

Lately on Trickle: February 23



To access trickle right now go to <https://app.trickle.works/team/nhs-lothian-dit> enter your **NHS email address**, and then follow the link in that email to access on the web, or use the access code to use the app.

To contact your trickle champions team email here: ea0292f3.scottish.onmicrosoft.com@uk.teams.ms

Have a browse below to see what we've responded to, what we're working on and our key messages!

Your chief registrars and other members of the MED team are working hard in the background on a range of issues highlighted (anonymously or not) via trickle.

If you have any issues, or indeed anything positive to shout about and aren't sure the best way to do so, **trickle** is here! We want doctors in training to feel engaged, and engaged with, and we hope trickle can be a place to highlight what works and what doesn't, and become **the place where change starts!**

February 2023 You asked, we listened!

Thanks to some great topics raised on Trickle we've helped find solutions to a few common issues in NHS Lothian. Some things, like parking, are harder to fix, but hopefully the discussion and response to these trickles offers some clarity.

- How to deal with all-hospital emails!**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/185966>
- Who are my F1 and F2 reps?**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/187393>
- Explaining different start times**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/187533>
- Safe Staffing Levels**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/187380>
- Hot food vending at St Johns Hospital**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/188385>
- Parking at SJH**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/188245>
- Transport home after late ending shifts**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/187380>

Key messages this month...

Some useful information from trickle that you might have missed:

- RIE Wifi (again!)**
This is a common problem; trickle users have shared how to get online easier at RIE:
<https://app.trickle.works/team/nhs-lothian-dit/trickle/202255>
- How to deal with all-hospital emails!**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/185966>
- Who are my F1 and F2 reps?**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/187393>
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We'd love to hear from you:

- Hot drinks @ Braids RIE & Drs mess fund**
Thanks to a post on trickle, we've tried to signpost better the rest spaces and facilities available already:
<https://www.med.scot.nhs.uk/wellbeing/quiet-spaces-and-refreshments>
But we'd also like to hear what doctors in training would like, and thoughts on paying for a doctor's mess in NHS Lothian <https://app.trickle.works/team/nhs-lothian-dit/trickle/186075>

We're working on it!

- New Trak order screen**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/195413>
- Department Parking Permits**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/200564>
- Prescribing Cannabis**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/200823>
- RIE parking info for February starts**
<https://app.trickle.works/team/nhs-lothian-dit/trickle/200566>
- And even more!** You can find all of the trickles above online now and add to the discussion!