

# **SQUASH WALES**

## **FUNDING CRITERIA**

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### Action Required

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### Board Agreement

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### Next review date

Version	Next Review Date
V1	Mar 2021

## **SQUASH WALES FUNDING CRITERIA 2021/2022**

### **MINIMUM PERFORMANCE CRITERIA – Squash Wales**

Players are monitored and measured by the Performance Director/ National Junior Coach on a monthly basis against the agreed targets that were set out at the start of the award. Players can be taken off the award or added at any time during the year.

<b><u>ELITE CYMRU</u></b>	<b><u>TALENT CYMRU</u></b>	<b><u>SPORTSAID WALES</u></b>
U19 – Finalist British Championships – Juniors  European Ranking; Finalist European Junior Championships  In addition, proven track record at Junior European (U19); the potential to progress into the World Top 100 within 24 months.  Ranked inside the top 125 in the World for Men and ranked inside the top 70 in the World for Women.	Players must be able to prove through results, ranking and performance that they are in the Top 8 in the UK in the relevant age group. <ul style="list-style-type: none"><li>• Top 10 in the British Closed</li><li>• Top 8 in ES Gold Events</li><li>• Top 5 in ES Silver Events</li><li>• Show potential and evidence that potentially can go on to represent Wales at Senior level.</li></ul>	Only players in the U13 age group are eligible  Players must be able to prove through results, ranking and performance that they are in the Top 8 in the UK in the U13 age group

At the beginning of each year players that have achieved the above minimum criteria throughout the previous year will be nominated and put forward by Squash Wales. Squash Wales will decide whether the player will receive Talent Support funding and how much they will receive. Players benchmarking scores will also be included when a final decision is made on which players receive the award. Only players aged 15 and over will be eligible to receive funding from Talent Cymru or Elite Cymru awards.

## SQUASH WALES PLAYER CRITERIA 2021/2022

### MINIMUM PERFORMANCE CRITERIA – Squash Wales

Players are monitored and measured by the Performance Director/ National Junior Coach on a monthly basis against the agreed targets that were set out at the start of the award. Players can be taken off the award or added at any time during the year.

<u>ELITE</u>	<u>ASPIRE</u>	<u>POTENTIAL Fast Track</u>
<p>Players must be able to prove through results, ranking and performance that they are in the Top 5 in the UK in the relevant age group.</p> <ul style="list-style-type: none"><li>• Top 5 in the British Closed.</li><li>• Top 5 in ES Gold Events.</li><li>• Top 4 in ES Silver Events.</li><li>• Show potential and evidence that potentially can go on to represent Wales at Senior level.</li></ul>	<p>Players must be able to prove through results, ranking and performance that they are in the Top 10 in the UK in the relevant age group.</p> <ul style="list-style-type: none"><li>• Top 10 in the British Closed.</li><li>• Top 8 in ES Gold Events.</li><li>• Top 5 in ES Silver Events.</li><li>• Show potential and evidence that potentially can go on to represent Wales at Senior level.</li></ul>	<p>Players must be able to demonstrate potential through results, ranking, benchmarking and performance that they can move into the Aspire or Elite programmes. Squash Wales Performance Team will judge potential players from the following</p> <ul style="list-style-type: none"><li>• Academy &amp; National Squad performance.</li><li>• S&amp;C Fitness Testing.</li><li>• Domestic and National Event results.</li><li>• League results.</li><li>• Benchmarking scores.</li><li>• Referral from Coaches Network.</li></ul>

At the beginning of each year players that have achieved the above minimum criteria throughout the previous year will be nominated and put forward by Squash Wales. Squash Wales will decide whether the player will receive Talent Support funding and how much they will receive. Players benchmarking scores will also be included when a final decision is made on which players receive the award. Only players aged 15 and over will be eligible to receive funding from Talent Cymru or Elite Cymru awards.

## TARGET PLAYER SUPPORT 2021/2022

**This programme is separated into 3 levels, Elite, Aspire, Potential and will receive the following:**

### **ELITE**

- 1) Funding up to a maximum of £1200.
- 2) Twenty Individual 1-2-1 sessions with the Performance Director/National Junior Coach.
- 3) Quarterly fitness testing days.
- 4) Individualised specific S&C training programme based off your results from the testing days.
- 5) Performance profile testing to ensure the correct areas of development are implemented for you.
- 6) Tournament support from the National Junior Coach at Major Events including the British Junior Open & Closed and selected ES Gold & Silver Events.
- 7) Major event feedback with player meeting to review and analyse performance and adjust areas to work accordingly. Video feedback will be monitored in players shared file with Performance staff.
- 8) Detailed Performance analysis to ensure you are clearly aware of what areas of your game to work on along with highlight future game plans of potential opponents.
- 9) Competition programme mapped with player, agreed targets and monitoring set in place prior to season beginning. Player performance file agreed and shared with player and Performance staff. Monitoring and targets reviewed with player on quarterly basis.

### **ASPIRE**

- 1) Funding up to a maximum of £500.
- 2) Ten Individual 1-2-1 sessions with the Performance Director/National Junior Coach.
- 3) Quarterly fitness testing days.
- 4) S&C advice given by Squash Wales S&C coach and guidance afforded.
- 5) Tournament support from Squash Wales coaches at Major events including the British Junior Open & Closed and selected ES Gold & Silver Events.
- 6) Quarterly monitoring and review meeting with the National Junior Coach to ensure progression.
- 7) Competition programme mapped with player, agreed targets and monitoring set in place prior to the season beginning.

### **POTENTIAL Fast Track**

- 1) Five Individual 1-2-1 sessions with the Performance Director/National Junior Coach.
- 2) Quarterly fitness testing days.
- 3) S&C advice given by Squash Wales S&C coach and guidance afforded.
- 4) Tournament support from Squash Wales coaches at Major events including the British Junior Open & Closed and selected ES Gold & Silver Events.