



**Bliss**  
for babies born  
premature or sick

### **SMALL SQUARES**

*Example of small squares shown at top, large squares below*

### **ABBREVIATIONS**

K = Knit

P = Purl

Rep = repeat

Sts = Stitch[es]

### **INSTRUCTIONS**

With using 200g DK yarn and 4mm (size 8) needles cast on 128 sts and K15 rows for border.

At beginning and end of each row K8 sts for border.

22 row patterns for middle 112 Sts.

Row 1: (K8, P8), rep to last 8 Sts

Rep this row 10 times more

Row 12: (P8, K8) rep to last 8 Sts

Rep this row 10 times more.

Rep these 22 rows until work measures approx. 28" finishing on row 11 or 22 of pattern.

K15 rows then cast off.

## **LARGE SQUARES**

### **INSTRUCTIONS**

With using 200g DK yarn and 4mm (size 8) needles cast on 128 sts and K17 rows.

At beg and end of each row K9 sts for border

28 row patterns for middle 120 sts.

Row 1:(K10, P10) rep to last 9 sts.

Row 2: (P10, K10) rep to last 19 sts, P10, K9.

Rep these rows 6 times

Row 15 as row 2

Row 16 as row 1

Rep Rows 15 and 16, six times to complete the pattern.

Continue until work measures approx. 28" finishing on 14<sup>th</sup> row of pattern.

K17 rows then cast off.

These two blankets are reversible and should measure approx. 75 x 60 cm (30 x 24 inches).

**Kindly devised for BLISS by Marilyn Marsh.**

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