



freedom from abuse & violence

Trustees' Report and Financial Statements

31st March 2019

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 RiseUK

R.I.S.E. (Refuge, Information, Support and Education) is a registered charity (No.1065846).
R.I.S.E is a Company Limited by Guarantee registered in England No. 03425008.

RISE, PO Box 889, Brighton, BN2 1GH

R.I.S.E (Refuge, Information, Support and Education)

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R.I.S.E (Refuge, Information, Support and Education)

Legal and Administrative Information

REGISTERED CHARITY NUMBER:	1065846	COMPANY NUMBER:	03425008
PRINCIPAL ADDRESS:	PO Box 889 Brighton BN2 1GH	REGISTERED OFFICE:	3 rd Floor Shaftesbury Court 95 Ditchling Road Brighton BN1 4ST
TRUSTEES:	Patricia Wass Alison Jeremy Beverley Sawyers Angie Uglow Eleanor Dolton Piyali Mendiratta Helen Carpenter Jean Spray Anne-Marie Harrison Jeanette Ashton Nicole Lawton Sandra Fortescue Calliope Farsides Kim Turnbull James Rosemary Friggens Hazel McLeod Karen James	Chair (Elected 22 nd June 2019) Acting Chair (October 2018 to June 2019) Acting Chair (October 2018 to June 2019) Treasurer (Elected 8 th September 2018) (Elected 1 st December 2018) (Elected 22 nd June 2019) Chair (Stood Down 16 th October 2018) (Stood down 8 th August 2018) (Stood Down 11 th September 2018)	
CHIEF EXECUTIVE OFFICER	Jo Gough	SENIOR MANAGEMENT TEAM	Kate Dale Azaria Munro Alison Gray Wook Hamilton Caroline Sharp
BANKERS:	Santander Bootle Merseyside L30 4GB	Lloyds TSB Bank plc Preston Circus Branch PO Box 2898 Brighton BN1 1PX	CAF 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
REGISTERED AUDITORS:	MHA Carpenter Box Amelia House Crescent Road Worthing West Sussex BN11 1QR	SOLICITORS	Fitzhugh Gates 3 Pavilion Parade Brighton BN2 1RY

R.I.S.E (Refuge, Information, Support and Education)

Trustees' Report for the year ended 31st March 2019

RISE Board of Directors are pleased to present their Annual Trustees' Report, together with the financial statements of the charity for the year ending 31st March 2019. These are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

Significant Activities and Project Areas

History and Charitable Purpose

RISE was established in 1994 as The Women's Refuge Project, and renamed in 2008 to reflect its growth in provision of services. We deliver:

- Refuge and resettlement support in Brighton & Hove.
- Helpline facilities, providing access to services, support and advice by phone.
- Crisis support for high risk clients through the criminal justice process (IDVA - Independent Domestic Violence Advice).
- Longer term support in the community, including drop in sessions, therapy, and group work programmes, that help people to recover from the effects of domestic abuse.
- Specialist support for children and young people.
- Embedded support in universal services alongside partners in police, health (A&E at the Royal Sussex County Hospital), LGBT+ community services and other partner agencies as appropriate.
- Training and consultancy services to statutory, voluntary and private sector partners and customers.

RISE has grown from focusing on refuge accommodation in its early days to delivering responsive wrap around services that support survivors from crisis and early intervention, through to recovery and onwards into safe and healthy futures. Alongside this we work to prevent domestic violence and abuse (DVA) in new generations through education and awareness with children, young people, their families and other professionals involved in their support.

RISE is a key partner in the local Violence Against Women and Girls (VAWG) Strategy in Brighton and Hove, playing a key role in providing expertise, guidance, and response to emerging needs. As lead partner for the Portal service we receive substantial funding from the Strategic Commissioner of the Joint Domestic, Sexual Violence & Abuse and Violence against Women & Girls (VAWG) Unit, Brighton & Hove and East Sussex. We also receive various grants from charitable trusts such as Big Lottery, Children in Need and smaller local or specialist trusts.

The organisation plays a pivotal role in the VAWG Care Pathway in the city, providing a first point of contact to survivors' initial assessment, and onward referral to the appropriate support

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service to meet their needs. RISE is a key partner in the Multi-Agency Referral and Assessment Conference (MARAC), representing the experience and needs of high-risk survivors and contributing to plans for their support and safety.

Public Benefit

The trustees have had due regard for the guidance on the public benefit requirement published by the Charities Commission, as required by the Charities Act 2011.

General Financial Position

The operating results for the year ended 31st March 2019 show another year of stable performance with income rising by £86,548 to £2,600,110 (2018: £2,513,562). Total expenditure increased to £2,728,084 (2018: £2,475,195), which gave rise to a deficit of £127,974 (2018: surplus £38,367).

The sector continues to experience cuts in funding as a result of reduced public sector budgets. However, we have been successful in securing additional funding from the Sussex Police & Crime Commissioner for work with victims of economic abuse and from the Ministry of Housing and Local Government for a continuation of the LGBT and Complex Need refuges. Funding was also obtained to join the Women's Aid Federation of England's Change that Lasts program, and from Nationwide to fund a housing advocacy worker.

RISE was successful in a bid to Garfield Weston, which we used to refurbish facilities to provide a trauma informed environment, as well as supporting staff training and an ICT upgrade.

The deficit this year was partly due to a decision to use general reserves to fund our work in supporting service users. For the second year in a row, we have self-funded a prevention and recovery service. We have also conducted a salary review, implemented over three years from 2017 – 2020, raising salaries to an appropriate and competitive level for the service.

The fundraising team have had a challenging year, with unrestricted incoming funds falling short of their target in 2018-19. We are making efficiency savings in this area in line with the current medium term fundraising strategy.

This use of reserves is reflected in the closing year balance which is £629,471 (2018: £757,445) of which £252,554 is held as general unrestricted reserves, £49,000 as designated reserves and £327,917 as restricted reserves.

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Key Achievements During the Year

RISE continues to be an active part of the local, national and global Violence Against Women and Girls (VAWG) movement and a key player in the LGBT+ DVA movement due to our longevity and expertise. These bring us into partnership with national experts such as Women's Aid, End Violence Against Women (EVAW), Respect, Galop, Shaping Our Lives, Deaf Hope, Surviving Economic Abuse and SafeLives.

We have continued to make having a safe home for recovery a key priority. Housing is a big part of our work and we have several projects that have an explicit housing remit:

- Refuge provision and resettlement
- We routinely have a housing lead in our Access service
- We have a (Big Lottery Women and Girls funded) Assertive Outreach worker now into its third year, focusing on complexity
- A second Assertive Outreach Navigator (rough sleeping/homelessness funded)
- Our LGBT+ refuge and resettlement project
- Regular housing and finance workshops
- This year we secured a new (Nationwide funded) Housing Advocacy Worker bringing together DVA and housing expertise
- We also have strong partnerships with BHT and Southdown Housing as well as with Stonewall Housing

Children and family work continues in refuge and beyond, and we have funded a child therapist through fundraising events. Break4Change delivers group work support to parents and young people at risk of acting abusively towards their parents and/or carers.

Our Big Lottery Community Project (BLCP) has developed a pool of RISE Community Connectors (ex-service user volunteers) who identify 'gifts' (strengths/assets) and deliver their own small projects. They are supported to build teams and be ambassadors for their own solutions.

A new project is Make A Change: Working with Respect and Women's Aid to develop an early intervention perpetrator response. RISE provides the partner support element.

RISE has recruited a new Chair and three new trustees since the previous year end, broadening the range of skills and experience that we are already fortunate to have on the board.

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Plans for the Future

During 2018 - 2019 RISE listened to staff, survivors, stakeholders, managers and our board, and have distilled these thoughts into our new Five-Year Strategic Plan. The four new main strategic aims listed below demonstrate our new sense of direction:

Excellence: RISE will be a centre of excellence for domestic violence and abuse knowledge and expertise, building on existing and creating new evidence basis for our work and achieving recognised quality standards appropriate to our work and sector.

Community Focused: RISE will broaden our reach, take a community approach and increase our role in a community response to domestic violence and abuse by collaborating with professional partners, communities of interest and working in neighbourhoods to make sure DVA is everyone's business.

Voice & Leadership: RISE will be a recognised leading voice on domestic abuse and violence in the context of violence against women and girls (VAWG) and come alongside survivors to amplify their voices to inform provision and bring social change.

Secure, Sustainable and Future-Proofed: RISE will diversify and grow income streams to decrease reliance on public funds; commit to good governance principles and practice including robust management of risk; exploit new technology for service delivery, to improve accessibility and modernise our service offer.

RISE will continue to manage charitable funds, making good investments to secure the future of the organisation and to provide the best services to meet our mission. We are aiming to increase the proportion of our unrestricted funding income in order to meet the challenge of the current funding environment. Our 3-year Fundraising Strategy has identified gaps in our income-generating portfolio, which we plan to strengthen over the coming years. These gaps include gifts in wills, corporate donations, regular giving and digital giving.

In progress, we are consulting the community in order to develop a new Big Lottery Reaching Communities bid, for a project to help women to connect and thrive, and ultimately be free from abuse. We are also expanding our Break4Change (child to parent violence) programme across the UK, which will raise our profile and bring in new income.

We have applied for an extension of our current funding from Children in Need (CIN) to continue the work of the children and families team, until the new CIN grants process is released. In the early stages are several new projects on a local and national level to improve the housing offer for our clients.

Recent good news is that RISE is one of the Brighton Mayor's charities in 2019-20, which will raise the profile of the charity and should lead to an increase in unrestricted income.

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Fundraising

RISE receives voluntary donations and gifts from individual and corporate donors. As a member of the Institute of Fundraising, we adhere to their guidelines in our fundraising activity as well as following the Charity Commission advice on best practice. We have an Ethical Fundraising policy to ensure clarity and openness to all our stakeholders. All personal data is processed in line with the General Data Protection Regulations and Data Protection Act 2018. RISE will only process data of supporters and donors if they have given opt-in consent.

RISE organise all our fundraising internally and do not engage third parties to seek donations from individuals. We are mindful of people's privacy and do not exert undue pressure on potential donors. Our preferred approach is that 'it is not about making people feel bad for not giving, it is about making people feel good for giving'. There have been no complaints about fundraising.

Reserves Policy

In accordance with the advice of the Charity Commissioners for England and Wales, we aim to hold unrestricted reserves at levels sufficient to ensure the long-term financial stability of the charity.

The areas highlighted to meet this requirement are wind up costs, unforeseen emergency, unforeseen running costs to include maternity and sickness, designated funds for buildings maintenance and furniture renewal, and seed funding to initiate projects for expansion into new areas.

The amounts held to cover each financial risk within the tiers are defined and reviewed every two years, or more frequently if the charity's income or liabilities should change drastically.

Surplus unrestricted funding should be built into the annual budget to enable the free reserves to build to the required level by a minimum of 0.5% (half percent) of turnover per year, until it reaches the required level. The proviso is that this is increased to match usage of the funds and that the overall reserves level should not be allowed to drop below 7% of turnover except in a wind up situation.

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Reserve Tiers

FINANCIAL RISKS	REQUIRED LEVEL	ACHIEVED LEVEL	
		At March 2019	
	£	£	
WIND UP FUNDING			
Redundancy Payments	90,000	90,000	Wind up costs - 3 months to break point in lease
Key Staff	30,000	30,000	
Lease Commitments	84,000	84,000	
	204,000	204,000	
DESIGNATED FUNDS			
Buildings Maintenance	15,000	15,000	Refuge
Furniture Replacement	18,000	18,000	Refuge and offices
Seed Funding	-	-	
Shaftesbury Court Refurbishment Per Lease Requirement	16,000	16,000	£40k needed by Oct 2025 (allocate £4k per annum)
	49,000	49,000	
UNFORESEEN EMERGENCY			
Tribunal/ Complaints Costs	5,000	5,000	
	5,000	5,000	
UNFORESEEN RUNNING COSTS			
Short Term Capacity Issues in Central Services	5,000	5,000	Such as increased hours due to grievance etc.
Disability Support, Sickness or Maternity Cover	10,000	10,000	Based on 12 weeks pay + 6 months SSP for a frontline worker
	15,000	15,000	
PLANNED COMMITMENT			
Building Investment	300,000	28,554	
	300,000	28,554	
GRAND TOTAL	£573,000	£301,554	

General Reserve held at 31/03/2019

£252,554

Designated fund held at 31/03/2019

£49,000

£301,554

Restricted Reserve held at 31/03/2019

£327,917 These are not available for general purpose use

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Structure, Governance and Management

Incorporation

RISE is a company limited by guarantee and a registered charity. It was first registered as a charity on 9th May 1994, and then re-registered on 17th November 1997, having been incorporated as a company on 26th August 1997. On 28th October 2008, the company changed its name to R.I.S.E. (Refuge, Information, Support and Education). The charitable company is governed by its Memorandum and Articles of Association which were updated in July 2014.

RISE is governed by a board of trustees, whose principal responsibilities are the setting and monitoring of the strategic direction of the organisation and the establishment of policy. The trustees are also directors for the purposes of company law.

The board meets formally once every three months.

The board delegates the day-to-day operation of the organisation to the CEO and senior managers.

Statement of Trustees' Responsibilities

Law applicable to charitable companies in England and Wales requires the trustees, who are also the directors of the company, to prepare financial statements for each year, which give a true and fair view of the state of the charitable company's financial activities during the year and of its financial position at the end of the year.

In preparing financial statements giving a true and fair view the trustees should:

- 1) follow best practice and select suitable accounting policies and apply them consistently;
- 2) make judgements and estimates that are reasonable and prudent;
- 3) state whether applicable United Kingdom accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- 4) prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue its operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and which enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Recruitment and Appointment of Trustees

We aim to have between 10 and 15 board members to ensure a quorum at meetings of five. Recruitment is based on diversity of experience. We carry out regular skills audits to identify

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any existing or possible gaps in the knowledge and expertise on the Board, and to fill these gaps appropriately.

Trustee Induction and Training

All new board members are introduced to current board members, and receive an induction pack, which includes a Statement of Aims, and Management Committee Ground Rules.

Visits to the refuges, RISE services and open mornings are coordinated when appropriate.

Free training is available for roles and responsibilities, and governance. The CEO is the permanent representative of the staff on the board and other senior staff members of RISE management team and the service teams rotate to attend board meetings where possible. All board members are required to attend board meetings, the annual strategic planning day, team building days, staff meetings and other social events with staff as coordinated.

The board is undergoing ongoing development and attend a number of governance training days throughout the year.

Trustee Working Groups

The board has set up specific sub-groups to undertake detailed work in the following areas, Income Generation, Human Resources, Finance and Risk Management, Clinical Governance, Strategic Management and Equality and Diversity.

Risk Management

The trustees review the major risks that the charity faces on a regular basis and are satisfied that systems are in place to mitigate exposure to the major risks. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects, and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity. A working group consisting of staff and trustees has been set up to monitor risk and to review and prepare business recovery processes.

The key risks are:

- 1) Risk of death of a service user or client on waiting list due to restrictions in levels of service;
- 2) Risk in loss of key staff, to include staff burn out, sickness and loss due to restrictions in remuneration packages;
- 3) Risk of loss of key income streams and associated services reducing our needs led and trauma focused holistic service model;
- 4) Risk of fraud/theft of charity funds.

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Auditors

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

A resolution proposing that MHA Carpenter Box be reappointed as auditors of the company will be put to the members.

The trustees have paid due regard to the public benefit guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees have complied with their duty under section 17(5) of the 2011 Charities Act to have due regard to guidance published by the charitable commission.

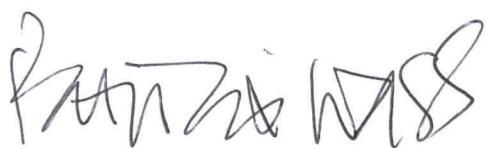
The trustees have prepared this report in accordance with the special provisions of 15 of the Companies Act 2006 relating to small companies.

The trustees present their report for the year in compliance with the Statement of Recommended Practice Accounting and Reporting by Charities.

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

Approved by the trustees on 7th December 2019

Signed on their behalf by



Patricia Wass

Chair



Angie Uglov

Treasurer

R.I.S.E (Refuge, Information, Support and Education)

Independent Auditor's Report to the Members of R.I.S.E

(Refuge, Information, Support and Education) for the year ended 31 March 2019

Opinion

We have audited the financial statements of R.I.S.E. (the 'charitable company') for the year ended 31 March 2019 which comprise the statement of financial activities, the statement of financial position, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or

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- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

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- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to

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them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Signed: 

Date: 12/12/19

Robin Evans BA FCA CTA (Senior Statutory Auditor)
for and on behalf of MHA Carpenter Box

Chartered Accountants
Statutory Auditor

Amelia House
Crescent Road
Worthing
West Sussex
BN11 1QR

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Statements of Financial Activities Including Income and Expenditure Accounts 31st March 2019

Notes	General Fund	Designated Funds	Restricted Funds	Total	General Fund	Designated Funds	Restricted Funds	Total
	2019				2018			
	£	£	£	£	£	£	£	£
INCOME AND ENDOWMENTS								
3								
Donations and Legacies	143,813			143,813	246,719			246,719
Other Trading Activities	101,032			101,032	94,189			94,189
Income from Investments	2,495			2,495	1,145			1,145
Incoming from charitable activities								
Residential, Casework and Group Work	275,669		1,939,886	2,215,555	230,611		1,807,084	2,037,695
Therapeutic			133,219	133,219			133,287	133,287
Other Incoming Resources	3,996			3,996	527			527
Total Income and Endowments	527,005		2,073,105	2,600,110	573,191		1,940,371	2,513,562
RESOURCES EXPENDED								
4								
Expenditure on Raising Funds	188,975			188,975	199,188			199,188
5								
Expenditure on Charitable Activities								
Residential, Casework and Group Work	513,588		1,850,562	2,364,150	415,491		1,697,954	2,113,445
Therapeutic	17,478		157,481	174,959	15,920		146,642	162,562
Sub-Total	531,066		2,008,043	2,539,109	431,411		1,844,596	2,276,007
Total Expenditure	720,041		2,008,043	2,728,084	630,599		1,844,596	2,475,195
Net Income/(expenditure) before gains and losses on investments	(193,036)		65,062	(127,974)	(57,408)		95,775	38,367
Net gains/Losses on Investments	-	-	-	-	-	-	-	-
Net income/expenditure for the year	(193,036)		65,062	(127,974)	(57,408)		95,775	38,367
2								
RECONCILIATION OF FUNDS								
Total funds brought forward	449,590	45,000	262,855	757,445	526,998	25,000	167,080	719,078
Transfer between funds	(4,000)	4,000			(20,000)	20,000		
Total funds carried forward	252,554	49,000	327,917	629,471	449,590	45,000	262,855	757,445

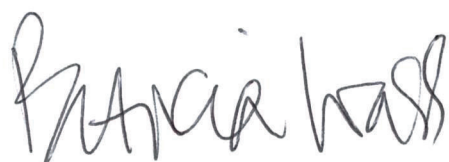
The statement of financial activities has been prepared on the basis that all activities are continuing

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Balance Sheet at 31st March 2019

		2019	2018
	Notes	£	£
TANGIBLE FIXED ASSETS	9	-	-
CURRENT ASSETS			
Debtors	10	80,479	93,033
Cash at bank and in hand	15	614,829	809,137
TOTAL CURRENT ASSETS		<u>695,308</u>	<u>902,170</u>
CREDITORS: Amounts falling due within one year	11	65,837	144,725
NET CURRENT ASSETS		629,471	757,445
NET ASSETS	14	<u>629,471</u>	<u>757,445</u>
ACCUMULATED FUNDS			
Unrestricted funds			
General fund	14	252,554	449,590
Designated funds	14	49,000	45,000
Restricted funds	14	327,917	262,855
		<u>629,471</u>	<u>757,445</u>

Approved by the trustees on 7th December 2019



Patricia Wass

Chair



Angie Uglow

Treasurer

R.I.S.E (Refuge, Information, Support and Education)

Cash Flow Statement Accounts Ending 31st March 2019

	Notes	2019 £	2018 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash provided by (used in) operating activity	15	(196,804)	7,977
Cash flows from investing activities:			
Dividends, interest and rents from investments		2,495	1,144
Net cash provided by investment activities		2,495	1,144
Cash flows from financing activities			
Net cash provided by(used in) financing activities		0	0
Change in cash and cash equivalents in the reporting period		(194,309)	9,121
Cash and cash equivalents at the beginning of the reporting period		809,137	800,016
Cash and cash equivalents at the end of the reporting period		614,828	809,137

R.I.S.E (Refuge, Information, Support and Education)

Notes to the financial statement

For the year ending 31st March 2019

1. Accounting Policies

a) Basis of Preparation

RISE is a private company limited by guarantee incorporated in England and Wales. The registered office is 3rd Floor Shaftesbury Court, 95 Ditchling Road, Brighton, BN1 4ST.

RISE meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The financial statements have been prepared in accordance with the Auditing and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Companies Act 2006.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Going Concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

b) Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation.

Depreciation is calculated to write off the cost of each asset over its expected useful life at the following rate:

- Fixtures and fittings 20% straight line basis per annum
- Purchase of assets to a value of less than £500 are not capitalized.

c) Donations

Donations are accounted for on a received basis and are grossed up for any income tax recoverable. Donated items are accounted for when received and are accounted for at a reasonable estimate of their value.

R.I.S.E (Refuge, Information, Support and Education)

d) Grants Receivable

Grants received are treated in accordance with the Statement of Recommended Practice "Accounting Reporting by Charities". Grants are credited to the Statement of Financial Activities when received, unless they relate to a specified future period and have a service level agreement in which case they are deferred.

Deferred income is released to the SOFA in line with the requirements of the service level agreement.

e) Legacies

Pecuniary legacies are recognised as receivable once probate has been granted and notification has been received. Residuary legacies are recognised as receivable once probate has been granted, provided that sufficient information has been received to enable valuation of the Charity's entitlement. Amounts receivable are included at 90% of their valuation to reflect uncertainty inherent in the administration of estates. Residuary legacies are subject to further reduction to reflect the impact on the valuation of unrealised estate assets of subsequent adverse movements in property and investment markets. Reversionary interests involving a life tenant are not recognised due to the intrinsic uncertainties in valuing them.

f) Trustees

All the trustees donate their time spent running the charity on a voluntary basis and do not receive any remuneration. Indemnity Insurance is provided for the trustees.

g) Allocation of Expenditure

Resources are analysed as follows:

- Costs of generating funds includes fundraising and publicity costs as well as a proportion of salaries and staff costs based on allocation of staff time spent raising and funding applications.
- Charitable activities expenditure include the direct running costs of the charity's projects together with the support costs incurred that enable these activities to be undertaken.
- Governance costs relate to statutory costs in connection with the general running of the charity, such as audit fees, AGM and trustee expenses, and legal and professional fees. They also include an allocation of staff salaries.

All resources expended are inclusive of irrecoverable VAT.

R.I.S.E (Refuge, Information, Support and Education)

h) Taxation

The charitable company is registered as a charity and is exempt from taxation (except for Value Added Tax) on its income and capital gains applied for charitable purposes.

i) Employee Benefits

The charity operates a defined contribution group personal pension scheme, which is available to all employees. The amount charged against expenditure represents the contributions payable to the scheme in respect of the year.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

j) Leasing

Rental charges are charged on a straight line basis over the term of the lease.

k) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which are to be used in accordance with a specific purpose, as explained in note 14.

l) Designated Funds

Three designated funds have been set up in order to put aside funds for future large expenditure.

As laid out in the reserves policy, a desired level has been set for each fund and transfers into the funds from the general fund will take place as authorised by the board until the required level has been reached.

The funds are to cover major buildings works or end of lease refurbishments for all RISE properties, major replacement of furniture and fittings and seed funding for new projects including fundraising activities such as social enterprises.

The reserves policy is to be reviewed every two years.

R.I.S.E (Refuge, Information, Support and Education)

m) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

n) Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

R.I.S.E (Refuge, Information, Support and Education)

2. Net Incoming Resources

Net incoming resources for the year are stated after charging:

	2019 £	2018 £
Depreciation	-	828
Auditors remuneration - audit services	6,660	6,920
Trustees' expenses	160	16
Operating lease payments	48,000	48,000

3. Voluntary Income

	2019 £	2018 £
<u>CORE GRANT, DONATIONS AND LEGACIES</u>		
B&H 3 yr. Core Grant	86,600	86,600
Major Donors	35,689	132,500
Donations	11,780	23,719
Legacies	786	2,672
Gift Aid	8,958	1,219
Choir	-	9
	<hr/> 143,813	<hr/> 246,719
<u>OTHER TRADING ACTIVITIES</u>		
Training and student fees Income	5,150	2,500
Membership	170	100
Fundraising Events		
Race Income	60,559	75,889
Collections and Events	35,153	15,700
	<hr/> 101,032	<hr/> 94,189
TOTAL VOLUNTARY INCOME	<hr/> 244,845	<hr/> 340,908

R.I.S.E (Refuge, Information, Support and Education)

4. Expenditure on Raising Funds

	Unrestricted Funds £	Designated Fund £	Restricted Funds £	Total 2019 £	Total 2018 £
Salaries and staff costs	81,999	-	-	81,999	82,298
Fundraising	83,459	-	-	83,459	107,377
Support costs and overhead	23,517	-	-	23,517	9,513
	188,975	-	-	188,975	199,188

5. Expenditure on Charitable Activity

	Staff Costs £	Direct Service Costs £	Support and Governance Costs £	Total 2019 £	Total 2018 £
Residential Casework/ Group work	1,033,442	912,109	418,599	2,364,150	2,113,445
Therapeutic	112,876	21,330	40,753	174,959	162,562
TOTAL	1,146,318	933,439	459,352	2,539,109	2,276,007

6. Analysis of Support and Governance Costs

	Support £	Governance £	Total 2019 £	Total 2018 £
Salaries and Staff Costs	347,261	13,256	360,517	215,529
Audit and Accountancy Fees	-	6,660	6,660	7,800
Management Committee, Trustee expenses and AGM	-	1,486	1,486	460
Support Overheads	90,689	-	90,689	88,276
TOTAL	437,950	21,402	459,352	312,065

R.I.S.E (Refuge, Information, Support and Education)

7. Employees and Trustees

During the year £160 was reimbursed to trustees (2018: £16).

There was no remuneration paid to any of the trustees or any persons connected to them.

	2019	2018
	£	£
Salary costs:		
Wages and salaries	1,430,318	1,256,417
Social security costs	121,244	101,821
Pensions - Employer contribution	35,786	31,703
SMP	1,486	1,289
	<u>1,588,834</u>	<u>1,391,230</u>

No employee earned at a rate of greater than £60,000 per annum.

	2019	2018
	£	£
The Key Management Personnel Remuneration		
CEO	49,538	49,497
Senior Managers	153,658	123,028
	<u>203,196</u>	<u>172,525</u>

The average number of employees, analysed by function, was:

	2019	2018
Raising Funds	4	4
Charitable Activities	58	53
Management and administration of the charity	6	6
	<u>68</u>	<u>63</u>

R.I.S.E (Refuge, Information, Support and Education)

8. Related Party Transactions

There were no related party transactions in the period.

9. Tangible Fixed Assets

COST	Fixtures, fittings and equipment £
At 1 April 2018	15,154
Additions	-
Disposals	-
At 31 March 2019	<u>15,154</u>
DEPRECIATION	
At 1 April 2018	15,154
Disposals	-
Charge for year	-
At 31 March 2019	<u>15,154</u>
NET BOOK VALUE	
At 31 March 2019	-
At 31 March 2018	-

10. Debtors

	2019	2018
	£	£
Trade debtors	44,511	37,227
Prepayments	35,968	31,872
Accrued income	-	23,934
	<u>80,479</u>	<u>93,033</u>

R.I.S.E (Refuge, Information, Support and Education)

11. Creditors: Amounts falling due within one year

	2019	2018
	£	£
Trade creditors	32,351	36,363
Deferred income	5,714	80,984
Accruals	11,762	15,248
Accrued annual leave	7,660	10,668
Taxation/pensions	6,943	259
Other creditors	1,407	1,203
	<u>65,837</u>	<u>144,725</u>

All the deferred income at 31 March 2018 was released into the Statement of Financial Activities during the year ended 31 March 2019.

12. Pensions

The charitable company operates a defined contribution pension scheme.

Contributions made by the company amounted to £36,230 (2018 £31,703) and the amount of contributions underpaid at the year end and included in creditors was £6,943 (2018 £259).

13. Operating Lease Commitments

The following operating lease payments are committed to be paid:

Land and buildings		2019	2018
		£	£
Expiring:	Within one year	48,000	48,000
	In two to five years	192,000	192,000
	More than 5 years	84,000	132,000
		<u>324,000</u>	<u>372,000</u>

Note - our office lease is until December 2025 with a break point at December 2020.

R.I.S.E (Refuge, Information, Support and Education)

14. Funds

ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets	Net Current Assets	Total 2019	Total 2018
	£	£	£	£
Restricted funds	-	327,917	327,917	262,855
General funds	-	252,554	252,554	449,590
Designated Funds	-	49,000	49,000	45,000
	-	629,471	629,471	757,445

RESTRICTED FUNDS

	Balance at 31/03/2018	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31/03/2019
	£	£	£	£	£
Ask Me	15,111	-	10,949	-	4,162
Big Lottery	49,283	198,388	169,391	-	78,280
Brighton & Hove Food Partnership	850	-	850	-	-
CCG	47,918	91,628	115,773	-	23,773
Children In Need	11,033	40,298	40,312	-	11,019
Comic Relief	4,190	41,590	41,707	-	4,073
GBT Refuge	41,174	26,848	58,772	-	9,250
Complex Need Refuge	(1,701)	21,653	19,952	-	-
GSK	32,323	1,111	13,850	-	19,584
Triple P	578	4,650	5,228	-	-
VAWG B&H Portal Contract	62,096	1,509,998	1,493,565	-	78,529
Dodgson Foundation - Choir	-	2,000	2,000	-	-
MHCLG Complex Need Refuge	-	57,398	2,185	-	55,213
OPCC Safe Space	-	28,120	19,565	-	8,555
Garfield Weston	-	30,000	10,413	-	19,587
Make a Change - Women's Aid	-	19,423	3,531	-	15,892
Total Restricted Funds	262,855	2,073,105	2,008,043	-	327,917

R.I.S.E (Refuge, Information, Support and Education)

DESIGNATED FUNDS

	Balance at 31/03/2018	Incoming Resources	Resources Expended	Transfers between Funds	Balance at 31/03/2019
	£	£	£	£	£
Buildings maintenance	15,000	-	-	-	15,000
Furniture replacement	18,000	-	-	-	18,000
Shaftesbury Court Refurbishment per lease requirement	12,000	-	-	4,000	16,000
Total Designated Funds	45,000	-	-	4,000	49,000

UNRESTRICTED FUNDS

Shaftesbury Court refurbishment transfer	-	-	-	(4,000)	(4,000)
Total Unrestricted Funds	449,590	527,005	720,041	(4,000)	252,554
TOTAL FUND BALANCES	757,445	2,600,110	2,728,084	-	629,471

15. Notes to the Cash Flow Statement

Reconciliation of Net Movement in Funds to Net Cash Flow from Operating Activities

	2019 £	2018 £
Net (deficit) / surplus	(127,974)	38,367
Depreciation charges	-	828
Interest	(2,495)	(1,145)
(Increase)/decrease in debtors	12,553	(2,441)
Increase/(Decrease) in creditors	(78,888)	(27,632)
Net cash provided by (used in) operating activities	(196,804)	7,977

	2019 £	2018 £	Movement £
Cash at Bank and in hand	614,829	809,137	(194,308)
Overdrafts/Loans falling due within 1 year.	NIL	NIL	

R.I.S.E (Refuge, Information, Support and Education)

RESTRICTED FUNDS - PROVIDER AND PURPOSE

Payee	Purpose
B&HCC PCST	Frontline staff for IDVA, DAPRS and Helpline to include LGBT workers
Brighton & Hove City CCG	Family, Children and Young People's Service
Brighton & Hove Food Partnership	Healthy eating
B&HCC - Triple P	To deliver Triple P parenting group work training
B&HCC funding for GBT Refuge	Provision of support for the LGBT+ refuge
Big Lottery - Reaching Communities	Outreach and therapeutic work and a volunteer coordinator
Break4Change	Delivery of Break for Change Service
CCG	Therapy Services
Children In Need	Children's Worker
Comic Relief	Complex trauma therapeutic work
DCLG East Sussex	Provision of Support for Complex Needs Refuge
Dodgson Foundation	Choir
East Sussex County Council & Sussex Police	Additional funding to support domestic and sexual violence provision
Garfield Weston	Refurbishment of facilities to provide trauma informed environment, staff training and ICT upgrade
GSK	Used for therapy service
Ministry of Housing, Communities and Local Government	Continuation of LGBT+ & Complex Need refuge
Sussex Police and Crime Commissioner	Safe Space Sussex, Regroup and Economic Abuse workers
VAWG B&H/ES Portal contract	Delivery of the Portal service to include helpline, high risk, prevention and recovery and residential across Brighton and Hove and East Sussex in partnership with CGL and Survivors Network.
Women's Aid Federation of England	Make a Change Perpetrator Response



RISE
PO Box 889
Brighton
BN2 1GH

 Helpline 01273 622 828
 www.riseuk.org.uk
 fundraising@riseuk.org.uk
 @riseuk
 RiseUK