

# Lately on Trickle: March 2023



To access trickle right now go to <https://app.trickle.works/team/nhs-lothian-dit> enter your **NHS email address**, and then follow the link in that email to access on the web, or use the access code to use the app.

To contact your trickle champions team email here: [trickle@nhslothian.scot.nhs.uk](mailto:trickle@nhslothian.scot.nhs.uk)

Have a browse below to see what we've responded to, what we're working on and our key messages!

Your chief registrars and other members of the MED team are working hard in the background on a range of issues highlighted (anonymously or not) via trickle.

If you have any issues, or indeed anything positive to shout about and aren't sure the best way to do so, **trickle** is here! We want doctors in training to feel engaged, and engaged with, and we hope trickle can be a place to highlight what works and what doesn't, and become **the place where change starts!**

## March 2023 You asked, we listened!

Thanks to some great topics raised on Trickle we've helped find solutions to a few common issues in NHS Lothian. Some things, like parking, are harder to fix, but hopefully the discussion and response to these trickles offers some clarity:

- New Trak order screen**

Why the changes were made, and how to improve engagement between the Trak team and doctors in training

<https://app.trickle.works/team/nhs-lothian-dit/trickle/200548>

<https://app.trickle.works/team/nhs-lothian-dit/trickle/201069>
- Department Parking Permits**

How to make sure your department can access car parking!

<https://app.trickle.works/team/nhs-lothian-dit/trickle/200564>
- Do I need ALS in F2 if I did it in medical school?**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/200550>
- Prescribing Cannabis**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/200823>
- Safe Staffing Levels**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/187380>
- Transport home after late ending shifts**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/187380>

## Key messages this month...

Some useful information from trickle that you might have missed:

- New Trak order screen & Trak Team engagement for improvement!**

We've had a lot of discussion about Trak this month, understandably!

Two trickles have helped generate discussion about the new Trak order screen, and general frustrations with using Trak day to day.

The Trak team are keen to improve things too, and have offered to engage with doctors in training to make things better, have a look on trickle to find out more:

<https://app.trickle.works/team/nhs-lothian-dit/trickle/200548>

<https://app.trickle.works/team/nhs-lothian-dit/trickle/201069>
- Department Parking Permits**

Getting parked isn't always easy, but we are helping departments get access to parking for trainees, and want to know if this isn't working! Find out more in this trickle:

<https://app.trickle.works/team/nhs-lothian-dit/trickle/200564>
- To contact your trickle champions team email here: [ea0292f3.scottish.onmicrosoft.com@uk.teams.ms](mailto:ea0292f3.scottish.onmicrosoft.com@uk.teams.ms)

## We'd love to hear from you:

- Canteen and Food Choices in NHS Lothian**

We've seen lots this month about food choices and access, let us hear your thoughts!

**Healthier options:**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/202592>

**Canteen closing time at RIE**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/201137>

**WGH Vegetarian options**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/202470>

## We're working on it!

Your trickle champions have a few things to work on; you can add to the conversation and help your colleagues out too:

- Office 365 access at home**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/201080>
- Water bottles at work**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/202475>
- Updating sunray cards**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/202528>
- Still to receive a rota...**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/202571>
- BMA Locum Rates and NHS Lothian**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/202299>
- Gendered toilets at RIE?**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/202806>
- Rota in Emergency Department**

<https://app.trickle.works/team/nhs-lothian-dit/trickle/201098>
- And even more!** You can find all of the trickles above online now and add to the discussion!