



We do this by working hand-in-hand with healthcare professionals, providing training and supporting neonatal research. We also provide information to empower families and have a dedicated network of volunteers providing practical and emotional support during what can be an incredibly stressful time.

Bliss is there for all of these babies. We exist to ensure they have the best chance of survival and quality of life.

- Work hand-in-hand with neonatal units and train healthcare professionals to help them provide a family-centred approach to every baby's care
- Campaign for better hospital facilities so that parents can stay closer to their baby

Thank you so much for choosing to support Bliss.

Your donation will help us:

Every year in the UK, over 100,000 babies are born premature or sick and in need of specialist hospital care.

For these babies, the first few hours, days and weeks are the most critical that they will ever face. For their families, whether their baby is in hospital for a few days or many months, or sadly does not survive to come home, the journey they face is difficult and full of challenges.

Bliss is there for all of these babies. We exist to ensure they have the best chance of survival and quality of life.

Why Bliss needs you

After your challenge

We can't thank you enough for taking part in your event and raising money for Bliss. This will help us to support the 100,000 babies born needing hospital care every year.

Paying in your fundraising

If you have set up a **JustGiving** or **VirginMoney** page for Bliss, then the money you raise online will come to us automatically.

You can also pay in your fundraising in three simple ways:

- ☐ Online: visit bliss.org.uk/donate to pay by credit/debit card or Paypal.
- ☐ By phone: call us on 020 7378 1122 with your credit/debit card details.
- ☐ By post: cheques should be made payable to Bliss and returned to us with your sponsorship form to the address below.

Please tick which method you will use and remember to return your sponsorship form to us.

Contact us

- 020 7378 1122
- events@bliss.org.uk
- bliss.org.uk/support-bliss/fundraising-and-events
- Bliss, 1st Floor North, 10-18 Union Street, London SE1 1SZ



Sponsorship form



