



Risk Assessment: Serpentine RC “Handicap” run

| Date: | Assessed by: | Location : | Review : |
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| First Saturday of every month throughout year | Malcolm French | Hyde Park, London | 4/10/2023 |

| What are the Hazards? | Who might be harmed and how? | What are you already doing? | Risk Rating | What else can you do to control this risk? | Resultant Risk Rating | Action by whom | Target date | Complete |
|---------------------------|---|---|-------------|---|-----------------------|----------------|-------------|----------|
| Weather - rain | Athletes and Event Volunteers may be injured from slipping wet ground | • Footpath surface maintained to a good standard by The Royal Parks | L | • Walk course on race day to check that surface is fit for competition | L | Race Organiser | Race day | |
| Weather – ice and/or snow | Athletes and Event Volunteers may be injured from slipping or falling | • Check course on race day to establish conditions | M | • Cancel race if course is unfit for competition | L | Race Organiser | Race day | |
| Weather – heat | Athletes and Event Volunteers at risk of heatstroke | • Refreshment kiosk at Boat House is close to start / finish. Refreshments can also be purchased from the nearby Serpentine Bar and Kitchen | L | • Advise athletes and Event Volunteers to dress and hydrate appropriately in pre-event communications • Early morning (9.00am) start time when conditions should be cooler | L | Race Organiser | Race day | |
| Lighting conditions | Athletes may be injured from being unable to see path/athletes clearly. Note there is no lighting | • Event organised during daylight hours | L | • Consider delaying start in case of poor weather conditions | L | Race Organiser | Race day | |



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| | along some of the paths used for the race | | | | | | |
| Other Athletes and Officials | Athletes and Event Volunteers may be injured from collision with racing Athletes | • Ensure athletes are aware of race etiquette | M | • Reiterate competition etiquette ahead of event start • Officials to stand back from finish as nature of race means that bunching will occur here. | L | Officials | Race day |
| Footpath | Athletes and Event Volunteers may be injured from slipping/tripping on uneven footpath | • Footpath surface maintained to a good standard by The Royal Parks | M | • Check course on morning of event to ensure path surface is in satisfactory condition and remove any loose debris visible | L | Race Organiser Event Volunteers | Race day |
| Start | Athletes may be injured from tripping/collision due to congestion at the start | • Pavement along Serpentine Road is wide and straight • Nature of race means that runners start in small groups reducing risk of bunching | M | • Ensure athletes line up in an orderly fashion so as not to impede other competitors progress • Ensure start footpath (Serpentine Road) is clear ahead of the race | L | Officials Athletes | Race day |
| Athletes going off course | Athletes failing to follow the correct route and getting lost | • Marshals situated at significant turning points | L | • No additional action needed | L | Event Volunteers | Race day |
| Finish | Athletes may be injured by falling at the finish. | • Straight run-in to finish | M | • Marshals to be in finish area to guide runners | L | Event Volunteers | Race day |
| Members of the public | Athletes and other park users may be injured following a collision with member of the public on the footpath | • Event marshals at significant junctions | M | • Race has staggered start meaning that it is only in the final 200m that runners start of bunch as they approach finish | L | Event Volunteers Athletes | Race day |



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| | | <ul style="list-style-type: none">Course marshals supplemented by Caution Runners signs | Yellow | <ul style="list-style-type: none">Early morning start time when park is quiet | Green | | | |
| Vehicular Traffic | Collision between athletes and a vehicle | <ul style="list-style-type: none">Paths are closed to general traffic. Only used by park staff and contractors. 15mph speed limit | Yellow | <ul style="list-style-type: none">Course marshals supplemented by Caution Runners signs, including in vicinity of Lido Cafe | Green | Event Volunteers | Race day | |
| Cyclists | Collision between athletes and a cyclist or e-scooter rider | <ul style="list-style-type: none">Most of the paths are for pedestrians only. However, unauthorised cycling occursE-scooters are banned from the park but there is nothing to prevent their use | Yellow | <ul style="list-style-type: none">Course marshals supplemented by Caution Runners signsFlat grass areas that adjoin course allow athletes to safely run off the course to avoid cyclists or e-scooter riders | Green | Event Volunteers | Race day | |
| Medical | Athletes tripping on footpath A more serious medical incident occurring | <ul style="list-style-type: none">All parts of course are accessible to an ambulance | Yellow | <ul style="list-style-type: none">In case of a serious medical emergency, 999 should be calledDefibrillator in the boating section of the Boat House (by the start / finish)A&E units at St Mary's Hospital and Chelsea & Westminster Hospital. Both are less than 3 miles from Hyde Park | Green | Race Director Event Volunteers | Race day | |