Serpentine RC Hampstead Heath club run risk assessment

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Risk name	Risk Description	Risk Location	Liklihood	Risk Severity	Probability (after	Risk Owner	Countermeasures
Road crossings	Traffic accident/collision with vehicle or cyclist causing injury. Possible damage to property.	Main road running up through the park	Medium	High	Low	Runners	1. Remind runners to look for cycles,scateboards and cars, especially those coming downhill who may be inable to stop quickly
Cycleway paths and crossings	Accident/collision with dog owners espcailly those with extendable leads	All over the park, paths and grassy areas too	Medium	Medium	Low	Runners	1. Remind runners to keep an eye out for dogs, their owners and especially those leads, which are a trip hazard, or unleashed dogs that may run into a runner leg 2. Club rule that runners must not wear headphones on club runs so that they can hear cyclists. 3. Recommend that runners wear visible clothing and/or lights during runs in hours of darkness
Narrow pavements inside park	Accident/collision with toddlers, hurting toddler and maybe runner	All over the park, paths and grassy areas too	Medium	High	Low	Runners	1. Ask runners to respect other park users, especially easily injured toddlers 2. Use wider pavements where possible
Bollards	Collision with bollard causing injury	At top of the main thorough	Medium	low	Low but Medium for winter routes	Runners	1. Remind runners to look where they are going during winter runs 2. Avoid badly lite areas
Potholes & tree roots on pathways	Risk of trip/fall causing injury	All areas	Medium	Medium	Low but Medium for winter routes	Runners	1. Remind runners to look where they are going during winter runs, especially twigs/fallen branches 2. Avoid badly lighted areas
Dark paths/streets & Poor lighting	Risk of slip/fall causing injury	All areas	Medium	Medium	Low but Medium for winter routes	Runners	1. Remind runners to look where they are going during winte/autumn runs when wet leaves may cover the ground surface 2. Avoid badly lighted areas
Slippery surfaces caused by falling leaves, water or ice	Risk of sliding/fall causing injury	All areas	Medium	Medium	Low but Medium for winter routes	Runners	1. Change routes to avoid muddy areas where required 2. Remind runners to look where they are going when conditions are poor
Dogs	Accident/collision with other path users (people, dogs, cyclists) causing injury Risk of dog attack / bite	All areas	Low	Medium	Low	Runners	1. Ask runners to respect other park users
Participants not suitably fit to attend session	Risk of participant becoming unwell or having a medical event occurring during run Risk of runner getting isolated or lost during run	All areas	Low	High	Low	Runners & Club	1. See club code of conduct (https://www.serpentine.org.uk/pages/training_coaching_code.html) 2. Encourage runners to join a group within their comfort zone the first time they attend a club run
Participant losing group/getting lost	Risk of participant running longer then expected and may not be equipped to do so (i.e. insufficient clothing, no food or water).	All areas	Low	Low	Low	Runners & Club	1. Ask runners to run in groups and watch out for those in the group who may feel vulnerable 2. Make participants aware of the traiing route
Medical emergency	Participant having a medical emergency	All areas	Low	High	Low	Runners & Club	1. Ask members to participate in activities if they are fit to do so 2. Publicise location of A&E facilities and park defibrilators to members 3. Reccomend members have access to a mobile phone when attending
Aggressive members of the public	Risk of unprovoked attack or personal assault	All areas	Low	High	Low	Runners & Club	1. Ask runners to run in groups and watch out for those in the group who may feel vulnerable, ask runners to avoid confrintation with other park users, especially thouse looking for a fight 2. Routes defined to avoid unlit areas of the parks 3. Recommend runners carry a mobile phone and call police if feeling unsafe 4. Ask runners to avoid provacation of the public, even if they are in the right
Storms or other weather events	Risk of falling branches or trees Flooding Paths becoming blocked causing route diversions	All areas	Low	Medium	Low	Club	1. Follow Parks council guidelines and stop runs if they are advising people to stay away from the park
Park maintenance	Risk of contact with maintenance vehicles and equipment Risk of falling branches or trees Paths becoming blocked causing route diversions	All areas	Low	Low	Low	Runners & Club	1. Follow Parks pedestrian management signs. 2. Divert run away from maintenance areas
Inclement weather conditions (too hot or cold)	Risk of hypothermia in winter Risk of dehydration in summer	All areas	Low	Medium	Low	Runners & Club	1. Notify runners when extreme cold of heat events are forecasted and may impact the club run 2. Consider cancelling runs during extreme events. 3. Runners to dress accordingly and carry provisions they may need