



Trustees' Report and Financial Statements

31st March 2025

R.I.S.E. (Refuge, Information, Support and Education) is a registered charity (No. 1065846)

R.I.S.E. (Refuge, Information, Support and Education) is a Company Limited by Guarantee registered in England No. 3425008.

RISE, Community Base, 113 Queens Road, Brighton, BN1 3XG



R.I.S.E. (Refuge, Information, Support & Education)

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Legal and Administrative Information

REGISTERED CHARITY NUMBER	1065846	COMPANY NUMBER	03425008
REGISTERED OFFICE	Community Base 113 Queens Road Brighton BN1 3XG		
TRUSTEES	Dani Ahrens Kate Goddard Chris Magill Isobel Montgomery Viktorija Zdanoviciute Rebecca Vaughan Catherine Barker Helen Carr Louise Leonard Kim Turnbull James Alison Simmonds		
			Appointed 21 st June 2025 Resigned 13 th September 2025 Resigned 13 th September 2025 Resigned 22 nd April 2025 Resigned 30 th September 2024 Resigned 31 st October 2024
CHIEF EXECUTIVE OFFICER	Jo Gough	SENIOR MANAGEMENT TEAM	
		K Dale	
		A Munro	Redundant 31 st December 2024
		L Mcilrath	Resigned 30 th September 2024
		S Cassidy	Appointed 1 st October 2024
		A Yang	Appointed 9 th December 2024
		L Holmes	Appointed 1 st January 2025
		E Millar-Fleming	Appointed 7 th January 2025
BANKERS	Santander Bootle Merseyside L30 4GB	CAF 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	
INDEPENDENT EXAMINER	Carpenter Box Amelia House Crescent Road Worthing West Sussex BN11 1RL	SOLICITORS	Fitzhugh Gates 3 Pavilion Parade Brighton BN2 1RY

R.I.S.E. (Refuge, Information, Support & Education)

TRUSTEES REPORT FOR THE YEAR ENDED 31st MARCH 2025

RISE Board of Trustees present their annual trustees' report together with the financial statements of the charity for the year ending 31st March 2025. These have been prepared to meet the statutory reporting requirements for a charitable company, including the directors' report and accounts required by Companies House.

Objectives and Activities

Objectives and Aims

RISE offers strength-based, trauma-informed services and is committed to providing accessible, fair, and safe services to survivors of violence and abuse, including women of all ages, children, young people, trans and non-binary people, lesbians and bisexual women, gay and bisexual men, black and minoritised women, women with religious affiliations or none, disabled women and other minoritised women.

We are a feminist, women-led and centred domestic violence and abuse charity that has worked for over thirty years to end all forms of violence and abuse against women, children and LGBT+ people.

Our vision is 'Freedom from Abuse and Violence'.

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remain focused on our stated purposes.

Activities

We aim to deliver responsive wrap around services that support women, children and LGBT survivors from crisis and early intervention through to recovery and onwards into safe and healthy futures. Our activities include:

- Helpline and casework
- Expert specialist advocacy (housing, family, health, justice)
- Legal and housing advice
- Adult and child counselling and group work
- Family interventions and therapeutic support for babies, children and young people
- Dedicated LGBT refuge and support services
- Community projects and outreach
- Dedicated support for older people, disabled people, homeless and Black and minoritised people
- Dispersed refuge accommodation support
- Training and consultancy services

Public Benefit

The Trustees have had due regard for the guidance on the public benefit requirement published by the Charities

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Commission, as required by the Charities Act 2011.

Key achievements during the year

The trustees assess the charity's success by the extent to which its services are accessible, responsive, and valued by service users. Given the complex nature of the charity's work supporting survivors of abuse, success is not defined by binary outcomes which may not be appropriate indicators of effective support.

In 2024/25, RISE delivered services to 956 adult survivors and 68 children and young people. The charity has received positive feedback from users of its services.

Therapy, Counselling and Wellbeing Services: Our longstanding Trauma Pathway project continued to provide wellbeing support to women and children including a mixture of creative, therapeutic, outdoor, group and 1:1 sessions and music therapy.

Helpline, Advocacy and Groups: The helpline offers a two day a week support line for both emotional support and practical help, often acting as a vital source of first contact. Our recovery group continues to run online and face-to-face, alongside well-being programmes that survivors can work through independently. RISE is also working in partnership with Surviving Economic Abuse (SEA) and Money Advice Plus to transform responses to economic abuse.

Children and Family: The team continues to deliver bespoke programmes to children and mothers to aid safety, recovery and healthy relationships. Our Family and Civil Court Advocate supported complex cases through civil and family processes whilst also providing training to law students with the hope of bringing cultural change.

Safe Homes Team and LGBT Dispersed Refuge: Our independent housing advocacy and sanctuary scheme continues this year, with a specialist embedded in the council housing team building relationships with Refuge providers to uphold statutory rights of survivors. The Housing Support Fund pays for advice, advocacy and items to help people in poverty. Our LGBT Dispersed Refuge works with Southdown Housing to source new lets and provide community-based LGBT floating support.

Communities Rising: Our National Lottery-funded project entered its third and final year, working with marginalised (including older, disabled and multiple disadvantaged) as well as black and minoritised women. It delivered outreach, peer-led groups, skills development and advocacy initiatives that amplified voices, strengthened community networks, and promoted sustainable, community-led action to end violence against women and girls.

Training & Development: We deliver training to corporates, schools, charities and local authorities to share our expertise in creating cultures that do not tolerate abuse and violence.

Other: RISE secured its Women's Aid Quality Standard Accreditation. RISE completed a staffing restructure to ensure its long-term financial stability. RISE has focused on embedding and improving equality and diversity.

Financial Review

Against the backdrop of limited resources and insecurities over funding, it has continued to be difficult to plan or develop services. Nevertheless, the charity, with the support of both its staff and volunteers, has achieved

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income of £906k (2024: £1,098k). Total expenditure in the year was £1,099k (2024: £1,271k), which was in line with the previous financial year's income. This resulted in a deficit of £192k (2024: £173k) which was funded from a healthy reserve balance.

Principal Funding Sources

Restricted income from local authorities is the principal funding source for the charity. This funding supports several key services, including: LGBT dispersed refuge and refuge in-reach provision; housing team services such as the Sanctuary Scheme (safety in home), Floating Support and a Housing IDVA (Independent Domestic Violence Advisor); the Community Support programme for Children and Young People; and support for people with Multiple Complex Disadvantages. All these funding streams are short-term and insecure, which creates ongoing challenges for sustainability.

Alongside this, the charity raised unrestricted funding of £192k (2024: £246k). This was primarily achieved through a substantial donation from the Musk Burton Family Trust, our 8k Run for Women event and our Big Give Match Funding campaign.

As a member of the Institute of Fundraising, we adhere to their guidelines in our fundraising activity as well as following the Charity Commission advice on best practice.

Reserves Policy

Restricted funds of £136k (2024: £256k) are held at year end. These funds are designated for projects as directed by the terms and conditions of the grant provider. These will be disbursed in line with each project's budget agreement.

Unrestricted funds of £275k (2024: £347k) are held at year end. These are funds that have been raised with a specific end use but are not subject to donor contractual obligations. Of this balance, the charity holds reserves of £120k to cover wind-up costs, unforeseen emergency and running costs and £10k of designated funds for buildings maintenance. At year end, an additional £154k of free reserves are held to support any deficit caused by insecurity in funding sources.

In accordance with the advice of the Charity Commissioners for England and Wales, we aim to hold unrestricted reserves at levels sufficient to ensure the long-term financial stability of the charity. The reserve policy is reviewed every 2 years or more frequently if the charity's income or liabilities require.

Investment Policy and Objectives

Funds are held on deposit with the charity's bankers in an interest bearing account. The aim is to maximise the return on cash at the lowest possible risk to the charity.

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. While in previous years the charity has run at a deficit, the charity has identified and adopted the required cost initiatives to enable it to run on a breakeven basis. It has a further £154k free reserves which it could use if a deficit does arise from insecurity in the funding sources. For this reason, they continue to adopt the going concern basis in preparing the financial

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statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

Plans

The charity plans on continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements. Our strategic aims for the next 5 years are:

- ✓ **Strategic Aim 1:** To create a community of resistance and care, within our local community.
- ✓ **Strategic Aim 2:** To continue to fight for freedom from abuse and violence as a feminist organisation, as activists and campaigners for true justice
- ✓ **Strategic Aim 3:** To become stable, independent, and future ready with our own building(s), secure funding, and a business development function
- ✓ **Strategic Aim 4:** To maintain and enhance our specialist, high-quality and holistic services

Structure, Governance and Management

Governing Document

RISE is a company limited by guarantee and a registered charity. It was first registered as a charity on 9th May 1994, and then re-registered on 17th November 1997, having been incorporated as a company on 26th August 1997. On 28th October 2008, the company changed its name to R.I.S.E. (Refuge, Information, Support and Education). The charitable company is governed by its Memorandum and Articles of Association which were updated in July 2014.

Organisational Structure

Decision-making responsibility rests with the Board. All board members give their time voluntarily and receive no benefits from the charity. Day-to-day operational decisions which are within the agreed operating budget are delegated to the appropriate members of the management team and the outcome of these reported at Board meetings. Matters of particular significance are discussed at the Board.

Volunteers

Volunteers make a significant contribution to the charity's ability to deliver its activities. Volunteers provide the first point of contact on the charity's helpline, supported by trained staff, with cases escalated to specialist workers where appropriate. Volunteers also support the fundraising and communications team on an ongoing basis, assist with one-off events such as the 8K Run for Women, and contribute to governance, with trustees serving in a voluntary capacity.

In addition, the charity engages volunteer counsellors, group workers and other project-specific volunteer roles, as well as survivor volunteers who help inform the charity's work and act as ambassadors and speakers on behalf of RISE.

The trustees recognise the significant contribution made by volunteers in enabling the charity to operate at scale and maximise its impact. However, it is not practicable to reliably measure the economic value of general volunteer time and, in accordance with the Charities SORP, volunteer contributions are not included in the Statement of Financial Activities.

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Recruitment, Appointment, Induction and Training of Trustees

The specific skills and experience required of new and additional Trustees are monitored on an ongoing basis, and recruitment is targeted to, for example, relevant professional bodies, and nominees. Candidates for Board membership will be recruited either through recommendations as defined in RISE Articles of Association, or through open recruitment in line with our Governance Board Recruitment, Selection and Review Policy. The appointment of Trustees is governed by the provisions set out in RISE's Articles of Association, which specify eligibility, the process for appointment at general meetings and the ability of the Board to co-opt Trustees to fill vacancies until the next AGM. New Trustees will meet with existing Trustees and staff for briefings on the activities of the charity, the policies adopted and the particular issues facing the charity. Specific training needs will be dealt with as they arise.

Key Management Remuneration

Key management remuneration is set by reference to the employment market locally for comparable positions.

Risk Management

The trustees and leadership team review the major risks that the charity faces on a regular basis and are satisfied that appropriate controls are in place to mitigate exposure to the major risks. A risk register has been established and is updated at least annually. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects, and to ensure consistent quality of delivery. Significant external risks to funding are reviewed at each board meeting.

Principal Risks

- Death of a service user on waiting list due to restrictions in levels of service.
- Staff retention and recruitment risks which are inherent in a relatively small organisation.
- Loss of key income streams and associated services

Connected and Related Parties

- Surviving Economic Abuse - works in partnership to deliver the Compass Project
- Money Advice Plus - RISE works in partnership with Money Advice Plus and Breakeven to deliver the Gambling Harms project
- Women's Aid Federation England - receive grants for survivors from Women's Aid through the Flee Fund

Approved by the trustees on 6th December 2025
and signed on their behalf by

Dani Ahrens



Trustee

Kate Goddard



Trustee

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF R.I.S.E. (REFUGE, INFORMATION, SUPPORT AND EDUCATION)

I report to the trustees on my examination of the financial statements of R.I.S.E. (Refuge, Information, Support and Education) (the 'charitable company') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Robin Evans BA FCA CTA DChA



Carpenter Box
Amelia House
Crescent Road
Worthing
West Sussex
BN11 1RL

Dated: 22 December 2025

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Statements of Financial Activities Including Income and Expenditure Accounts 31st March 2025

	Notes	General Fund	Designated funds	Restricted funds	Total	General Fund	Designated funds	Restricted funds	Total
		2025				2024			
		£	£	£	£	£	£	£	£
INCOME AND ENDOWMENTS									
Donations and Legacies	4	149,799			149,799	177,800			177,800
Other Trading Activities	4	42,351			42,351	68,673			68,673
Income from Investments		22,854			22,854	27,711			27,711
Incoming from Charitable activities									
Residential, Casework and group work				540,563	540,563			679,540	679,540
Therapeutic		6,159		141,300	147,459	6,799		137,883	144,682
Other incoming resources		3,541			3,541				
Total Income and Endowments		224,704		681,863	906,567	280,983		817,423	1,098,406
RESOURCES EXPENDED									
Expenditure on raising funds	5	78,416			78,416	97,698			97,698
Expenditure on Charitable activities	6								
Residential, Casework and Group work		214,999		642,462	857,461	201,764		703,963	905,727
Therapeutic		1,141		161,928	163,069	62,385		205,115	267,500
Sub-Total		216,140		804,390	1,020,530	264,149		909,078	1,173,227
Total Expenditure		294,556		804,390	1,098,946	361,847		909,078	1,270,925
NET INCOME/(EXPENDITURE)	3	(69,852)		(122,527)	(192,379)	(80,864)		(91,655)	(172,519)
Transfers between funds		(2,492)		2,492		(1,486)		1,486	
NET MOVEMENT IN FUNDS		(72,344)		(120,035)	(192,379)	(82,350)		(90,169)	(172,519)
RECONCILIATION OF FUNDS									
Total funds brought forward		337,004	10,000	256,401	603,405	419,354	10,000	346,570	775,924
Total funds carried forward		264,660	10,000	136,366	411,026	337,004	10,000	256,401	603,405

The statement of financial activities has been prepared on the basis that all activities are continuing.

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Balance Sheet at 31st March 2025

		2025	2024
	Notes	£	£
TANGIBLE FIXED ASSETS	10	14,325	6,248
CURRENT ASSETS			
Debtors	11	50,140	102,711
Cash at bank and in hand		455,509	575,998
TOTAL CURRENT ASSETS		<u>505,649</u>	<u>678,709</u>
CREDITORS: Amounts falling due within one year	12	108,948	81,552
NET CURRENT ASSETS		396,700	597,156
NET ASSETS		<u>411,026</u>	<u>603,405</u>
ACCUMULATED FUNDS			
Unrestricted funds			
General fund	15	264,660	337,004
Designated funds	15	10,000	10,000
Restricted funds	15	136,366	256,401
		<u>411,026</u>	<u>603,405</u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 6th December 2025

Dani Ahrens



Vice Chair

Kate Goddard



Treasurer

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Cash Flow Statement Accounts Ending 31st March 2025

	Notes	2025 £	2024 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash (used in) / provided by operating activities	16	(130,113)	(240,917)
Cash flows from investing activities:			
Interest received		22,854	27,711
Purchase of Tangible Fixed Assets		(13,230)	(1,248)
Net cash provided by investing activities		9,624	26,463
Change in cash and cash equivalents in the reporting period		(120,489)	(214,454)
Cash and cash equivalents at the beginning of the reporting period		575,998	790,452
Cash and cash equivalents at the end of the reporting period		455,509	575,998

Notes to the financial statements

For the year ending 31st March 2025

1. Accounting Policies

a) Basis of Preparation

RISE is a private company limited by guarantee incorporated in England and Wales. The registered office is Community Base, 113 Queens Road, Brighton, BN1 3XG.

The charity has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

The accounts have been prepared in accordance with "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 01 January 2019), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006. The charity is a Public Benefit Entity as defined by FRS 12.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The accounts have been prepared under historical cost convention. The principal accounting policies adopted are set out below.

b) Going Concern

The financial statements have been prepared on a going concern basis. The trustees have considered relevant information, including the annual budget, forecast future cash flows and the impact of subsequent events in making their assessment.

A decision was made by the Board of Trustees in March 2024 to restructure the entity due to discontinuation of several key funding streams. This restructuring has reduced costs to a level which will enable the charity to run on a breakeven basis provided current funding levels are maintained. The charity has £154k free reserves which can be used to offset a deficit arising from insecurity in funding sources.

Based on these assessments and having regard to the resources available to the entity, the trustees have concluded that there is no material uncertainty in relation to the appropriateness of continuing to adopt the going concern basis in preparing the annual report and financial statements.

c) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation.

Depreciation is calculated to write off the cost of each asset over its expected useful life at the following rate:

Fixtures and fittings 20% straight line basis per annum

Purchase of tangible fixed assets to a value of less than £500 are not capitalized.

d) Donations

Donations are accounted for on a received basis and are grossed up for any income tax recoverable. Donated items are accounted for when received and are accounted for at a reasonable estimate of their value.

e) Grants receivable

Grants received are treated in accordance with the Statement of Recommended Practice "Accounting Reporting by Charities". Grant income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that the income will be received. In the event that a grant is subject to the fulfilment of performance conditions before the charity is entitled to the funds, the income is deferred and not recognised until it is probable that these conditions will be fulfilled in the reporting period.

f) Legacies

Pecuniary legacies are recognised as receivable once probate has been granted and notification has been received. Residuary legacies are recognised as receivable once probate has been granted, provided that sufficient information has been received to enable valuation of the Charity's entitlement. Amounts receivable are included at 90% of their valuation to reflect uncertainty inherent in the administration of estates. Residuary legacies are subject to further reduction to reflect the impact on the valuation of unrealised estate assets of subsequent adverse movements in property and investment markets. Reversionary interests involving a life tenant are not recognised due to the intrinsic uncertainties in valuing them.

g) Trustees

All the trustees donate their time spent running the charity on a voluntary basis and do not receive any remuneration. Indemnity Insurance is provided for the trustees.

h) Allocation of expenditure

Resources are analysed as follows:

Costs of generating funds includes fundraising and publicity costs as well as a proportion of salaries and staff costs based on allocation of staff time spent raising and funding applications.

Charitable activities expenditure includes the direct running costs of the charity's projects together with the support costs incurred that enable these activities to be undertaken.

Governance costs relate to statutory costs in connection with the general running of the charity, such as audit fees, AGM and trustee expenses and legal and professional fees. They also include an allocation of staff salaries.

All resources expended are inclusive of irrecoverable VAT.

i) Taxation

The charitable company is registered as a charity and is exempt from taxation (except for Value Added Tax) on its income and capital gains applied for charitable purposes.

j) Employee Benefits

The charity operates a defined contribution group personal pension scheme, which is available to all employees. The amount charged against expenditure represents the contributions payable to the scheme in respect of the year.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

k) Leasing

Rental charges are charged on a straight-line basis over the term of the lease.

l) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which are to be used in accordance with a specific purpose, as explained in note 15.

m) Designated Funds

Designated funds are set up in order to put aside funds for future large expenditure. As laid out in the reserves policy, a designated fund for building maintenance is defined.

Any transfers from general to designated reserves is agreed by the Board of Trustees and minuted. The reserves policy is to be reviewed every two years.

n) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are not considered to be any critical accounting estimates or judgements.

3. Net Incoming Resources

Net incoming resources for the year are stated after charging:

	2025	2024
	£	£
Audit services	-	12,550
Independent Examination	2,610	-
Operating lease payments	24,401	24,401

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4. Voluntary Income

	2025 £	2024 £
<u>CORE GRANTS, DONATIONS AND LEGACIES</u>		
Major donors	60,000	111,073
Unrestricted donations	73,975	39,466
Legacies	3,000	8,719
Gift Aid	12,824	18,542
	149,799	177,800
<u>OTHER TRADING ACTIVITIES</u>		
Training and student fees income	2,500	6,720
Membership	65	90
Fundraising Events		
Race income	21,300	41,089
Collections and events	18,486	20,774
	42,351	68,673
TOTAL VOLUNTARY INCOME	192,150	246,473

5. Expenditure on Raising Funds

	Unrestricted Funds £	Designated Fund	Restricted funds £	Total 2025 £	Total 2024 £
Salaries and staff costs	52,721	-	-	52,721	46,004
Fundraising	15,836	-	-	15,836	29,951
Support costs and overhead	9,859	-	-	9,859	21,742
	78,416	-	-	78,416	97,698

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6. Expenditure on Charitable Activities

	Staff Costs	Direct Service Costs	Support and Governance Costs	Total 2025	Total 2024
	£	£	£	£	£
Residential Casework /					
Groupwork	588,117	129,814	139,530	857,461	905,727
Therapeutic	118,208	9,978	34,883	163,069	267,500
TOTAL	706,325	139,792	174,413	1,020,530	1,173,227

7. Analysis of Support and Governance Costs

	Support	Governance	Total 2025	Total 2024 (Restated) *
	£	£	£	£
Salaries and staff costs	90,243	11,588	101,831	88,051
Audit and accountancy fees	-	12,408	12,408	12,550
Management Committee and AGM	-	368	368	608
Support overheads	59,806	-	59,806	43,369
TOTAL	150,049	24,364	174,413	144,578

* The 2025 Support and Governance Costs are net of Overheads that were used to support direct program delivery, which were charged to funders; 2024 costs are restated using the same methodology.

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8. Employees and Trustees

During the year there were no reimbursements to trustees (2024: £NIL).

There was no remuneration paid to any of the trustees or any persons connected to them.

	2025	2024
	£	£
Salary costs:		
Wages and salaries	681,679	863,653
Social security costs	52,240	70,701
Pensions - Employer contribution	16,381	21,705
	750,300	956,059

No employee earned at a rate of greater than £60,000 per annum.

Key management personnel remuneration:

	2025	2024
	£	£
Senior Managers	184,409	159,912

The average number of employees, analyzed by function, was:

	2025	2024
Raising funds	2	3
Charitable activities	23	27
Management and administration of the charity	4	6
	29	36

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9. Related Party Transactions

There were no related party transactions in the period.

The aggregate donations received from trustees during the period was £325 (2024: £190).

10. Tangible Fixed Assets

	Fixtures, fittings and equipment £
COST	
At 1 April 2024	40,924
Additions	13,230
Disposals	(4,189)
At 31 March 2025	<u>49,965</u>
DEPRECIATION	
At 1 April 2024	34,676
Charge for year	5,153
Eliminated in respect of disposals	(4,189)
At 31 March 2025	<u>35,640</u>
NET BOOK VALUE	
At 31 March 2024	6,248
At 31 March 2025	14,325

11. Debtors

	2025 £	2024 £
Trade debtors	42,937	63,804
Prepayments	1,760	20,776
Accrued income	5,443	18,131
	<u>50,140</u>	<u>102,711</u>

12. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Trade creditors	18,141	30,287
Deferred income	10,000	8,417
Accruals	21,490	15,859
Accrued annual leave	2,625	3,851
Taxation/pensions	56,692	23,138
	<u>108,948</u>	<u>81,552</u>

Deferred income of £8,417 from 2024 was fully released during the period, and £10,000 of resources have been deferred in the year. These are grants from Sussex Community Fund (£5,000) and Ernest Kleinwart (£5,000) related to work to be carried out over the next year.

13. Pensions

The charitable company operates a defined contribution pension scheme.

Contributions made by the company amounted to £16,380 (2024: £21,705) and there were contributions of £2,534 owing at the end of the year (2024: £4,141).

14. Operating Lease Commitments

The following operating lease payments are committed to be paid:

Land and buildings		2025	2024
		£	£
Expiring:	Within one year	8,989	12,665
	In two to five years	-	1,333
		<u>8,989</u>	<u>13,998</u>

15. Funds

ANALYSIS OF NET ASSETS BETWEEN FUNDS

			2025	2024
	Tangible Fixed Assets	Net Current Assets	Total	Total
	£	£	£	£
Restricted funds	-	136,366	136,366	256,401
General funds	14,325	250,335	264,660	337,004
Designated funds	-	10,000	10,000	10,000
	14,325	396,701	411,026	603,405

RESTRICTED FUNDS

	Balance at 31/03/2024	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31/03/2024
	£	£	£	£	£
Children in Need	2,241	-	(2,241)	-	0
ICB (Sussex Integrated Care Board)	16,612	94,178	(113,100)	2,310	(0)
NHS via OPCC	257	-	(257)	-	0
BHCC Housing IDVA	4,698	40,000	(40,545)	-	4,153
BHCC Third Sector Investment Programme	0.39	45,000	(42,785)	-	2,216
Dodgson Foundation	2,343	5,000	(5,438)	-	1,905
Ernest Hecht Charitable Trust	596	-	(597)	-	(0)
MHCLG Wellbeing & LGBT+ Refuge	7,363	49,982	(43,756)	(13,589)	(0)
National Lottery Community Fund	106,814	68,667	(175,481)	-	(0)
OPCC Safe Space	1,986	10,000	(11,986)	-	(0)
Volant Trust	613	-	(613)	-	(0)
BHCC Sanctuary Scheme & Floating Support	95,242	120,000	(124,827)	-	90,416
Ministry of Justice via OPCC	2,050	47,122	(48,828)	-	344
BHCC Changing Futures	4,798	17,977	(22,775)	-	0
Surviving Economic Abuse	2,783	32,000	(27,313)	-	7,470
BHCC Children & Young People Community Pro	8,004	16,094	(14,580)	-	9,518
Gambling Harms	-	60,031	(45,560)	-	14,471
HENRY SMITH FUND	-	33,650	(27,775)	-	5,875
DLUHC EXIT	-	22,112	(35,701)	13,589	(0)
Womens Aid	-	1,000	(1,182)	182	0
JUSTLIFE	-	15,050	(15,050)	-	0
Household support fund	-	4,000	(4,000)	-	0
Total Restricted Funds	256,401	681,863	(804,390)	2,492	136,366

R.I.S.E. (Refuge, Information, Support & Education)

RESTRICTED FUNDS 2022-23 FOR COMPARISON

	Balance at 31/03/2023 £	Incoming Resources £	Resources Expended £	Transfers between funds £	Balance at 31/03/2024 £
Children in Need	10,043	9,869	17,671	-	2,241
ICB (Sussex Integrated Care Board)	53,677	104,014	141,079	-	16,612
NHS via OPCC	15,364	-	15,107	-	257
BHCC Housing IDVA	17,026	40,000	52,328	-	4,698
BHCC Third Sector Investment Programme	-	50,000	51,486	1,486	0
Dodgson Foundation	1,266	5,000	3,923	-	2,343
Ernest Hecht Charitable Trust	4,101	-	3,505	-	596
MHCLG Wellbeing & LGBT+ Refuge	7,049	99,963	99,649	-	7,363
National Lottery Community Fund	124,446	269,864	287,496	-	106,814
OPCC Safe Space	1,610	20,000	19,623	-	1,986
Volant Trust	16,126	-	15,513	-	613
BHCC Sanctuary Scheme & Floating Support	75,474	130,000	110,232	-	95,242
Ministry of Justice via OPCC	17,110	33,869	48,928	-	2,050
BHCC Changing Futures	871	26,966	23,039	-	4,798
Surviving Economic Abuse	-	6,000	3,217	-	2,783
BHCC Children & Young People Community Programme	2,407	21,879	16,283	-	8,004
Total Restricted Funds	346,570	817,423	909,078	1,486	256,401

RESTRICTED FUNDS - PROVIDER AND PURPOSE	
Provider	Purpose
Brighton & Hove County Council	Sanctuary Scheme and Floating Support
Brighton & Hove County Council	Housing IDVA (Independent Domestic Violence Advisor)
BHCC Children & Young People Community Programme	CYP Rising Stars groups
BHCC Changing Futures	DV support to people with Multiple Disadvantages
BHCC Third Sector Investment Programme	Children and Young People service
Children In Need	Children's Worker
Ernest Hecht Charitable Trust	Housing support
Department of Levelling Up Housing and Communities via BHCC	Continuation of LGBT+ Refuge and Wellbeing service
Dodgson Foundation	Older Person support
ICB (Sussex Integrated Care Board)	Family, Children and Young People's Service
Ministry of Justice via Office of the Police & Crime Commissioner	Specialist LGBT+ Therapist and Wellbeing service
National Lottery - Community Fund	Community engagement and development
NHS via Office of the Police & Crime Commissioner and ESCC	Uplift to sexual violence support services during Covid-19 pandemic
Office of the Sussex Police and Crime Commissioner	Safe Space Sussex, Regroup and Economic Abuse workers
Surviving Economic Abuse	Secondment of worker
Volant Trust	Helpline and Casework
Money Advice Plus	Gambling Harm and Economic Abuse
Henry Smith Fund	Support women and children with experience of domestic abuse and family/civil court processes
Brighton & Hove County Council	Household Support Fund

R.I.S.E. (Refuge, Information, Support & Education)

	Balance at 31/03/2024	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31/03/2025
DESIGNATED FUNDS	£	£	£	£	£
Buildings maintenance	10,000	-	-	-	10,000
Total Designated Funds	10,000	-	-	-	10,000
UNRESTRICTED FUNDS					
Total Unrestricted Funds	337,004	224,704	(294,556)	(2,492)	264,660
TOTAL FUND BALANCES	603,405	906,567	(1,098,946)		411,026

DESIGNATED FUNDS - PURPOSE

Building Maintenance

The £10,000 designated funds relates to building maintenance for the Marina Box premises only, which is used for the therapy team.

16. Notes to the Cash Flow Statement

Reconciliation of Net Movement in Funds to Net Cash Flow from Operating Activities

	2025 £	2024 £
Net surplus (deficit)	(192,379)	(172,519)
Depreciation charges	5,153	5,153
Interest	(22,854)	(27,711)
(Increase)/decrease in debtors	52,571	(41,127)
Increase/(decrease) in creditors	27,396	(4,714)
Increase/(decrease) in provisions	-	-
Net cash provided by (used in) operating activities	(130,113)	(240,917)

R.I.S.E. (Refuge, Information, Support & Education)

	At 31 March 2024 £	Cash flows £	At 31 March 2025 £
Cash at Bank and in hand	575,998	(120,489)	455,509
	<u>575,998</u>	<u>(120,489)</u>	<u>455,509</u>

17. Subsequent events

As at 31 May 2025, the charity made 1 redundancy due to discontinued funding. The redundancy amounted to £3,982.