

Take 25

Log your minutes each day and watch your
Take 25 total climb. Good luck, you've got this!



June 1	June 2	June 3	June 4	June 5	June 6	June 7 Week 1 complete!	Weekly total:	
June 8	June 9	June 10	June 11	June 12	June 13	June 14	Weekly total:	
June 15 Halfway point	June 16	June 17	June 18	June 19	June 20	June 21	Weekly total:	
June 22	June 23 Just 7 days left	June 24	June 25	June 26	June 27	June 28	Weekly total:	
June 29	June 30	Monthly total:					Well done. You did it!	