

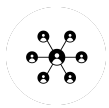
# *Lyfta World*

## for Global Citizenship and Empathy

### Lyfta's Core Themes



1 Health & Wellbeing



2 Relationships



3 Community & Citizenship



4 Natural Environment



5 Technology & Engineering



6 Learning & Growth



7 Professions & Entrepreneurship



8 Culture & Identity



9 Equality & Human Rights

# Core Skills and Values

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| 1 Active Citizenship & Political Awareness | 26 Integrity & Honesty                     |
| 2 Active Listening                         | 27 Intercultural Competence                |
| 3 Adaptability & Flexibility               | 28 Leadership                              |
| 4 Assertiveness                            | 29 Lifelong Learning                       |
| 5 Coaching & Mentoring                     | 30 Mindfulness                             |
| 6 Collaboration & Teamwork                 | 31 Negotiation                             |
| 7 Communication                            | 32 Organisation & Planning                 |
| 8 Conflict Resolution                      | 33 Patience & Pacing Yourself              |
| 9 Coping Methods                           | 34 Perspective-Taking                      |
| 10 Courage & Self-Confidence               | 35 Positive Attitude                       |
| 11 Creativity & Innovation                 | 36 Practical Life Skills                   |
| 12 Critical Thinking                       | 37 Professionalism                         |
| 13 Decision-Making                         | 38 Research                                |
| 14 Design Thinking                         | 39 Resilience & Perseverance               |
| 15 Digital Literacy                        | 40 Resourcefulness & Learning from Failure |
| 16 Empathy & Understanding Others          | 41 Respect                                 |
| 17 Entrepreneurship                        | 42 Responsibility & Accountability         |
| 18 Environment & Sustainability            | 43 Self-Discipline & Self-Regulation       |
| 19 Feedback & Critique                     | 44 Self-Efficacy                           |
| 20 Financial Literacy                      | 45 Self-Motivation                         |
| 21 Generosity & Kindness                   | 46 Taking Initiative                       |
| 22 Growth Mindset                          | 47 Time Management                         |
| 23 Healthy Living                          | 48 Troubleshooting & Problem-Solving       |
| 24 Human Rights                            | 49 Understanding Data                      |
| 25 Information Retrieval                   | 50 Work Ethic                              |