



**We Are
Advancing Sport**

**EXPLORE
OUR SPORT
COURSES**



Sport and
Exercise
Science



ALL YOU NEED TO KNOW TO APPLY

Qualifications: BTEC HND in Sport and Exercise Science (Coaching Science)

Entry criteria: A Level 3 qualification in an appropriate Sport or Sport and Exercise Science related subject such as A Levels or BTEC Level 3 Diploma. This is likely to be supported by GCSE grades A* to C (9 to 4) and / or 9 to 4 in subjects such as English and Mathematics.

Progression opportunities / skills / study content:

Content: This course covers the whole breadth of the sport and exercise science world, from coaching and strength and conditioning to nutrition and sport and psychology. The units have been developed to give students the opportunity to experience and develop an understanding of the variety of pathways within the sport and exercise science realm.

Skills: The aim of this course is to allow students to be able to develop skills which they can use within the sport and exercise environment. Students will have to work with sports performers throughout the course, allowing them to explore the skills needed to apply their knowledge in practice. Alongside developing specific skills needed to work in sport and exercise science roles, they will improve other interpersonal skills, such as delivering presentations and working within a team to enhance performers' performance.

Progression: This course is recognised by HE providers so students can progress to gain BSc in Sport and Exercise Science or other related areas.

Further information:

For application queries contact HEAdmissions@wiltshire.ac.uk

Career opportunities:

Because of the wide range of subject areas covered in this course, students can develop their understanding and knowledge in a wide variety of sport and exercise subject areas which can lead on to careers in those specific areas. Job opportunities could include, but not limited to: Sport Scientist, Sport and Exercise Psychologists, Strength and Conditioning Coach, Sports Coaching and Sports or PE Teaching.