

Squash Wales Quiz

Prizes for 1st, 2nd, 3rd places

Mike Harris Questions

1. Since January 2000 how many mens world No.1's have there been? (Bonus points for each one you can name without using the internet?)
a) 10 b) 12 c) 15
2. Since January 2000 how many womens world No.1's have there been? (Bonus points for each one you can name without using the internet?)
a) 10 b) 12 c) 15
3. Name the 3 areas, as part of the Traffic Light idea?
4. What was Mike Harris' 4 point game plan? (Bonus points, if you can write out what your game plan is?)
5. At match ball in the Windy City Open 2020 which player turned defence in to attack, by using the lob, which set up the player to hit an outright winning drop shot?

David Evans Questions

1. Can you give one reason why you would play a deceptive shot?
2. Can you name 1 key coaching point when you are aiming to play a deceptive shot?
3. What country is Jonathon Power (Former World number 1) from?
4. Who is David Evans opponents in the presentation? (1 point for each correct answer)
5. When you hold the ball it is vital you generate fast racket head speed – True or False

Greg Tippings Questions

1. What swing combination can be used to hit opposite ends of the court with the same attacking swing
a) Drive /Drop b) Drive/Boast c) Lob/Drop
2. How can you limit your opponents opportunities ?
3. Under pressure its vital to give yourself time , what shot can be used to relieve pressure and give yourself time ?
4. Name two attributes needed to generate tempo in your game ?
5. Winning what battle is key to gaining control and the T position in Squash ?

Squash General Knowledge Questions

1. Which Country did Peter Nicol win his first Commonwealth Games Medal For ?
a) England b) Scotland c) South Africa
2. Name the only South American Player to win the British Open ?
3. Names Wale's Two Commonwealth Games Medalists ?
4. Who are the only Brother & Sister to both win World Squash titles ?
5. Name the players from their PSA nicknames / name all 5 and get a bonus 5 points
 - A. The "Marksman"
 - B. The "Acrobat"
 - C. The "Warrior Princess"
 - D. The "Golden Tiger"
 - E. The "Beast"

Bonus Ball Questions

- 1) Name the 3 Welsh Players currently inside the Top 30 in the PSA Rankings. (1 point for each correct answer)
- 2) Give an example of a dynamic stretch.
- 3) Give an example of a static stretch.
- 4) What part of the ball do you want to hit when cutting the ball?
- 5) What is a rail in squash used to describe?
- 6) What is a roller in squash?
- 7) What is a "Harry Hold"?
- 8) What happens when you have been taxied on a squash court?
- 9) What colour dot is an altitude ball in squash?
- 10) Who was the youngest ever World Champion?

Tiebreaker

Describe in 30 words how you would like to play squash.

Example. - I would like to gain control through good length hitting and pressure my opponents with early volleys and punish any lose balls.

In the event of players tying the final decision of the tiebreak question will be made by the panel of Greg Tippings, Dave Evans and Roy Gingell

Note – To enter please email all entries to either greg.tippings@squash.wales or David.evans@squash.wales

By no later than midnight on Sunday 21st March 2021

Good luck All