

NARROW

ROAD

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Sandra James-Young



Photo: Oliver Ledwith

Location: Greater London, England, United Kingdom
Height: 5'8" (172cm)
Playing Age: 45 - 55 years
Appearance: African-American, Black-Caribbean, Black-Other Areas
Nationality: British

Other: Equity, Equity Minority Ethnic Members Register
Eye Colour: Brown
Hair Colour: Black
Hair Length: Mid Length
Voice Character: Natural
Voice Quality: Warm

Television

2019, Television, Diane, His Dark Materials, Bad Wolf, Tom Hooper
2019, Television, Carol, Top Boy 3, Cowboy Films/Netflix, Yann Demange
2018, Television, Nicole, Doctors, BBC, Debbie Howard
2018, Television, Fiona Payne, Eastenders, BBC, Various Directors
2017, Television, Julia, Casualty, BBC, John Greening
2017, Television, Fiona Payne, Eastenders, BBC, Various Directors
2017, Television, Doctor Reed, Emmerdale, ITV, Tony Prescott
2015, Television, Kristina Beale, Casualty, BBC, Diarmuid Goggins
2015, Television, Woman at Market, Cradle to Grave AKA 'From the Cradle to the Grave', ITV, Sandy Johnson
2015, Television, Fiona Payne, Eastenders, BBC, Various Directors
2015, Television, Duty Solicitor Elise Hughes, Unforgotten, Mainstreet Pictures, Andy Wilson
2014, Television, Selina Rowley, Coronation Street, ITV, Tony Prescott / Di Patrick
2014, Television, Fiona Payne, EastEnders, BBC, Toby Frow
2014, Television, Nurse, Glue, Eleven Films Ltd, Ollly Blackburn/Cathy Brady
2012, Television, Rosemary Cliffe, Casualty, BBC Elstree, Richard Signy
2011, Television, Joanna Usher, In Deep, BBC, Colin Buckley
2011, Television, Mel, Vera, ITV, Paul Whittington
2009, Television, Sheila McKenzie, The Bill, TalkbackThames, Rob Knights
2007, Television, magistrate, Criminal Justice, BBC Drama, Otto Bathurst
2006, Television, Fran, Tripping Over, Channel 5, Ian Watson
2005, Television, PO Nicholls, Eastenders, BBC Television, Michael Owen Morris
2004, Television, Chrissy, Auf Wiedersehen Pet, BBC Television, Sandy Johnson
2004, Television, Chrissy, Auf Wiedersehen Pet, BBC Television, David Innes Edwards/Maurice Phillips
2004, Television, Pauline Peters, Doctors, BBC Television, Rupert Such
2004, Television, Samantha Peterson, Holby City, BBC Television, Frazier MacDonald
2004, Television, Esther Mc Ewen, Judge John Deed, BBC Television, Steve Kelly
2004, Television, Dr Jones, Mile High, Sky Television, Various Directors
2004, Television, Rachel, Wipe Out, BBC Television, Patrick Reemes
2003, Television, Rescue Me, ITV Television, Julian Holmes
2002, Television, Gail Roberts, Holby City, BBC Television, James Strong
2001, Television, Hope Walker, Doctors, BBC Television, Will Trotter(producer)
2001, Television, Mrs Usher, In Deep, Valentine productions, Colin Buckley/Terry Mellis (associate producer)
2000, Television, Vivien Watkins, Trial & Retribution V, Lynda La Plante, Aisling Walsh

2000, Television, Vivien Watkins, Trial And Retribution IV, Lynda La Plante, Michael Whyte
Television, Rose Parker, Holly Oaks, Merseyside TV, Phil Redmond

Stage

2019, Stage, Elizabeth, Gaslight, Watford Palace, Richard Beecham
2019, Stage, Miss Jewel, Small Island, National Theatre, Rufus Norris
Stage, Liz/Mort, A Jovial Crew, Royal Shakespeare Company, Max Stafford Clarke
Stage, Helena, A Midsummer Night's Dream, London Bubble, Peter Rowe
Stage, Maggie(U/S), After The Fall, The Royal National Theatre, Michael Blakemore/Kenneth Mc Intosh
Stage, Vilma, Blues for Railton, The Albany Empire, Teddy Kiendl
Stage, Mrs Cratchett/Ghost of Christmas Past, Christmas Carol, The Young Vic, Gwenda Hughes/David Thacker
Stage, Elvira, Coups and Calypsos, Oval House, Greta Mendez
Stage, Carolyn, Dancing on Black water, Black Theatre Co-Opertive, Joan Ann Maynard
Stage, Regan, King Lear, Southwark Playhouse, Jack Shepherd
Stage, Crystal, Little Shop of Horrors, Everyman Theatre, Ian Forrest
Stage, Gabriel, Mortal, Womens Theatre Company, Clare Grove
Stage, Illegal Immigrant (Irina Platt Understudy), Murmuring Judges, The Royal National Theatre, Richard Eyre
Stage, Wife, Recruiting Officer, Royal National Theatre, Nicholas Hytner
Stage, Ebea, Tamburlaine The Great, Royal Shakespeare Company, Terry Hands
Stage, Alpiew, The Basset Table, Wild Iris, Polly Irvin
Stage, Donna, The Man Who Lit up the World, Tricycle Theatre, Anton Phillips
Stage, Circe, The Odyssey, Royal Shakespeare Company, Greg Doran
Stage, Rosalinda Benotti, The School Of Night, Royal Shakespeare Company, Bill Alexander
Stage, Goalers Daughter, Wind In The Willows, Royal National Theatre, Nicholas Hytner

Radio

Radio, 'We need to talk about Kevin', BBC radio 4, Karen Rose
Radio, Lois,Mrs Page, A Certain Justice, BBC Radio 4, Tracey Neale
Radio, Sister Boxer, Amen Corner, BBC Radio, Rishi Sankar
Radio, Nurse Tikka, Clear Air Turbulence, BBC radio 4, Toby Swift
Radio, Cressida,Mrs Awale,Mrs Willoughby, Fear and loathing in Crouch End, Bona Broadcasting Limited, Turan Ali
Radio, Mariatu, Out of Hours, BBC Radio 4, Cherry Cookson
Radio, Miss Nadimbaba, The Laughter of Stafford Girls High, BBC Radio 4, Graham Frost

Film

2002, Film, Auntie, Paradise Omeros, Minerva Films, Isaac Julien

Further Credits

2017, Short Film, Lynne, Toast, Tim Newton Productions, Tim Newton
2016, Comedy, Pearl Broker, Keeping up with the Brokers, The Winsome Show, Winsome Duncan
2013, Commercial, Nurse/midwife, Main christmas ad compaign for Boots' Little Santa', Boots, Jeff Labbe
2010, Audio, Reader, Hand me Down World, Heavy Entertainment Ltd, Davy Nougarede/David Roper
2010, Commercial, Mother Nature, Duyvis, CZAR Netherlands, Toon Aerts
2010, Corporate, Ward Sister, Fingerman, Living Projects Company, Matthew Murdoch
2009, Commercial, Mother Nature, Duyvis, CZAR Netherlands
2008, Audio, Lead role, Prilgrim State, Heavy Entertainment, Davy Nouguarde
2008, Commercial, Mother Nature, Duyvis nuts, CZAR.Netherlands, Toon Aerts
2008, Recording, Dorothy Walker, Pilgrim State, Heavy Entertainment Ltd, David Roper/David Nougarede
2008, Recording, Hortense, Small Island, Heavy Entertainment, David Roper/David Nougarede

Accents & Dialects: (* = native)

African, American-New York, American-Southern States, American-Standard, Australian, Birmingham, Caribbean, Cockney, French, Italian, London*, Manchester, RP, Somerset, South African, West Country

Languages: (* = Native/Fluent)

English*, Spanish

Music & Dance: (* = highly skilled)

African Dance-Traditional, Blues*, Cabaret Dancing, Cabaret Singing*, Caribbean Dance, Contemporary Dance, Latin American*, Merengue, Mezzo-Soprano*, Period Dancing, Salsa Dancing*, Samba*, Singing (general), Soprano*

Performance:

Actor-Singer, ADR-Additional Dialogue Recording, Audio Books, Audio Drama, Autocue trained/experienced, Comedy, Comedy Improv, Corporate Roleplay, Live Roleplay, Radio Presenting, Role Play, Singer-Professional, Story Telling, Theatre In Education, TV Presenting, Voice Acting, Voice Over

Sports: (* = highly skilled)

Athletics, Cycling, Darts, Netball, Running, Stage Combat, Swimming

Vehicle Licences:

Car Driving Licence

Other Skills:

Artist (Fine Art), Computer Literate, Dance Teacher, Drama Workshop Leader, Hair Braiding, Improvisation, IT Literate, Juggling, Knitting, Narration, Painting, Sewing (hand and machine), Story Telling, Writer

Training:

Batchelor of Arts Degree with honours. (Creative Arts) Manchester Metropolitan University 2:1 with Honours(Drama & Art)

London college of Fashion Fashion Design Diploma also attained City and Guilds qualifications 466 & 468

City and Guilds of London Art School. Art Foundation qualification.