



freedom from domestic abuse

20 YEARS

Sanctuary and Support in Sussex since 1994

# Annual Report

## 2012-2013

**Helpline** 01273 622 822

[www.riseuk.org.uk](http://www.riseuk.org.uk)

 @riseuk

# Notes from the Chair



RISE continues to prosper, despite the difficult economic times which continue to pose challenges to the charitable sector. Staff, volunteers, trustees, supporters and partners have worked hard, creatively and with exceptional motivation, helping to deliver high quality services to address the issues arising from domestic abuse.

Please continue to give generously, all the help and support is so essential to the success of our work. The redesign of our website, and the adjustment to make it mobile and tablet friendly, has been one of the major accomplishments of the year and will provide you with almost everything you need to know about RISE.

The Big Lottery Funding has also fulfilled our long-term vision of having a Volunteer Co-ordinator. This role will support Service Users to continue to contribute to, and help, shape RISE:s future. It is also helping grow and develop our valuable Counselling Service, giving survivors the help they need to heal.

We are proud of our achievements and look forward to matching and exceeding them in the coming year.



*RISE Treasurer Angela Uglow, CEO Gail Gray, Head of Development Services, Kate Dale and Chair Rosemary Friggs at the GSK Impact Awards.*

Rosemary Friggs **RISE Chair of Trustees**

# CEO's Report



It's been an exceptionally busy year for RISE. We saw a welcome increase in annual income, enabling us to provide more direct support to survivors.

Our excellent Fundraising team continued to surpass their targets with RISE fielding the largest charity team in the Brighton Half Marathon. In addition we successfully secured funding from both Children in Need and the Henry Smith charity. This much needed funding will provide a Children and Young People's worker across our two refuges and increase capacity in our Helpline.

The benefits of our Big Lottery Grant are being felt as service users become more effectively involved as volunteers. They are helping support the organisation in different areas and contributing their time and expertise to RISE.

We had a wonderful day as contributors at East Sussex Women of the Year Lunch and were very grateful to share funds raised from this event. This event also introduced a new Board member to us from American Express, and has consequently cemented a supporter relationship between our 2 organisations.

I became a trustee of Women's Aid as a membership representative and I'm looking forward to working with them on issues of national concern and in evidencing the need for specialist women's services.

2014 started with a huge boost when we learned we had won a National GSK Impact Award. We were one of 10 winners from 420 applicants, and were singled out for our innovative work with A&E and the Ambulance Service.

Thanks to our dedicated and committed team of staff and volunteers, we continue to raise

awareness of domestic abuse through our Living Library and 'One Billion Rising' events and will be working with volunteers to develop these formats further.

The coming year will see us celebrating our 20th Anniversary. We will be marking this with events throughout the year, including a September Ball and our 2nd National VAWG Conference in November.

The support and generosity of members of the public, businesses and organisations has been overwhelming. Tackling domestic abuse is a clear priority and the positive support of local media including Radio Reverb, BBC Sussex, Sussex Style Magazine and Brighton & Hove Independent helps bring domestic abuse into public focus and keeps it there.

I would like to thank all our funders for their support for RISE. RISE Board, staff and volunteers work hard to put your donation to good use and prove your trust. Working together we can bring about positive change.



Gail Gray **CEO**

# National Award Winner



In May 2014 RISE received a GSK IMPACT Award at a ceremony at London's Science Museum.

RISE was singled out from a field of over 400 charities for its innovative work training ambulance staff so they can better recognise signs of abuse and know how to respond safely.

The GSK IMPACT Awards, run in partnership with The King's Fund, are seen as a mark of achievement in the healthcare charity sector. In addition to the £30,000 we received in unrestricted funding, RISE is able to access training, development, and networking opportunities through a dedicated programme organised by The King's Fund.



*"RISE is an impressive charity, providing vital support for victims of domestic abuse. Its work with the ambulance service is particularly innovative and helps ensure vulnerable women and families are getting the support they desperately need. This award is well deserved."*

**Katie Pinnock, Head of UK Community Investment at GSK**



# RISE Living Library



## Putting People in the Picture

RISE continues to raise awareness of Domestic abuse locally by hosting our annual Living Library event. Visitors are invited to 'read' a Living Book and hear their individual stories of survival. Books include RISE service users and workers, as well as representatives from the Police and Social Services.

The event has now expanded to 4 days and, as well as Domestic Abuse, covers Drug and Alcohol use, HIV/AIDs and Mental Health Issues. Over the 4 days 87 visitors read 114 books.



Taking part in the RISE Living Library

"I was just passing and didn't have time to build up expectations. It didn't matter. It is so inspirational and beautiful. I feel grateful people wanted to share their experiences."

Reader

"I think by doing this I had a sense of empowerment, and it proved to me that I am strong."

Living Book

"I learnt many new things today from the exciting people I spoke with. Their life experiences were very deep and impressive."

Reader

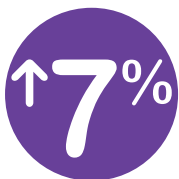
# RISE Service Summary Statistics 2012-13



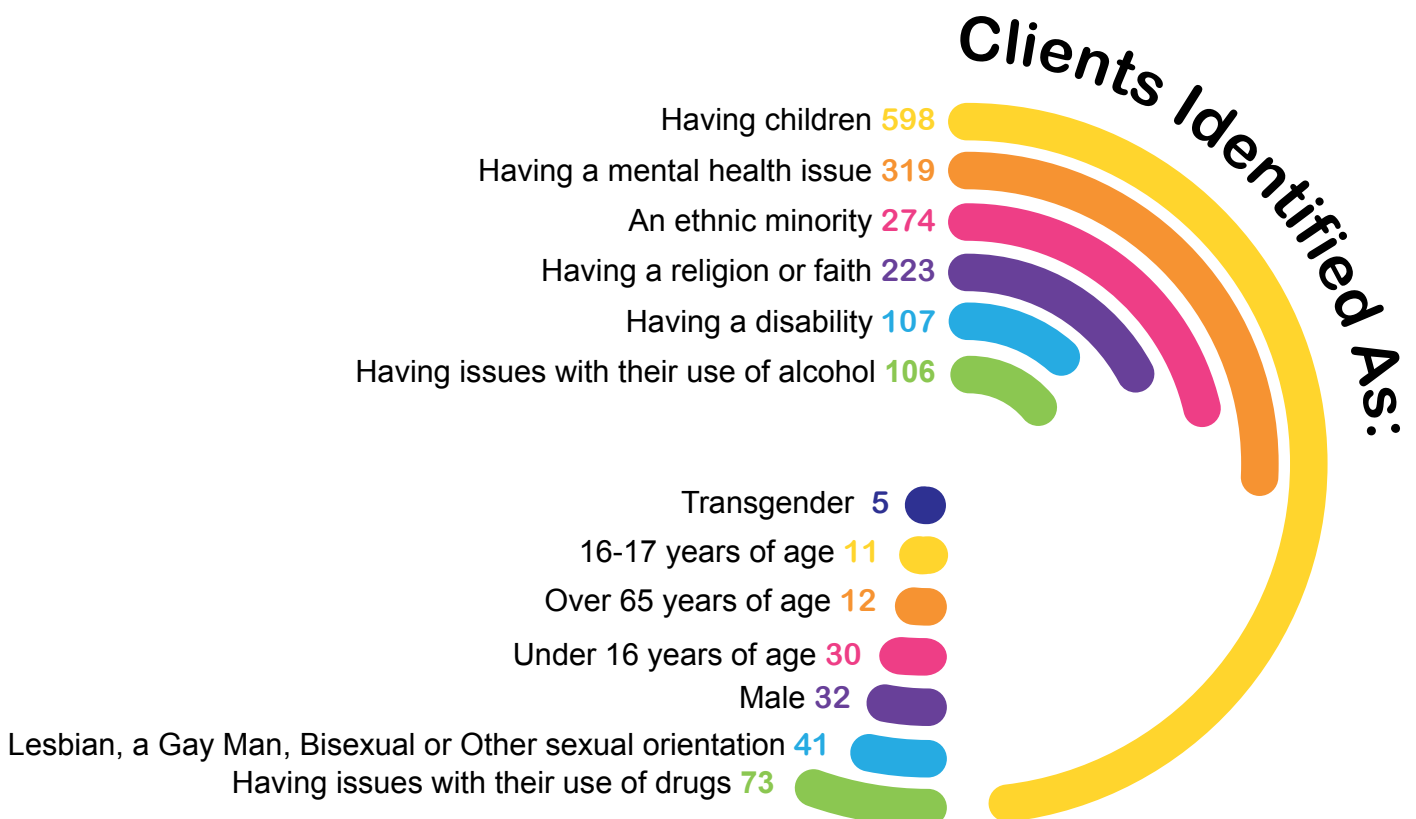
In the year 2012-13 RISE provided support to **1218** individuals, a 4% increase on the previous year. **542** of these were supported only by Helpline workers, **505** by RISE services based in Brighton & Hove and **171** by RISE West Sussex services.



As RISE offers wraparound services supporting clients in many different ways, it is useful to note that we had **1,416** separate service engagements representing a 9% increase on those recorded in 2011-12.



RISE received **1552** referrals during the year, a 7% increase on the previous year.





# RISE Service Summary Statistics 2012-13



## Helpline

The Helpline is a crucial service within RISE, and handled **2409** calls and emails over the year. The Helpline supported **755** clients. In addition, they arranged and supported **128** solicitors appointments and held **14** crisis appointments.

## Brighton & Hove Refuge

Brighton & Hove Refuge supported **51** women and **26** children in its **15** units during the 2012-13 year. The service offers an enhanced and unique service, supporting women with highly complex needs due to mental health or substance misuse, requiring specialist workers and time. The service continues to provide emotional and practical support to clients after they leave and resettle into the community.

*"I feel like I arrived here a shell of my real self with no confidence or inclination to do anything. I am leaving here studying to go to University to become a Social Worker and a lot of that is due to the support of all of you."*

## Brighton Stay Safe

A Housing Related Support Service (previously Supporting People) working with women at risk of homelessness. The service received **49** referrals and supported **64** women.

## Independent Domestic Violence Advisory Service (IDVA)

The IDVA service received **379** referrals and supported **337** women. The engagement rate for this service is **75.5%**, higher than the previous year and considerably higher than the CAADA average of **65%**. The service is split into 3 specialist services: The MARAC, or high risk, IDVAs, Criminal Justice IDVA and the Health IDVA based within the A&E Department of the Royal Sussex County Hospital.

## Inspire

RISE works with the Inspire Partnership supporting women offenders and women at risk of offending. The services received **36** referrals and supported **22** women.



*Taking part in the 8K Undercliff Run for Women – RISE's own signature fundraising event.*

# RISE Service Summary Statistics 2012-13



## RISE LGBT Service

This specialist service supported **20** clients who identified as Lesbian, Gay, Bisexual, Other or Transgender, including **11** men and **4** individuals identifying as Transgender.

*“Being gay, and having mental health issues, I know that I would not receive this level of care elsewhere”*

*“Thank you for supporting me and my girls during the last year, for putting up with my moods and my humour. I couldn’t have done it without you all.”*

## Adult and Family Service

This team coordinates all the Outreach Service in Brighton & Hove and helps solidify our whole family approach. During the year the team supported **230** women, children and young people through activities including: parenting; child behaviour; communication within the family, therapeutic and peer support, as well as one to one Counselling and support appointments. In addition we ran **10** Healthy Relationship programmes in schools and in the community, and **5** Domestic Violence Awareness programmes to voluntary and statutory organisations.

## North Sussex Refuge

The North Sussex Refuge Service supported **24** women and **28** children in **7** unit accommodation.



*Rocking out for One Billion Rising. Raising awareness of Violence against Women and Girls.*

## West Sussex Outreach

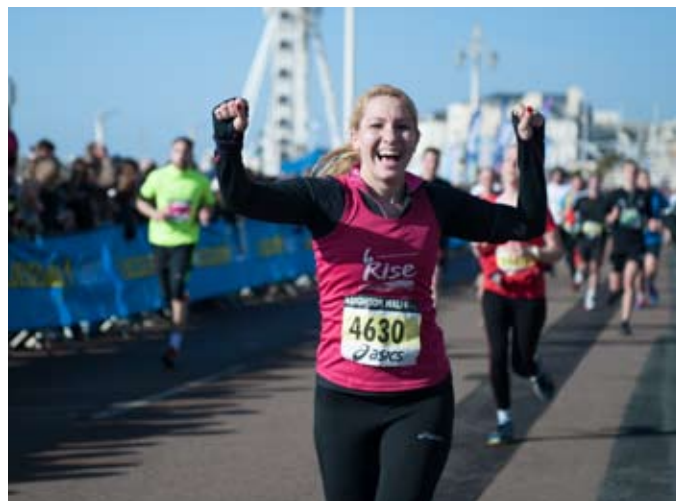
RISE ceased operating this service on 31st December 2012. During the nine months of operation they supported **162** women and received **144** referrals for both 1 to 1 support and Freedom Programme Group Work.



# Treasurer's Report 2012 / 13

Overall 2012/13 was a stable and productive year. RISE achieved an increase to its General Fund of **£116,049**. This was largely due to a donation of **£88,000** from St Jude's Refuge which was winding down. RISE continues to maintain its income levels in both restricted and unrestricted funds and our overall income increased during this period by **6%**. RISE income exceeded **£1.5 million** for the first time.

This year also saw the start of the 3 year Big Lottery grant – covering family and adult work in our Domestic Abuse Prevention and Recovery Service, and the appointment of a Volunteer Co-ordinator, who will be working on the development of our voluntary work programme. It also allowed us to appoint a Therapeutic Services Manager to oversee the development of our Counselling Service.



*Brighton Half Marathon Runner – raising funds for RISE*

## RISE income exceeded

# £1.5 million

## for the first time

The securing of grant income from Brighton & Hove City Council, Brighton and Hove Supporting People, West Sussex Supporting People, Brighton and Hove PCT, The Community Safety Fund, and the Big Lottery helped to ensure that our services continued.

Our Fundraising Strategy is starting to make a big difference – and our unrestricted income targets have increased year on year, with our main increase this year coming from the Brighton Half-Marathon contributing over £23k to unrestricted funds. We continue to review our income generation strategy and are preparing business cases for a number of new areas of development.

Angie Uglow **Treasurer**

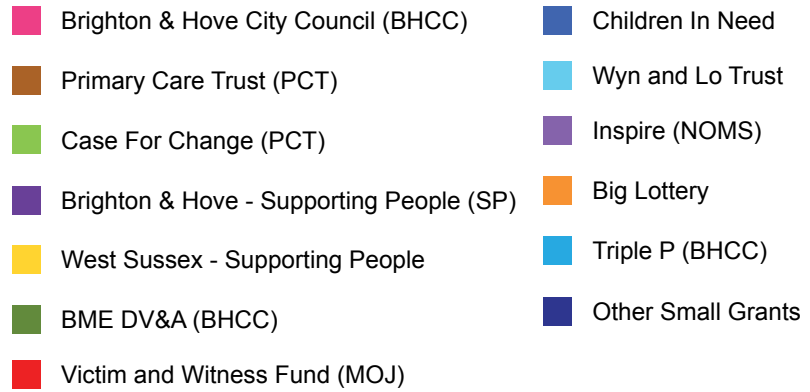
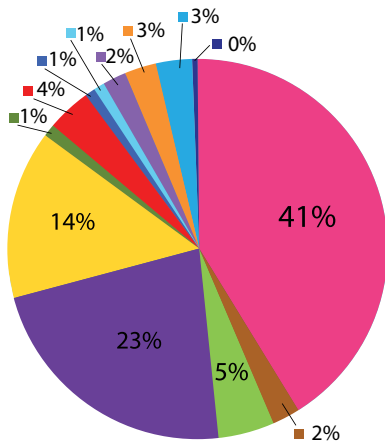
# RISE Service Summary Statistics 2012-13

## Financials

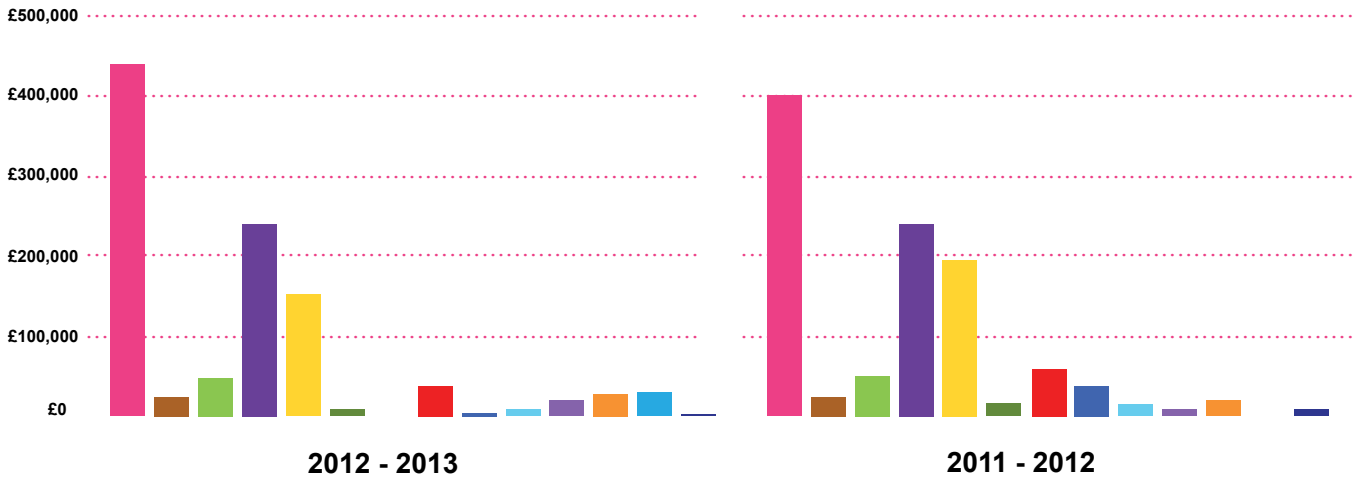
Voluntary Income	2012 - 2013	2011 - 2012	2010 - 2011	Where used
Donations and Voluntary Income	£131,614	£37,232	£54,148	Supporting Helpline, Domestic Abuse Prevention and Recovery Service, Brighton & Hove Refuge, West Sussex, North Sussex Refuge and Supporting People (SP)
Activities for generating Funds, including Events	£86,885	£82,725	£21,466	
Investments	£1,952	£1,815	£2,844	
Brighton & Hove CC – unrestricted core grant	£95,000	£95,000	£95,000	
Housing Benefit Income	£174,543	£174,802	£163,430	Refuge
Other unrestricted income	£1,817	£1,762		
<b>TOTAL UN-RESTRICTED</b>	<b>£491,811</b>	<b>£393,336</b>	<b>£336,888</b>	
Restricted Income				Where used
Brighton & Hove City Council	£440,560	£400,675	£281,070	IDVA, Helpline and Prevention and recovery service.
Primary Care Trust (PCT)	£24,667	£24,667	£24,667	Contribution towards developing services for women and children who have experienced Domestic Violence
Case For Change	£49,964	£52,165		Funding to pay for the Health IDVA based in Brighton A&E.
Brighton & Hove – Supporting People (SP)	£241,660	£241,033	£241,003	SP service residential and outreach
West Sussex – Supporting People	£152,506	£195,874	£200,374	SP service residential and outreach
BME DV&A (Black, Minority, Ethnic, Domestic Violence & Abuse)	£10,000	£18,000		Peer Education Project
Healthy Schools Project		£63,000		Healthy relationship training and support in schools.
Victim and Witness Fund (MOJ)	£40,250	£40,830		Funding to pay for the Criminal Justice IDVA service
Children In Need	£7,209	£15,919	£23,587	Child Support Worker
Wyn and Ken Lo Trust	£12,000	£12,000		Outreach service in B&H.
Inspire	£21,311	£21,312	£42,366	Work with women offenders at risk of domestic violence.
Big Lottery	£28,588			Children and young peoples worker, family worker, volunteer coordinator, therapeutic services manager.
Triple P	£32,850	£10,229	£62,053	Parenting programme.
Other small grants	£6,294			Grant for Community work, helpline and Family Intervention Project.
<b>TOTAL RESTRICTED</b>	<b>£1,067,859</b>	<b>£1,095,704</b>	<b>£875,120</b>	
<b>TOTAL INCOME</b>	<b>£1,559,670</b>	<b>£1,489,040</b>	<b>£1,212,008</b>	

RISE audited accounts year ending 2013 - full accounts available on request.

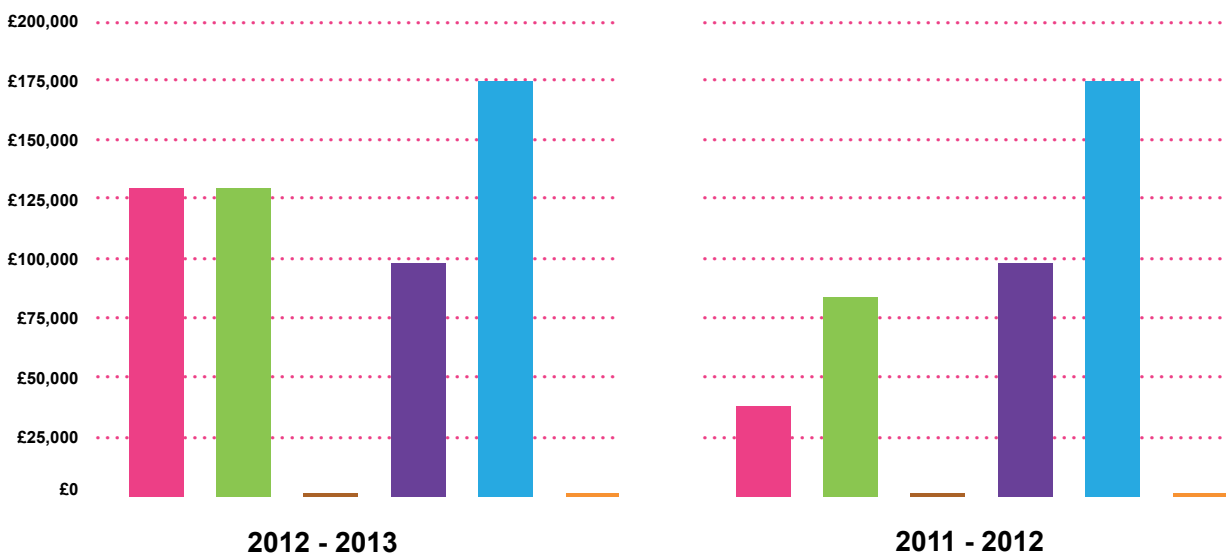
## RISE Funders



## Restricted Income



## Voluntary Income





freedom from domestic abuse

# Rise

20 YEARS  
Sanctuary and Support in Sussex since 1994

**Helpline** 01273 622 822

[www.riseuk.org.uk](http://www.riseuk.org.uk)

 [@riseuk](https://twitter.com/riseuk)

R.I.S.E. (Refuge, Information, Support and Education) is registered Charity No 1065846. Company limited by Guarantee registered in England No 3425008. Registered office 22 Stanford Avenue, Brighton BN1 6AA



Brighton and Hove City   
Teaching Primary Care Trust

