

# nelson college london Newsletter



LTEEC and  
E&EF 2025 at  
Gants Hill

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Employability & Progression

**SUCCESS  
STORIES**

SEE PAGE 07



## escape the chaos **Breathe**



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## E&EF 2025

The annual Employability and Entrepreneurship Forum paired with our Learning, Teaching Engagement and Enhancement Conference once again took May by storm! Students attended 3 separate workshops on Job Searching, Interview Techniques and Recruiting for your Business,

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by Mary-Jo Appaqaq

Employability and Progression  
Assistant Manager

## NDAPs Update



by Sabrina Asrafova

Minute Secretary

By now, you have probably heard that the College is on a journey to gain New Degree Awarding Powers (NDAPs). In simple terms, this would allow us to award our own degrees, a big step that comes with a lot of exciting opportunities for both students and staff. Progress is still moving forward, even though the Office for Students (OfS) has temporarily paused new applications until August 2025.

This time actually allows the College to further prepare and strengthen its application. The Self-Assessment Document (SAD) which forms the backbone of the initial

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## WORK EXPERIENCE OPPORTUNITIES

For Your Children at  
Nelson College London

At Nelson College London, we understand the challenges of balancing education and family life. As part of our commitment to supporting our students, we are excited to offer work experience placements for your children, aged 14 to 18, right here at Nelson College London.

For the past three years, we have been providing work experience opportunities to local schools, helping young students gain valuable skills and knowledge for their future. Across our three campuses, we have successfully hosted over 100 students, equipping them with real-world experience in a professional environment.

### What We Offer

We are extending our work experience programme to provide your children with the opportunity to gain hands-on experience in a professional and educational environment. This two-week placement is unpaid but designed to help students develop key workplace skills, build confidence, and explore potential career paths.

### How to Apply

If your child is interested in this fantastic opportunity, we encourage you to get in touch! Speak to Samir at the Gants Hill campus or email [sn.hussain@nelsoncollege.ac.uk](mailto:sn.hussain@nelsoncollege.ac.uk) for more information and to apply. Give your child the chance to gain invaluable experience and take their first step towards their future career-right here at Nelson College London!

### Why Choose Nelson College London for Your Child's Work Experience?

- Convenient location where your child can gain experience in a familiar and supportive setting.
- Practical exposure to real-world work environments within an academic institution.
- Development of essential workplace skills such as teamwork, communication, and time management.
- Mentorship and guidance from experienced professionals who are eager to support young learners.
- A valuable addition to their CV and future academic and career prospects.



E & P Poem

## R i s k

by Anais Nin

*And then the day came,  
when the risk  
to remain tight  
in a bud  
was more painful  
than the risk  
it took  
to blossom.*

This poem is dedicated to all the lateral career move students, all the starting-something-new students, all the startup entrepreneurs and all the new parents forging a better life for themselves and their children. You have embarked on a new challenge, taken a risk and are giving it your all.

Many of us know the feeling of being held back by our circumstances, or that we're not reaching our full potential. It's true that there is comfort in the things we know; familiar places and people, or a long-held job. But there comes a time for some people when the routine can become suffocating. What once felt comfortable now feels like a chain. If you have felt this way, or are feeling this way, remember you're not alone in that feeling, and that you're not alone in the journey.

We see you, and we're all behind you!

# Employability & Progression Department

## Work-Based Learning

Calling all Foundation Degree students!



Did you know that all students undertaking a Foundation Degree (FdA) are required to complete a 96-hour work placement in their final semester? The placement is still taking some students by surprise, despite information provided at the recruitment phase and throughout the course.

This 96-hour work placement is designed to augment your theoretical, in-class knowledge with real world application. Many students enrol in our courses with a view to learn about a new industry, and eventually transition into that field.

This is an admirable goal, and the biggest challenge is often that newly qualified graduates can struggle to get their foot in the door of a company without any relevant experience. Therefore, the purpose of the placement is to gain valuable experience in the industry and to make local connections with those already working in the industry. Your placement is your



by Mary-Jo Appaqaq

Employability and Progression  
Assistant Manager

opportunity to take a peek behind the curtain, and learn about what the industry is really about!

So, if you are currently enrolled in an FdA and would like to know more, please email Mary-Jo on [m-j.appaqaq@nelsoncollege.ac.uk](mailto:m-j.appaqaq@nelsoncollege.ac.uk), or call **07438 219 337** for extra support.

You'll get tailored support to know what type of establishment you can complete your placement, how to target those businesses and what documentation will need to be provided. Don't worry



# HOW TO UPLOAD ASSIGNMENTS TO THE VLE

**STEP 01**  
Log onto VLE

**STEP 02**  
Select Programme Unit

**STEP 03**  
Click on Submission Link

**STEP 04**  
Select either: Assignment, Presentation or Group Presentation

**STEP 05**  
Click Submit Paper

**STEP 06**  
Write Submission Title

**STEP 07**  
Select Upload file

**STEP 08**  
Choose your file from computer or USB

**STEP 09**  
Click Upload this file

**STEP 10**  
Click declaration button

**STEP 11**  
Click Add Submission

**STEP 12**  
Take a picture of the receipt displayed and close box

## CV Formatting Service

As an extension of the Career Advisory Service (CAS), our department has launched a new initiative – the NCL CV Formatting Service. If you are someone who already have a CV to work from, but cannot attend a CAS session, or simply want a trained eye to examine your CV, then this is the service for you. Simply drop your CV into the form below (QR code) and our team will ensure your CV is looking tip-top. We'll format using the NCL template, and send it back to you within 3 working days, along with suggestions for how you can improve your CV. It's the quick and easy way to take your CV to the next level!



Don't have a CV? No problem! Simply book a CAS session and we can help you to build one!

## E&P Prospectus

We wanted a fresh, new way to be able to communicate all the services we offer and all the different ways we can support students through their progression at NCL. Currently in the design stages is the Employability and Progression Prospectus – a comprehensive reference guide that anyone can pick up from the library or download from our website. Keep your eyes peeled for this latest publication – coming soon!



*New* team member  
**Daniela Chitic**

Employability and Progression Assistant

You may have noticed a familiar face joining the E&P team. We were thrilled to welcome Daniela Chitic, an NCL alumna, to the team in February, and we're happy to report that she has gone from strength to strength every week. Daniela has been diligently calling many of our students

to book CAS sessions, organise workshops and launch new services. Daniela really understands the challenges that students face, having come through the HND course herself. We're so happy to have her on board, and can't wait to see how she will progress! Welcome, Daniela!

## WORKSHOPS

*recently delivered and new titles*

The E&P Department has been busily adding titles to our workshop library, with 3 new additions in last quarter. Coping Resources in Mature Students has been delivered to 3 groups so far, encouraging students to consider what resources they have available to them and how to use them to their advantage. Job Search Techniques is a short, guided tour through different ways of searching online for new vacancies, and Job Search Hacks is a one-stop-shop for the best tips and pitfalls to avoid during your job search.

The E&P Department presented a workshop on the subject of Recruiting for your Business at last month's Employability & Entrepreneurship Forum, with excellent feedback from those present. The following week, we were in Ilford to present two workshops to our HND Business students.

Remember, if you ever want a topic explored that is not on the list below, please simply reach out to the E&P team and we can research any idea you have and create a workshop based on your input!



by Mary-Jo Appaqaq

Employability and Progression Assistant Manager

- UK Statutory Employment Rights
- Soft Skills
- Unions
- CV Writing
- Workplace Communication
- Recruiting for your Business
- Bad Employers
- LinkedIn
- Multi-Level Marketing schemes, Pyramid schemes and Ponzi schemes
- Time Management Techniques
- Coping Resources in Mature Students
- The Dreaded Cover Letter
- Whistleblowing
- Job Search Techniques
- Job Search Hacks



## JOB TITLE RIDDLES

CAN YOU SOLVE THESE BRAIN TEASERS? A LITTLE CLUE - THE ANSWER TO EACH IS A TYPE OF JOB!

1. WHO WORKS WHEN HE PLAYS AND PLAYS WHEN HE WORKS? (A: AN ACTOR)
2. I SHAVE SEVERAL TIMES A DAY. YET I STILL HAVE A BEARD. WHO AM I? (A: A BARBER)
3. TAKE AWAY MY FIRST LETTER AND I REMAIN THE SAME. TAKE AWAY MY LAST LETTER AND I REMAIN UNCHANGED. REMOVE ALL MY LETTERS AND I'M STILL ME. WHAT AM I? (A: A POSTMAN)

## Business Catalogue

We are still always looking for student and alumni entrepreneurs to sign up to our Business Catalogue. Our aim is to be able to promote student-run businesses to the student body, so your colleagues can know how to support their peers. The signup is super easy, and you'll get free local publicity! What have you got to lose! Scan the QR code below to get your business recognised!



## E&P WORD SEARCH

Do you have eagle eyes? Take a break with our word search! Words can be found forwards and backwards, horizontally, vertically and diagonally.

N	R	Q	U	A	L	F	I	C	A	T	I	O	N	F	C	A	T	E	R	E	R	H
O	H	O	S	P	I	T	A	L	I	T	Y	Z	M	T	U	V	R	B	D	S	N	G
M	Q	A	Z	S	W	F	R	I	A	F	B	O	J	Q	R	K	I	A	H	S	Y	T
A	K	B	U	C	Z	D	H	O	O	L	Y	Q	X	E	R	T	L	B	N	S	C	H
N	P	J	G	X	B	U	S	I	N	E	S	S	T	E	I	R	L	V	Q	E	S	D
A	M	P	B	C	Z	A	F	H	U	K	T	P	E	A	C	A	R	E	E	R	Y	K
G	H	J	L	Z	Z	B	L	V	G	R	N	C	V	Q	U	E	N	B	M	G	L	O
E	C	E	K	I	R	I	N	D	E	E	D	X	A	A	L	E	M	S	P	O	H	G
R	K	Y	R	E	C	B	W	O	P	U	J	A	Q	S	U	D	Z	M	D	R	S	G
L	R	X	E	F	L	A	Z	L	B	T	F	W	N	X	M	A	K	K	E	P	S	T
C	E	J	E	B	X	W	T	Y	B	Y	I	F	K	M	V	K	L	E	T	F	M	E
N	T	S	D	P	I	C	T	I	E	D	C	U	H	S	I	S	T	A	R	T	U	P
V	T	B	U	O	N	U	J	W	O	H	Q	D	R	M	T	O	F	F	J	B	O	J
O	E	K	J	C	T	I	U	C	V	N	B	X	C	C	A	P	R	H	E	O	K	X
V	L	H	C	D	E	E	C	F	G	Y	O	T	G	U	E	I	P	R	L	J	Z	D
H	R	A	M	A	R	K	E	T	C	R	V	I	V	R	D	R	G	V	P	W	I	R
A	E	M	Q	A	V	Y	Y	D	Q	G	q	B	T	T	Y	W	N	E	C	E	R	B
Q	V	S	L	L	I	K	S	T	F	O	S	H	T	O	N	G	N	F	A	N	L	K
Y	O	N	S	D	E	M	B	X	U	Q	C	F	V	J	M	K	Q	A	S	S	Y	N
G	C	H	K	U	W	R	Y	R	T	S	U	D	N	I	A	O	A	H	X	E	J	X
N	N	U	Q	B	F	N	J	K	S	L	V	S	U	P	P	O	R	T	V	E	J	Q
L	A	C	A	R	P	E	D	I	E	M	A	H	U	U	V	H	Z	P	T	F	I	J

1. INDEED
2. SOFT SKILLS
3. CURRICULUM VITAE
4. APPLICATION
5. NEW JOB
6. INTERVIEW
7. CAREER
8. PROMOTION
9. CARPE DIEM
10. JOB FAIR
11. PROGRESS
12. HOSPITALITY
13. MANAGER
14. RECRUIT
15. COVER LETTER
16. STARTUP
17. BUSINESS
18. QUALIFICATION
19. INDUSTRY
20. REED
21. CATERER
22. MARKET

## Job Show – Gaughan Stadium

The E&P Department attended the East London Job Show for the first time this April. We had the opportunity to meet many local employers and will be attending this job show in future along with the London Job Show in Stratford. The East London Job Show takes place twice a year at Gaughan Stadium in Leyton. The next one is slated for October of this year, so if you're local to the area and wish to attend, simply let us know or keep your ear to the ground for our announcement closer to the time.



## Employability & Progression SUCCESS STORIES

Welcome to NCL Success Stories, where we celebrate the inspiring journeys of NCL students who dared to dream big and turned their ideas into thriving businesses. These stories spotlight the courage, creativity, and determination it takes to go from lecture halls to boardrooms and prove that with the right mindset, anything is possible.

### Story 1 Introducing Diana Goian

Course: HND HM  
dianacouturiere@gmail.com



I am a student at Nelson College, and I recently launched my own tailoring business from home. In my country, I worked as a tailor for 20 years, and tailoring has always been a big part of my life. When I came to this country, I was so tired and unsure if I had the strength to start all over again. But with the incredible support from the Employability and Progression Department, I found the motivation and confidence to rebuild my career. Their guidance, encouragement, and practical advice helped me turn my experience into a real business once again. They supported me in developing a business plan, improving my marketing strategy, and building my confidence as a small business owner. The resources and one-on-one support they provided were invaluable. I am truly thankful to the entire team for being there every step of the way and helping me take this important step toward my future.



### Story 2 Introducing Maria Golban

Course: HND HM  
golbanmaria83@gmail.com



I am a student at Nelson College, and I recently launched my own business in IPL Laser Hair Removal. This exciting journey wouldn't have been possible without the incredible support I received from the Employability and Progression Department. Their guidance, encouragement, and practical advice played a key role in helping me turn my ideas into reality. They assisted me with developing a business plan, improving my marketing strategy, and building my confidence as a young entrepreneur. The resources and one-on-one support they provided were invaluable, and I truly appreciate the time and effort they invested in my success. I would like to extend a big thank you to the entire team for being there every step of the way and helping me take this important step toward my future.





# Reading Books

## FOR REFERENCE

Reading books for reference offers numerous benefits for you as a student. Have a look below at some of the advantages of visiting our libraries and borrowing a book for your studies



**Many reference books are written by experts. This ensures the information that you have researched is reliable and credible.**

**You gain a deeper understanding of specific topics with detailed information and wide-ranging insights. There are a number of references that include case studies and provide examples of real-life scenarios.**



**Using different books provides a variety of viewpoints and perspectives which could enrich your understanding of the topic.**

**Reference books develop critical thinking, research, and comprehension skills and expand your vocabulary.**



*You may also be inspired to explore further research!*



Library & Learning Resources Centre

# CAREERS HUB FACELIFT



Daniela has wasted no time in getting stuck in, working closely with the provider of the NCL Careers Hub. She has been working recently on updating the user interface and landing page of the Careers Hub - if you've

logged on in the last few weeks, you'll undoubtedly have noticed the changes. The dashboard has been updated to showcase all important programmes such as CV Builder, CV 360 and Cover Letter

Builder. We used real-world feedback from our users to implement the changes. So, really, you should give yourself a pat on the back if you contributed! You can now access these critical tools directly from the

dashboard. Just a few clicks away, you'll notice a brand-new feature in the certificates page. You can now undertake tutorials on Service Industry Skills, IT Skills, H&S in Hospitality and Food Labelling Regulations. Upon completion of each tutorial, you can now download your own certificate to show employers that you have completed this training. Don't forget to add your new certificates to your CV, as well!

So, if you have only just begun your journey with Nelson College London, you can kickstart your higher education by gaining these certificates. Keep your eye on this section in the future for updated tutorial options.

## Celebrating Alumni Success

Claudia-Adriana Stanescu  
-Zaz Cafe-

On 24th February, our Employability and Progression department had the pleasure of visiting a café run by one of our talented alumni. It was a wonderful opportunity to support her entrepreneurial journey and showcase her growing business. We encourage you to visit her café at the address below and show your support.

Don't forget to scan the QR code to watch her inspiring interview!

Location:

Litho House | 65 Faringdon Avenue | Harold Hill | Romford | RM3 8ST



EMPLOYABILITY  
& PROGRESSION  
Department

## 6 KEY TRANSFERABLE SKILLS TO EXCEL IN YOUR GRADUATE CAREER

- 01 COMMUNICATION**  
The ability to express yourself effectively, listen actively and convey information clearly and concisely
- 02 LEADERSHIP**  
The ability to lead and motivate others, delegate tasks, and manage teams.
- 03 TIME MANAGEMENT**  
The ability to manage time effectively and prioritise tasks.
- 04 PROBLEM-SOLVING**  
The ability to work to identify problems, analyse information and develop effective solutions.
- 05 COLLABORATION**  
The ability to work effectively with others, share ideas, and support team goals.
- 06 EMOTIONAL INTELLIGENCE**  
The ability to understand and manage your own emotions, as well as recognise and empathise with others' emotions.







**NCL**  
NELSON COLLEGE LONDON

# Nelson College London OPEN DAY

*Intake September 2025*  
18<sup>th</sup> June, Wednesday, 11 am - 2 pm

**WHAT TO EXPECT!**

- Register on the day - it's quick and easy!
- Campus tours - explore our modern facilities and learning spaces.
- Meet the teachers - ask questions, get advice and learn about your future courses.
- Refreshments provided - enjoy light snacks and drinks during your visit!

**ENROL NOW!**

**OUR COURSE INFO**

- Foundation Degree in Hospitality Management
- Foundation Degree in Business
- BTEC HND Business
- BTEC HND Hospitality Management
- BA (HONS) Business (Top-up)
- BA (HONS) Hospitality Management (Top-up)
- MA International Business

**In partnership with**

**Pearson**  
UNIVERSITY OF WEST LONDON  
The Career University

Scan Me!



www.nelsoncollege.ac.uk

**Gants Hill Campus (1<sup>st</sup> Floor)**  
Address: 406 - 401 Eastern Ave,  
Gants Hill IG2 6NQ

020 3500 0239

**PARTY  
PARTY  
PARTY**



The Marketing Team is excited to announce a BBQ Beach Party on 25th June for staff from all three campuses at Broadstairs! This is a great opportunity for everyone to come together, connect, relax, and enjoy some well-deserved fun in the sun.

There will be a delicious BBQ, beach games, and plenty of good vibes – the perfect way to strengthen our team spirit and celebrate our hard work. All staff are invited, so mark your calendars and don't miss out on this fantastic day of food, laughter, and connection. See you on the beach!

# MARKETING & RECRUITMENT DEPARTMENT

## Join Us for Our College Open Day – 18th June!

We are excited to announce that Marketing Time will be organizing a special Open Day on 18th June to promote our range of educational opportunities, including HND in Hospitality Management/Business, Business hospitality management Top-Up, and Master's Degree programs. This event is a fantastic opportunity for prospective students to explore our courses, meet our dedicated staff, and learn more about what we offer. On the day, we've invited local schools and potential students to come and discover the exciting future that awaits them at our college. There will be presentations, course information stands, and the chance to ask questions directly to tutors and current students. We believe education is something to be shared and celebrated. That's



by Luminita Agache

Marketing and Recruitment  
Assistant Manager

why we're inviting YOU to be part of this special event. If you'd like to get involved or help spread the word to your family, friends, and community, we would love your support.

**Save the date – 18th June – and be our guest!** Let's make this Open Day a success and help shape the future of many aspiring students. Together, we can inspire the next generation.

**NELSON COLLEGE LONDON**  
**SOCIAL MEDIA**

FACEBOOK



INSTAGRAM



TIKTOK



*Let's stay connected*



# end of year Party

25<sup>th</sup> June 2025



## Broadstairs Beach

9am - 5pm

Ilford | Gants Hill | Broadstairs  
bringing together students & staff from all campuses

Transport will be provided from each campus  
Sign up and pay a £10 deposit to secure your seat

# INTERNATIONAL FOOD DAY

ILFORD CAMPUS CELEBRATES  
CULTURE THROUGH CUISINE



On Monday, 12th May 2025, the Ilford Campus was alive with the sights, sounds, and incredible smells of International Food Day. Students came together to showcase traditional dishes from around the globe, turning the Student Common Room into a vibrant hub of community and culture. From Poland to Bangladesh, Jamaica to Turkey, the variety of food on display highlighted the rich diversity of our student body. Each dish brought with it a story, a heritage, and a lot of heart - proving once again that food is a universal language that connects us all.

After much anticipation, the winners were announced and prizes were awarded by **Athiquil Islam**:

- 1st Place – **Fozia Khan** - Pakistan
- 2nd Place – **Nyaz Abdulrahman Abdullah** -



by Petra Aksu

Marketing and Recruitment  
Assistant Manager

Kurdistan  
3rd Place – **Lesley Ann Charlotte Wickham** - England.

A huge congratulations to all who participated and made the event such a success. Whether you were cooking, tasting, or simply cheering your friends on - thank you for making International Food Day a memorable celebration of unity and culture.





# Nelson College London RESEARCH —CENTRE—

*Fresh from Our Research Community*

New Internal Publication  
Now in NCL Libraries!

The NCL's Research Centre is delighted to share that a brand-new internal research publication, developed by the Nelson College London Research Centre in collaboration with a group of former MA students, is now officially available across all NCL libraries. A digital copy can also be obtained through library staff or directly from the Research Centre.

Explore how literature reviews reveal insights into employee engagement and motivation in the retail sector and discover how you can contribute to future publications. Titled *"A Selection of Nelson College London Students' Literature Reviews Focusing on the Retail Sector – Employee Engagement and Motivation,"* this book offers an excellent learning tool for students at all levels, as well as a real example of how student research can be transformed into a published, professional output.

## A Resource that can inform you, and a pathway you can follow

This internal publication is more than just a collection of academic writing; it showcases what is possible when academic work is refined, supported, and shared. Featuring structured literature reviews based on



by Husam Helmi

Research Centre  
Manager  
/ Module Leader MA  
International Business  
Management /  
Hospitality

real case studies from UK retail businesses, the book covers timely topics such as:

- Employee engagement and its impact on business outcomes
- Motivation and staff retention
- Post-Brexit retail challenges in the UK
- The influence of global trade policies on international business

Each chapter models how to structure a high-quality literature review, synthesise sources, use theoretical frameworks, and engage in critical analysis, making it an excellent reference or example for your academic work.

## Be the next contributor – Turn your research into a publication

Whether you are a student

studying on an HND, FDA, BA (Top-Up), or MA programme, the Research Centre welcomes you to take part in future publishing opportunities. Likewise, staff are actively encouraged to get involved through co-authoring research with another staff or students, mentoring students, or contributing their own existing research. You could develop your research project into a published chapter, a journal article, conference presentation, or a collaborative project with real-world impact.

## Why get involved?

Engaging with the Research Centre and working towards publication offers clear, lasting benefits:

- Boost your CV and employability by demonstrating published work. This shows initiative, critical thinking, and the ability to manage a project to completion.
- Sharpen your academic and research skills – Strengthen your writing, analysis, and project planning abilities.
- Work alongside experienced staff and peers – Gain insight from other researchers' feedback and collaborative

learning.

- Stand out in applications for postgraduate study or employment – Published research helps you present yourself as a professional in your field.

## Join the NCL Research Community

The Research Centre runs regular workshops, one-to-one guidance, drop-in sessions, and Get-Together events where you can share ideas, ask questions, and receive support. These are open to all students and staff, regardless of background or programme level. Whether you have finished, are just starting, or are thinking about your final research project, it is never too early or too late to begin engaging with research. To request a digital copy of the new book, or to express interest in future publishing projects or seek one-to-one support and guidance, please contact: Dr. Husam Helmi  
NCL Research Centre Manager  
researchcentre@nelsoncollege.ac.uk  
Research is more than an assignment; it is an opportunity to stand out, develop key academic and employability skills, and make your voice heard. Your journey to publication could start today.

# DIGITAL LITERACY IN HIGHER EDUCATION:

# A LIBRARIAN'S PERSPECTIVE

## Introduction

In an era where information is abundant and accessible within seconds, digital literacy has become a cornerstone of academic success. For students in higher education, navigating the digital landscape is more than just using technology—it involves critical thinking, evaluating information sources, and responsible digital citizenship. As a librarian, I witness firsthand the challenges and opportunities digital tools present to our students and academic staff.



by Yvonne Alexander-Taylor

Library and Learning  
Resources Manager

## What is Digital Literacy?

Digital literacy is finding, evaluating, creating, and communicating information using digital technologies. It's not only about technical proficiency, but also includes:

- **Information Literacy** - In our digital world, there is a flood of information from various sources. Information Literacy includes knowing what you need to know and understanding the scope and depth of the information. It involves finding information efficiently – knowing where to search and using keywords, the right search engines and research tools. Judging sources' reliability, credibility and relevance is also a core component. Students can evaluate information critically by distinguishing between fact, opinion and misinformation.
- **Media Literacy** – Students should understand how to access, analyse, evaluate and create information using all forms of media. Media Literacy is important as it promotes critical thinking about the media we consume daily, protects against misinformation, and encourages responsible use of social media and other digital platforms.
- **Cybersecurity Awareness** is the understanding and knowledge of how to protect yourself, your data, and your devices from digital threats such as hacking, phishing, malware, identity theft, and other online risks. It is about being alert to potential cyber dangers and knowing how to respond to them safely and responsibly.

# Library & Learning Resources Centre

- **Digital Etiquette** is a set of rules and guidelines for appropriate, respectful, and responsible behaviour when using digital devices and online platforms. It helps ensure positive communication and interaction in digital environments.



## The Librarian's Role in Fostering Digital Literacy

Academic librarians are uniquely positioned at the intersection of technology, pedagogy, and information access. What could support look like for students and staff?

- **Workshops and Tutorials:** Covering topics like source evaluation, citation tools, avoiding plagiarism, and using academic databases.
- **One-to-One Support:** Helping students discern between credible and biased sources.
- **Integration with Curriculum:** Partnering with academic staff to embed digital literacy into assignments and course objectives.

## Common Digital Literacy Challenges for Students

1. **Information Overload**  
Students often struggle to filter reliable information from the noise of the internet.
2. **Misinformation and Bias**  
Recognising bias and fake news is increasingly difficult in algorithm-driven platforms.
3. **Lack of Training**  
Many students enter higher education with basic IT skills but lack advanced research capabilities.
4. **Digital Distractions**  
Managing focus in a hyper-connected world is another overlooked literacy skill.



LIBRARY  
TRIVIA  
QUIZ



Send your completed answers to [ncclibrary@nelsoncollege.ac.uk](mailto:ncclibrary@nelsoncollege.ac.uk) for a chance to win an Amazon voucher! First come, first served!

1. What do you call the unique code used to identify and locate a book on the shelf?

a) ISBN  
b) Barcode  
c) Call Number  
d) Dewey Tag

2. Which of these can you NOT typically borrow from a college library?

a) Textbooks  
b) Coffee mugs  
c) Laptops  
d) Academic journals

3. If a book is marked as "reference only," what does that mean?

a) It's out of date  
b) You can only use it during exams  
c) You can only read it in the library  
d) It's reserved for academic staff

4. Which of the following is a key database for hospitality and tourism research?

a) ProQuest  
b) Emerald Insight  
c) Business Source Complete  
d) All of the above

5. Who is considered the "father of modern management"?

a) Peter Drucker  
b) Elon Musk  
c) Richard Branson  
d) Warren Buffett

6. What is mise en place in hospitality management?

a) A room booking system  
b) A type of marketing plan  
c) A kitchen preparation method  
d) A business strategy

7. Which of the following tools helps you manage your references and citations?

a) Turnitin  
b) Canva  
c) Zotero  
d) Grammarly

8. What does "peer-reviewed" mean in academic research?

a) Reviewed by friends  
b) Checked by subject experts before publication  
c) Free to download  
d) Shared on social media

9. If you're searching for academic journal articles on hospitality trends, which keyword strategy is most effective?

a) Hotels + restaurants + fun  
b) Hospitality AND trends AND customer service  
c) Food or fashion or travel  
d) "Good hotel ideas"

10. Which hotel chain is known for creating the world's first hotel school?

a) Hilton  
b) Marriott  
c) The Ritz  
d) EHL (École hôtelière de Lausanne)

11. What is the name of the classification system used in most academic libraries?

a) Roman Numeral Code  
b) AlphabetSoup Index  
c) Dewey Decimal System  
d) Google Books Grid

12. True or False: You can be penalised for using AI tools in academic assignments without proper citation.

The Future of Higher Education

Nelson College London Leading the Way

Nelson College London (NCL) is at the forefront of transforming higher education, preparing students not just for higher education but for real-world success. The job market is evolving faster than ever, with artificial intelligence (AI), automation, and digital technology reshaping industries. In this rapidly changing landscape, students need more than just propositional knowledge; they need procedural knowledge, practical skills, adaptability quotient, and the confidence to navigate an increasingly tech-driven world. At NCL, we embrace this change, ensuring our students graduate not just academically qualified but career-ready. As an Assistant Programme Lead (APL) for the HND Business at the Broadstairs Campus, I have the privilege of working closely with students who aspire to careers in business, entrepreneurship, and management. At NCL, we focus on collaborative, engaging, and career-centred learning, using life experiences as a resource to help our widening access students capitalise on the opportunities available to them. Employers today are looking for more than just degrees; they want graduates who can problem-solve, think



By Jaishaal Santosh  
Assistant Program Leader  
HND Business  
(Broadstairs Campus)

critically, and thrive in digital workplaces. That's why we integrate learning through application, reflection, introspection, and reasoning. Instead of simply absorbing theories, students at NCL are encouraged to ask how their learning applies to their future careers. Through class discussions, workshops, and real-world projects, we help students develop independent thinking and decision-making skills, ensuring they can confidently step into the workforce. As part of my role at Broadstairs, I encourage students to actively engage in discussions, hands-on activities, and learning sessions focused on automation fundamentals, workflow optimisation, and AI-powered business tools. Whether it's using Microsoft Office 365, Google Workspace, or customer relationship management (CRM) systems, students gain practical experience with the digital tools they will encounter in their careers.

This hands-on knowledge gives them a competitive edge in the job market. In addition to technical skills, employability remains a core focus at Nelson College London. Employers value candidates who can communicate effectively, demonstrate leadership, and solve complex problems. That's why we emphasise personal branding, digital networking, and career development. Our students participate in career mentoring, CV workshops, mock interviews, and LinkedIn profile optimisation sessions, ensuring that when they enter the job market, they are not only prepared but confident in their abilities. We don't just teach students knowledge and skills; we shape their mindsets, values, etiquette, and aspirations. Success is not just about what you know and can do, but also how you think, present yourself, and communicate your ideas. That is why our curriculum encourages critical thinking, self-reflection, and a growth mindset. We nurture a learning environment where students build confidence, resilience, and the ability to adapt to new challenges. At NCL, we take great pride in bridging the gap between education and industry. Our HND Business students don't just study theory; they

gain hands-on experience. We work closely with industry leaders, employers, and business experts to ensure our curriculum is aligned with real-world industry needs. By integrating case studies, real-world projects, and internships, we provide students with practical exposure and the confidence to apply their skills in professional environments. As we move towards a digitally connected, AI-enhanced economy, higher education must continue evolving. Nelson College London is leading this change by integrating higher education with industry relevance, ensuring that students graduate not just with degrees, but with the practical skills which employers demand. As an Assistant Programme Lead at Broadstairs, I take immense pride in being part of this journey. Watching students grow, develop, and enter the workforce with confidence and ambition is incredibly rewarding. To all our students, my message is simple: embrace every opportunity, stay curious, observe the real world, reflect on your experiences, and never stop learning. The future is yours to shape, and at Nelson College London, we are here to support and guide you every step of the way.



# NDAPs Update



FROM FRONT PAGE

application is almost complete. The first version of our own academic regulations is also ready, and key staff members are busy designing and preparing for the validation of two new degree courses. The NDAPs Steering Group continues to meet monthly and is attended by two external experts with extensive experience in supporting other institutions on their DAPs journey. The group has a new focus of drilling into key themes and planning strategically, while the Academic Board remains central in guarding academic standards. Importantly, students are playing a key role in this journey. The last Student Representative Meeting showed high levels of engagement and valuable input, offering insights that are shaping ongoing improvements. We encourage you to continue sharing your feedback through the new Student Association and stay engaged in your academic journey, since your insights are vital to the evolution of our College community. While successfully gaining NDAPs through the formal application process may seem like a future milestone, it is already influencing current developments across academic structures, governance, and student support. As the College prepares for the next stage, enhancements such as building a sustainable academic community and improving the student experience are a key focus, all through the lens of becoming a future degree-awarding institution.

# HND HOSPITALITY MANAGEMENT Department

Upcoming Workshops for the HNDHM Programme  
We are excited to announce a series of upcoming workshops for the HNDHM January 2025 cohort, as part of the Managing Accommodation Services module during the April–July 2025 term. These sessions will provide a valuable opportunity for students to engage with industry professionals and gain real-world insights into the hotel sector. Guest speakers from leading hotels will join us to share their experiences, discuss current trends, and offer practical advice on front office



by Eva Cseri  
Academic Administrator

operations, housekeeping, facilities, and more. Don't miss this chance to expand your knowledge and build connections with experts in the hospitality industry! "

# E&EF 2025



FROM FRONT PAGE

followed by a meet-and-mingle with some of our employer partners and student entrepreneurs. We were so happy to see everyone who turned out, especially as the venue was our very own Gants Hill campus. The

whole campus was abuzz with activity all day, and it was such a treat to welcome so many students from all campuses. Special thanks to the Broadstairs students who made the 5-hour round trip to attend! We're already looking forward to next year's event!

# Student Welfare Department



# The journey Within.... Mantra, Meditation & Manifest

A heartfelt thank you to everyone who joined us for the student workshop hosted by Nelson College London's Welfare Department on Wednesday, 14th May 2025. Guided by the inspiring Becky Brower, Reiki Master, Teacher, and Soul Coach from Six Alchemy's, students explored the power of mantra, meditation, and manifestation in a calm and supportive environment. The session offered a meaningful opportunity for reflection, stress relief, and inner balance, reminding us of the importance of looking within to strengthen our



by Lucia Ismail  
Student Welfare Officer

journey forward. Feedback has been overwhelmingly positive, and we look forward to offering more wellbeing sessions that support our student's personal growth and mental wellbeing.



# UNMASKING CREATIVITY!

In January, Broadstairs Campus worked alongside Speak Up CIC, a mental health charity from Margate, who created the 'Behind The Mask' initiative. This workshop gave students a break from their regular classes, offering them a chance to focus on self-expression, reflection, and meaningful conversations with the Speak Up team. It provided a creative, unrestricted space for students to bring their visions to life. The feedback was overwhelmingly positive, with students highlighting the value of engaging in artistic activities they often don't have time for in



by Ellie Webb  
Student Welfare Officer

their busy lives. We are grateful to the Speak Up team and look forward to welcoming them back to campus soon. Look at their wonderful creations!

NELSON COLLEGE LONDON

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# Wellness in action

On the 20th of May, 2025, the Student Welfare Team hosted an Escape the Chaos Workshop at Gants Hill Campus, featuring guest speaker Sinead Murphy. This immersive session combined movement, breathwork, and meditation to reduce stress, improve focus, and support overall well-being.

Guided by the Soma Breath methodology, participants experienced rhythmic breathing, gentle mobility exercises, vagal toning techniques, and meditation; all enhanced by uplifting music to promote deep relaxation and energy balance. Workshops like this remind us that education isn't just about academic growth; it's about nurturing the whole person.





# Tree of Life

Broadstairs students had the opportunity to take part in the Tree of Life workshop - a unique mental health event delivered in partnership with Speak Up CIC. The session offered a safe and creative space for our students to reflect on their personal journeys while exploring mental wellbeing through art. It gave them some well-deserved time out of classes to take time for themselves and explore their creative side.

Using the metaphor of a tree, students painted their "roots," "branches," and "leaves" to represent key moments, relationships, strengths, and aspirations in their lives. The exercise encouraged open conversation, self-reflection, and a deeper understanding of how past experiences shape who we are today and motivated students to think positively of their future.

Students enthusiastically reported that taking time out of class was invaluable for them and enjoyed the opportunity to practice their hobbies and

interests while having important conversations. We hope to welcome back Speak Up CIC very soon for another inspiring workshop!



by Ellie Webb  
Student Welfare Officer



#studentengagement

# Student Engagement & Alumni

DEPARTMENT

## Student Engagement Dept

At NCL, creating memorable experiences for our students is at the heart of what we do. Every year, we plan and deliver a diverse range of student events — from festive Christmas parties to adrenaline-pumping adventures like climbing over the O2 or flight simulation sessions. We also organize exciting day trips to iconic UK destinations such as Edinburgh and Cambridge, as well as overseas trips designed to strengthen the NCL Community and broaden horizons. Past adventures have taken our students to incredible cities like Lisbon, Athens, Venice, Istanbul, and Sharm El Sheikh, can't wait for the next one. The best part? Many of these destinations and ideas come directly from our students. Your voice shapes what we do — so join us, feel free to suggest your own ideas and be part of the journey.



*New* team member  
Alina Madalina Antoniu (Mady)

Student Engagement Ambassador

My name is Alina Madalina Antoniu (Mady), and I joined Nelson College London in March 2025. I completed my FDA in Business at Nelson College in 2021, and I'm excited to begin a new chapter as a Student Engagement Ambassador at the Gants Hill Campus. This role represents a significant and exciting step forward in my journey. I'm truly grateful for the experiences and support that have led me here. As a Student Engagement Ambassador, my mission is to connect with students,

offer support, and help create meaningful opportunities for personal and academic growth. Whether through events, initiatives, or simply being someone, you can talk to, I'm here to make sure you feel welcome and empowered throughout your time at Nelson College. I'm looking forward to growing in this role, learning from others, and contributing to a fantastic team. A heartfelt thank you to everyone who has supported and encouraged me along the way, it truly means the world.

## Student Association / Student Representatives

I am incredibly proud to share the successful completion of our recent student elections at NCL! This marks a significant milestone in our ongoing efforts to enhance student engagement and representation across all campuses.

A huge congratulations to our newly elected Student President and the three Vice Presidents, each chosen by their fellow students to represent our campuses. Their election is a testament to the enthusiasm and



by Kanwal Rizwan

Student Engagement Officer

leadership potential within our student community, and we are confident they will play a vital role in shaping an inclusive, dynamic

student experience. In addition to this, I'm pleased to announce the completion of the Student Representative Board for the Gants Hill campus. The newly updated board is now proudly displayed on the first floor of the campus building, featuring our Student President, Vice Presidents, and the appointed student representatives. This board stands as a symbol of collaboration, leadership, and the student voice in action. We're excited to build on



this momentum and look forward to the positive impact our student leaders will have on the NCL community!



# 100% Attendance Award

This term, we are incredibly proud to celebrate a remarkable achievement within our school community — the 100% Attendance Award has been earned by an impressive 33 students! This marks a significant increase from previous terms and reflects a growing commitment to excellence across the board. The 100% Attendance Award is a recognition of more than just punctuality; it honours our students' enthusiasm for learning, their dedication to their education, and their consistent effort to be present and engaged in every lesson. Reaching this milestone requires



By Alina Madalina Antoniu (Mady)  
Student Engagement Ambassador

determination, resilience, and a strong sense of responsibility — qualities we are thrilled to see shining through in so many of our learners.



# Student Engagement trip to Sharm El Shiekh

At the heart of the Student

Engagement Department is the student voice: You said, we did! This term, that dedication led to the organization of an unforgettable overseas trip to the stunning destination of Sharm El Sheikh, Egypt — a request that came directly from our student body. The trip was packed with thrilling and memorable experiences that brought students closer together while immersing them in the natural beauty of Egypt. Among the highlights were adrenaline-filled quad biking adventures across the Egyptian desert, where students explored vast, golden landscapes under the open sky. Equally



by Kanwal Rizwan  
Student Engagement Officer

awe-inspiring was the opportunity to go scuba diving in the crystal-clear waters of the Red Sea — an unforgettable experience that allowed students to witness the vibrant marine life and coral reefs up close. In addition to the action-packed excursions, students had the chance to unwind at the iconic Farsha Café, a scenic spot known for its breathtaking views and relaxed atmosphere — the perfect place to enjoy



the sunset and snap some great photos to remember the journey. This trip was more than just a holiday; it was a team-building experience, a cultural adventure, and a celebration of student initiative. The Student Engagement Team worked tirelessly behind the



scenes to make it all happen — from managing travel and accommodation to organising each excursion and ensuring everything ran smoothly from start to finish. It was no small feat, but seeing the smiles on

our students' faces made every effort worthwhile. A big thank you to our students for their enthusiasm, and to our dedicated team for turning an ambitious request into a truly memorable reality!

## Cambridge Trip

In an exciting collaboration between the Student Engagement department and NCL Tours, we organised a memorable one-day trip to Cambridge for our students. The day was filled with exploration and culture, offering students a chance to immerse themselves in the rich history and striking architecture of this iconic city. Blessed with beautiful weather and a

smooth, comfortable coach journey, the group arrived ready to discover the stunning sights Cambridge had to offer. One of the standout moments was the visit to the famous St Mary's Church, where many students braved the 123 steps to the top, rewarded with breathtaking panoramic views of the entire city. A relaxing punting tour along the River Cam added a special

touch to the day, with students enjoying picturesque scenes of the historic colleges from the water. After the boat ride, there was time for students to wander through the bustling Cambridge Market, visit the impressive King's College, and stroll along charming streets and lanes steeped in history. Throughout the day, students shared meals, laughed together, and forged new friendships. The experience wasn't just about sightseeing —



it was about creating lasting memories, building connections, and enhancing the student community spirit beyond the classroom. This successful collaboration

between Student Engagement and NCL Tours is another step in offering students meaningful, enriching experiences during their time at NCL.



# LTEEC and E&EF 2025 at Gants Hill Campus

The Student Engagement and Alumni Department was proud to organise and host this year's LTEEC (Learning, Teaching, Engagement and Enhancement Conference) and E&EF (Employability and Entrepreneurship Forum) in collaboration with the Employability and Progression Department. Held at the Gants Hill campus, this year's event offered a fresh and elevated experience, thanks to a new venue, dynamic programming, and outstanding



by Kanwal Rizwan  
Student Engagement Officer

participation. Nearly 200 students attended and took full advantage of the opportunities on offer, including three engaging

workshops delivered by the E&P team. Attendees also had the chance to net-work with employers and entrepreneurs, gaining valuable insights and applying for roles on the spot. The Learning, Teaching, Engagement, and Enhancement began with inspiring ad-dresses from our Director, Mr. Nazim; our Principal, Mr. Roger; and Mr. David Douglas, Head of Programme Delivery — setting an uplifting tone for a day of motivation, reflection, and opportunity. The conference continued with a

captivating seminar by our keynote speaker, Dr. Ron Cambridge, an exceptional leader who shared heartfelt insights on life experiences and the journeys of migrant student mothers. One of the day's standout moments was the lively Herit-age Runway Event, where over 23 students and numerous staff members proudly showcased their cultural attire, celebrating the rich diversity and spirit of our community. This year's LTEEC and E&EF proved to be one of our most successful student events to date, re-ceiving outstanding feedback from directors and attendees alike. A sincere thank you to every-one who contributed to making it such a memorable and impactful occasion.





# Visit

## ILFORD CAMPUS LIBRARY

Friendly staff who are happy to help  
with any enquires you may have

*Second floor*  
Ilford Campus



*Opening hours*  
Monday to Friday  
9am to 5.30pm  
excluding weekends  
and Bank holidays

**Gants Hill Campus:**  
Commercial House  
406-410 Eastern Avenue  
Ilford, IG2 6NQ

**Ilford Campus:**  
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| 28-42 Clements Road  
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**Broadstairs Campus:**  
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