

# ARE YOU

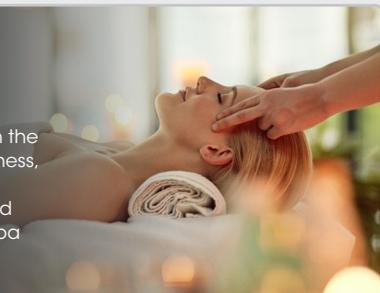


TRAFFORD  
COLLEGE

# COLLEGE READY?

## What is Beauty and Spa?

Beauty and Spa are services that are provided by highly trained and experienced therapists. If you want a rewarding career that includes working with people helping to make them look and feel their very best, then the beauty and spa industry is for you. If you have a caring personality and have an interest in beauty and wellness, our courses will help you to understand that beauty is more than 'skin deep'. The skills of a beauty and spa therapist will help you to support your clients to develop confidence and to self their esteem. Dedication and a strong work ethic within the beauty and spa industry can take you around the world, work within a hotel spa complex or a salon. There are so many opportunities that could come your way once you are qualified.



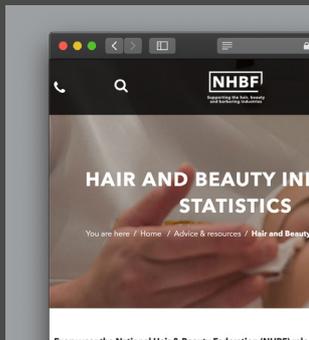
## Research to help you with your course next year



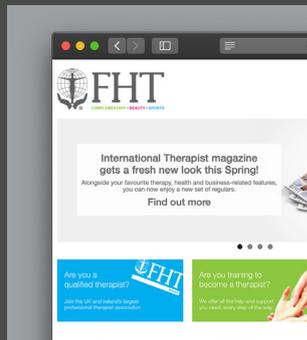
Watch the YouTube video and the use website links below to introduce yourself to the exciting world of beauty & spa:



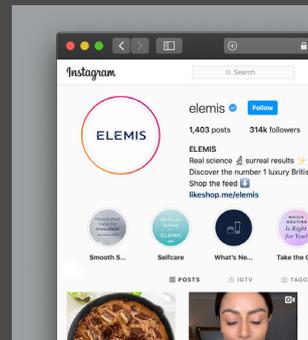
**HAND REFLEX TREATMENTS**  
[www.youtube.com/  
watch?v=Lk0LgNFQuas&  
feature=youtu.be](https://www.youtube.com/watch?v=Lk0LgNFQuas&feature=youtu.be)



**NATIONAL HAIR & BEAUTY  
FEDERATION**  
[www.nhbf.co.uk/advice-and-resources/  
hair-and-beauty-industry-statistics/](https://www.nhbf.co.uk/advice-and-resources/hair-and-beauty-industry-statistics/)



**FEDERATION OF HOLISTIC  
THERAPISTS**  
<https://www.fht.org.uk/>



**ELEMIS BEAUTY LINE**  
[https://instagram.com/  
elemis?igshid=13q85bnk2y5o7](https://instagram.com/elemis?igshid=13q85bnk2y5o7)

## College Ready Tasks



### TASK 1

Barbicide Certification  
- take the course on **barbicide.com/certification/**  
- showing your dedication to infection control in salons. After you pass the course, instantly print your certificate with your name on it.



### TASK 2

Research various salons and spas in your local area and the types of services they offer. Make a list of the salon names that inspire you the most to work in.



### TASK 3

Create an eye make-up design for a "Festival Look". Take before and after photos; post on social media and use your college tag below that you are progressing too and tag #TCGMyFuture

**Instagram - @traffordcollege**  
 **Twitter - @traffordcollege**  
 **Facebook - @traffordcollege**

Good luck with your tasks, enjoy your Summer and I look forward to welcoming you to Trafford College in September. If you have any questions please contact me on [louise.gray@tcg.ac.uk](mailto:louise.gray@tcg.ac.uk)

**Louise Gray Head of Studies, Hair and Beauty**