



If you have been affected by any of the issues raised **in tonight's performance of *The Sugar Syndrome***, the following organisations may be able to provide help and advice.

Mind

phone : 0300 123 3393

website : www.mind.org.uk

Lucy Faithfull

phone : 0808 1000 900

website : www.lucyfaithfull.org.uk

Stop It Now

phone : 0808 1000 900

website : www.stopitnow.org.uk

Beat

phone : 08088010677

website : www.beateatingdisorders.org.uk

Relate

phone : 0333 320 2206

website : www.relate.org.uk