

Useful Numbers

Park Reception: **01590 648356**
Open 07:00 to 21:00

Health & Fitness Club
Open 7 days a week: 06:30-21:00

Reflections Day Spa: **01590 648339**
Open 7 days a week from 9am

Tides Bar & Restaurant at Shorefield Country
Open daily from: 09:00, closing times vary

Park Warden: **07767 816865**
(out of Reception hours, Emergency Only)

NHS Options (24 hours): **111**

Milford-on-Sea Medical Centre (08:30 to 18:00): **01590 643022**

Forest Lodge Veterinary Practice (New Milton): **01425 614482**

Milford-on-Sea Dental Practice: **01590 645343**



Please respect our speed limit whilst on park



- 1 Health & Fitness Club
- 2 Reflections Day Spa
- 3 The Showbar
- 4 Amusement Arcade
- 5 Tides Bar & Restaurant
- 6 The Milford Room (Friendly)
- 7 The Beech Bar
- 8 The Country Store
- Electric Charging Point
- Wildlife Walk
Pick up your Wildlife Walk Activity map from Reception
- Recycling Point
- Rubbish Bin
- Dog Bin
- Danger Deep Water

to Milford-on-Sea
to Milford-on-Sea
via B3058 (2 miles)

Public Footpath
to Beach & Cliffs
via West Road (1/2 mile)

Public Footpath
to Milford-on-Sea
(2 miles)

Woodland Walk
to Milford-on-Sea
(2 miles)



to Milford-on-Sea

Cliff Top