

Take 25



ALCOHOL
CHANGE^{UK}

25 minutes a day. Raise funds.
Help end alcohol harm.



I'm fundraising to support Alcohol Change UK

Your support will help change and save lives of
those affected by alcohol harm.



Registered with
**FUNDRAISING
REGULATOR**

Alcohol Change UK is the operating name of Alcohol Research UK.
Registered Charity No. 1140287.
Company Limited by Guarantee in England and Wales No. 07462605.