



DRY JANUARY®
by Alcohol Change UK

CERTIFICATE OF ACHIEVEMENT

WE WANT TO SAY A MASSIVE

CONGRATULATIONS

1 FEBRUARY 2026

You did it! You bid the booze goodbye and kept January dry. You might have had ups and downs along the way of your Dry January® challenge, but you've taken a huge step towards a healthier, happier you by resetting your relationship with alcohol. Here's to the rest of the year!



CEO – ALCOHOL CHANGE UK