



**R.I.S.E. (Refuge, Information, Support and Education)**

**FINANCIAL STATEMENTS**

**YEAR ENDING 31ST MARCH 2013**

**CHARITY REGISTRATION NUMBER 1065846**

**COMPANY REGISTRATION NUMBER 3425008 (ENGLAND AND WALES)**

# **R.I.S.E. (Refuge, Information, Support and Education)**

**Report of the Board of Trustees  
For the Year ended 31 March 2013**

The Trustees present their report and the financial statements for the year ended 31 March 2013.

## **Reference and Administrative Information**

REGISTERED CHARITY NUMBER: 1065846

COMPANY NUMBER: 3425008

PRINCIPAL ADDRESS: PO Box 889  
Brighton  
BN2 1GH

REGISTERED OFFICE: 22 Stanford Avenue  
Brighton  
BN1 6AA

TRUSTEES: Jean Spray  
Gill Dewey  
Anne-Marie Harrison  
Lindsay McCulloch  
Hazel McCleod  
Angie Uglow, Treasurer  
Bridie Ivesan  
Josephine Enright Stood down 14th June 2012  
Celine Mckeown-Webster Stood down 19th June 2013  
Karen James Elected 14th June 2012  
CHAIR Rosemary Friggens Elected 14th June 2012  
Alex Wallace-Dunlop Elected 14th June 2012  
Beverley Sawyers Elected 7th September 2013

CHIEF EXECUTIVE OFFICER Gail Gray

REGISTERED AUDITORS: Carpenter Box LLP  
Amelia House  
Crescent Road  
Worthing  
West Sussex  
BN11 1QR

BANKERS: Lloyds TSB Bank plc  
Preston Circus Branch  
Po box 2898  
Brighton  
East Sussex  
BN1 1PX  
Caf  
25 King's Hill Avenue  
Kings Hill, West Malling  
Kent  
ME19 4JQ

SOLICITORS: Fitzhugh Gates  
3 Pavilion Parade  
Brighton  
BN2 1YR

## **Structure, Governance and Management**

### **Incorporation**

Rise is a company limited by guarantee and a registered charity. It was first registered as a charity on 9 May 1994, and then re-registered on 17 November 1997, having been incorporated as a company on 26 August 1997. On 28th October 2008 the company changed its name to R.I.S.E. (Refuge, Information, Support and Education). The charitable company is governed by its Memorandum and Articles of Association

Rise is governed by a board of trustees, whose principal responsibilities are the setting and monitoring of the strategic direction of the organisation and the establishment of policy. The trustees are also directors for the purposes of company law.

The board meets formally once every 2 months.

The board delegates the day-to-day operation of the organisation to the CEO and senior managers.

### **Statement of Trustees' responsibilities**

Law applicable to charitable companies in England and Wales required the trustees, who are also the directors of the company, to prepare financial statements for each year, which give a true and fair view of the state of the charitable company's financial activities during the year and of its financial position at the end of the year.

In preparing financial statements giving a true and fair view the trustees should :-

- 1) follow best practice and select suitable accounting policies and apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent;
- 3) state whether applicable United Kingdom accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- 4) prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue its operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and which enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Recruitment and Appointment of Trustees**

We aim to have approximately ten Board Members to ensure a quorum at meetings of five. Recruitment is based on diversity of experience. We aim to identify any existing or possible gaps in the knowledge and expertise on the Board, and to fill these gaps appropriately.

### **Trustee Induction and Training**

All new Board Members are introduced to current Board Members, and receive an Induction Pack which includes a Statement of Aims, and Management Committee Ground Rules. Visits to the Refuge are coordinated when appropriate.

Free training is available for roles and responsibilities and governance. The CEO is the permanent representative of the staff on the board and other senior staff members of Rise management team are rotated to attend Board Meetings where possible. All Board Members are required to attend Board meetings, the annual strategic planning day, team building days, staff meetings and other social events with staff as coordinated.

The board is undergoing on-going development and attend a number of governance training days throughout the year.

### **Risk Management**

The trustees review the major risks that the charity faces on a regular basis and are satisfied that systems are in place to mitigate exposure to the major risks. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity. A working group consisting of staff and trustees has been set up to monitor risk and to review and prepare business recovery processes.

### **Trustee Working Groups**

The board has set up specific working groups to undertake detailed work in the following areas, Income Generation, Equalities, HR and Risk Management.

### **Charitable objectives**

The charity is established in order to provide refuge, information, advice, counselling, advocacy and support for women, children and young people who have experienced domestic violence and abuse. All services are founded on a strong commitment to our core values, which are to uphold the civil rights of women and children, defending their right to live free from intimidation and violence. We also deliver a specialist LGBT service.

### **Strategies employed to achieve objectives**

In order to maximise the services we can provide and to ensure that the project is run as efficiently and with financial security, as far as is possible with short term funding, we employed the following strategies to further the objectives of the organisation.

Raise sufficient funds to provide and maintain services

Manage financial resources efficiently

Ensure a high profile to enable funding and accessibility, and to be able to influence public and political agendas

Promote awareness of domestic violence and educate other organisations in how best to support those suffering from domestic violence

Develop and retain professional staff to provide a quality service

Monitor and evaluate the effectiveness of, and future need for our service

Provide IT support to enable effective communications and reporting at a minimal cost

### **How our activities deliver public benefit.**

All our activities are based on reducing the incidence of domestic abuse and providing support to those who are affected.

By providing training and education we look to reduce the levels of domestic abuse in the future.

### **Significant activities and project areas.**

At March 2013 the charity's services included 3 refuges, two in Brighton providing accommodation in the Brighton area with staff support; and one in North Sussex providing accommodation for the North Sussex area with staff support, a helpline, community based advice and support services in across Brighton, floating housing support and resettlement services in Brighton, Hove and West Sussex and a specialist services for LGBT, women offenders, families, children and young people. We deliver a prevention service in schools providing work on healthy relationships. We also offered consultancy and training to other agencies and professionals across the City of Brighton and Hove, East and West Sussex. We deliver the Independent Domestic Advisor Service (IDVA) in Brighton & Hove to support high risk cases and work in conjunction with the police, the courts, A&E and social services.

# RISE SERVICE SUMMARY

## Overall Statistics

In the 2012-13 year RISE provided support to 1218 individuals, which represents a 4% increase over the 2011-12 year, 542 of these were supported only by Helpline workers, 505 by other RISE services based in Brighton & Hove and 171 by RISE West Sussex Services

As RISE offers a holistic services consisting of a range of services supporting clients in many different ways, it is useful to note that we had 1,416 separate engagements with different parts of the service representing a 9% increase on those recorded in 2011-12.

RISE received 1552 referrals during the year which is a 7% increase on the previous year. The overall engagement rate within RISE is 66% which is higher than the CAADA expectations, which some teams achieving well over this, e.g. IDVA has an engagement rate of 75.5%.

2012-13	Clients identified
274	as an ethnic minority
41	as Lesbian, a Gay man, Bisexual or Other sexual orientation
5	as transgender
32	as male
30	as under 16 years of age
11	as 16-17 years of age
12	as over 65 years of age
107	as having a disability
319	as having a mental health issue
106	as having issues with their use of alcohol
73	as having issues with their use of drugs
223	as having a religion or faith
598	as having children

## Team Reports

### Helpline

The helpline continues to be a crucial service within RISE, and dealt with 2409 telephone calls and emails during the year. The workers supported 755 clients, and for 542 of them the only support they received was from helpline staff. This represents almost half of all RISE clients. In addition, they arranged and supported 128 solicitors appointments, and held 14 crisis appointments.

## **Rise Service Summary - cont.**

### **Brighton Refuge**

The Brighton Refuge Service supported 51 women and 26 children in its 15 separate units during the 2012-13 year. The service offers an enhanced, and unique service, supporting women with highly complex needs due to mental health or substance misuse, which requires specialist workers and time. The service continues to provide emotional and practical support to clients after they leave and settle into new accommodation.

### **Brighton Stay Safe**

This is a Housing Related Support Service (previously known as Supporting People) to work with women to ensure they are not at risk of homelessness. The service received 49 referrals during the year and supported 64 women.

### **Independent Domestic Violence Advisory Service**

Last year the IDVA service received 379 referrals and supported 337 women. The engagement rate for this service is 75.5% which is higher than last year and higher than CAADA's estimated 65%. The service is split into three specialist services: the MARAC or high risk IDVAs, the Criminal Justice IDVA and the Health IDVA based within the A&E department of the Royal County Hospital.

### **Lesbian, Gay, Bisexual and Transgender Service**

This special service supported 20 clients who identified as Lesbian, Gay, Bisexual, Other or Transgender, including 11 men, and four individuals identifying as transgender.

### **Inspire**

This service supports women at risk of offending and is part of the Inspire Partnership. The service received 36 referrals and supported 22 women.

### **Adult and Family Service**

The Adult and Family Service came into being during the year, with the combining of the Community Outreach and Therapeutic Service and the Children, Young People and Family Service Teams. This team coordinates all the Outreach Services in Brighton & Hove and helps solidify our whole family approach. During the year this team supported 230 women, young people and children, through a number of group work activities including with different focuses including parenting, child behaviour, communication within the family, therapeutic and peer support, as well as one to one Counselling, and support appointments. In addition we ran 10 health relationship programmes in schools and in the community, and 5 Domestic Violence awareness programmes to voluntary and statutory organizations.

### **North Sussex Refuge**

The North Sussex Refuge Service supported 24 women and 28 children in the 7 unit accommodation during the 2012-13 year. With the loss of the West Sussex Outreach Service, the management of this Refuge is now held by the Brighton Refuge Manager.

### **West Sussex Outreach**

RISE ceased operating this service at 31 December 2012 and clients and staff were moved across to a new contractor. During the nine months that they were operating they supported 162 women and received 144 referrals for both 1 to 1 support and the Freedom Programme groups.

## **Rise Service Summary - cont.**

### **Working in Partnership**

The Service works closely with Housing, Education, Social Services and health and Mental health services. RISE works in partnership with a number of other agencies to carry out the INSPIRE project working with women offenders.

We continue to work closely with our local schools and universities, educational welfare officers to support families and raise awareness of DV.

Our mental health project worker and a our family support worker work in partnership with the health visitors and local mental health service.

### **Future Activities**

We continue to review our income generation strategy and are preparing business cases for a number of areas to develop.

We have a small amount of funding for a bid writer and will be applying to a number of grant funders such as Volant Trust, Comic Relief and Children in Need to maintain or increase our funding levels. Our fundraising team continues to develop our fundraising strategy. The central team continues to review its policies, procedures and contractual terms to ensure they are in line with legislation and are fit for purpose.

We recently have been presented with a number of new secondment and partnership opportunities which allows us to spread the expertise of our staff and we will have 3 staff in 2013/14 working with the Children in Need team (Brighton & Hove Social services), the AVU unit and SECAMB.

## FUNDRAISING ACTIVITY

### Income Generated 2012 – 2013

This financial year ending March 2013, income has exceeded the set budget by £127.3k partly due to a donation of £88k. This continues to show a year on year 50 % increase of unrestricted income since 2012. With growth of 196% since 2011.

#### Income

1. The highest income came from the **Brighton Half Marathon**. To date the **gross income from the 2013 event is £40,126** (£1168 increase on 2012). **We invested £11.3K** in this event which bought, 200 guaranteed charity places, regular high profile advertising on Half Marathon website for 10 months, advertising at the Start Finish, dedicated Rise tent space to support our runners and promote Rise, advertising along the route with a Rise branded water-station and two branded cheer points, and press coverage. The increase in income did not reflect the increase in runners – we registered 171 charity places (2012 = 146). There may be two reasons why the increase ratio is not seen a) more people are giving, but less per head, b) we will be collecting sponsorship over the next couple of months, at best we could see another £5,000, and at worst perhaps another £1,000.

**The net income from this event was £23,576 (2012 = £22.5) less on-costs. + £5.2k in Gift Aid.**

On the day we had 170 runners including own place runners – that's why it seemed there was a Rise 'hot pink' vest runner every few minutes on the route. The Grand Hotel has donated a Champagne Cream Tea as a prize for the highest fundraiser.

2. Our next income earner came from **Rise 8K Undercliff Run for Women together with the additional 8K Walk for Families**. The gross income for the events was **£12.9k**, an increase on the previous year with increased registration fee and increase in registrations with 264 runners, and 62 walkers. **The costs were in the region of £4.8k – giving a net total £8.1k + on costs. + £1.4k in Gift Aid.** We saw the walk double and an extra 50 runners register from the previous year, and yet the increase in income increased from £19 average per head to £22. Studio 57 Clinic donated prizes for the first three winners, and a highest fundraiser prize. We believe the increase in runners/walkers was partly due to the Half Marathon effect 8 months earlier. We expect to see a similar increase in the 2013 8K.

3. **Brighton Marathon – 14 April 2013**. We rolled-over 4 charity places to 2013 plus the cost of our runners vests the money spent on this event for 2013 was **£315**. We decided to invest most of our time on the Half Marathon this year but have managed to attract a team of 8 runners, 3 charity places and 5 own place runners.

**From January 2013 to the middle of April this event has raised £1,659. The net income from this event currently is £1344 less on costs. + £285.75 in Gift Aid. We are hoping to see further £2121.8 income to bring the total to £2.5k.**



## FUNDRAISING continued

4. Rise has been fortunate enough to receive regular support from a donor (**Major Donors**), plus a substantial donation from St Jude's Refuge in Bexhill (**£88k**) – **these one-off donations £18k and £4.5k totalled £22.5k**. Our activity with these donations is to establish a friendly relationship, to engage informatively to preserve this income stream for as long as possible. Costs for this are minimal; lunch, time, and tours involving a number of staff.

5. Supporting **Community Fundraising** – this year brought in £3.5k. Under this title, **Charity of the Year**, income has increased.

Staff have chosen Rise to support with fundraising from Kimberley Clark and Bupa Brighton with a total of £1,234. In this year we also received proceeds as one of the Mayor's charity's £4,559. And City Coast church in Portslade chose Rise again and gave a donation at Christmas totalling £1,190. Rise is the chosen charity for the year with Rottingdean Conservatives, Kempton Conservatives, B&H Soiree

Rotary Club, The Grand Hotel, Brighton College and Brighton Belles WI. We have reason to believe that we will be chosen as a beneficiary from East Sussex Women of the Year – Rise is providing a Survivor to speak at the event. Income will spread over 2012/2013 and 2013/2014, currently stands at £6k. **Total income under Community Fundraising is £9.5k**

Costs, again are minimal, parking, staff time (is increasing), volunteer time. It must be noted that the time involved is usually unsocial.

6. The **Rise Living Library** is not intentionally a fundraiser but a profile raiser, but it does strive to pay for itself. Rise costs for this event are allocated to managing and marketing. Again Rise partnered with Terence Higgins Trust and Think Drink Drugs and each paid £300. At each event funders, supporters were invited to 'read a book' the result of this activity has had a clear effect of on-going support, disclosures, good reason to create positive opportunities to work with business and charities in the local area.

6a. White Ribbon – November 2012. The LL falls during this time and is part of the 16 Days of Activism of VAWG. Rise benefitted by £450 from the Charity Chuckle event and £202 from a White Ribbon collection at Asda. **Total income £1,252**.

8. A further income stream was our **collecting boxes**. We have seen a reduction in income for this activity but still managed to **bank £1,372** this year (3k last year). We have a vacancy for a volunteer box planter/collector, and an admin person to count and record this money. This activity is high in administration, and is only really profitable when volunteer support is used.

## **RISE - SERVICE SUMMARY - Continued**

### **Volunteers**

During the year the organisation had the benefit of the help of a number of part time volunteers. We had assistance in providing a counselling service, help with our administration function and some assistance answering help line and with advice and advocacy services.

Under the Big Lottery funding we now have a volunteer co-ordinator who will be working on the development of our volunteer programme in 2013/14

### **General Financial Position**

This year Rise has achieved an increase to its general fund of £116,049 largely due to a donation of £88,000 from St Jude's Refuge which was winding down. RISE continues to maintain its income levels in both unrestricted and restricted funding and our overall income increased in 12/13 by 6%

The securing of grant income from Brighton & Hove City Council, Brighton and Hove Supporting People, West Sussex Supporting People, Brighton & Hove PCT, The Community Safety Fund, Brighton & Hove City Primary Care Trust, and the Big Lottery helped to ensure that our services continued. On a fund-by-fund basis, the assets are available and adequate to meet Rise's liabilities.

### **Reserves Policy**

In accordance with the advice of the Charity Commissioners for England and Wales, we aim to hold unrestricted reserves at levels sufficient to ensure the long term financial stability of the charity.

The areas highlighted to meet this requirement are wind down costs, unforeseen emergency, unforeseen running costs to include maternity and sickness, loss of core grant, and designated funds for buildings maintenance and furniture renewal, and seed funding to initiate projects for expansion into new areas.

The amounts held to cover each financial risk within the tiers to be defined and reviewed every 2 years or more frequently if the charity's income or liabilities should change drastically.

Surplus unrestricted funding should be built into the annual budget to enable the free reserves to build to the required level by a minimum of .5% (half percent) of turnover per year until it reaches the required level with the proviso that this is increased to match usage of the funds and that the overall reserves level should not be allowed to drop below 7% of turnover except in a wind up situation.

## **RISE - SERVICE SUMMARY - Continued**

### **Auditors**

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

A resolution proposing that Carpenter Box LLP be reappointed as auditors of the company will be put to the members.

The trustees have paid due regard to the public benefit guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees have complied with their duty under section 17(5) of the 2011 Charities Act to have due regard to guidance published by the charitable commission.

The trustees have prepared this report in accordance with the special provisions of 15 of the Companies Act 2006 relating to small companies.

The trustees present their report for the year compliance with the Statement of Recommended Practice Accounting and Reporting by Charities.

Approved by the trustees on 9th November 2013  
And signed on their behalf by

Rosemary Friggens  
Chair

Angie Uglow  
Treasurer

## **INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF R.I.S.E.**

We have audited the accounts of R.I.S.E for the year ended 31 March 2013 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

### **Respective responsibilities of trustees and auditors**

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors R.I.S.E for the purposes of company law, are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

### **Scope of the audit of the accounts**

A description of the scope of an audit of accounts is provided on the APB's website at [www.frc.org.uk/apb/scope/private.cfm](http://www.frc.org.uk/apb/scope/private.cfm).

### **Opinion on accounts**

In our opinion the accounts:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2013 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Opinion on other matter prescribed by the Companies Act 2006**

In our opinion the information given in the Trustees' Report for the financial year for which the accounts are prepared is consistent with the accounts.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF R.I.S.E. Cont.**

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- the trustees were not entitled to prepare the accounts in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Report.

**Eileen Houghton ACA FCCA DChA (Senior Statutory Auditor) .....**  
**for and on behalf of Carpenter Box LLP**  
**Chartered Accountants**  
**Statutory Auditor**  
**Worthing**

**R.I.S.E. (Refuge, Information, Support and Education)**  
**Statements of Financial Activities - Including Income and Expenditure Accounts**  
**For the Year ended 31 March 2013**

	Notes	General Fund	Designated funds	Restricted funds	Total 2013	Total 2012
		£	£	£	£	£
<b>INCOMING RESOURCES</b>						
<b>Incoming resources from generated funds</b>						
Voluntary income	3					
Grants and donations		226614			226614	132232
<b>Activities for generating funds</b>						
Membership and Training		19663			19663	19495
Fundraising Events		67222			67222	63229
Investment income		1952			1952	1815
<b>Incoming resources from charitable activities</b>						
IDVA				230965	230965	307298
Crisis (Refuge and helpline)		174543		431220	605763	582639
Adult and Family Service inc Education				395242	395242	380569
Secondment				10432	10432	
Other incoming resources		1817			1817	1762
<b>Total incoming resources</b>		<b>491811</b>		<b>1067859</b>	<b>1559670</b>	<b>1489039</b>
<b>RESOURCES EXPENDED</b>						
<b>Cost of generating funds</b>						
Cost of generating voluntary income	4	63031			63031	89681
<b>Charitable activities</b>						
IDVA	5	22188		246164	268352	295032
Crisis (Refuge and helpline)		232635		414528	647163	626466
Adult and Family Service Inc. education service		36814		407738	444552	341442
Secondment		902		10000	10902	
<b>TOTAL</b>		<b>292539</b>		<b>1078430</b>	<b>1370969</b>	<b>1262940</b>
Governance	6	20192			20192	21401
<b>Total resources expended</b>		<b>375762</b>		<b>1078430</b>	<b>1454192</b>	<b>1374022</b>
<b>Net income for the year</b>	2	<b>116049</b>		<b>-10570</b>	<b>105478</b>	<b>115017</b>
<b>Total funds brought forward</b>		<b>154917</b>	<b>59787</b>	<b>220919</b>	<b>435623</b>	<b>320606</b>
<b>Total funds carried forward</b>		<b>270966</b>	<b>59787</b>	<b>210349</b>	<b>541101</b>	<b>435623</b>

The statement of financial activities also complies with the requirements for and income and expenditure account under the Companies Act 2006

The statement of financial activities has been prepared on the basis that all activities are continuing

There are no recognised gains or losses other than those passing through the statement of financial activities.

**R.I.S.E. (Refuge, Information, Support and Education)**  
**Balance Sheet at 31 March 2013**

	Notes	2013 £	2012 £
<b>TANGIBLE FIXED ASSETS</b>	8	6,343	4,406
<b>CURRENT ASSETS</b>			
Debtors	9	71,492	103,891
Cash at bank and in hand		619,863	395,171
		<u>691,355</u>	<u>499,062</u>
<b>CREDITORS: Amounts falling due within one year</b>	10	156,597	67,845
<b>NET CURRENT ASSETS</b>			
<b>NET ASSETS</b>	13	<u>541,101</u>	<u>435,623</u>
<b>ACCUMULATED FUNDS</b>			
Unrestricted funds			
General fund	14	270,966	154,917
Designated funds	14	59,787	59,787
		<u>210,348</u>	<u>220,919</u>
Restricted funds	14	210,348	220,919
		<u>541,101</u>	<u>435,623</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies.

Approved by the board for issue on 9th November 2013

Signed

Rosemary Friggens  
Chair

Angie Uglow  
Treasurer

**Company Number 3425008**

**R.I.S.E (Refuge, Information, Support and Education)**  
**Notes to the financial statement – Continued**  
**For the Year ended 31 March 2013**

**1. Accounting Policies**

**a) Accounting Convention**

The accounts have been prepared under the historical cost convention

The charity has taken advantage of the exemption in Financial Reporting Standard 1 (Revised 1996) 'Cash Flow Statements' from the requirement to produce a cash flow statement on the grounds that it is a small charity.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Companies Act 2006

**b) Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation.

Depreciation is calculated to write off the cost of each asset over its expected useful life at the following rate:

Fixtures and fittings 20% straight line basis per annum

Purchase of assets to a value of less than £500 are not capitalized.

**c) Donations**

Donations are accounted for on a received basis and are grossed up for any income tax recoverable.

Donated items are accounted for when received and are accounted for at a reasonable estimate of their value.

**d) Grants receivable**

Grants received are treated in accordance with the Statement of Recommended Practice "Accounting Reporting by Charities". Grants are credited to the Statement of Financial Activities when received, unless they relate to a specified future period and have a service level agreement in which case they are deferred.

Deferred income is released to the P&L inline with the requirements of the service level agreement.

**e) Trustees**

All the trustees donate their time spent running the charity on a voluntary basis and do not receive any remuneration.

Indemnity Insurance was provided for the trustees at a cost of £368 and expenses were paid on behalf of a trustee for pc security in relation to RISE activities to a value of £9.

**f) Allocation of expenditure**

Resources are analysed as follows:

Costs of generating funds includes fundraising and publicity costs as well as a proportion of salaries and staff costs based on allocation of staff time spent raising and funding applications.

Charitable activities expenditure include the direct running costs of the charity's projects together with the support costs incurred that enable these activities to be undertaken

Governance costs relate to statutory costs in connection with the general running of the charity, such as audit fees, AGM expenses and legal and professional fees. They also include an allocation of staff salaries.

**g) Taxation**

The charitable company is registered as a charity and is exempt from taxation (except for Value Added Tax) on its income and capital gains applied for charitable purposes.

**h) Pension Contributions**

The charity operates a defined contribution group personal pension scheme, which is available to all employees. The amount charged against expenditure represents the contributions payable to the scheme in respect of the year.

**i) Leasing**

Rentals applicable to operating leases are charged to the statement of financial activities over the period in which the cost is incurred.

**j) Fund Accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which are to be used in accordance with a specific purpose, as explained in note 14





**R.I.S.E. (Refuge, Information, Support and Education)**  
**Notes to the financial statements - Continued**  
**For the Year ended 31 March 2013**

<b>5 CHARITABLE ACTIVITY</b>	<b>IDVA</b>	<b>CRISIS</b>	<b>AFS</b>	<b>SECONDMENT</b>	<b>TOTAL</b>
Staff Costs	197,670	357,928	299,317	9,816	864,731
Direct Service Costs	6,780.91	179,359.96	23,935.55	152.07	210,228
Support Costs	63,901	109,874	121,300	934	296,009
	<u>268,352</u>	<u>647,163</u>	<u>444,552</u>	<u>10,902</u>	<u>1,370,969</u>

**NOTE - the team structure has now changed - CRISIS which was IDVA and Helpline is now Refuge and Helpline. COTS (Community Outreach) and Cyps (Children and Young People) have merged to become AFS (Adult and Family Service)**

**6 GOVERNANCE COSTS**

	<b>Unrestricted Funds</b>	<b>Restricted funds</b>	<b>Total 2013</b>	<b>Total 2012</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Audit and accountancy fees	4,740		4,740	5,970
Management Committee and AGM	1,152		1,152	2,432
Salaries and staff costs	11,550		11,550	10,500
Support costs	2,750		2,750	2,499
	<u>20,192</u>	<u>-</u>	<u>20,192</u>	<u>21,401</u>

Salaries and staff costs include a proportion of the senior management team

**7 EMPLOYEES AND TRUSTEES**

During the year £9 was reimbursed to any member of the management committee (2012 - £35). There was no remuneration paid to any of the trustees.

	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Salary costs:		
Wages and salaries	1,013,362	931,290
Social security costs	47,868	81,919
Pensions - Employer contribution	3,438	4,529
	<u>1,064,668</u>	<u>1,017,738</u>

The average number of employees, analysed by function, was:

	<b>Number</b>	<b>Number</b>
Generation of voluntary income	2	2
Charitable activities in furtherance of objects	51	45
Management and administration of the charity	4	4
Governance	1	1
	<u>58</u>	<u>52</u>
	—	—

No employee earned at a rate of greater than £60,000 per annum.

**R.I.S.E. (Refuge, Information, Support and Education)**  
**Notes to the financial statements - Continued**  
**For the Year ended 31 March 2013**

**8 TANGIBLE FIXED ASSETS**

**Fixtures,  
fittings and  
equipment  
£**

**COST**

At 1 April 2012	71,700
Additions	4,140
Disposals	<u>60,685</u>
At 31 March 2013	15,155

**DEPRECIATION**

At 1 April 2012	67,294
Disposals	60,685
Charge for year	<u>2,203</u>
At 31 March 2013	8,812

**NET BOOK VALUE**

At 31 March 2013	6,343
At 31 March 2012	4,406

**9 DEBTORS**

	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Trade debtors	56,526	92,992
Prepayments	12,869	9,435
Taxation/pensions	1,516	
Other debtors	581	1,464
	<u>71,492</u>	<u>103,891</u>

**10 CREDITORS: Amounts falling due within one year**

	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Trade creditors	26,929	13,514
Deferred income	100,919	25,086
Accruals	7,742	3,123
Taxation/pensions	20,156	24,746
Other creditors	851	1,376
	<u>156,597</u>	<u>67,845</u>

All deferred income at 31 March 2012 was released into the Statement of Financial Activities during the year ended 31 March 2013.

**11 PENSIONS**

The charitable company operates a defined contribution pension scheme. Contributions made by the company amounted to £3,438 (2012 £4,529) and the amount of contributions overpaid at the year end and included in debtors was £1,516.

**12 OPERATING LEASE COMMITMENTS**

The following operating lease payments are committed to be paid:

<b>Land and buildings</b>	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Expiring:		
Within one year		
In two to five years	32,000	32,000
	<u>32,000</u>	<u>32,000</u>

## 13. Funds

## ANALYSIS OF NET ASSETS

## BETWEEN FUNDS

	Tangible fixed assets £	Net Current assets £	Total £
Restricted funds	2,203	208,145	210,348
General funds	4,140	270,966	275,106
Designated Funds		59,787	59,787
	6,343	538,898	545,241

## 14 .FUNDS

See page 20 for fund purpose

	Balance at 31/03/2012 £	Incoming Resources £	Resources Expended £	Transfers between funds £	Balance at 31/03/2013 £
<b>RESTRICTED FUNDS</b>					
<b>Fixed Assets</b>	4,406		2,203		2,203
PCST helpline/AFS/IDVA	85,106	440,560	482,901		42,765
Brighton & Hove Supporting People	-	193,700	186,398		7,302
West Sussex Supporting People	36	152,506	152,542		-
Outreach Supporting People	5,198	47,960	37,472		15,686
Case for Change	18,056	49,964	35,132		32,888
Witness protection	10,063	40,250	35,406		14,907
Brighton & Hove City PCT	-	24,667	24,667		-
Inspire	-	21,311	20,011		1,300
Children in Need	-	7,209	7,209		-
Wyn & Ken Lo	-	12,000	12,000		-
Small restricted grants		13,500	8,337		5,163
YOF	5,317	-	5,317		-
Healthy Schools	50,000	-	25,892		24,108
Break4change	312	150	-		462
Triple P	19,450	19,350	14,177		24,623
BME DV&A	18,000	10,000	13,466		14,534
Children Can Do		1,621	1,287		334
BDNA	1,175	-	1,175		-
Lottery		28,588	8,747		19,841
Adoption & Fostering		1,300	1,300		-
SECAMB		3,223	2,791		432
Anon Donation	3,800				3,800
<b>Total Restricted Funds</b>	216,513	1,067,859	1,076,227	-	208,145
<b>Total restricted funds inc f/a</b>	220,919	1,067,859	1,078,430	-	210,348
<b>DESIGNATED FUNDS</b>					
<b>Brighton Refuge:</b>	-				-
Redecoration and maintenance fund	24,600				24,600
Furniture, carpet and white goods replacement fund	-				-
	19,247				19,247
<b>North Sussex Refuge:</b>	-				-
Furniture, carpet and white goods replacement fund	-				-
	7,925				7,925
Redecoration and maintenance fund	8,015				8,015
<b>Total Designated Funds</b>	59,787	-	-	-	59,787
	-				-
<b>UNRESTRICTED FUNDS</b>					
	-				-
General fund	154,917	491,811	375,762		270,966
<b>Total Unrestricted Funds inc f/a</b>	154,917	491,811	375,762	-	270,966
	-				-
<b>TOTAL</b>	<b>435,623</b>	<b>1,559,670</b>	<b>1,454,192</b>	<b>-</b>	<b>541,101</b>

**R.I.S.E. (Refuge, Information, Support and Education)**  
**Notes to the financial statements - Continued**  
**For the Year ended 31 March 2013**

**14 Funds continued**

**RESTRICTED FUNDS - PROVIDER AND PURPOSE**

<b>Payee</b>	<b>Purpose</b>
PCST	Frontline staff for IDVA, COTS and Helpline to include LGBT workers
Brighton & Hove City PCT	Family, Children and Young People's Service
Brighton & Hove Supporting People	SP service residential and outreach
West Sussex Supporting People	SP service residential and outreach
Brighton & Hove Supporting People - Outreach	SP Stay safe service for floating support in Brighton & Hove
Case for Change	Provision of Health IDVA in Brighton A&E department
MOJ Victim and Witness protection fund	Criminal Justice IDVA to support service users with the court process
Inspire	Partnership work with Women offenders
Big Lottery - Reaching Communities	Outreach and therapeutic work and a volunteer coordinator
Wyn & Ken Lo	Community outreach worker
Small restricted grants	Vodafone and Sussex Community Foundation to work on community group programme
Healthy Schools	Provision of an education worker in schools
Triple P	To deliver Triple P parenting group work training
Break for Change	Working on the Break for Change Brighton Project
Anon Donation	Funding for equipment
Adoption and Fostering	DV consultation to Foster carers and Supervising Social workers
Children in Need	Secondment to B&H CIN social services team
SECAMB	Secondment to South East Coast Ambulance Service
BDNA	Work on the Parent/Child game
YOF	Equipment and Activities Children and Young People
BME D/V	BME DV prevention work with Sunrise