



SANTAI SPA

TREATMENTS & EXPERIENCES



santai

[peace and tranquility]

Deriving from the Malaysian word meaning relax, Santai Spa is designed to embody the calm serenity of its namesake.

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01 / OUR FACILITIES

Uncover the ultimate sanctuary of relaxation and rejuvenation at Santai Spa, nestled within the vibrant Resorts World Birmingham. Soothe away the stresses of modern-day life, step inside and discover everything you need to nourish and replenish your wellbeing. From our outdoor hot tub overlooking the scenic views of Pendigo Lake, to treatments provided by our talented therapists, Santai Spa will leave you feeling like the best version of yourself.



Hydrotherapy Pool

Take a dip in our 15-metre indoor hydrotherapy pool and enjoy some well-deserved downtime. The hydrotherapy jets offer great benefits and help relieve any muscle tension and joint pain you may be experiencing. Whether you're cooling off or enjoying a leisurely swim, our pool will help to soothe your senses.



Sauna

Embrace the gentle soft heat and unwind in our sauna. Offering a variety of benefits which include reducing stress, improving cardiovascular health and easing aches and pains, our sauna is an ideal place to unwind.



Steam Room

An experience which has excellent health benefits. Time spent in our steam room will help to release any toxins in your skin, help with blocked sinuses, relieve muscle tension and let any worries or stress slip away.



Hot Tub

Our outdoor terrace hot tub with beautiful lake views is the highlight of our spa – from morning to evening you can relax in style.



Leisure Club

Break a sweat in our state-of-the-art gym, available to all spa visitors. Inside you'll find the latest, high-tech fitness equipment including, resistance weights, free weights, cardio machines and spinning bikes.



Relaxation Room

Our relaxation room is the perfect tranquil spot for calming the mind, body and soul. This room will allow you to reflect on your day, release any negative thoughts and feel pleasantly mellow.



Hot Stone Loungers

Take some time to close your eyes or read a good book on our hot stone loungers, designed to soothe sore muscles and detox your body.



SKY BAR & RESTAURANT

After indulging in a soothing wellness session, elevate your experience at the stunning Sky Bar & Restaurant, where you can enjoy beautiful rooftop views while savouring their range of expertly crafted cocktails, or stunning food menu. Whether you're looking to relax, celebrate a special occasion, or simply enjoy a memorable night out, Sky Bar & Restaurant promises a unique blend of flavour and sophistication.



GENTING HOTEL

Complement your spa experience with a stay at the Genting Hotel, where contemporary elegance meets ultimate comfort. Each room is thoughtfully designed to provide a restful haven, ensuring a peaceful escape from the bustle of everyday life. With its prime location in the heart of Resorts World, guests can also explore an array of dining options, entertainment venues, and shopping experiences right at their doorstep.



02 / OUR EXPERIENCES

Experience the ultimate retreat with our indulgent Spa experiences, designed for those seeking an exquisite blend of relaxation and pampering. Enjoy access to all of our serene spa facilities, where tranquility awaits at every turn. Choose between treatments to refresh your body and spirit, or elevate your experience with delightful afternoon tea, a delectable two-course lunch or an unforgettable dinner at the rooftop Sky Bar & Restaurant. These carefully curated experiences promise a perfect fit for every spa visitor.

Essential Indulgence

A day of all-round indulgence, with access to all of our Spa facilities, a treatment of your choice, and an Afternoon Tea or Two-Course Lunch at Sky Bar & Restaurant, all under one roof.

Half Day Spa Access
25 Minute Treatment

Afternoon Tea or
Two Course Lunch

£125

Deluxe Indulgence

Next level indulgence, with extra treatment-time, access to all our Spa facilities and an Afternoon Tea or Two-Course Lunch at Sky Bar & Restaurant.

Half Day Spa Access
Two 25 Minute Treatments or
One 50 Minute Treatment

Afternoon Tea or
Two Course Lunch

£170

Ultimate Indulgence

Step into ultimate indulgence, with 75 minutes of treatment time, access to all Spa facilities and an Afternoon Tea or Two-Course Lunch at Sky Bar & Restaurant.

Half Day Spa Access
One 25 Minute Treatment
One 50 Minute Treatment

Afternoon Tea or
Two Course Lunch

£220



Signature Spa

For the perfect introduction to Santai Spa, relax and enjoy a taste of tranquility, topped off with a treatment of your choice, tailored to your needs by our expert therapists.

Half Day Spa Access
25 Minute Treatment

£110

Deluxe Signature Spa

For those who want a little more treatment time, tailor your spa experience with your choice of treatments from our extensive menu.

Half Day Spa Access
Two 25 Minute Treatments or
One 50 Minute Treatment

£150

Signature Floatation Spa Day

Drift weightlessly in a warm, salt-infused pool that supports your body effortlessly removing all pressure from joints, muscles, and the mind.

Half Day Spa Access
(Twilight & Float from 5pm)
45 Minute Floatation

£105

Upgrade and Add an Afternoon Tea at Sky Bar & Restaurant in our Indulgence Floatation Spa Day.

Early Riser

For our early birds, take advantage of a full breakfast with lakeside views at Sky Bar & Restaurant, access to all spa facilities and a treatment of your choice.

Half Day Spa Access (from 7am)
Breakfast at Sky Bar & Restaurant
25 Minute Treatment

£120

Spa & Sky Afternoon Experience

For an afternoon like no other, step into the Spa and make use of all our facilities, before taking in the rooftop views at Sky Bar & Restaurant and indulging in an Afternoon Tea or Two Course Lunch.

Half Day Spa Access
Afternoon Tea or
Two Course Lunch

£85

Spa & Sky Evening Experience

An evening to remember, enjoy precious moments of peace in our Spa, an expert treatment of your choice, and a delightful dinner and cocktail at Sky Bar & Restaurant, all under one roof.

Half Day Spa Access
25 Minute Treatment
Dinner & Cocktail

£145

Twilight Spa Access

Dip your toes in with a perfectly-timed taster of Santai Spa and catch twilight lakeside views in our outdoor hot tub, with full access to all Spa facilities from 5pm.

Half Day Spa Access
(from 5pm)

£60

Deluxe Twilight Spa

Make the most of the twilight hours with access to all of our spa facilities, a detox face mask to enjoy at your leisure in our relaxation room, and dinner with a view at Sky Bar & Restaurant.

Half Day Spa Access (from 5pm)
Detox Face Mask
2 Course Dinner &
Signature Cocktail

£110



03 / OUR TREATMENTS

Guided by your individual needs, each of our treatments incorporates a number of ancient and contemporary techniques to leave your mind, body and soul feeling rebalanced and restored. Ask our expert therapists for more details, and allow us to tailor each experience to your preference.

Universally recognised as one of the world's leading spa brands, we have chosen ESPA to compliment our treatments at Santai Spa. Their luxury range goes beyond the everyday to deliver the best possible nourishment for your skin, with natural ingredients working together to create a sensorial wellness experience.

FACIALS

Inner
Beauty
Facial

A transformative treatment designed to deeply cleanse, hydrate, and renew your skin. This 50-minute session is tailored to meet your skin's specific needs, as our skilled therapists create a personalized, results-focused facial. As your complexion is revitalized, your mind will also be enveloped in tranquility. The result? Clear, quenched skin that radiates natural beauty, while inner calm is blissfully restored.

50 Minutes
£100

Intense
Regenerating
Facial

A powerful, age-defying treatment designed to visibly diminish wrinkles and fine lines in just 50 minutes. Combining instantly effective, naturally renewing formulas with restorative massage techniques, this facial works to noticeably tone, plump, and intensely hydrate mature skin. The result is an awakening of youthful radiance, leaving your skin feeling beautifully refined, soft, and supple.

50 Minutes
£100

FACIALS

Essential
Facial

Tailored to your individual needs, this facial utilizes natural active formulas that cleanse, rebalance, and hydrate your skin. As aromatic essential oils envelop your senses, you'll emerge looking and feeling both relaxed and radiant.

25 Minutes
£55

Eye
Lift

Experience an instantly revitalizing eye treatment that smooths, firms, and hydrates the delicate skin around your eyes. This treatment features targeted massage techniques that not only relax the mind but also effectively smooth fine lines, reduce puffiness, and diminish dark shadows.

25 Minutes
£55



BODY TREATMENTS

Body Scrub

Designed to deliver exceptional skin softening through a combination of body brushing and exfoliating body polish. This luxurious exfoliation technique leaves your skin nourished, smooth, and supple, making it a perfect stand-alone treatment or an ideal precursor to a massage.

25 Minutes
£55

Body Wrap

This treatment begins with a full body polish, preparing your skin for an indulgent personalized body wrap. Choose between detoxifying algae or nourishing marine mud, both infused with your selected ESPA oil to enhance your experience. While the wrap works its magic on your skin, you'll also enjoy a soothing scalp, neck, and shoulder massage, ensuring a comprehensive relaxation experience that leaves you feeling refreshed and revitalized.

50 Minutes
£100

BODY TREATMENTS

Floatation
Therapy

Drift weightlessly in a warm, salt-infused pool that supports your body effortlessly removing all pressure from joints, muscles, and the mind. Perfect for: deep relaxation and stress relief, easing muscle tension and chronic pain, enhancing meditation and mental clarity, improving sleep and reducing anxiety. Each 45-minute session offers a reset for your body and mind – leaving you refreshed, rebalanced, and recharged.

45 Minutes
£65

Invigorating
Foot Treatment

Designed to revive tired feet and heavy legs, effectively reducing puffiness while soothing aches and pains. This revitalizing treatment features invigorating exfoliation, followed by a deeply therapeutic massage of the feet and lower legs, leaving you with a sense of rejuvenation and comfort.

25 Minutes
£55

MASSAGES

Santai Swedish
Massage

Designed to deliver exceptional skin softening through a combination of body brushing and exfoliating body polish. This luxurious exfoliation technique leaves your skin nourished, smooth, and supple, making it a perfect stand-alone treatment or an ideal precursor to a massage.

50 Minutes
£100

Santai Swedish
Back Massage

A rejuvenating treatment that focuses on relieving tension in the back, neck, and shoulders while utilizing classic Swedish techniques. This specialized massage enhances circulation and alleviates muscle tightness, promoting a deep sense of relaxation. You'll leave the session feeling completely revitalized, experiencing a renewed sense of well-being.

25 Minutes
£55

MASSAGES

Indian Head
Massage

Drawing on traditional techniques, this therapy utilizes gentle yet effective pressure to help alleviate tension held in the upper body. As skilled hands work through the knots and tightness, experience a wave of calm, restoring balance and clarity. This revitalizing massage not only eases physical discomfort but also enhances mental well-being, making it an ideal choice for those seeking a therapeutic escape.

25 Minutes
£55

Lava Shell
Massage

This luxurious treatment harmoniously combines the soothing warmth of lava shells with deeply relaxing massage techniques, promoting balance for both body and mind. As the warmed shells glide over your palms, arms, feet and legs, tension begins to melt away, leaving you in a state of blissful relaxation. This is followed by a soothing massage on the back, neck, and shoulders, specifically designed to release knots and alleviate stress.

50 Minutes
£100

MASSAGES

Inner Calm
Massage

A transformative experience designed to quiet the mind, release tension, and nourish the skin through a holistic approach. Tailored to meet your unique physical and emotional needs, this massage incorporates carefully selected aromatherapy blends that either relax, cleanse, or energize the senses. Advanced massage techniques work to alleviate muscular pressure and soothe anxiety, fostering a deep state of relaxation. As a result, both mind and body achieve a harmonious balance, leaving you with renewed energy and a beautifully restored sense of inner calm.

50 Minutes
£100

Inner Calm
Back Massage

A rejuvenating experience aimed at quieting the mind and releasing tension from the upper body. Designed to address your individual physical and emotional needs, utilizing carefully chosen aromatherapy blends to promote relaxation and serenity. Through advanced massage techniques, muscular pressure is alleviated, while anxiety is soothed. Emerge with a harmonized mind and body, renewed energy, and a beautifully restored sense of inner calm that carries throughout your day.

25 Minutes
£55



MASSAGES

Peaceful Pregnancy Massage

A beautifully comforting treatment designed to nurture your changing body and calm your mind throughout this transformative journey. Tailored to your unique needs and the specific stage of your pregnancy, this indulgent experience utilizes the purest, gentlest formulas that smooth and nourish your skin, ensuring you feel pampered and cared for. Alleviate tight, tender muscles, enveloping you in a state of blissful relaxation. The journey towards tranquility culminates with a calming scalp and face massage, specifically designed to ease tension and enhance well-being.

80 Minutes

£155

MASSAGES

Fitness Muscle
Melt Massage

For those with achy muscles and physical discomfort, building on the principles of the Inner Calm Massage, this experience utilizes specialized oils to warm and penetrate tense muscles, helping to ease out stubborn tension effectively. Our therapists focus on targeted areas of strain, employing advanced techniques that relieve soreness and promote recovery. Melt away muscle tightness, allowing for enhanced mobility and a greater sense of well-being.

50 Minutes
£100

Hand and
Arm Massage

Beginning with a gentle scrub using an exfoliating formula to revitalize the skin while removing impurities. Our expert therapists massage the arms and hands to ease out any tension, focusing on pressure points to enhance circulation and soothe tired muscles. The experience concludes with the application of a hydrating cream that deeply nourishes the skin, leaving your hands and arms feeling soft, smooth, and rejuvenated.

25 Minutes
£55

RITUALS

Cleansing
Muscle Ritual

A revitalizing experience that begins with a gentle exfoliation of the back, removing impurities to reveal a fresher complexion. Following the scrub, a soothing back mask is applied, allowing it to work its magic while you enjoy a relaxing massage on the back of your legs. Once the mask has set, it is gently removed, paving the way for a nourishing back massage using luxurious ESPA oil, which deeply penetrates the skin and alleviates tension. The treatment concludes with the application of hot mitts, which provide a comforting warmth, followed by a luxurious moisturiser to leave your skin feeling deeply hydrated and rejuvenated.

50 Minutes
£100

Back, Face
& Scalp Ritual

An exquisite 80 minute journey designed to unravel tension, enhance your complexion, and restore inner calm. This experience begins with targeted massage techniques that soothe and release tightness in the back, promoting relaxation and well-being. As you delve deeper into tranquility, the treatment incorporates aromatherapy oils to invigorate the senses. A highly personalized facial is next, tailored to your unique skin needs. Perfect for those who want to emerge feeling not only restored and de-stressed but also beautifully radiant.

80 Minutes
£155



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