

## **Meta-cognition**

### **Questions to make students think about their thinking/learning behaviour**

- Which method helped you to solve that?
- How did you find the right answer?
- Which equipment do you need?
- What worked best today – was it .....or .....?
- How are you going to revise? Are you using mind maps/making a poster/flash cards/trying a sample question?
- Why did (not) the mind map work?
- How do you plan to start this task?
- What strategy are you going to use?
- How can you help yourself?
- On a scale of 1- 5(10) how do you rate your learning behaviour?
- Did you listen well today?
- Did you make a good effort?
- Where can you find the information you need?
- Who can help you?
- What help do you need to move from .....to.....?
- What part don't you understand?
- Can you think of a time when you did something similar?
- Have you looked back at your notes?
- How can you improve your listening in lessons?
- How can you improve your essays?
- What did you do today that was different from yesterday so that you worked better?