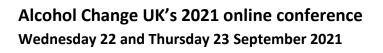
## **Rebuild and recover**

Reducing alcohol harm and remaking connections in the post-pandemic world





Day 1		
Timings	Speakers	Topics
09.30 to	Andrew Misell, Alcohol Change UK's	Introduction and welcome
09.35	Director for Wales	
09.35 to	Speaking from experience: Dr Lee Hogan	Meeting up at a distance:
10.25	and members of Moving On In My	Providing peer support in the
	Recovery (MOIMR)	pandemic
10.25 to	Prof Katy Holloway, University of South	Online, offline: How can services
11.05	Wales; and Martin Blakebrough, Chief	support people when and where
	Executive, Kaleidoscope	they need it?
11.05 to	Ten-minute tea/coffee break	
11.15		
11.15 to	Dr Emmert Roberts, Clinical Lead,	Everyone in! What can we learn
11.55	Homeless Hotel Drug and Alcohol	about alcohol harm reduction
	Support Service (HDAS-London)	from the hotel-based emergency
		housing programme?
11.55 to	Getting to grips with the issues: A chance to network and share ideas via	
12.45	focussed small group discussions on current topics	
12.45 to	40-minute lunch break	
13.25		
13.25 to	Speaking from experience: Millie Gooch,	Sober millennials: Changing how
14.05	author of The Sober Girl Society	we think about not drinking
	Handbook	
14.05 to	Larry Marsden, Lead Peer Mentor,	Getting to work: Peer mentoring
14.45	Cyfle Cymru	people with substance use
		issues into employment
14.45 to	Ten-minute tea/coffee break	
14.55		
14.55 to	The bigger picture: Charlotte Waite,	Co-creating a recovery: What if
15.35	Director of Transformation and System	more resources and more
	Change, Platfform	services are not the answer?
15.35 to	Summary and conclusions: Richard Piper, Chief Executive, Alcohol Change	
15.45	UK	

Day 2		
Timings	Speakers	Topics
09.30 to	Andrew Misell, Alcohol Change UK's	Introduction and welcome
09.35	Director for Wales	
09.35 to	Speaking from experience: Alcohol	Locked down, topping up: "It
10.25	Change UK bloggers Hugh Davenport	seemed like everyone was
	and Amanda Mitchell	drinking more, because what else was there to do?"
10.25 to	Richard Piper, Chief Executive, Alcohol	Working from home, drinking at
11.05	Change UK	work?
11.05 to	Ten-minute tea/coffee break	
11.15		
11.15 to	Justina Murray, Chief Executive Officer,	Stay home, stay safe? Supporting
11.55	Scottish Families Affected by Alcohol	the families of drinkers through
	and Drugs (SFAD)	lockdown and beyond
11.55 to	Getting to grips with the issues: A chance to network and share ideas via	
12.45	focussed small group discussions on current topics	
12.45 to	40-minute lunch break	
13.25		
13.25 to	Speaking from experience: Recovery	The power of peer support: New
14.05	Cymru's peer supporters	approaches, and barriers
		removed
14.05 to	Sohan Sahota, Managing Director,	Drinking undercover: Facing up
14.45	BAC-IN, Nottingham	to alcohol issues in communities
		where drinking is taboo
14.45 to	Ten-minute tea/coffee break	
14.55		
14.55 to	The bigger picture: Cormac Russell,	Asset-Based Community
15.35	Managing Director and Founder,	Development (ABCD): Remaking
	Nurture Development	connections post-Covid-19
15.35 to	Summary and conclusions: Richard Piper, Chief Executive, Alcohol Change	
15.45	UK	