

# Camille Serme Vs Nouran Gohar

Lifting the ball to create time & opportunities

▪ <https://youtu.be/Di5lg5ZiZpk>

# Introduction

- Looking at the shots & the tactics behind their use
- This match is a great example of two very different styles and tactics
- Linking defensive shots to create attacking positions & limiting your opponents' options
- Nouran is the more attacking aggressive player, while Camille uses more height and a softer weight of shot
- Both players have the same goal of trying to get in front of their opponent to attack them and utilise the space on the court

# Match contextualised in one rally



# Opposing Styles

- Serme uses the pace of Gohar shots to push her back into the corners.
- Gohar uses pace & a severe swing to generate power, pushing Serme behind her & taking her time away. Looking to play at a very high tempo by generating pace

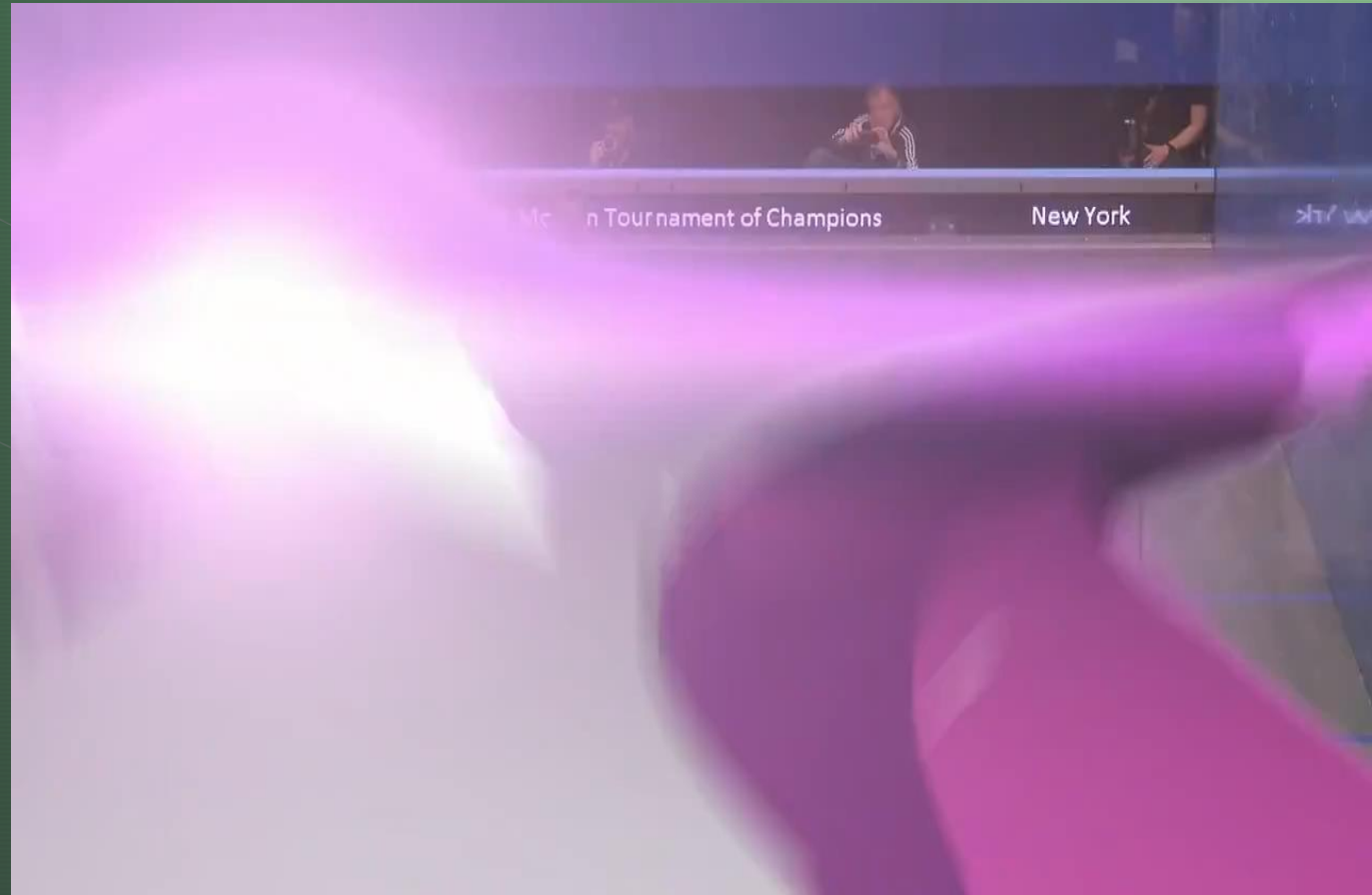
# Opposing Styles Examples

- Serme example, uses the pace of her opponents shot to play a dead weight ball, which drops & dies in the back corner. Nullifying her opponents' pace & using her opponents' strength against her



# Opposing Styles Examples

- Gohar example, using severe power to kill the ball dead. Stopping any rhythm for Serme and limiting Serme's options.



# Serme Match Tactics

- Serme is under severe pressure in this match. By using height, keeping the ball tight & using little pace on the ball, she is trying to tie Gohar down and limit her options. Essentially frustrating Gohar's natural instincts & forcing her into errors



# Serme Match Tactics

- Great example here is how Serme is using the lob to create attacking opportunities. Also, vital to link your lob / defensive shots to the ability to get back in front of your opponent. No use just defending all the time, there needs to be a positive outcome. Serme uses height to attack her opponents





# Gohar Attacking Drive

- Gohar uses her attacking drive to force Serme deep, keep her behind her, limits her time on the ball & the sheer pace & intensity causes numerous issues for Serme



# Conclusion

- Two competing styles of play
- Important to be able to recognise styles & tactics. This will give you the ability to adapt under pressure
- If you have the technical ability under pressure you always have a chance to compete if you get your tactics right
- Golden rule under pressure try to create time for yourself while at the same time limit your opponent's opportunities / time
- To me Serme demonstrates all the qualities needed in this game and maybe won a match against an opponent's who had more attacking options and certainly played at a greater pace. Serme slowed her down, limited her opportunities, frustrates Gohar into errors and used the straight drop as her attacking outlet
- This match is multi layered with so many learning opportunities. Please email your thoughts and any questions, the more you engage the better you're understanding and ultimately the better player you will become
- Questions [greg.tippings@squash.wales](mailto:greg.tippings@squash.wales)