tuesday each month | **10.30am - 12.30pm**

 [0333 038 3711](tel:03330383711)

 dementia-wellbeing-service@ageukwyvern.org

 ageukwyvern.org

With You In Mind – Dementia Friendly Café

St Peter's Church Hall (PEC), Inkberrow, WR7 4DZ.
4th Thursday each month | **11am - 12.30pm**

 **Melanie - [07976 789444](tel:07976789444) or [01386 793035](tel:01386793035)**

 melanie@cofe-inkberrow.org.uk

Wick Care Farm

Owletts Lane, Wick, WR10 3PB.
A welcoming friendly place where people with dementia are supported.
Weekdays | **10am - 3pm**

 [07460 128098](tel:07460128098)

 info@wickcarefarm.co.uk

Memory Meadow Café

Heathlands Residential Home, Pershore WR10 1NG.
1st Saturday each month | **11am - 1pm**

 [01386 562220](tel:01386562220), option 2, then option 2 again

Pershore Wellbeing Hub

No 4, High Street, Pershore, WR10 1BG.

 [01386 555018](tel:01386555018)

 info@pershorewellbeinghub.co.uk



Pershore Plus Volunteer Centre

1 Billing House, Pershore, WR10 1EY.
Providing a Community Transport service for residents with limited mobility or those unable to use public transport, thanks to our team of vetted volunteer drivers (all DBS checked and wearing ID badges).

 [01386 554299](tel:01386554299)

 admin@pershorevolunteers.org.uk

 pershorevolunteers.org.uk

Sing for the Brain

Number 8 Arts, High Street, Pershore, WR10 1BG.
Dementia Friendly, Parkinson's Friendly, Carer Friendly
Thursdays | **10.30am**
(£5 suggested donation)

 **Paula - [07709 953475](tel:07709953475)**

 paulaevans@naturalvoice.net

 paulaevansvoice.com

Pershore Abbey

Café Church (held in St Andrew's) is an informal, 45 mins service with breakfast before.
Hymns & prayers are displayed on the big screen.
2nd Sunday each month | **10.30am**



There is strong evidence that bringing people together in their local community helps most people build resilience in coping with dementia.

People can live well after a dementia diagnosis and adapt and socially develop. They can also maintain contact with family and friends, their local community and the professional services they need support from.

We understand the importance of keeping socially active to reduce the impact of a dementia diagnosis. Family carers are always included, and by participating in your local community, you can develop friendships with other carers, access the appropriate support services information and most of all, help you realise you are not alone.



Additional Support



Hereford & Worcester Fire and Rescue Service

Home safety visits to help reduce the risk of fire in the home, checking and fitting smoke alarms.

- ☎ [0800 032 1155](tel:08000321155)
- ✉ safeandwell@hwfire.org.uk
- 🌐 hwfire.org.uk



Age UK Wyvern

Providing post diagnosis support, Directory of Services and Living Well Newsletter.

- ☎ [0333 038 3711](tel:03330383711)
- ✉ dementia-wellbeing-service@ageukwyvern.org
- 🌐 ageukwyvern.org



Onside Advocacy Riverside Health & Wellbeing Hub

Riverside Shopping Centre, 2 Riverside, Bridge St, Evesham, WR11 4RD.

- ☎ [01905 27525](tel:0190527525)
- ✉ info@onside-advocacy.org.uk
- 🌐 onside-advocacy.org.uk



Carers and Communities

Self referral form for carers via website.

- ☎ [0300 012 4272](tel:03000124272)
- ✉ mail@carersandcommunities.org.uk
- 🌐 carersandcommunities.org.uk



Alzheimer's Society

- ☎ [0333 150 3456](tel:03331503456)
- 🌐 alzheimers.org.uk



Dementia UK

The specialist dementia nurses on our free, confidential Helpline are here for you when you need help.

- ☎ [0800 888 6678](tel:08008886678)
- ✉ helpline@dementiauk.org
- 🌐 dementiauk.org

Dementia Roadmap

Comprehensive list of support available, places to go & things to do locally.

- 🌐 dementiaroadmap.co.uk



Dr Peter Evans

GP at the Abbottswood Medical Centre, Clinical Director for Pershore and Upton Primary Care Network

“Living with dementia can often seem frightening and lonely for patients and their family and friends.

This leaflet showcases the excellent local organisations which help to support people and connect them with experienced and friendly people who are passionate about living well with dementia”.

