

SUMMER TASKS – GCSE TO AS TRANSITION

Subject: Psychology

Title: Introduction to psychological approaches

Task(s):

Origins of psychology:

Psychology is currently classified as a 'Science', but this has not always been the case. In fact, there are some psychologists who would claim that studying human behaviour should not be approached in this way.

TASK 1 (min 1 side of A4)

You need to research and make notes on the origins of Psychology, focusing on the following **two** areas:-

- Wundt and the concept of 'introspection'.
- The emergence of psychology as a science.

Approaches to Psychology:

Researching and explaining human behaviour is an area full of controversy and disagreement. Over the last 100 years a number of different approaches have developed, each of which disagrees as to the fundamental causes and explanations of human behaviour. Unfortunately it is very difficult to identify which has the 'right' approach, so we need to examine all of them.

TASK 2 (1 side of A4 for each approach inc diagrams)

You need to research and make notes on the history and key features of **each** of the following approaches to studying and understanding human psychology.

- The Behaviourist approach:
- Social Learning Theory
- The Cognitive approach:
- The Biological approach:

(There is also Humanistic and Psychodynamic, but we will leave them until the 2nd year.)

How long should I spend on this?

2-3hrs

How will I get feedback?

The information you collect will be used in class in the first week, and you will be expected to come prepared.

Contact email: pfenton@yorkcollege.ac.uk,
andrew.higgs@yorkcollege.ac.uk,