

Trustees Report and Financial Statements 31st March 2020

Helpline 01273 622828 www.riseuk.org.uk



R.I.S.E. (Refuge, Information, Support and Education) is a registered charity (No.1065846). R.I.S.E. is a Company Limited by Guarantee registered in England No. 3425008.

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Legal and Administrative Information

REGISTERED CHARITY NUMBER	1065846	COMPANY NUMBER	03425008
PRINCIPAL ADDRESS	PO Box 889 Brighton BN2 1GH	REGISTERED OFFICE	3 rd Floor Shaftesbury Court 95 Ditchling Road Brighton BN1 4ST
TRUSTEES	Patricia Wass Alison Jeremy Angie Uglow Piyali Mendiratta Helen Carpenter Jean Spray Jeanette Ashton Nicole Lawton Sandra Fortescue Calliope Farsides Kim Turnbull James	Chair (Elected 22 nd June Acting Chair (October 2 nd Treasurer (Elected 22 nd June 2019)	018 to June 2019)
	Eleanor Dolton Anne-Marie Harrison Beverley Sawyers	Stood down 7 th Decemb Stood down 3 rd Februar Stood down 11 th July 20	y 2020
CHIEF EXECUTIVE OFFICER	Jo Gough	SENIOR MANAGEMENT TEAM	Kate Dale Azaria Munro Alison Gray Wook Hamilton Caroline Sharp
BANKERS	Santander Bootle Merseyside L30 4GB		CAF 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
REGISTERED AUDITORS	MHA Carpenter Box Amelia House Crescent Road Worthing West Sussex BN11 1RL	SOLICITORS	Fitzhugh Gates 3 Pavilion Parade Brighton BN2 1RY

Trustees' Report for the year ended 31st March 2020

RISE Board of Directors are pleased to present their annual trustees' report, together with the financial statements of the charity for the year ending 31st March 2020. These are also prepared to meet the requirements for a directors' report and accounts for Companies House.

Significant Activities and Project Areas

History and Charitable Purpose

RISE was established in 1994 as The Women's Refuge Project, and renamed in 2008 to reflect its growth in provision of services. We deliver:

- Refuge and resettlement support in Brighton & Hove.
- Helpline facilities, providing access to services, support and advice by phone.
- Crisis support for high risk clients, through the criminal justice process (IDVA -Independent Domestic Violence Advice).
- Longer term support in the community, including drop in sessions, therapy, and group work programmes that help people to recover from the effects of domestic abuse.
- Specialist support for children and young people.
- Embedded support in universal services alongside partners in police, health (A&E at the Royal Sussex County Hospital), LGBTQ+ community services and other partner agencies as appropriate.
- Training and consultancy services to statutory, voluntary and private sector partners and customers.

RISE has grown from focusing on refuge accommodation in its early days to delivering responsive wrap around services that support survivors from crisis and early intervention, through to recovery and onwards into safe and healthy futures. Alongside this we work to prevent domestic violence and abuse (DVA) in new generations through education and awareness with children, young people, their families and other professionals involved in their support.

RISE is a key partner in the local Violence Against Women and Girls ("VAWG") Strategy in Brighton and Hove and across Sussex, playing a key role in providing expertise, guidance, and response to emerging needs. As lead partner for the Portal service we receive substantial funding from the Strategic Commissioner of the Joint Domestic, Sexual Violence & Abuse and VAWG Unit, Brighton & Hove and East Sussex. We also receive various grants from charitable trusts such as Big Lottery, Children in Need and smaller local or specialist trusts.

The organisation plays a pivotal role in the VAWG Care Pathway in the city, providing a first point of contact to survivors, initial assessment and onward referral to the appropriate support service to meet their needs. RISE is a key partner in the Multi-Agency Referral and Assessment

Conference (MARAC), chairing the conference and representing the experience and needs of high-risk survivors and contributing to plans for their support and safety.

Public Benefit

The Trustees have had due regard for the guidance on the public benefit requirement published by the Charities Commission, as required by the Charities Act 2011.

General Financial Position

The operating results for the year ended 31st March 2020 show that income decreased slightly to £2,562,642 (2019: £2,600,110), while total expenditure remained stable at £2,748,721 (2019: £2,728,084). This gave rise to a deficit of £186,079 which was an increase from the previous year (2019: deficit £127,974).

The deficit on restricted income less expenditure was £118,620 (2019: surplus £65,062), which represented a planned use of surpluses carried forward from previous years. The rest of the deficit, £67,459 (2019: deficit £193,036) was caused by a shortfall in fundraising income, which did not meet our target again this year. We were able to mitigate this to some extent by making savings in central budgets, and by deferring some planned spending.

While the fundraising team have had another challenging year, the team have undergone a restructure which has made efficiency savings, and have reviewed their priorities in line with the current medium term fundraising strategy. Early indications in the first half of 2020-21 are that this strategy is working and fundraising income is on target to improve this year.

The sector continues to experience a challenging economic environment, with cuts in funding as a result of reduced public sector budgets. There is strong competition from the third sector for available funding, but we have been successful in securing additional funding from the Ministry of Housing, Communities and Local Government for a continuation of the dispersed refuge provision, and from Nationwide to fund a housing advocacy worker. We have received an extension of our current funding from Children in Need (CIN) to continue the work of the children and families team, until the new CIN grants process is released, and also have secured funding for the therapy team for a further year from the Clinical Commissioning Group.

This use of reserves is reflected in the closing year balance which is £443,392 (2019: £629,471) of which £181,095 (2019: £252,554) is held as general unrestricted reserves, £53,000 (2019: £49,000) as designated reserves and £209,297 (2019: £327,917) as restricted reserves.

Key achievements during the year

2019-20 was the charity's 25th year in operation, and the year we launched our new strategic plan.

During the previous year we had listened to staff, survivors, other stakeholders and our board, distilling these thoughts into our new Five-Year Strategic Plan. The four strategic aims listed below demonstrate our new sense of direction:

- Excellence: RISE will be a centre of excellence for domestic violence and abuse knowledge and expertise, building on existing knowledge and creating a new evidence basis for our work and achieving recognised quality standards appropriate to our work and sector.
- 2) Community Focused: RISE will broaden our reach, take a community approach and increase our role in a community response to domestic violence and abuse by collaborating with professional partners, communities of interest and working in neighbourhoods to make sure DVA is everyone's business.
- 3) **Voice & Leadership:** RISE will be a recognised leading voice on domestic abuse and violence in the context of VAWG and come alongside survivors to amplify their voices to inform provision and bring social change.
- 4) **Secure, Sustainable and Future-Proofed:** RISE will diversify and grow income streams to decrease reliance on public funds; commit to good governance principles and practice including robust management of risk; exploit new technology for service delivery, to improve accessibility and modernise our service offer.

Just before Christmas 2019 we celebrated our 25th anniversary with an exhibition and celebration event that charted our history and celebrated those that built what was the Women's Refuge Project and now is RISE. We were delighted to have survivors and volunteers contributing as speakers and exhibiting their art work.

In the previous year we had identified a need to provide better housing advocacy and specialist refuge support which we were able to achieve through new funding from the government for dispersed refuge provision and from Nationwide for a Housing Advocacy Worker.

Once again, RISE was selected as one of the Brighton Mayor's charities in 2019-20, which helped raise the profile of the charity and enabled good partnership with the fellow Mayor's Charities.

It was an unusual end to this financial year with the start of lockdown in late March 2020 due to COVID-19. This unexpected crisis tested our resilience proving that we have strong business continuity plans. RISE acted quickly to put in place onsite skeleton staff, observing all government advice, alongside remote working. We immediately communicated that our service remained open and moved rapidly to use new remote technology. We prioritised the refuge, helpline and our work with survivors most at risk of serious harm; redeploying staff to meet the most urgent need and to reach out into our communities. We established new

community relations and connected our Ask Me Ambassadors into the emerging Community Hubs to ensure survivors could find us.

At the same time, we spoke to our funders and commissioners to agree flexibilities in funding use and reporting requirements. Our two largest funding sources (Council Contract and Big Lottery) were due to end in September 2020, we secured a 6-month roll-over for both. We successfully sourced help (food, household essentials, care packages, IT equipment) for clients through donations. The promised government funds were very slow in coming and are very short term but they allowed us to purchase essential items and bring in extra staff to deal with the huge increases in our demand levels.

This year three Board members (Beverly Sawyers, Eleanor Dolton and Anne-Marie Harrison) stepped down from the Board. We want to thank our Board and Sub Group members for bringing their expertise to RISE and helping us successfully steer through the challenges of the year.

Demand for our services remained high, with 6,988 referrals received in 2019-20, which translated into 2,770 clients that we supported across all areas of our work. Despite the high demand, feedback from those using our services was excellent. 94% would recommend RISE to family / friends if they needed help and 90% agree the service met their needs effectively.

Plans for the Future

Having now established our digital and regular giving more firmly we plan to strengthen this income source through a new donor development plan. Alongside this the Board have committed to support the development of corporate giving.

We have invested in developing our helpline and we want to enable it to continue. We will be bidding for funds to sustain the Helpline Coordinator role, to recruit and retain volunteers and to improve our helpline offer by adding more online resources and Live Chat.

After extensive community involvement we have successfully submitted a stage one TNL Community Fund Reaching Communities bid to build on the success of our Big Lottery Women and Girls Community Project. We await notification of the stage 2 process. We also await a response from Comic Relief to our Black and Minoritised Women's Community Project bid.

Investment in our infrastructure has been prioritised in our fundraising by making bids to both Garfield Weston, and Hans and Julia Rausing for improvements to our premises, IT infrastructure, safety features and communication.

In 2020/21 we plan to test and then launch a new training platform which will be used internally and also for provision of external training. This will enable RISE to provide professional training through an online portal to raise awareness and generate a new income stream.

COVID-19 Response

The COVID-19 pandemic has been very disruptive to the organisation but has also led to some opportunities and new ways of working. The measures being taken by the government to contain COVID-19 have had an impact on the delivery of and demand for our services, and also on our income and expenditure.

Service delivery

Whilst ensuring that our service remained open to support our clients, we immediately implemented home working for most of our staff. A skeleton staff operated from our main premises, while the refuge remained operational and staffed throughout the period. We had to provide IT support for home-working staff, and rapidly adopt remote applications for team meetings and staff support.

Service Demand

Lockdown has inevitably seen an increase in demand for support for women suffering from the effects of domestic abuse. The number of calls to the helpline has increased, as has the complexity of cases we are dealing with and the level of distress.

The average number of calls before Lockdown was 25 a week. The average over 21 weeks from the start of Lockdown was 67 which is an increase of over 250%. The highest number of calls (89) came in the 2nd and 3rd week of July, so almost 18 a day. This is a maximum increase of more than three times the average before lockdown.

Referrals to the refuge peaked at 27 in the second week of July – more than 5 times the norm before lockdown.

Recognising that there has been an increase in the need for support for women around sexual violence, we have secured funding for one year from NHS England to increase the capacity in the therapy team.

Fundraising

The fundraising team have had to respond rapidly to the changing situation, as they have not been able to put on the challenge events that provide a large proportion of our fundraising income. They have focused on digital and corporate fundraising and on communicating the message about our work through social media and other channels. Along with the high profile of Domestic Abuse in the media, this seems to have been a successful strategy, and results are promising so far.

Expenditure and Income generation

Providing IT and other equipment to enable home working was a huge expense for us, but we have secured enough funding to cover our immediate needs. We have successfully bid for emergency funding from a variety of small funders alongside larger government grants to pay for additional staffing to support the helpline and case workers, a £10k hardship fund to help women in immediate need, PPE, cleaning and safety measures to be provided in our premises. We have also had to fund a reconfiguration of the rooms at our main premises so that small, windowless rooms can be amalgamated into larger ventilated rooms for staff and clients' safety.

Grants and Contracts

Our largest source of income, the council contract and Big Lottery Women and Girls Fund, were due to come to an end in September 2020. Both have now rolled over to March 2021, which creates stability in 2020-21 but some uncertainty for the financial year 2021-22 as we are now having to bid for further funding later than expected.

Fundraising

RISE receives voluntary donations and gifts from individual and corporate donors. As a member of the Institute of Fundraising, we adhere to their guidelines in our fundraising activity as well as following the Charity Commission advice on best practice. We have an Ethical Fundraising Policy to ensure clarity and openness to all our stakeholders. All personal data is processed in line with the General Data Protection Regulations and Data Protection Act 2018. RISE will only process data of supporters and donors if they have given opt-in consent.

RISE organise all our fundraising internally and do not engage third parties to seek donations from individuals. We are mindful of people's privacy and do not exert undue pressure on potential donors. Our preferred approach is that 'it is not about making people feel bad for not giving, it is about making people feel good for giving'. There have been no complaints about fundraising.

Reserves Policy

In accordance with the advice of the Charity Commissioners for England and Wales, we aim to hold unrestricted reserves at levels sufficient to ensure the long-term financial stability of the charity.

The areas highlighted to meet this requirement are wind up costs, unforeseen emergency, unforeseen running costs to include maternity and sickness, and designated funds for buildings maintenance and furniture renewal. The amounts held to cover each financial risk within the

tiers are to be defined and reviewed every 2 years or more frequently if the charity's income or liabilities should change drastically.

Surplus unrestricted funding should be built into the annual budget where possible to build up the free reserves. As long as these are at the required level, these can be used to support the charitable aims of RISE at the discretion of the CEO and board of trustees. Free reserves should not be allowed to drop below 7% of turnover except in a wind up situation.

We have a long term reserves target to fund a building investment. There is currently a shortfall in this fund (required level £300k, achieved level £5,095).

Reserve Tiers

FINANCIAL RISKS	REQUIRED LEVEL	ACHIEVED LEVEL	
		At March 2020	
	£	£	
WIND UP FUNDING			
Redundancy Payments	90,000	90,000	
Key Staff	30,000	30,000	Wind up costs - 3 months
Lease Commitments	36,000	36,000	To break point in lease
	156,000	156,000	
DESIGNATED FUNDS			
Buildings Maintenance	15,000	15,000	Refuge
Furniture Replacement	18,000	18,000	
Shaftesbury Court Refurbishment	20,000	20,000	£40k needed by Oct 2025
Per Lease Requirement			(allocate £4k per annum)
	53,000	53,000	
UNFORESEEN EMERGENCY			
Tribunal/ Complaints Costs	5,000	5,000	
	5,000	5,000	
UNFORESEEN RUNNING COSTS			
Short Term Capacity Issues in			Such as increased hours due to
Central Services	5,000	5,000	grievance etc.
Disability Support, Sickness or			Based on 12 weeks pay + 6
Maternity Cover	10,000	10,000	months SSP for a frontline worker
	15,000	15,000	
PLANNED COMMITMENT			
Building Investment	300,000	5,095	
	300,000	5,095	
GRAND TOTAL	£529,000	£234,095	
General Reserve held at 31/03/2020	£181,095		
Designated Fund held at 31/03/2020	£53,000		
Designated Fund field at 5 1/05/2020	£234,095	,	
Restricted Reserve held at	LZ04,090	ı	
31/03/2020	£200 207	Those are not	available for general purpose use
		These are not	available for general purpose use
Total Reserves	£443,392		

Structure, Governance and Management

Incorporation

RISE is a company limited by guarantee and a registered charity. It was first registered as a charity on 9th May 1994, and then re-registered on 17th November 1997, having been incorporated as a company on 26th August 1997. On 28th October 2008, the company changed its name to R.I.S.E. (Refuge, Information, Support and Education). The charitable company is governed by its Memorandum and Articles of Association which were updated in July 2014.

RISE is governed by a board of trustees, whose principal responsibilities are the setting and monitoring of the strategic direction of the organisation and the establishment of policy. The trustees are also directors for the purposes of company law.

The board meets formally once every 3 months.

The board delegates the day-to-day operation of the organisation to the CEO and senior managers.

Statement of Trustees' Responsibilities

Law applicable to charitable companies in England and Wales requires the trustees, who are also the directors of the company, to prepare financial statements for each year, which give a true and fair view of the state of the charitable company's financial activities during the year and of its financial position at the end of the year.

In preparing financial statements giving a true and fair view the trustees should:

- 1) follow best practice and select suitable accounting policies and apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent;
- 3) state whether applicable United Kingdom accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- 4) prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue its operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and which enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Recruitment and Appointment of Trustees

We aim to have between 10 and 15 Board Members to ensure a quorum at meetings of 5. Recruitment is based on diversity of experience. We carry out regular skills audits to identify any existing or possible gaps in the knowledge and expertise on the Board, and to fill these gaps appropriately. Candidates for Board membership will be recruited either through recommendation as defined in RISE Articles of Association, or through open recruitment in line with our Governance Board Recruitment, Selection and Review Policy.

Trustee Induction and Training

All new board members are introduced to current board members, and receive an induction pack, which includes a Statement of Aims, and Management Committee Ground Rules.

Visits to the refuges, RISE Services and open mornings are coordinated when appropriate.

Free training is available for roles and responsibilities, and governance. The CEO is the permanent representative of the staff on the board and other senior staff members of RISE management team and the service teams attend board meetings where possible. All board members are required to attend board meetings, the annual strategic planning day, team building days, staff meetings and other social events with staff as coordinated.

The board is undergoing on-going development and attend a number of governance training days throughout the year.

Trustee Working Groups

The board has set up specific sub-groups to undertake detailed work in the following areas, Income Generation, Human Resources and Equalities, Finance and Risk Management, Clinical Governance and Strategic Management.

Risk Management

The trustees review the major risks that the charity faces on a regular basis and are satisfied that systems are in place to mitigate exposure to the major risks. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects, and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity. A working group consisting of staff and trustees has been set up to monitor risk and to review and prepare business recovery processes. There is a Business Continuity Plan for crisis management.

The key risks are:

1) Risk of death of a service user or client on waiting list due to restrictions in levels of service.

- 2) Risk in loss of key staff, to include staff burn out, sickness and loss due to restrictions in remuneration packages.
- 3) Risk of loss of key income streams and associated services reducing our needs-led and trauma-focused holistic service model.
- 4) Risk of fraud/theft of charity funds.
- 5) Risk of a health pandemic causing disruption to the service

Auditors

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

A resolution proposing that MHA Carpenter Box be reappointed as auditors of the company will be put to the members.

The trustees have paid due regard to the public benefit guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees have complied with their duty under section 17(5) of the 2011 Charities Act to have due regard to guidance published by the charitable commission.

The trustees have prepared this report in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The trustees present their report for the year in compliance with the Statement of Recommended Practice Accounting and Reporting by Charities.

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts. Going concern is considered further at note 1(a).

Approved by the trustees on 5th December 2020

Signed on their behalf by

Patricia Wass

Chair

Angie Uglow

Treasurer

Independent Auditor's Report to the Members of R.I.S.E

(Refuge, Information, Support and Education) for the year ended 31 March 2020

Opinion

We have audited the financial statements of R.I.S.E. (the 'charitable company') for the year ended 31 March 2020 which comprise the statement of financial activities, the statement of financial position, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to

continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and

the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns;
 or

- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the

charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Signed: MHA Carperters. Date: ...15/12/2020......

Robin Evans BA FCA CTA (Senior Statutory Auditor) for and on behalf of MHA Carpenter Box

Chartered Accountants Statutory Auditor

Amelia House Crescent Road Worthing West Sussex BN11 1RL

Statements of Financial Activities Including Income and Expenditure Accounts 31st March 2020

Notes		General Fund	Designated Funds	Restricted Funds	Total	General Fund	Designated Funds	Restricted Funds	Total
				120				19	
		£	£	£	£	£	£	£	£
INCOME AND ENDOWMENTS	4								
Donations and Legacies		176,404		10,000	186,404	143,813			143,813
Other Trading Activities		70,510			70,510	101,032			101,032
Income from Investments		2,628			2,628	2,495			2,495
Incoming from charitable activities Residential, Casework and Group Work		248,814		1,940,313	2,189,127	275,669		1,939,886	2,215,555
Therapeutic				112,785	112,785			133,219	133,219
Other Incoming Resources		1,188			1,188	3,996			3,996
Total Income and Endowments	_	499,544		2,063,098	2,562,642	527,005		2,073,105	2,600,110
RESOURCES EXPENDED									
Expenditure on Raising Funds	5	150,621			150,621	188,975			188,975
Expenditure on Charitable Activities Residential, Casework and Group Work	6	405,564		2,036,484	2,442,048	513,588		1,850,562	2,364,150
Therapeutic		10,818		145,234	156,052	17,478		157,481	174,959
Sub-Total	_	416,382		2,181,718	2,598,100	531,066		2,008,043	2,539,109
Total Expenditure		567,003		2,181,718	2,748,721	720,041		2,008,043	2,728,084
Net income/ (expenditure) for the year	3 _	(67,459)		(118,620)	(186,079)	(193,036)		65,062	(127,974)
RECONCILIATION OF FUNDS									
Total funds brought forward		252,554	49,000	327,917	629,471	449,590	45,000	262,855	757,445
Transfer between funds		(4,000)	4,000			(4,000)	4,000		
Total funds carried forward	_	181,095	53,000	209,297	443,392	252,554	49,000	327,917	629,471

The statement of financial activities has been prepared on the basis that all activities are continuing

Balance Sheet at 31st March 2020

		2020	2019
	Notes	£	£
TANGIBLE FIXED ASSETS CURRENT ASSETS	10	-	-
Debtors	11	89,068	80,479
Cash at bank and in hand	16	486,180	614,829
TOTAL CURRENT ASSETS		575,248	695,308
CREDITORS: Amounts falling due within one year	12	131,856	65,837
NET CURRENT ASSETS		443,392	629,471
NET ASSETS	15	443,392	629,471
ACCUMULATED FUNDS Unrestricted funds General fund Designated funds	15 15	181,095 53,000	252,554 49,000
Restricted funds	15	209,297	327,917
		443,392	629,471

Approved by the trustees on 5th December 2020

Patricia Wass

Chair

Angie Uglow Treasurer

Acy

Cash Flow Statement Accounts Ending 31st March 2020

	Notes	2020 £	2019 £
CASH FLOWS FROM OPERATING ACTIVITIES Net cash used in operating activity	16	(131,277)	(196,804)
Cash flows from investing activities: Interest received		2,628	2,495
Net cash provided by investment activities	·	2,628	2,495
Cash flows from financing activities Net cash provided by(used in) financing activities		0	0
		•	· ·
Change in cash and cash equivalents in the reporting period		(128,649)	(194,309)
Cash and cash equivalents at the beginning of the reporting period		614,829	809,138
Cash and cash equivalents at the end of the reporting period		486,180	614,829

Notes to the financial statements

For the year ending 31st March 2020

1. Accounting Policies

a) Basis of Preparation

RISE is a private company limited by guarantee incorporated in England and Wales. The registered office is 3rd Floor, Shaftesbury Court, 95 Ditchling Road, Brighton, BN1 4ST.

The accounts have been prepared in accordance with "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006. The charity is a Public Benefit Entity as defined by FRS 12.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The accounts have been prepared under historical cost convention. The principal accounting policies adopted are set out below.

Going Concern

The financial statements have been prepared on a going concern basis. The Trustees have considered relevant information, including the annual budget, forecast future cash flows and the impact of subsequent events in making their assessment. The COVID-19 pandemic and the ensuing economic shutdown has had a significant impact on the charity's operations. There have been considerable costs in facilitating working from home, as well as adapting the work space to be safe for staff and service users. At the same time, service demand has increased, and management has had to adapt very rapidly to the changing funding environment. This has resulted in short term increases in income through emergency funding, while in the longer term uncertainty has increased due to the deferral of bidding processes.

The current VAWG council contract has been extended to 31st March 2021, and the charity is in the process of re-tendering for a new contract. The trustees believe that the charity is well placed to continue to provide these services if the re-tender is successful. As with all tendering processes, there is an element of uncertainty over the outcome of the tender and the trustees have taken this into account when assessing the going concern.

In response to both the COVID-19 pandemic and the re-tendering of the VAWG contract, the Trustees have performed a robust analysis of forecast future cash flows taking into account the potential impact on the business of possible future scenarios arising from the impact of the pandemic and the outcome of the tendering process. This analysis considers the effectiveness

of available measures to assist in mitigating the impact of both events on the charity in the short and the long term.

Based on these assessments and having regard to the resources available to the entity, the Trustees have concluded that there is no material uncertainty in relation to the appropriateness of continuing to adopt the going concern basis in preparing the annual report and accounts.

b) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation.

Depreciation is calculated to write off the cost of each asset over its expected useful life at the following rate:

- Fixtures and fittings 20% straight line basis per annum
- Purchase of assets to a value of less than £500 are not capitalised.

c) Donations

Donations are accounted for on a received basis and are grossed up for any income tax recoverable.

Donated items are accounted for when received and are accounted for at a reasonable estimate of their value.

d) Grants receivable

Grants received are treated in accordance with the Statement of Recommended Practice "Accounting Reporting by Charities". Grants are credited to the Statement of Financial Activities when received, unless they relate to a specified future period and have a service level agreement in which case they are deferred.

Deferred income is released to the SOFA in line with the requirements of the service level agreement.

e) Legacies

Pecuniary legacies are recognised as receivable once probate has been granted and notification has been received. Residuary legacies are recognised as receivable once probate has been granted, provided that sufficient information has been received to enable valuation of the Charity's entitlement. Amounts receivable are included at 90% of their valuation to reflect uncertainty inherent in the administration of estates. Residuary legacies are subject to further reduction to reflect the impact on the valuation of unrealised estate assets of subsequent adverse movements in property and investment markets. Reversionary interests involving a life tenant are not recognised due to the intrinsic uncertainties in valuing them.

f) Trustees

All the trustees donate their time spent running the charity on a voluntary basis and do not receive any remuneration. Indemnity Insurance is provided for the trustees.

g) Allocation of expenditure

Resources are analysed as follows:

- Costs of generating funds includes fundraising and publicity costs as well as a proportion of salaries and staff costs based on allocation of staff time spent raising and funding applications.
- Charitable activities expenditure include the direct running costs of the charity's projects together with the support costs incurred that enable these activities to be undertaken.
- Governance costs relate to statutory costs in connection with the general running of the charity, such as audit fees, AGM and trustee expenses and legal and professional fees.
 They also include an allocation of staff salaries.

All resources expended are inclusive of irrecoverable VAT.

h) Taxation

The charitable company is registered as a charity and is exempt from taxation (except for Value Added Tax) on its income and capital gains applied for charitable purposes.

i) Employee Benefits

The charity operates a defined contribution group personal pension scheme, which is available to all employees. The amount charged against expenditure represents the contributions payable to the scheme in respect of the year.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

j) Leasing

Rental charges are charged on a straight line basis over the term of the lease.

k) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which are to be used in accordance with a specific purpose, as explained in note 15.

I) Designated Funds

Three designated funds have been set up in order to put aside funds for future large expenditure.

As laid out in the reserves policy, a desired level has been set for each fund and transfers into the funds from the general fund will take place as authorised by the board until the required level has been reached.

The funds are to cover major buildings works or end of lease refurbishments for all RISE properties, and major replacement of furniture and fittings.

The reserves policy is to be reviewed every two years

m) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Net Incoming Resources

Net incoming resources for the year are stated after charging:

	2020	2019
	£	£
Auditors remuneration - audit services	6,600	6,660
Trustees' expenses	14	160
Operating lease payments	48,000	48,000

4. Voluntary Income

CORE GRANT, DONATIONS AND LEGACIES	2020 £	2019 £
B&H 3 yr. Core Grant	86,600	86,600
Major Donors	41,344	35,689
Unrestricted Donations	18,619	11,780
Restricted Donations	10,000	-
Legacies	364	786
Gift Aid	29,477	8,958
	186,404	143,813
OTHER TRADING ACTIVITIES		
Training and student fees Income	2,900	5,150
Membership	110	170
Fundraising Events		
Race Income	52,652	60,559
Collections and Events	14,848	35,153
	70,510	101,032
TOTAL VOLUNTARY INCOME	256,914	244,845

5. Expenditure on Raising Funds

	Unrestricted Funds £	Designated Fund £	Restricted Funds £	Total 2020 £	Total 2019 £
Salaries and staff costs	68,655	-	-	68,655	81,999
Fundraising Support costs	57,690	-	-	57,690	83,459
and overheads	24,276	-	-	24,276	23,517
	150,621	-	_	150,621	188,975

6. Expenditure on Charitable Activity

	Staff Costs	Direct Service Costs	Support and Governance Costs	Total 2020	Total 2019
Residential	£	£	£	£	£
Casework/ Group work	1,162,495	916,550	363,003	2,442,048	2,364,150
Therapeutic	107,427	21,101	27,524	156,052	174,959
TOTAL	1,269,922	937,651	390,527	2,598,100	2,539,109

7. Analysis of Support and Governance Costs

	Support £ 296,614	Governance £ 13,793	Total 2020 £ 310,407	Total 2019 £ 360,517
Salaries and Staff Costs Audit and Accountancy Fees	-	6,600	6,600	6,660
Management Committee, Trustee expenses and AGM	-	2,563	2,563	1,486
Support Overheads TOTAL	70,957 367,571	22,956	70,957 390,527	90,689 459,352

8. Employees and Trustees

During the year £14 was reimbursed to a trustee for travel expenses (2019: £160).

There was no remuneration paid to any of the trustees or any persons connected to them.

	2020	2019
Salary costs:	£	£
Wages and salaries	1,485,221	1,430,318
Social security costs	126,219	121,244
Pensions - Employer contribution	36,840	35,786
SMP	704	1,486
	1,648,984	1,588,834

No employee earned at a rate of greater than £60,000 per annum.

	2020	2019
The Key Management Personnel Remuneration	£	£
CEO and Senior Managers	198,142	203,196

The average number of employees, analysed by function, was:

	2020	2019
Raising Funds	4	4
Charitable Activities	58	58
Management and administration of the charity	6	6
	68	68

9. Related Party Transactions

There were no related party transactions in the period.

The aggregate donations received from Trustees during the period was £160 (2019: £0)

10. Tangible Fixed Assets

COST	Fixtures, fittings and equipment £
At 1 April 2019	15,154
Additions	-
Disposals	
At 31 March 2020	15,154
DEPRECIATION At 1 April 2019 Disposals Charge for year	15,154 - -
At 31 March 2020	15,154
NET BOOK VALUE At 31 March 2020 At 31 March 2019	-

11. Debtors

	2020	2019
	£	£
Trade debtors	37,857	44,511
Prepayments	43,601	35,968
Accrued income	7,610	
	89,068	80,479

12. Creditors: Amounts falling due within one year

	2020	2019
	£	£
Trade creditors	64,150	32,351
Deferred income	2,417	5,714
Accruals	10,949	11,762
Accrued annual leave	6,000	7,660
Taxation/pensions	46,908	6,943
Other creditors	1,432	1,407
	131,856	65,837

All the deferred income at 31 March 2019 was released into the Statement of Financial Activities during the year ended 31 March 2020.

13. Pensions

The charitable company operates a defined contribution pension scheme.

Contributions made by the company amounted to £36,916 (2019 £36,230) and the amount of contributions underpaid at the year end and included in creditors was £13,408 (2019 £6,943).

14. Operating Lease Commitments

The following operating lease payments are committed to be paid:

Land and buildings		2020	2019	
		£	£	
Expiring:	Within one year	36,000	36,000	
	In two to five years	-	48,000	
	_	36,000	84,000	
	-			

Note - our office lease is until December 2025 with a break point at December 2020.

15. Funds

ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets	Net Current Assets	Total 2020	Total 2019
	£	£	£	£
Restricted funds	-	209,297	209,297	327,917
General funds	-	181,095	181,095	252,554
Designated Funds		53,000	53,000	49,000
		443,392	443,392	629,471

RESTRICTED FUNDS

	Balance at 31/03/2019	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31/03/2020
	£	£	£	£	£
Ask Me	4,162	-	2,309	-	1,853
Big Lottery	78,280	199,003	217,242	-	60,041
CCG	23,773	91,629	110,004	-	5,398
Children In Need	11,019	40,637	44,001	-	7,655
Comic Relief	4,073	21,157	25,230	-	-
GBT Refuge	9,250	5,000	14,250	-	-
GSK	19,584	49	19,633	-	-
VAWG B&H Portal Contract	78,529	1,439,267	1,451,810	-	65,986
Dodgson Foundation - Choir	-	2,200	2,200	-	-
MHCLG Complex Need Refuge	55,213	38,050	88,263	-	5,000
OPCC Safe Space	8,555	39,368	37,285	-	10,638
Garfield Weston	19,587	_	19,587	-	-
Make a Change - Women's Aid	15,892	53,963	69,855	-	-
Nationwide	-	49,971	23,151	-	26,820
BHCC Assertive Outreach	-	57,910	44,697	-	13,213
Chalk Cliff Trust	-	2,125	2,125	-	-
Postcode Community Trust	-	12,769	76	-	12,693
Other restricted funds	-	10,000	10,000	-	-
Total Restricted Funds	327,917	2,063,098	2,181,718	-	209,297

RESTRICTED FUNDS 2018-19 for comparison

	Balance at 31/03/2018	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31/03/2019
	£	£	£	£	£
Ask Me	15,111	-	10,949	-	4,162
Big Lottery	49,283	198,388	169,391	-	78,280
Brighton & Hove Food					
Partnership	850	_	850	-	-
CCG	47,918	91,628	115,773	-	23,773
Children In Need	11,033	40,298	40,312	-	11,019
Comic Relief	4,190	41,590	41,707	-	4,073
GBT Refuge	41,174	26,848	58,772	-	9,250
Complex Need Refuge	(1,701)	21,653	19,952	-	-
GSK	32,323	1,111	13,850	-	19,584
Triple P	578	4,650	5,228	-	-
VAWG B&H Portal Contract	62,096	1,509,998	1,493,565	-	78,529
Dodgson Foundation - Choir	-	2,000	2,000	-	-
MHCLG Complex Need Refuge	-	57,398	2,185	-	55,213
OPCC Safe Space	-	28,120	19,565	-	8,555
Garfield Weston	-	30,000	10,413	-	19,587
Make a Change - Women's Aid	-	19,423	3,531	-	15,892
Total Restricted Funds	262,855	2,073,105	2,008,043	-	327,917

DESIGNATED FUNDS

	Balance at 31/03/2019	Incoming Resources	Resources Expended	Transfers between Funds	Balance at 31/03/2020
	£	£	£	£	£
Buildings maintenance	15,000	-	-	-	15,000
Furniture replacement	18,000	-	-	-	18,000
Shaftesbury Court Refurbishment					
per lease requirement	16,000	-	-	4,000	20,000
Total Designated Funds	49,000	_	_	4,000	53,000
UNRESTRICTED FUNDS Shaftesbury Court refurbishment					
transfer	-	-	-	(4,000)	(4,000)
Total Unrestricted Funds	252,554	499,544	567,003	(4,000)	181,095
TOTAL FUND BALANCES	629,471	2,562,642	2,748,721	-	443,392

RESTRICTED FUNDS - PROVIDER AND PURPOSE

England

	D
Payee	Purpose
Ask Me	"Ask Me" community ambassador training
Brighton & Hove City CCG	Family, Children and Young People's Service
B&HCC funding for GBT Refuge	Provision of support for the LGBT refuge
B&HCC funding for Outreach Navigator	Assertive Outreach to homeless community
Big Lottery - Reaching Communities	Outreach and therapeutic work and a volunteer coordinator
Break4Change	Delivery of Break for Change Service
CCG - CASE FOR CHANGE	Provision of Health IDVA in Brighton A&E department
Chalk Cliff Trust	Musical Therapy Group
Children In Need	Children's Worker
Comic Relief	Complex trauma therapeutic work
MHCLG East Sussex	Provision of Support for Complex Needs and housing support
Dodgson Foundation	Choir
East Sussex County Council &	Additional funding to support domestic and sexual
Sussex Police	violence provision
Garfield Weston	Refurbishment of facilities to provide trauma informed environment, staff training and ICT upgrade
GSK	Used for therapy service
Ministry of Housing, Communities and Local Government	Continuation of LGBT+ & Complex Need refuge
Nationwide	Support for clients to move on from Refuge
Postcode Community Trust	Therapeutic Gardening Project
Small restricted grants	Dodgson Foundation, Brighton & Hove Food Partnership
Sussex Police and Crime	Safe Space Sussex, Regroup and Economic Abuse
Commissioner	workers
VAWG B&H/ES Portal contract	Delivery of the Portal service to include helpline, high risk, prevention and recovery and residential across Brighton
	and Hove and East Sussex in partnership with CGL and
	Survivors Network.
Women's Aid Federation of	Make a Change Perpetrator Response

16. Notes to the Cash Flow Statement

Reconciliation of Net Movement in Funds to Net Cash Flow from Operating Activities

	2020 £	2019 £	
Net (deficit)	(186,079)	£ (127,974)	
Interest	(2,628)	(2,495)	
(Increase)/decrease in debtors	(8,589)	12,553	
Increase/(decrease) in creditors	66,019	(78,888)	
Net cash provided by (used in) operating activities	(131,277)	(196,804)	
	2020 £	2019 £	Movement £
Cash at Bank and in hand	486,180	614,829	(128,649)
Overdrafts/Loans falling due within 1 year.	NIL	NIL	