



**SQUASH**  
**WALES**

**SBONCEN**  
**CYMRU**

# SQUASH WALES

Protocol and guidance for the Return to Play and the re-opening of  
Squash Clubs/Courts

**VALID AS OF 22<sup>nd</sup> APRIL 2021**

**Ensure you are reading the latest version (V9)**

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## **CHANGES TO THIS GUIDANCE**

The following changes have been made to this guidance. These changes supersede previous published version (V8 date).

- Rules when playing -Extended household – page 13
- Modified Squash – page 14
- Updated risk assessment – page 15



## INTRODUCTION

The purpose of this document is to provide the Squash Wales overarching plan for implementation and management of procedures supporting its affiliated clubs, club members and squash participants in the staged resumption of squash activities in Wales.

The recommendations are not intended to replace the opinion of medical professionals, but to assist clubs in the various actions to be adopted when the re-opening of Squash Clubs in Wales is allowed.

It is important to ensure that an organisational plan is in place before squash courts are re-opened. Clear, precise rules and procedures will be essential to ensure a safe resumption of the Sport along with excellent communication to encourage members to return to clubs when the opportunity arises.

Particular attention must be made to reassure players that their safety is paramount and that strict regulations will be in place to ensure this.

**At all times, the Plan is subject to all regulations, guidelines and directions of Welsh Government and public health authorities, and the operations and directions of private or local authority facilities in Wales.**

## KEY PRINCIPLES

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority.
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on the return to sport plans.
- Facilities are assessed and appropriate plans are developed and put in place to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19.
- At every stage of the return to sport process Squash Wales must consider, recommend and apply where able to all applicable Welsh Government restrictions and regulations. Squash Wales needs to be prepared for any localised outbreak.

## WELSH GOVERNMENT ALERT LEVELS



### **Alert level one (low risk)**

This represents the level of restrictions closest to normality, which are possible while infection rates are low and other preventative measures, such as social distancing and working from home, remain in place.



### **Alert level two (medium risk)**

This includes additional controls to limit the spread of coronavirus. These may be complemented by more targeted local actions to manage specific incidents or outbreaks.



### **Alert level three (high risk)**

These represent the strictest restrictions short of a firebreak or lockdown. This responds to higher or rising level of infections where local actions are no longer effective in containing the growth of the virus.



### **Alert level four (very high risk)**

Restrictions at this level would be equivalent to the firebreak regulation or lockdown. These could either be deployed as a preventative firebreak or as a lockdown measure.

## WELSH GOVERNMENT ALERT LEVELS

### Alert level one (low risk)



### Alert level two (Medium risk)



### Alert level three (High risk)



### Alert level four (Very high risk)



#### Organised Activities and Sports

Organised indoor activities

Up to 50 people

Up to 15 people

Up to 15 people (restricted by premises closures)

Limited to public and voluntary services

Organised outdoor activities  
Stadia and events

Up to 100 people  
Outdoor events (restricted numbers)  
Stadia open to spectators (restricted numbers)  
Indoor seated or ambulatory events (restricted numbers)

Up to 30 people  
Outdoor events - pilots  
Stadia closed to spectators  
Indoor event – pilots

Up to 30 people  
No events  
Stadia closed to spectators

Not possible  
No events  
Stadia closed to spectators

Sports and exercise

All permitted in line with guidance and mitigations (e.g., limited indoor contact sports)

Limited to organised activities rules (15 indoors, 30 outdoors), exceptions for children's activities

Limited to organised activities rules (15 indoors, 30 outdoors), exceptions for children's activities

Outdoor exercise with household, support bubble, or one other person with social distancing  
Professional, elite and designated sports and training permitted

Supervised children's activities

Allowed

Allowed

Allowed

Allowed

## SQUASH WALES ROADMAP

This is intended as a short guide to show what is allowed at the various steps and is subject to change dependent on Welsh Government advice/legislation. For all guidance on the return to play visit [www.squash.wales](http://www.squash.wales)

FROM 3 <sup>rd</sup> MAY 2021	FROM 3 <sup>rd</sup> May 2021	May 17 <sup>th</sup> , 2021*	DATE TBC*
<p><b>Alert Level 3</b></p> <p>Squash courts can open for use by individuals or same household groups</p> <ul style="list-style-type: none"> <li>• Solo practice or same household/extended household</li> <li>• 1-2-1 coaching</li> <li>• Club café and bars can open to serve outdoors or takeaway only</li> </ul>	<p><b>Alert Level 3</b></p> <p>Up to two households and support bubble can meet indoors</p> <ul style="list-style-type: none"> <li>• Adults and juniors – modified version of squash (see page 14)</li> <li>• Coaching a group of up to 4 players (adults/juniors)</li> <li>• Internal club competition (adhering to modified squash rules)</li> </ul>	<p><b>Alert Level 2 TBC</b></p> <p>Social contact measures to be relaxed further</p> <ul style="list-style-type: none"> <li>• Squash Wales sanctioned Pilot competitive events/matches</li> <li>• All hospitality areas open with further relaxation of restrictions</li> </ul>	<p><b>Alert Level 1 TBC</b></p> <p>Social contact measures to be relaxed</p> <ul style="list-style-type: none"> <li>• All play, competitions and coaching</li> <li>• All hospitality areas open with no restrictions</li> </ul>

NOTE - All dates are subject to change by the Welsh Government

Please see link to understand and determine what the definitions are for support bubbles, same household and extended household

<https://gov.wales/visiting-people-private-homes-alert-level-4#section-58358>

## **PRE-PHASE ONE – RE OPENING OF CLUBS**

- Ensure a plan is in place and operational before reopening of squash courts. There will be pressure from members to restart as soon as possible, but clear policies, procedures and Covid – 19 related risk assessments (See Appendix 1 on Page 15) are essential to ensure a safe restart of squash.
- Ensure communications go out well in advance to members to encourage them back, to re-assure them that safety is paramount and the regulations that will be in place.
- Appoint a Covid – 19 contact to lead the planning of a safe reopening of your squash courts and oversee an implementation action plan.
- Prepare resources to assist with the education of members based on their individual responsibilities to help prevent further spread of Covid – 19.
- Ensure appropriate posters highlighting the rules are positioned at all entry & exit points.
- Agree how you will deal with players who break the strict policies in place. Players who break the rules should have their membership suspended/terminated.
- Consider the moving of all court booking processes online. This will also act as a log of who has been in the club and aid contact tracing as required.
- A sign-in sign-out system should be introduced so there is a complete log of who was at the courts or in the club at any one time. This will assist with tracing should a member contract Covid – 19.
- Travel to facilities to be encouraged to be by foot, bike or car (only shared with person from same household).
- Hand sanitiser to be put outside every court and at entrance to and exit from the club.

## ACCESS AND ORGANISATION OF THE CLUB

### **Ensuring physical distancing – Customer Management.**

Club managers must ensure that the physical distance of at least 2 metres between two people is respected. Compliance with this rule means an individual area of 4 square metres per person will determine the maximum attendance threshold for the club.

Club managers are obviously free to set a lower threshold that considers, among other things the layout of the premises (sanitary facilities, traffic plan etc) and the safety of the club's environment.

Club managers must ensure that the maximum attendance threshold for their club is met.

- Court time must be booked in advance. Remote booking will limit the influx beyond the permitted allowance. Arrive on time, not early, ready to play and leave promptly.
- Members to arrive for allocated court booking time only.
- Between bookings will allow time to disinfect chairs, handles, doors and rear glass back wall.
- Introduce a sign in system to the club. This will help find players who might have been in contact with someone with the virus.
- Consider parking arrangements, if applicable, to help members social distance on arrival at the club.
- Designate a waiting area away from the courts for members with 2m distance between each person and a maximum allowed at any one time, to wait if there are already the maximum number of people at the courts.
- Determine the maximum number of players allowed in the club/ squash area at any one time.
- At least one identifiable member of the organisation is responsible for the entry and exit phases. Block admissions once the attendance limit has been reached.
- Ensure there is a sink with soap and/or hand sanitiser close to the entrance of the club. All players to clean hands thoroughly on arrival and leaving.
- All players must be made aware of Covid-19 protocols in place and enough trained staff present to ensure compliance.

### **Home and ground marking**

- The direction of traffic is marked clearly on the ground. Particular attention is paid to the flow of people so that they do not cross paths. They are organised with enough space to avoid crossings
- The minimum space of 2 metres between people is clearly marked on the ground in the reception areas and all waiting areas in and outside the club.
- If necessary, install a protective window at the front desk to protect staff. Use contactless or online payment.

### **Recommendation for use of equipment**

- All equipment is strictly personal. The member must come with their own racket, ball, water bottle and towel.
- Disabled athletes can only use their own wheelchair.
- The club will not be able to lend any equipment to its members.
- All bags must be stored carefully at the front of the court that you are playing on.

## Furniture

- All furniture present at the back of the court or in the players area is to be removed (tables, chairs, sofa etc).
- Water Fountains to be removed.

## Health

- Implement a policy of one person in the toilet at any one time. For clarity, the changing rooms should not be operational for showering or changing but as toilets only.
- Toilets should be cleaned hourly. If no staff to clean, then provide hand sanitizer and disinfectant wipes or disinfectant spray and paper towels so players can take their own safety precautions.
- Single paper towel dispensers or airflow driers in the toilets
- Disposal bins should be lined with a plastic bag for easy disposal of rubbish
- If a cleaning team is not employed full time, provide disinfectant wipes or , disinfectant spray and paper towels (preferably the latter as more environmentally friendly) outside each court for all players to wipe down touch surfaces, such as the door handle, after play.
- Ensure enough no-touch bins available to dispose of the towels / wipes
- Hand sanitisers to be available outside every courts as well as disinfectant wipes/ spray with paper towel for players to wipe ball, racket. Players to sanitise their hands after playing before touching any surface.
- All clubs should consider the First Aid available to players. Encourage all members to take small supplies to treat minor injuries and to take a phone in case of emergency.

## INCLUSIVE PRACTICE

- Those who are high risk or shielding should always follow the medical guidance issued to them.
- Members of public who use assistance dogs should be allowed to access facilities. Assistance dogs should not be patted or smoothed by anybody else other than the person they are there to support and their family/pod. There is further guidance available from Assistance Dogs UK and Animal and Plant Health Agency. If someone does touch the dog, they should wash their hands. Assistance dogs will not have been trained for social distancing and staff should be understanding of this fact.
- A member of public will not be allowed to be loaned a chair to access your facility club wheelchairs would not be allowed to be loaned out in line with any other equipment.
- Be aware that some people may require additional support to take part in activity. This may be through a personal assistant (or household member) or through staff/ volunteer interactions.
- Consider placement of resources to aid independence for those with impairments whilst undertaking activity.
- Clubs should encourage users that require additional support or use of disabled facilities, including disabled changing to contact the facility in advance of their visit. This will avoid multiple users needing to use the disabled facilities at the same time and allow time for the changing facilities and equipment to be cleaned before they may be needed again.
- If you are considering limiting car park bays, make sure accessible bays remain available. Drop-off and pick-up points should remain in convenient locations. Communicate any changes to parking capacity or payment methods before people arrive.
- Consider the flexibility of your sessions, classes and activities. Many disabled people or people with health conditions may be concerned about their fitness level or mobility reduction. A wider range of intensity level sessions can help.
- Consider boosting confidence through welcome back sessions. Give advice about active lifestyles and nutrition. Consider communication and access needs of those who are participating in the session.
- Ensure you consider access needs when planning opportunities which help to reunite and connect people. The STEP tool is one of the most effective ways to include everyone in activities. STEP stands for Space, Task, Equipment and People. Find out more about STEP <http://www.activityalliance.org.uk/get-active/at-home/adapting-activities>
- Someone's journey in boosting their confidence is likely to start at home. Remember accessible virtual sessions might still be needed. These may be particularly useful to engage new audiences, as well as existing participants.
- Clearly communicate safety measures and changes to the session. Allow time beforehand to address any participant concerns, ideally through one-to-one private consultation. It may also be helpful to have follow ups with participants to ensure their needs have been met
- Some participants may prefer to get to your session earlier to minimise stress due to the extra precautions in place. More time may be needed for access to changing and toilet facilities (when allowed to reopen).
- If you are limiting the amount of equipment available, you need to ensure that inclusive products remain available.
- Provide time and cleaning stations for individuals, their personal equipment and adaptive sports equipment.
- For more information and guidance, please visit Disability Sport Wales. <https://www.disabilitysportwales.com/>

## HYGIENE REGULATIONS ON COURT

### Disinfectant Gel

- Hand sanitisers to be available outside every courts as well as disinfectant wipes/ spray with paper towel for players to wipe ball, racket.
- Players to sanitise their hands before and after playing before touching any surface.

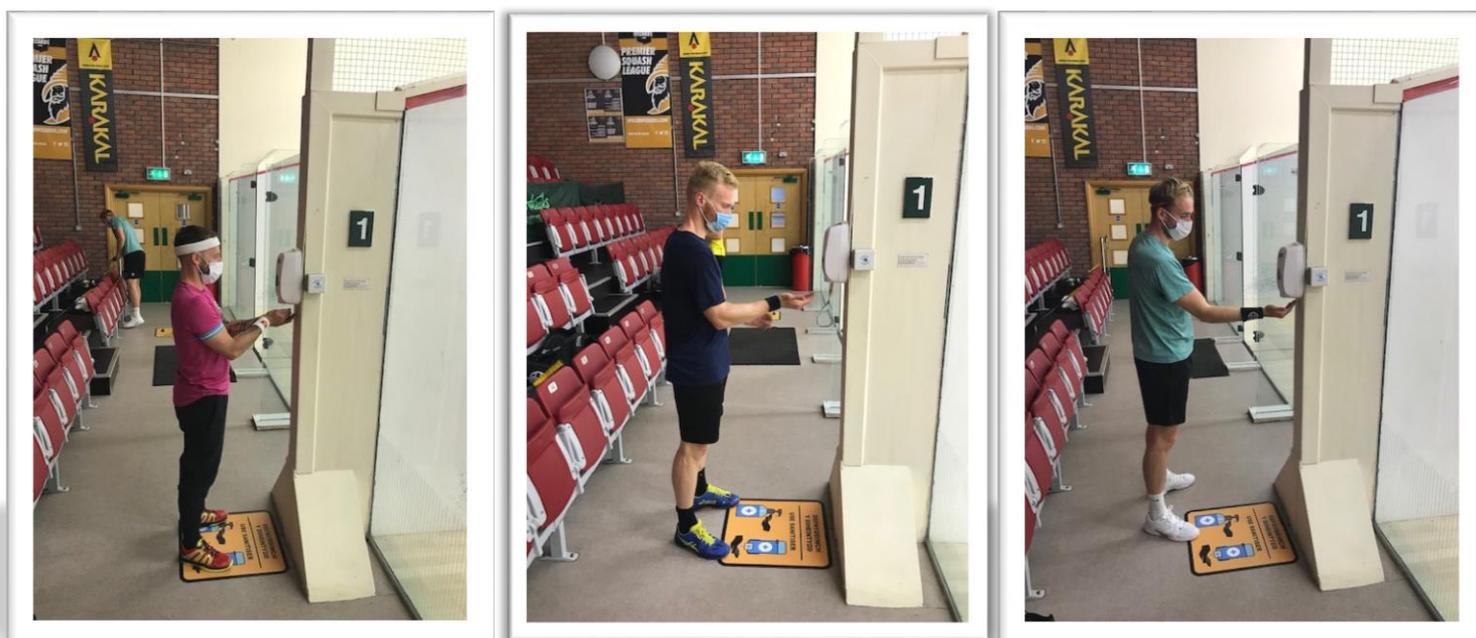
### Cleaning

- Strengthen cleaning cycles after each use.
- Courts to be cleaned on a regular basis. As a minimum there should be a daily deep clean of the courts and a documented record of the process.

### Communication on the Rules

Display instructions at the entrance to the courts on the importance of compliance with current hygiene measures.

- No hands on, no hugs, kisses, handshakes.
- Do not wipe hands on walls or rear glass back wall.
- Everyone must bring their own equipment and store on the court that they are playing.
- Handling of the same ball by different players during a session should be prevented.
- Use your own water bottle and do not share it. No use of water fountains.
- Disinfectant is present at the rear of all courts for the handles.
- The handles are disinfected by the customer by spraying the product and wiping it with a paper towel.
- Each athlete to have their designated area behind the court.
- Athletes to turn up to training already in their playing kit.
- Athletes to bring adequate towels that will need to be placed in a black bag (bin liner) then taken home to be washed. Rest between games to be taken on court.
- Athletes to provide phone number and email for NHS Track and Trace Programme.



## RULES WHEN PLAYING

### Key Rules for the Game

#### What's Allowed From 3<sup>rd</sup> May 2021

- Solo training.
- Matches with a member from the same household or their extended household.
- 1-2-1 Coaching
- Adults and juniors – Modified Version of Squash (see page 14)
- Coaching a group of up to 4 players (adults/juniors)
- Internal Club competition (adhering to the rules of modified squash)

#### What is NOT Allowed

- Non-Modified Squash Matches remain banned with members not from your household or extended household.
- No more than four players at a time on the court unless it's an organised coaching activity.



## **RULES WHEN PLAYING MODIFIED SQUASH**

To minimise the time of close contact between two players in a normal game of Squash, Squash Wales are implementing a new “Modified Game”. The new “Modified Game” will give all Squash Wales membership the opportunity to participate and play in a safe manner a game of Squash until all Covid – 19 restrictions are lifted when we can go back to normal match play.

The rules of the new “Modified Game” are listed below. Alongside these new adaptations, it is vital that everyone adheres to the Welsh Government guidelines along with the measures that your venue has put in place.

### **MODIFIED SQUASH**

- 1) Matches are to be played best of five games**
- 2) Play first to 11 points**
- 3) Sudden Death at 10-10**
- 4) After every 5 points played there must be a 30 second break to allow players a chance to towel down any excessive sweat in their designated area.**
- 5) Each player must have their own designated area at the front of the court (keeping 2 metres apart)**
- 6) After every 5 points the ball must be wiped clean with a handwipe.**
- 7) After each break of 5 points the serve will switch to the other player.**
- 8) Don't wipe your hands on the wall**
- 9) Players are not allowed to shout or raise their voice**

Please maintain social distancing when not on court and continue to follow your clubs/venue hygiene cleaning policies.

Initial risk assessment (v3)				
Date	Assessed by	SQW Board review date	Notes	Version no. Next review date
12 <sup>th</sup> April 2021	RG/DE	01 <sup>st</sup> July 2021	Aligned with Government Guidelines in the return to play: dated 8 <sup>th</sup> April 2021	RTP 003

Activity	Hazard	Who might be harmed and how	Current measures to mitigate risk	Likelihood of exposure to hazard *	Severity**	Risk rating***	Risk assessment (L,M,A,I)	Actions required to mitigate the risk
Return to play for club members/ social players	Health risk of infection– Covid – 19 Global pandemics.	<i>Staff, visitors, members, contractors, vulnerable persons, disabled persons / carers, over 70s, under 70s with long term underlying health conditions eg asthma, COPD, pregnant women</i>	<p>Identification of ‘higher risk areas’ where larger groups of people may be. When clubhouse and bar/restaurant are still closed (potential for snacks to be served outside).</p> <ul style="list-style-type: none"> <li>• Prior to arrival at the club</li> <li>• Central access points (reception area)</li> <li>• Around the squash court arena</li> <li>• Other areas where queues may form</li> <li>• Car Park</li> <li>• On court</li> <li>• Changing rooms</li> <li>• Toilets</li> <li>• Balcony/Viewing Areas</li> </ul> <p><b><u>Prior to arrival at the club for all members</u></b></p>	3	1 - 5 Potential Severity spectrum	11-15 Potential Risk spectrum	Actions required M=Mitigated Risk	<p><b>Continue to monitor the news and public health advice</b></p> <p><b>Each player must undergo a thorough procedural presentation regarding enclosed Risks /Rules and standards expected by the club</b></p> <p><b>All players to have copy of protocol for squash clubs to re-open document (8<sup>th</sup> June)</b></p> <p><b>Club to appoint a Club Covid Officer. Covid officer to have successfully achieved the Covid Awareness qualification.</b></p> <p><b>Clubs to confirm they have read, understood and applied the SQW guidance that has been provided.</b></p>

			<p>See below for control measures</p> <ul style="list-style-type: none"> <li>Any player with symptoms not to enter the club and report to the Club Covid Officer</li> <li>Players to travel separately to the club unless living in the same household</li> <li>All players to wash hands on arrival to the club</li> <li>Players to wear face masks when entering and leaving the building unless when in the squash arena</li> </ul>					
As above	As above	As above	<p><b>Car park</b> <b>Control measures:</b></p> <ul style="list-style-type: none"> <li>Lower risk area – outdoor space</li> <li>Discourage players and staff from congregating in groups</li> <li>Spaces to be left between cars where possible</li> <li>Social distancing advice applies</li> <li>Where possible 1 way in and 1 way out system indicated by arrows</li> <li>Sign to ask players, come already changed</li> </ul>	2	1-5 Potential Severity Spectrum	6-10 Low Risk	<p>Actions required</p> <p>M=Mitigated Risk</p>	<p>Outdoor signage – consider wording could be squash related “don’t get too squashed”</p> <p>Think about your social distancing and avoid chatting in groups</p> <p>Additional signage</p>
			<p><b>Inside the Club</b> <b>Control measures</b></p> <ul style="list-style-type: none"> <li>All players to arrive on time, not early, ready to play and leave promptly.</li> <li>All players to wear face masks and make their way directly to the squash arena when instructed to do so by staff members</li> <li>Each player to have their own area in the squash arena</li> </ul>	1	1  Potential Severity spectrum	1  Very Low Risk	<p>Actions required</p> <p>L=LOW RISK</p>	<p>Players to make their way directly to Squash Courts</p>

			<ul style="list-style-type: none"><li>• All players to bring in their own food and drinks</li><li>• All players to adhere to the social distancing guidelines</li><li>• Players and are not to walk around the building at any time</li></ul>						
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As above	As above	As above	<p><b>On Court</b></p> <p><b>Control Measures:</b>  <b>PROVIDE ADVICE FOR SQUASH PLAYERS ON COURT. E.G</b></p> <ul style="list-style-type: none"> <li>• Social distancing (2 metres rule) throughout the round</li> <li>• No hands on, no hugs, kisses, handshakes.</li> <li>• Do not wipe hands on walls or rear glass back wall.</li> <li>• The use of a mask on court is not mandatory.</li> <li>• Everyone must bring their own equipment.</li> <li>• Disabled athletes can only use their own wheelchair and the club wheelchairs will not be loaned.</li> <li>• Handling of the same ball by different players during a session should be prevented.</li> <li>• Use your own water bottle and do not share it. No use of water fountains.</li> <li>• Disinfectant is present at the rear of all courts for the handles.</li> <li>• The handles are disinfected by the athlete by spraying the product and wiping it with a paper towel.</li> <li>• Each player to have their designated area behind the court.</li> <li>• Player to turn up to training already in their playing kit.</li> <li>• Players to arrive on time, not early, ready to play and leave promptly.</li> <li>• Player to bring adequate towels that will need to be placed in a black bag (bin liner) then taken</li> </ul>	2	2-5  Potential Severity spectrum	6-10  Low Risk	Actions required  M=Mitigated Risk	<p>Hand sanitisers available outside every court.  Disinfectant wipes/spray with paper towel for players to wipe ball/racket.</p> <p>Players to sanitise their hands before and after playing before touching any surface.</p>
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			<p>home to be washed.</p> <ul style="list-style-type: none"> <li>• Player to bring supplies to treat minor injuries and phone in case of emergency.</li> </ul> <p><b>Key Rules for the Game</b></p> <p><b>What's Allowed</b></p> <ul style="list-style-type: none"> <li>• Solo training.</li> <li>• 1-2-1 coaching</li> <li>• Matches with someone from your household or your extended household</li> <li>• Adults/Juniors can play "Modified Squash"</li> <li>• Internal Club Competition adhering to the rules of modified squash</li> <li>• Coaching a group of up to 4 players (Adults/Juniors).</li> </ul> <p><b>What is NOT Allowed</b></p> <ul style="list-style-type: none"> <li>• Non modified matches remain</li> </ul>					<p>Each club are reminded it is their responsibility to ensure Welsh Guidelines are followed. Including the guidelines on</p>
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			<p>banned with members NOT from your household or your extended household.</p> <ul style="list-style-type: none"> <li>No more than two players at a time on the court unless for an organised coaching activity where the max is 4</li> </ul> <p>The resumption of squash, solo or through conditioned games in one against one allows a practice fully respectful of the Welsh Government health guidelines.</p> <p><b>GAME FORM AND EXERCISES</b></p> <p><b>POST COVID – 19 ROUTINES</b></p> <p><b>THE 2 METRE GAMES</b></p> <p>Below are some ideas for routines when you are allowed back on court that adhere to the social distancing guidelines</p> <ul style="list-style-type: none"> <li>Boast &amp; Straight Drive</li> <li>Straight Drop &amp; Straight Drive – FH/BH</li> <li>Straight Drop &amp; Straight Lob – FH/BH</li> <li>Straight Drop &amp; Cross-Court Lob – FH/BH</li> <li>Straight Drop &amp; Cross-Court Drive – FH/BH</li> <li>Boast &amp; Cross-Court Drive – FH/BH</li> <li>Boast &amp; Cross-Court Lob – FH/BH</li> </ul>					<p>social distancing and extended households.</p>
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			<ul style="list-style-type: none"> <li>• Sides, Front Quarter – FH/BH</li> <li>• Sides, ¾ length (back of service box) – FH/BH</li> <li>• Sides, Whole Court Length – FH/BH</li> <li>• Boast, Straight Drive, then Boast &amp; Cross-Court Drive</li> <li>• Boast &amp; Cross-Court Lob, Boast &amp; Straight Lob</li> <li>• Back player Straight Drive, then Straight Long Drop. Front player Straight Drop, then Cross-Court Lob</li> <li>• Back player Straight Drive, then Boast. Front player Straight Drop, then Cross-Court Lob</li> <li>• Back player plays any short ball, front player returns to same corner</li> <li>• Back player plays any short ball, front player returns to either back corner</li> <li>• Back player hits Straight Drops, front player returns to any back corner</li> <li>• Back player hits any short shot, front player can only hit to back with Straight Drives</li> <li>• Back player hits any short shot, front player can only hit Cross-Court Drives to the back</li> <li>• Front player can hit any shot to the back. Back player can only play a Boast</li> </ul> <p><b>Modified Squash</b></p> <ul style="list-style-type: none"> <li>• See page 14 and attached poster for full rules of the new “Modified Squash”</li> </ul>				<ul style="list-style-type: none"> <li>• Review frequency of email communications to parents, players etc</li> <li>• Review timing of lessons</li> </ul> <p>As above</p> <p>Each coach to have successfully achieved the Covid Awareness qualification along with the coach bolt on qualification. If this is not in place it is the club’s responsibility to ensure the coach does not go on court to coach a player</p>
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**Squash Lessons**

**Control measures**

- As above control measures
- Teach 1-2-1 lessons
- Organised coaching can cater for up to 4 players on a court
- Handwashing advice
- Handwashing stations
- Social distancing
- Age range segregation in lessons
- Advice parents not to congregate together

As above	As Above	As Above	<p><b>When Clubhouse and Bar /Restaurant can open:</b></p> <ul style="list-style-type: none"> <li>• Restaurant/ Bar</li> <li>• Function rooms</li> <li>• Changing Rooms</li> </ul> <p>See below for control measures</p> <p><b>Central access points when clubhouse can be used:</b></p> <p><b>Control measures:</b></p> <ul style="list-style-type: none"> <li>• Infection control – wiping down hard services with antibacterial spray</li> <li>• Handwashing facilities, antiviral stations and advice to all to wash hands</li> </ul> <p><b>When clubhouse opens</b></p> <ul style="list-style-type: none"> <li>• If possible, a one-way system, in, around and out of the building</li> <li>• Infection control– wiping down hard services with antibacterial spray</li> </ul> <p>Handwashing facilities, antiviral stations and advice to all to wash hands on entering the facility</p> <p><b>When open restaurant/ bar Control measures</b></p> <ul style="list-style-type: none"> <li>• Continuation of food hygiene standards</li> <li>• Stringent and regular handwashing – staff</li> <li>• Provision of anti-bacterial hand gel (if available)</li> <li>• Reminder to all customers to wash their hands before eating</li> <li>• Spacing of tables to avoid close contact</li> </ul>					<p>Café may wish to consider the following, but ultimately this is a separate business</p> <ul style="list-style-type: none"> <li>• Review any supply chain issues with stock – food and cleaning products</li> <li>• Stock check re. perishables</li> <li>• Consider reduced food offering to reduce wastage and spend</li> <li>• Ensure compliance with Welsh Government regulations at all times</li> </ul>
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			<ul style="list-style-type: none"> <li>Gloves/ masks worn and provided to staff</li> <li>Refreshments taken to tables to avoid groups congregating or develop a pickup point with queue system.</li> <li>Screening provided at the serving areas</li> </ul>						
As Above	As Above	As Above	<p><b><u>Club shop, Online booking</u></b> <b><u>Suggested control measures</u></b></p> <ul style="list-style-type: none"> <li>Bookings -prioritise online services for all court bookings.</li> <li>Discourage members from touching any hard surfaces, equipment etc unless they intend to purchase</li> <li>Max no. people in club shop at one time (e.g. 2)</li> <li>2 metre queues spacing in and out of the shop</li> <li>Fix screening to front counter</li> </ul>					Review signage of control measures in the store and around the building	
As Above	As Above	As Above	<p><b><u>Washrooms/Toilet</u></b> <b><u>Control measures</u></b></p> <ul style="list-style-type: none"> <li>One in one out</li> <li>Regular cleaning of all areas</li> <li>Signage with rules</li> </ul>	1	1	Potential Severity spectrum	Very Low Risk	Actions required M=Mitigated Risk	Allocation of bespoke facilities by Duty Manger These may vary
As Above	As Above	As Above	<p><b><u>Changing Rooms</u></b> <b><u>NOT Allowed</u></b></p> <ul style="list-style-type: none"> <li>Players are NOT allowed to walk around the building at any time.</li> <li>When not on court they are to remain in the Squash court area</li> </ul>	1	1	Potential Severity spectrum	Very Low Risk	Actions required L=LOW RISK	Not allowed in any changing room

As Above	As Above	As Above	<p><b><u>Balcony Areas</u></b></p> <p><b>NOT Allowed</b></p> <ul style="list-style-type: none"> <li>• Players are NOT allowed to walk around the building at any time.</li> <li>• When not on court they are to remain in the Squash court area</li> </ul>	1	1	Potential Severity spectrum	Very Low Risk	Actions required L=LOW RISK)	No access to balcony/behind court
Financial	Loss of revenue – next 3 months	Owner, staff	<ul style="list-style-type: none"> <li>• Access support from Squash Wales/Sport Wales</li> <li>• Furlough staff where possible</li> <li>• Staff communication</li> <li>• Re-evaluation of business finances and cash flow</li> <li>• Monitoring news re. financial support</li> <li>• Contact Bank for support</li> <li>• Transparency with Bank</li> <li>• Contact Insurance company</li> </ul> <p>Apply for government grants and other grants, Squash Wales to advise</p>						<ul style="list-style-type: none"> <li>• Consider other streams of revenue e.g. 'virtual' training competition at those at home – small fee to enter – prize etc</li> <li>• Webinar or virtual tutorials. How could other players reach out virtually to the at-risk group who are not able to attend?</li> </ul>
Financial	Financial threat longer term	Owner, staff	<ul style="list-style-type: none"> <li>• Staff communication</li> <li>• Re-evaluation of business finances</li> <li>• Monitoring news re. financial support</li> <li>• Transparency with the bank</li> </ul>						<ul style="list-style-type: none"> <li>• Use this 'quieter time' to plan - Consider how the business will encourage members/players to return post COVID-19</li> <li>• Investigate marketing options to encourage people into the sport – link in with Squash Wales</li> </ul>

Financial	Damage to company reputation (by actual/perceived lack of action around COVID-19)	Owner, staff	<ul style="list-style-type: none"> <li>• Business has taken positive action around risk management</li> <li>• Keeping up to date with fluid news and subsequent restrictions/advice</li> <li>• Specific control measures as above</li> <li>• Advice and guidance for members</li> <li>• Regular communication re. measures the organisation has put in place</li> <li>• Mental health support recognising the risks to psychological wellbeing through self-isolation, social distancing, change of routines, loss of social networking, loss of sport as an avenue to maintain wellness</li> </ul>					<ul style="list-style-type: none"> <li>• Consider further signposting to on-line information – health, wellbeing and squash related</li> <li>• Consider “virtual” squash training competition at those at home</li> </ul>
Membership Engagement	Missed opportunity for community engagement – (actual/perceived lack of action from the business)	Owner, staff	<ul style="list-style-type: none"> <li>• Active positive social media posts</li> <li>• Support for people’s mental health – email and on website</li> <li>• Support NHS staff</li> </ul>					<ul style="list-style-type: none"> <li>• Consider how the business could reach out at this time. E.g. Ask the junior squash players to write cards and messages, send out to local nursing homes etc</li> <li>• How could parents be supported?</li> <li>• How could you channel energies of junior players – could they make a short video and merge the clips of practicing squash at home</li> </ul>
Membership Engagement / Financial	Members not renewing and not feeling supported	Owner, staff	<ul style="list-style-type: none"> <li>• Regular membership communication and updates</li> <li>• Ask members to support the club</li> <li>• Develop an incentive renewal package where applicable</li> <li>• Call members</li> <li>• Contact your more vulnerable members to check they are ok</li> </ul>					<ul style="list-style-type: none"> <li>• Is there anything the club could do for their most vulnerable members to support them? e.g. connect them remotely, food delivery.</li> </ul>

Wellbeing	Psychological risk to mental health associated with a return to a 'new normality'	Staff, board members, committee members	Control measures: <ul style="list-style-type: none"> <li>• Monthly wellbeing bulletin</li> <li>• Up to date comms</li> <li>• Signpost to mental health organisations</li> <li>• Mental health post Covid awareness</li> </ul>					
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	Likelihood*	Severity**	Risk Rating (likelihood x severity)	Risk assessment***
Key	5 Very likely 4 Likely 3 Possible 2 Unlikely 1 Possible	5 Very severe injury or illness, possibly fatal 4 Severe injury or illness 3 Moderately severe injury or illness 2 Minor injury or illness 1 Very minor injury/illness	21-25 Unacceptable risk 16-20 High risk 11-15 Medium risk 6-10 Low risk 1-5 Very low risk	L= Low risk M = Mitigated risk A = Actions required I = information required

