

Flare pathway for adults with known Crohn's Disease.

**Exclude intercurrent gastrointestinal infection. Ask about triggers. Check adherence to medication. Stop NSAIDs. Check inflammatory blood markers and faecal calprotectin. Follow their personal treatment plan and discuss with local IBD team.**



For more information on supporting patients with Crohn's or Colitis, see the RCGP and Crohn's & Colitis UK IBD toolkit:

[www.rcgp.org.uk/ibd](http://www.rcgp.org.uk/ibd)

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