

Serpentine RC Organised Club Runs Risk Assessment

Risk name	Risk Description	Category	St Mary's School - Speakers Corner	Risk Location								Risk	Probability (after countermeasures taken)	Risk Owner	Countermeasures
				2 Park	3 Park	2.5 Park (Mark Pittaway Route)	Battersea	Hampstead	Richmond	General Group Road Run	Likelihood				
Road crossings	Traffic accident/collision with vehicle or cyclist causing injury. Possible damage to property.	Traffic	York Street (no lights) Crawford Street/ Seymour Place (pedestrian lights) Harroby Street (no lights) Nuford Place (no lights) George Street (pedestrian lights) Upper Berkley Street (pedestrian lights) Marble Arch (pedestrian lights) Cumberland Gate (Pedestrian lights)	North Carriage Drive (no lights) Lancaster Gate - no lights West Carriage Drive - pedestrian lights Hyde Park Corner Roundabout (Wellington Arch- Constitution Hill) - pedestrian lights South Carriage Drive - pedestrian lights (Winter only)	North Carriage Drive (no lights) Lancaster Gate - no lights West Carriage Drive - pedestrian lights Hyde Park Corner Roundabout (Wellington Arch- Constitution Hill) - pedestrian lights South Carriage Drive (Hyde Park Corner) - pedestrian lights	South Carriage Drive (Hyde Park Corner) - pedestrian lights Hyde Park Corner Roundabout (Wellington Arch- Constitution Hill) - pedestrian lights South Carriage Drive (Hyde Park Corner) - pedestrian lights	Hyde Park Corner Roundabout (Wellington Arch- Constitution Hill) - pedestrian lights Hyde Park Corner Roundabout (Hyde Park- Wellington Arch) - pedestrian lights Victoria Embankment - pedestrian lights Turks Row (TBC) Royal Hospital Road (TBC)	York St Marylebone Rd (pedestrian crossing) Bell St Unionton St Ashmunt St Broadley St Church St Lisson Grove (pedestrian crossing at Frampton St) Prince Albert Road (zebra crossing) Primrose Hill Rd (zebra crossing) Ogidiants Rd Vinegar Hill Rd Adelaide Rd (pedestrian turn at lights) Follows Rd Wilbraham Place (TBC) Ellis Street (TBC) Cadogan Gate (TBC) Cavendish Square (TBC) Cadogan Place (TBC) Harriet Street (TBC) Knightsbridge - pedestrian lights South Carriage Drive - pedestrian lights	Richmond Gate Sheen Gate Robins Gate Robin Hood Gate (cars parking) Kingston Gate Ham Gate	Risk applies	M	H	M	Runners	1. Remind runners to follow pedestrian lights (where these exist) and respect the rules of the road. 2. Club rule that runners must not wear headphones on club runs so that they can hear traffic. 3. Remind runners to wear visible clothing and/or lights during runs in hours of darkness. 4. At start of winter runs, make specific mention to the recommended crossing point of South Carriage Drive (avoiding cyclist ambiguity at HP Corner Crossing) 5. Routes use HP Corner underpass to avoid 1 road crossing
Cycleway paths and crossings	Traffic accident/collision with cyclist causing injury. Possible damage to property.	Traffic	Speakers corner	North Carriage Drive Lancaster Gate South Carriage Drive/Hyde Park Corner Speakers Corner	North Carriage Drive Lancaster Gate South Carriage Drive/Hyde Park Corner Speakers Corner	South Carriage Drive/Hyde Park Corner Other? TBC South Carriage Drive/Hyde Park Corner Speakers Corner	South Carriage Drive/Hyde Park Corner Other? TBC South Carriage Drive/Hyde Park Corner Speakers Corner	Uson Grove Tousus Crossing Ogidiants Rd - bike lane, two way on one way street Various cycle lanes around Baker St/Park Road depending on where runners choose to cross the road.	Throughout - shared route with cyclists on Tamsin trail	Risk applies	M	M	M	Runners	1. Remind runners to follow pedestrian lights (where these exist) and respect the rules of the road. 2. Club rule that runners must not wear headphones on club runs so that they can hear cyclists. 3. Remind that runners wear visible clothing and/or lights during runs in hours of darkness.
Narrow pavements	Accident/collision with other path users (people, dogs, cyclists) causing injury	Park Users	All	Kensington Palace Gardens (Winter only)	Kensington Palace Gardens (Winter only)	None	TBC	None	Risk applies	M	L	L	Runners	1. Ask runners to respect other park users. 2. Start runs in groups moving to slowest groups to avoid crowding of paths. See notes below on Demonstrations which may increase the number of narrow pavements. 3. Route defined using wide pavements where possible. 4. Run on right hand side of road where appropriate (e.g. from Trafalgar Square to that runner is facing traffic if need to move into the road). 5. Dogs are not permitted on club runs when the run is on pavements.	
Bollards	Collision with bollard causing injury	Physical part of route	Wyndham Place	Kensington Palace Gardens (Winter route only) Cobbles near HP Corner	Kensington Palace Gardens (Winter route only)	None	TBC	Barriers along the canal stretch from Uson Grove until crossing the canal.	Exit from and entrance to carparks (e.g. Pembroke Lodge)	Risk applies	M	M	L but M for winter routes	Runners	1. Remind runners to look where they are going during winter runs. 2. Prior to Winter runs starting, walk route in the dark an inform Royal Parks of any lights which aren't working.
Potholes & tree roots on pathways	Risk of trip/fall causing injury	Physical part of route	None	Kensington Palace Gardens (Winter only)	Kensington Palace Gardens (Winter only)	None	TBC	Canal	Throughout, route follows well maintained trail	Risk applies	M	M	L but M for winter routes	Runners	1. Remind runners to look where they are going during winter runs. 2. Remind runners to be careful of tree roots on trail sections (Richmond and Hampstead).
Dark paths/streets & Poor lighting	Risk of trip/fall causing injury	Physical part of route	None	Kensington Palace Gardens (Winter only)	Kensington Palace Gardens (Winter only) St James Park (South side)	None	TBC	None (summer route only) Runners should not cross the railway and road bridges at the Park Rd area of the canal where there is less visibility.	None (day/light route only)	Risk applies	M	M	L but M for winter routes	Runners	1. Remind runners to look where they are going during winter runs. 2. Prior to Winter runs starting, walk route in the dark an inform Royal Parks of any lights which aren't working.
Steps	Risk of trip/fall causing injury	Physical part of route	None	None	Between South Carriage Drive and Hyde Park underpass (both directions)	Between South Carriage Drive and Hyde Park underpass (both directions)	TBC	Entrance to Parliament Hill over the railway	None	Risk applies	L	M	L but M for winter routes	Runners	1. Remind runners to look where they are going during winter runs.
Busy pavements and paths	Accident/collision with other path users (people, dogs, cyclists) causing injury	Pavement Users	Enford Street/York St Junction South end of Seymour Place.	Baywater Road (Winter) Speakers Corner (Saturday morning)	Baywater Road (Winter) Speakers Corner (Saturday morning)	Speakers Corner (Saturday morning) Buckingham Palace (Saturday morning)	Parliament Square Westminster Bridge TBC Canal Primrose Hill Park	Tamsin trail, particularly near carparks	Risk applies	M	L	M on Sat morning runs and summer evenings. H+ runs which go over Westminster Bridge (Battersea)	Runners	1. Ask runners to respect other park users. See notes below on Demonstrations which may increase the number of narrow pavements. 2. Start runs prior to larger number of visitors (Richmond Park H+).	
Cycle calming measures	Risk of trip/fall causing injury	Physical part of route	None	Between Hyde Park Corner and Speakers Corner	Between Hyde Park Corner and Speakers Corner	Between Hyde Park Corner and Speakers Corner *TBC	None	TBC	Risk applies	M	L	L	Runners	1. Ask runners to respect other park users. See notes below on Demonstrations which may increase the number of narrow pavements.	
Slippery surfaces caused by falling leaves, water or ice	Risk of trip/fall causing injury	Weather Conditions	Entire route	Entire route	Entire route	Entire route	Entire route	Entire route	Risk applies	M	M	L	Runners	1. Use daylight routes to avoid the grass, to minimise slips (ACTION). 2. Remind runners to look where they are going when conditions are poor.	
Dogs	Accident/collision with other path users (people, dogs, cyclists) causing injury Risk of dog attack / bite	Park Users	Entire route	Entire route	Entire route	Entire route	Entire route	Entire route	Risk applies	L	M	M on Sat morning runs and summer evenings.	Runners	1. Ask runners to respect other park users. 2. Dogs are only permitted on club runs with prior agreement and when the run is within the park (not on pavements) and in daylight. 3. Where dogs are permitted on a club run, they must be kept on a lead.	
Demonstrations or events causing crowds, barricading of pavements, etc	Risk of coming into contact with protestors resulting in harassment and conflict	Events	Speakers corner	Risk areas: Speakers Corner (winter route only) Baywater Rd (Russian and French Embassies) Kensington Palace Gardens: French, Belgian, Israeli + other embassies	Risk areas: Speakers Corner Buckingham Palace HorseGuard Parade (winter route only) Baywater Rd (Russian and French Embassies) Kensington Palace Gardens: French, Belgian, Israeli + other embassies	Risk areas: Speakers Corner Buckingham Palace HorseGuard Parade Parliament Square Westminster Bridge	None	None	Risk applies (less probable)	L	M	L (normally) M+H (dependent on demonstration)	Runners & Club	1. Re-route run to avoid in advance (where aware) to avoid Kensington Palace Gardens by using Palace Gardens Terrace then Kensington Church Street	
Participants not suitably fit to attend session	Risk of participant becoming unwell or having a medical event occurring during run Risk of runner getting isolated or lost during run	Fitness/Medical	Not route specific	Not route specific	Not route specific	Not route specific	Not route specific	Not route specific	Risk applies	L	H	L	Runners & Club	1. See club code of conduct (https://www.serpentine.org.uk/pages/training_coaching_code.html). 2. Encourage runners to join a group within their comfort zone the first time they attend a club run. 3. For first time participants, provide guidelines that if there is any doubt they should seek professional advice before participating. 4. For beginners courses, ask participants if they have any medical issues or injuries at start of session.	
Participant losing group/getting lost	Risk of participant running longer than expected and may not be equipped to do so (i.e. insufficient clothing, no food or water).	Lost	Not route specific	Not route specific	Not route specific	Not route specific	Not route specific	Not route specific	Risk applies (higher impact)	L	L	L	Runners & Club	1. Ask runners to run in groups and watch out for those in the group who may feel vulnerable. 2. Make routes available on the website and publish these to those trying out the club.	

Medical emergency	Participant having a medical emergency	Fitness/Medical	Not route specific	Risk applies	L	H	M	Runners & Club	<ol style="list-style-type: none"> Ask members to participate in activities if they are fit to do so Publicise location of defibrillators to members Check prior to group run that at least 1 member of each group is carrying a mobile phone First aid kit kept in the bagroom for minor injuries. 						
Aggressive members of the public	Risk of unprovoked attack or personal assault	Park Users	Not route specific	Risk applies	L	H	Very Low (in dark) Very, Very Low (daylight)	Runners & Club	<ol style="list-style-type: none"> Ask runners to be considerate to other park and pavement users Ask runners to run in groups and watch out for those in the groups who may feel vulnerable Routes defined to avoid until areas of the parks Recommend runners carry a mobile phone and call police if feeling unsafe 						
Storms or other weather events	Risk of falling branches or trees Flooding Paths becoming blocked causing route diversions	Physical part of route	Not route specific	Risk applies	L	M	L	Club	<ol style="list-style-type: none"> Follow Royal Parks guidelines and stop runs if RP are advising people to stay away from the parks 						
Park or pavement maintenance by Royal Parks (or others)	Risk of contact with maintenance vehicles and equipment Risk of falling branches or trees Paths becoming blocked causing route diversions Increase trip hazards	Physical part of route	Entire route	Entire route	Entire route	Not route specific	Not route specific	Not route specific	Not route specific	Not applicable	L	L	L	Runners & Club	<ol style="list-style-type: none"> Follow Royal Parks/maintenance pedestrian management signs Divert run away from maintenance areas
Inclement weather conditions (too hot or cold)	Risk of hypothermia in winter Risk of dehydration in summer	Fitness/Medical	Not route specific	Risk applies	L	M	L	Runners & Club	<ol style="list-style-type: none"> Notify runners when extreme cold or heat events are forecasted and may impact the club run Consider cancelling runs during extreme events Runners to dress accordingly and carry provisions they may need Point out water fountains from time to time on club runs On long runs, stop to re-group 						
Races occurring in Royal Parks	Start point of club run too busy Planned route full of people	Events	Not route specific	Not applicable	M	M	L	Runners & Club	<ol style="list-style-type: none"> Club to check dates and route of races to replan a club run as needed For Wed runs, consider if a move to start all groups in St Mary's School is required Emphasis risks related to crowds and park users at the start of the runs, so runners are aware and take avoiding action 						
Injury	Injury occurring or presenting during the club runs.	Fitness/Medical	Not route specific	Risk applies	L	H	M	Club	<ol style="list-style-type: none"> Run Leaders to have England Athletics First Aid qualification (at least) Basic first aid provisions available at St Mary's School Run leader awareness of local pharmacists/locations to buy sticking plasters and similar Publicise location of defibrillators to members on a periodic basis 						