



This month on trickle - August 2022



 To access trickle right now go to <https://app.trickle.works/team/nhs-lothian-dit> enter your **NHS email address**, and then follow the link in that email to access on the web, or use the access code to use the trickle app.

It has been a busy first month of the “year” on trickle. Have a browse below to see what we’ve responded to, what we’re working on and  down here for our 2 key messages for the month!

Your chief registrars and other members of the MED team are working hard in the background on a range of issues highlighted (anonymously or not) via trickle.

If you have any issues, or indeed anything positive to shout about and aren’t sure the best way to do so, **trickle** is here! We want doctors in training to feel engaged, and engaged with, and we hope trickle can be a place to highlight what works and what doesn’t, and become **the place where change starts!**

August 2022 You asked, we listened!

- Why is the WiFi so unreliable at RIE?**

Thanks to a post on trickle, the connection info for govroam wifi has been shared and is available <https://app.trickle.works/team/nhs-lothian-dit/trickle/180202>
- How are travel and fuel expenses *actually* worked out?**


Thanks to a post on trickle, this process has been demystified and explained clearly. Not a perfect solution, but more transparent for doctors in training. <https://app.trickle.works/team/nhs-lothian-dit/trickle/181572>
- How can I get halal food at the Western General?**

Thanks to a post on trickle, the issue has been highlighted, and a means of ordering halal food has been shared.
- Who is my rota coordinator at RIE?**

Thanks to a post on trickle, a list of RIE rota coordinators has been shared, and we’re working on the same for St Johns and WGH.
- Who do I contact about my pay?**

Thanks to a post on trickle, the contact details have been re-shared and are on the MED website.

We’re working on it!

- How can I get data for audits eg from Trak in a smarter way?**
- Why are the radiators on at the royal during a heatwave!?**
- Who is my rota coordinator at St Johns and the Western hoping to replicate good practice from RIE!** 
- How should I dispose of dirty scrubs at WGH?**
- Why are internal locum rates so poor & how are they set? (Might they improve!?)**
- How do I go about booking leave in advance for something like surgery?**
- And even more!** You can find all of the unlinked trickles above online now, and add to the discussion!

We’d love to hear from you:


- I’m looking for people to practice for PACES with!** Have a look at this post on trickle: <https://app.trickle.works/team/nhs-lothian-dit/trickle/181530>
- I have concerns or worries about PPE at my place of work.** <https://app.trickle.works/team/nhs-lothian-dit/trickle/183146>
- I’d like to be involved in improving the changing facilities at RIE (or elsewhere):** <https://app.trickle.works/team/nhs-lothian-dit/trickle/180190>

Key messages this month...

- The WiFi at RIE was unreliable, and probably keeping people from messaging colleagues, keeping in touch with family, accessing emails and getting into guidelines!**

You can connect to the **GOVROAM** network using your email as username ie **firstname.lastname** then **@luht.scot.nhs.uk**, then **your computer password**.

<https://app.trickle.works/team/nhs-lothian-dit/trickle/180202>,


- The reasons for and working behind travel expenses calculations are poorly understood and an understandable cause of frustration and concerns for doctors**

One of your chief registrars has done a deep dive on this issue, and sought to make the process at least more transparent. You can read the response here: <https://app.trickle.works/team/nhs-lothian-dit/trickle/181572>
- To contact your trickle champions team email here:** ea0292f3.scottish.onmicrosoft.com@uk.teams.m