



R.I.S.E. (Refuge, Information, Support and Education)

**TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS
YEAR ENDING 31ST MARCH 2014**

CHARITY REGISTRATION NUMBER 1065846

COMPANY REGISTRATION NUMBER 3425008 (ENGLAND AND WALES)

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GLOSSARY

AVU	Anti Victimisation Unit
B&HCC	Brighton and Hove City Council
BMECP	Black and minority ethnic partnership
CAADA	Co-ordinated Action Against Domestic Abuse
CCG	Clinical Commissioning Group
COTS	Community Outreach and Therapeutic Service
CYPS	Children and Young People Service
DAPRS	Domestic Abuse Prevention and Recovery Service
DVA	Domestic Violence and Abuse
ESF	European Social Fund
IDVA	Independent domestic violence advocates.
LGBTQI	Lesbian, Gay, Transgender, Queer, Intersex.
MARAC	Multi Agency Risk Assessment Conference
MOJ	Ministry of Justice
SECAMB	South East Coast Ambulance Service
VAWG	Violence Against Women and Girls

Report of the Board of Trustees For the Year ended 31 March 2014

Legal and Administrative Information

REGISTERED CHARITY NUMBER:

1065846

COMPANY NUMBER: 3425008

PRINCIPAL ADDRESS:

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TRUSTEES:

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Angie Uglow

TREASURER

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Karen James

Lindsay McCulloch

Jean Spray

Celine Mckeown-Webster

Stood down 19th June 2013

Gill Dewey

Beverley Sawyers

Elected 18th June 2014

Anne-Marie Harrison

Purna Sen

Elected 18th June 2014

Hazel McCleod

Jane Parkinson

Elected 18th June 2014

CHIEF EXECUTIVE OFFICER

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Structure, Governance and Management

Incorporation

RISE is a company limited by guarantee and a registered charity. It was first registered as a charity on 9 May 1994, and then re-registered on 17 November 1997, having been incorporated as a company on 26 August 1997. On 28th October 2008 the company changed its name to R.I.S.E. (Refuge, Information, Support and Education). The charitable company is governed by its Memorandum and Articles of Association which were updated in July 2014.

RISE is governed by a board of trustees, whose principal responsibilities are the setting and monitoring of the strategic direction of the organisation and the establishment of policy. The trustees are also directors for the purposes of company law.

The board meets formally once every 2 months.

The board delegates the day-to-day operation of the organisation to the CEO and senior managers.

Statement of Trustees' responsibilities

Law applicable to charitable companies in England and Wales required the trustees, who are also the directors of the company, to prepare financial statements for each year, which give a true and fair view of the state of the charitable company's financial activities during the year and of its financial position at the end of the year.

In preparing financial statements giving a true and fair view the trustees should :-

- 1) follow best practice and select suitable accounting policies and apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent;
- 3) state whether applicable United Kingdom accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial
- 4) prepare the financial statements on the going

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and which enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Structure, Governance and Management -continued

Recruitment and Appointment of Trustees

We aim to have approximately ten board members to ensure a quorum at meetings of five. Recruitment is based on diversity of experience. We carry out regular skills audits to identify any existing or possible gaps in the knowledge and expertise on the Board, and to fill these gaps appropriately.

Trustee Induction and Training

All new board members are introduced to current board members, and receive an Induction Pack which includes a Statement of Aims, and Management Committee Ground Rules. Visits to the Refuges, RISE Services and open mornings are coordinated when appropriate.

Free training is available for roles and responsibilities and governance. The CEO is the permanent representative of the staff on the board and other senior staff members of RISE management team and the service teams are rotated to attend Board Meetings where possible. All board members are required to attend Board meetings, the annual strategic planning day, team building days, staff meetings and other social events with staff as coordinated.

The board is undergoing on-going development and attend a number of governance training days throughout the year.

Trustee Working Groups

The board has set up specific working groups to undertake detailed work in the following areas, Income Generation, Human Resources, Risk Management, Strategic Management and Equality and Diversity

Risk Management

The trustees review the major risks that the charity faces on a regular basis and are satisfied that systems are in place to mitigate exposure to the major risks. Internal risks are minimised by the implementation of policies and procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity. A working group consisting of staff and trustees has been set up to monitor risk and to review and prepare business recovery processes.



Structure, Governance and Management -continued

Charitable objectives

Relieve the poverty, sickness, distress and suffering experienced by those who are abused, and survivors of abuse and violence and in particular women, LGBT, children, young people and families who have been impacted by domestic and sexual abuse and violence.

In order to maximise the services we can provide and to ensure that the project is run as efficiently and with financial security, as far as is possible with short term funding, we employed the following strategies to further the objectives of the organisation:-

Raise sufficient funds to provide and maintain services.

Manage financial resources efficiently.

Ensure a high profile to enable funding and accessibility, and to be able to influence public and political agendas.

Promote awareness of domestic violence and abuse and educate other organisations in how best to support those affected by domestic abuse.

Develop and retain professional staff to provide a quality service.

Monitor and evaluate the effectiveness of, and future need for our service.

Provide IT support to enable effective communications and reporting at a minimal cost.

How our activities deliver public benefit.

All our activities are based on reducing the incidence of domestic abuse and providing support to those who are affected. By providing training and education we look to reduce the levels of domestic abuse in the future.

Structure, Governance and Management -continued

Significant activities and project areas.

RISE was established in 1994 as The Women's Refuge Project, and renamed in 2008 to reflect its growth in provision of services. We deliver:

Refuge and resettlement support in Brighton and Horsham

Helpline facilities, providing access to services, support and advice by phone

Crisis support for high risk clients, through the criminal justice process (IDVA - Independent Domestic Violence Advice)

Longer term support in the community, including drop in sessions, counselling, and group work programmes that help people to recover from the effects of domestic abuse

Specialist support for children and young people, including preventative education and awareness training in primary and secondary schools and youth centres

Embedded support in universal services alongside partners in police, health (A&E as the Royal Sussex County Hospital), LGBTQI community services and other partner agencies as appropriate, including the weekly Domestic Abuse Drop-in Surgery at Hove Town Hall

Training and consultancy services to statutory, voluntary and private sector partners and customers

RISE has grown from focussing on refuge accommodation in its early days to delivering responsive wrap around services that support survivors from crisis and early intervention, through to recovery and onwards into safe and healthy futures. Alongside this we work to prevent domestic violence abuse in new generations through education and awareness with children, young people, their families and other professionals involved in their support.

RISE is a key partner in the local Violence Against Women and Girls (VAWG) Strategy in Brighton and Hove, playing a key role in providing expertise, guidance, and response to emerging needs. It receives substantial funding from the Police and Community Safety Team of B&HCC, as well as from the Ministry of Justice, the local Clinical Commissioning Group (CCG), and various grant making charitable trusts such as Big Lottery, Children in Need and The Henry Smith Charity, and smaller local or specialist trusts. The organisation plays a pivotal role in the VAWG Care Pathway in the city, providing a first point of contact to survivors, initial assessment and onward referral to the appropriate support service to meet their needs, and is a key partner in the Multi-Agency Referral and Assessment Conference (MARAC), representing the experience and needs of high risk survivors and contributing to plans for their support and safety.



NEWS HEADLINES - ACHIEVEMENTS ACROSS THE YEAR.

Meeting the needs of the City

- Domestic violence is known to be under-reported but -
- 3,400 crimes and incidents recorded by Brighton and Hove police in 2012/13

Figures showing our client work

- 1818 clients open to RISE services
- 1608 clients registered (new)
- RISE provided Refuge to 143 people (71 adults and 72 children)
- 173 (11%) high risk referral to MARAC IDVA
- 475 (30%) used RISE Helpline

Working harder - improving efficiency

In spite of only increasing our income by 1.4% we achieved

- 32% (390 clients) increase in registered clients to 1608 in 2013/14
- 48.58 % (754 clients) increase in referrals

Making a difference

Clients of our LGBTQI (Lesbian, Gay, Transgender, Queer, Intersex) service report

“Being gay, and having mental health issues, I know that I would not receive this level of care elsewhere”

“I don’t have words to thank you for all the support you provided. It just made me a better person. I am getting better, my confidence level is improving and I will be able to find work in couple of weeks .”

Our IDVA clients report

94% of the IDVA clients who completed our feedback forms stated that they have a better knowledge and clearer understanding of what their options are and what help they can access to increase their safety, both in the immediate and in the longer term.

When asked if they felt safer 85% of clients reported that they felt safer or significantly safer after working with the IDVA service.

“If it weren’t for the IDVA service, I would not be alive today and I would like to thank you from the bottom of my heart”

All of those who fed back to us reported that they had a supportive and respectful experience with the IDVA service. All of the clients who reported back to us reported that they felt listened to and that their needs were responded to. All of the clients who returned questionnaires reported finding the keyworkers supportive and safe.

“My IDVA was very supportive and took the time to listen and talk things through...”

RISE - SERVICE SUMMARY

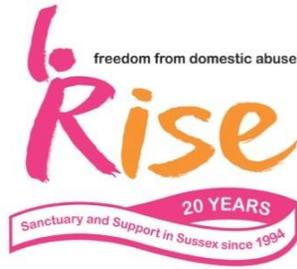
Overall Statistics

In the 2013-14 year RISE provided support to 1319 individuals, which represents a 8.6% increase over the 2012-13 year, 1273 supported by RISE services based in Brighton & Hove and 46 by RISE West Sussex Services

As RISE offers wraparound holistic services consisting of a range of activities supporting clients in many different ways, it is useful to note that we had 3485 separate contacts with clients.

RISE received an increase in the number of client referrals during the year of 48.58% over the the previous year. The overall engagement rate within RISE is 66% with some teams achieving higher than CAADA (Co-ordinated Action Against Domestic Abuse) expectations for e.g. IDVA has an engagement rate of 73%.

2013-14	Clients identified
1178	as an ethnic minority
83	as Lesbian, a Gay man, Bisexual or Other sexual orientation
5	as transgender
93	as male
80	as under 16 years of age
39	as 16-18 years of age
25	as over 65 years of age
463	as having a disability
350	as having a mental health issue
147	as having issues with their use of alcohol
92	as having issues with their use of drugs
351	as having a religion or faith
579	as having children



RISE Service Summary - continued

Team Reports

Independent Domestic Violence Advisory Service

The IDVA service saw a 32% increase in referrals (125 more referrals) in 2013/14 compared to 2012/13. The service provided this support on broadly the same staffing levels. The reason for the increase has largely been due to a change in the referral process to the high risk team. During 2013 /14, the high risk IDVA service began to offer support on an assumed consent basis. In order to manage the increase, the service has adopted a duty system who take initial referrals, provide cover to staff who are on leave and support clients until they are allocated to a specific worker. The bulk of the referrals have come from the same key agencies: Police, Health and other specialist VAWG (Violence against Women and Girls) services.

Lesbian, Gay, Bisexual, Transgender, Queer and Intersex Service

77% of LGBTQI clients who were offered support, engaged with the service. This is much higher than CAADA's estimated 65% engagement rate. The LGBTQI service has undertaken promotion events and opportunities (including PRIDE, Trans PRIDE, People's Day and appearances on local television and radio). Through these events we hope to increase the number of (particularly self) referrals. The service has begun to receive all LGBTQI high risk cases as automatic referrals leading to an increase in the number of high risk cases (34%). There has been a small but notable increase in the percentage proportion of LGBTQI cases heard at MARAC from 4.9% to 6.4%.

RISE Service Summary - continued

Domestic Abuse Prevention and Recovery Team (DAPR)

The Domestic Abuse Prevention and Recovery team came into being during the year. This is a merger of the former RISE Adults and Family Service, Community Outreach and Children, Young People and Family Service Teams. The RISE Therapeutic Services is now functioning as a separate team. During the year this team supported 539 women, young people and children by delivering a range of group work activities with different focuses including parenting workshops, parent-child game, peer support group, making choices, court and legal workshops, Preventative Education in Schools, Housing and Finance Workshops. In addition we ran 10 healthy relationship programmes in schools and in the community, and 10 domestic abuse awareness programmes to voluntary and statutory organizations.

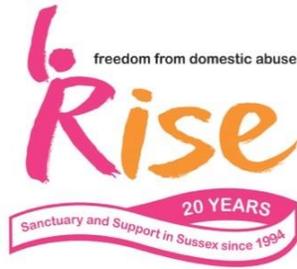
DAPRS have been undergoing significant development of the team and services in this period of time.

- Amalgamation of the Community Outreach and Therapeutic Service and Children and Young People Service. continuation
- Development of duty service to manage increase of referrals
- Development of assessment of support procedures
- Using outcome evaluation tools to measure/capture outcomes
- Development of workshops and group programmes, both in-house and in partnership
- Successful securing of funding for Preventative Education post, Big Lottery, Children in Need, Chances 4 Change, Triple P & Anti Victimization Unit Advocacy
- Developing multi-agency referral pathways for male victims of Domestic Abuse
- Developing procedures to meet police medium risk referrals
- Increased outputs of consultancy and partnership training to professionals
- Developing the team to a family orientated service
- Setting out of making a programme based service
- Providing an afternoon for families to have fun and food, getting their feedback about our services.
- Worked collaboratively with Rhythmix to provide a music group for children and young people.
- Provided Domestic Abuse specific Triple P programs
- Worked collaboratively to run Break4Change program in the city

Inspire

This service supports women at risk of offending and is part of the Inspire Partnership. The service received 25 referrals and supported 17 women.

This is a partnership of women's organisations in Brighton & Hove, with Brighton Women's Centre being the lead provider. The RISE worker is co-located and provides support to women offenders affected by domestic abuse.



RISE Service Summary - continued

Helpline

The helpline continues to be a crucial service within RISE, and dealt with 4282 contacts and 3802 telephone calls during the year. The number of contacts with professionals was high at 346. In addition, 4 solicitor appointments were made and the number of contacts consisting of phone support was 9.

Feedback on the helpline from a housing worker

"Thanks for doing such a wonderful job, the support was brilliant, it was specific information I wasn't able to provide for the victim and I managed to get all the answers to my questions from your service and some counselling for the victim as well."

Brighton Refuge

The Brighton Refuge Service supported 51 women and 47 children in its 15 separate units during the 2013-14 year. The service offers an enhanced, and unique service, supporting women with highly complex needs due to mental health or substance misuse, which requires specialist workers and time. The service continues to provide emotional and practical support to clients after they leave and settle into new accommodation.

Service user feedback Brighton Refuge July 2014

"Support at refuge saved my life, worker gave me the tools to rethink my situation. I will always be grateful to her for this. Her attitude to everything is amazing, so positive I have been able to rebuild my life with her support."

"I was supported by worker more than I could ever of dreamed of, she was so knowledgably about every aspect of my situation.."

North Sussex Refuge

The North Sussex Refuge Service supported 20 women in the year. The North Sussex Refuge is managed by the Crisis service manager

Service User feedback - North Sussex Refuge August 2014

"We'd like to thank you so much for being there for us each and every time. You've truly touched our lives with your kindness and support."

RISE Service Summary - continued

RISE Therapeutic Services

In September 2013, RISE were successful in securing Big Lottery funding to create a post for a Therapeutic Service Manager for 18.5 hours for a period of 3 years. The service combines the RISE Counselling Services and Children and Young People's Service. RISE Counselling offers medium term counselling and therapeutic group work for women who have experienced a controlling and abusive relationship, both current and historic. The Children and Young people's Service is a therapeutic service for children and young people aged 5-18 who have witnessed domestic violence or have been affected by it. RISE Counselling Service delivered a total 115 sessions to their clients and support 32 women.

Key achievements & developments

- successful recruitment and training of a new cohort of volunteer counsellors.
- creation of a post for a volunteer administrator and successful recruitment to the post
- Developed and managed new systems for the counselling service in relation to counselling assessments, supervision arrangements, risk management, outcome measures
- successful recruitment of a new counselling co-ordinator in March 2014
- successful delivery of a 'connecting women group' with very high evaluation scores
- achieved excellent evaluation results for 1-2-1 counselling
- a review of the current clinical governance structure and supervision contracts has been carried out, new policies and guidance notes have been established and will be implemented from September 2014.

Outcomes:

We use CORE as a clinical outcome measure.

Paper-based detailed post-therapy questionnaires were presented to 100% of clients of the counselling service in quarter 3 and we therefore achieved a 100% return rate. We measured the impact of counselling on the following outcomes:

- 100% of clients reported an increased sense of empowerment and self-esteem
- 100% of clients reporting an increased awareness of the ability to recognise domestic violence
- 100% of clients have a higher score in emotional safety and wellbeing
- 100% of clients reported an increased physical safety



RISE - SERVICE SUMMARY - Continued

Volunteers

On receipt of the big lottery fund, RISE has had the opportunity to create dynamic and robust volunteering systems offering all our volunteers thorough induction, training and supervision, and a great opportunity to gain experience within the domestic violence sector and be part of our big vision.

Over this past year, RISE has developed a service user involvement framework within its volunteering programme, starting with collecting thoughts and ideas of RISE's ex-service users through 'everyday conversations' to representation on strategic decision-making forums with volunteering and involvement opportunities at every level. Service user involvement through volunteering is now becoming an integral part in the shaping of our services and in supporting us to create change where is needed the most.

As well as the sharing of stories RISE has a pool of service users acting as RISE Advisers and RISE Supporters. They engage in strategic planning and service redesign and oversee projects whilst also contributing to fundraising. Through this group we ensure that RISE stays close to the service user perspective and builds this into our planning and delivery.

General Financial Position

This year RISE has again managed to increase to its general fund by £64,827 largely due to excellent work by our fundraisers and all our supporters who have walked run and laughed tirelessly to help RISE. RISE continues to maintain its income levels in both unrestricted and restricted funding and our overall income increased again in 13/14 by 1.4%.

The securing of grant income from Brighton & Hove City Council, Brighton and Hove Supporting People, West Sussex Supporting People, Brighton & Hove PCT, The Community Safety Fund, Brighton & Hove City Primary Care Trust, and the Big Lottery helped to ensure that our services continued. On a fund-by-fund basis, the assets are available and adequate to meet RISE's liabilities.

As RISE has now reached its reserve policy target, we can now invest some of the general reserve in technology and support to help us to be ready to tender for our services in 2014/15.

FUNDRAISING NEWS

The highest income came from the Brighton Half Marathon. To date the gross income from the 2014 event is £86,508 (£47,138 increase on 2013), this includes £11.5k in Gift Aid. We invested £32K in this event which bought 350 guaranteed charity places, regular high profile advertising on the Half Marathon website for 10 months, advertising at the Start Finish, a dedicated RISE tent space to support our runners and promote RISE, advertising along the route with a RISE branded water-station and two branded cheer points, and press coverage.



The net income from this event was £55,208 (2013 = £23,576) less on-costs. + £11,517 Gift Aid

On the day we had just over 300 runners including own place runners. And were able to entertain more runners and friends and family in the RISE tent than the previous year. We used 35 volunteers on the day with the water station, cheer points and RISE tent.

Our next income earner came from RISE 8K Undercliff Run for Women together with the additional 8K Walk for Families. The gross income for the events was £14,672, an increase on the previous year with increased registration fee, but a lower registration number. The costs were in the region of £4,678 – which gave us a nett total £9,993 + on-costs. + £1,678 in Gift Aid. Although we had fewer runners and walkers we saw increase in sponsorship (averaging £100 pp). Studio 57 Clinic donated prizes for the first three winners, and a highest fundraiser prize. Brighton 10K donated places which we gave to each winning runner.





FUNDRAISING NEWS - continued

Supporting *Community Fundraising* – this year brought in £71,667 - Under this heading

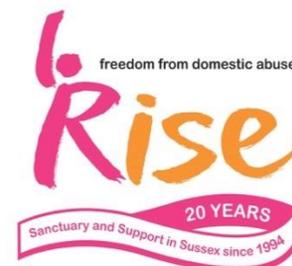
- Charity of the Year: £17,445
- Individual donations : £24,524
- Community Fundraising: £29,803



Recognition of RISE and all that it stands for means the community recognise the work RISE does and more readily chooses RISE to support. Charity of the Year featured: Brighton College, Brighton Belles WI, B&H Soiree Rotary, East Sussex Woman of the year and Body Shop International. Individual donations featured donations of £18,000, £2,500, £2,000 plus some smaller ones from varied personal challenges. Community Fundraising included £800 + gift vouchers from City Coast Church, £961 from Charity Chuckle, £2,500 from One Billion Rising, Funny Women £1,265 plus donations from a variety of smaller events donating from £50 to £500.

4. RISE has been fortunate enough to receive regular support from a donor (Major Donors), – these one-off donations £18k and £4.5k totalled £22.5k. Our activity with these donations is to establish a friendly relationship, to engage informatively to preserve this income stream for as long as possible.

Costs for this are minimal; lunch, time, and tours involving a number of staff.



FUNDRAISING NEWS - continued

5. Supporting **Community Fundraising** – this year brought in £3.5k.

Under this title, **Charity of the Year**, income has increased.

Staff at 11 New Look stores throughout the South East chose RISE to support, and B&H Soiree Rotary Club made RISE the co-beneficiaries of a Golf Day in Hove. RISE has been chosen for the 2nd year running by Brighton College and Brighton Belles WI. We received a donation from the East Sussex Women of the Year to support our Helpline. The year saw a voluntary group of women join together to put their collective skills and talents together to raise money. They have chosen to organise the RISE 20th anniversary Ball - their aim is to raise £10,000, due in September 2014.

The Body Shop Foundation supported RISE when the Women's Refuge Project was first started in 1994, they continue to support with a donation from their staff activity this year. **Total income under Community Fundraising is £9.5k**

The Fundraising Strategy is to increase the unrestricted income.

More opportunities for supporters to get involved have been developed. Our Social Media activity is attracting more support and can be linked to the increase in donations, volunteering and participation. The RISE website received the start of a re-vamp during the year, making it suitable for tablets and mobiles, with clearer routes to find information and to donate.



FUNDRAISING NEWS - continued

6. The **RISE Living Library** is not intentionally a fundraiser but a profile raiser, but it does strive to pay for itself. RISE costs for this event are allocated to managing and marketing. Again RISE partnered with Terence Higgins Trust and Think Drink Drugs and new for 2013 we welcomed Albion in the Community, each paid £305. At each event funders, supporters were invited to 'read a book' the result of this activity has had a clear effect of on-going support, disclosures, good reason to create positive opportunities to work with business and charities in the local area.



6a. White Ribbon – November 2013. The RISE Living Library falls during this time and is part of the 16 Days of Activism of VAWG here in Brighton & Hove. RISE benefitted by £961 from the Charity Chuckle event and £105 from a White Ribbon collection at Asda Brighton Marina. **Total income £2,000.**



8. A further income stream was our **collecting boxes**. We have seen a reduction in income for this activity but still managed to **bank £584** this year. We have a vacancy for a volunteer box planter/collector, and an admin person to count and record this money. This activity is high in administration, and is only really profitable when volunteer support is used.

Reserves Policy

In accordance with the advice of the Charity Commissioners for England and Wales, we aim to hold unrestricted reserves at levels sufficient to ensure the long term financial stability of the charity.

The areas highlighted to meet this requirement are wind down costs, unforeseen emergency, unforeseen running costs to include maternity and sickness, loss of core grant, and designated funds for buildings maintenance and furniture renewal, and seed funding to initiate projects for expansion into new areas.

The amounts held to cover each financial risk within the tiers to be defined and reviewed every 2 years or more frequently if the charity's income or liabilities should change drastically.

Surplus unrestricted funding should be built into the annual budget to enable the free reserves to build to the required level by a minimum of .5% (half percent) of turnover per year until it reaches the required level with the proviso that this is increased to match usage of the funds and that the overall reserves level should not be allowed to drop below 7% of turnover except in a wind up situation.

Reserve Tiers Calculations

FINANCIAL RISKS

WIND UP FUNDING

REDUNDANCY PAYMENTS
KEY STAFF
LEASE COMMITMENTS

DESIGNATED FUNDS

BUILDINGS MAINTENANCE
FURNITURE REPLACEMENT
SEED FUNDING

UNFORSEEN EMERGENCY

REPAIR BILLS
TRIBUNAL COSTS
LOSS OF CORE FUNDING GRANT

UNFORESEEN RUNNING COSTS

SHORT TERM CAPACITY ISSUES IN CENTRAL SERVICES
DISABILITY SUPPORT, SICKNESS OR MATERNITY COVER

PLANNED COMMITMENT

PLANNED OFFICE MOVE

REQUIRED LEVEL	CURRENT LEVEL
AT SEP 2012	
65,000	65,000
15,000	15,000
32,000	32,000
112,000	112,000
20,000	15,000
10,000	10,000
15,000	15,000
45,000	40,000
10,000	10,000
5,000	5,000
23,750	23,750
38,750	38,750
5,000	5,000
9,000	9,000
14,000	14,000
	88,000
15,000	15,000
224,750	307,750

General Reserve held at 31/03/2014

£335,793.00



Auditors

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

The auditors, Carpenter Box LLP, will not seek reappointment at the end of their term of office. Carpenter Box have expressed willingness to assume the appointment.

The trustees have paid due regard to the public benefit guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees have complied with their duty under section 17(5) of the 2011 Charities Act to have due regard to guidance published by the charitable commission.

The trustees have prepared this report in accordance with the special provisions of 15 of the Companies Act 2006 relating to small companies.

The trustees present their report for the year compliance with the Statement of Recommended Practice Accounting and Reporting by Charities.

Approved by the trustees on 15th November 2014

And signed on their behalf by

Rosemary Friggens

Chair

Angie Uglow

Treasurer

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF R.I.S.E.

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF R.I.S.E

We have audited the accounts of R.I.S.E for the year ended 31 March 2014 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the

Respective responsibilities of trustees and auditors

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors R.I.S.E for the purposes of company law, are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the accounts

A description of the scope of an audit of accounts is provided on the APB's website at www.frc.org.uk/apb/scope/private.cfm.

Opinion on accounts

In our opinion the accounts:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2014 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF R.I.S.E.

INDEPENDENT AUDITOR'S REPORT - continued

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Report for the financial year for which the accounts are prepared is consistent with the accounts.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the accounts in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Report.

Eileen Houghton ACA FCCA DChA FCIE (Senior Statutory Auditor)

for and on behalf of Carpenter Box LLP

Chartered Accountants

Statutory Auditor

Worthing

**Statements of Financial Activities
Including Income and Expenditure Accounts
For the Year ended 31 March 2014**

	Notes	General Fund	Designated funds	Restricted funds	Total 2,014	Total 2,013
		£	£	£	£	£
INCOMING RESOURCES						
Incoming resources from generated funds						
Voluntary income	3					
Grants and donations		137,341			137,341	226,614
Activities for generating funds						
Membership and Training		14,389			14,389	19,663
Fundraising Events		115,850			115,850	67,222
Investment income		739			739	1,952
Incoming resources from charitable activities						
IDVA				276,257	276,257	230,965
Refuges		179,869		246,355	426,224	520,749
BME Peer Education				5,000	5,000	10,000
Domestic Abuse Prevention & Recovery Helpline		3,900		532,102	536,002	395,674
Other incoming resources		3,468		66,084	66,084	85,014
Total incoming resources		455,556		1,125,798	1,581,353	1,559,670
RESOURCES EXPENDED						
Cost of generating funds						
Cost of generating voluntary income	4	92,941			92,941	63,031
Charitable activities	5	275,345	5,000	1,173,935	1,454,280	1,370,969
Governance	6	20,240.00			20,240	20,192
Total resources expended		388,526	5,000	1,173,935	1,567,461	1,454,192
Net income/expenditure for the year before transfers	2	67,030	-5,000	-48,137	13,892	105,478
Transfers between funds (see reserves policy)		14,787	-14,787			
Total funds brought forward		270,966	59,787	210,348	541,101	435,623
Total funds carried forward		352,783	40,000	162,211	554,994	541,101

The statement of financial activities also complies with the requirements for and income and expenditure account under the Companies Act 2006

The statement of financial activities has been prepared on the basis that all activities are continuing

There are no recognised gains or losses other than those passing through the statement of financial activities.



Balance Sheet at 31 March 2014

	Notes	2014 £	2013 £
TANGIBLE FIXED ASSETS	9	3,312	6,343
CURRENT ASSETS			
Debtors	10	39,647	71,492
Cash at bank and in hand		601,769	619,863
		<u>641,416</u>	<u>691,355</u>
CREDITORS: Amounts falling due within one year	11	89,734	156,597
NET CURRENT ASSETS			
NET ASSETS	14	<u>554,994</u>	<u>541,101</u>
ACCUMULATED FUNDS			
Unrestricted funds			
General fund	14	352,783	270,966
Designated funds	14	40,000	59,787
Restricted funds	14	162,211	210,348
		<u>554,994</u>	<u>541,101</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies.

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Approved by the board for issue on

15th November 2014

Signed

Rosemary Friggens
Chair

Angie Uglow
Treasurer

Company Number 3425008

Notes to the financial statement – Continued For the Year ended 31 March 2014

1. Accounting Policies

a) Accounting Convention

The accounts have been prepared under the historical cost convention

The charity has taken advantage of the exemption in Financial Reporting Standard 1 (Revised 1996) 'Cash Flow Statements' from the requirement to produce a cash flow statement on the grounds that it is a small charity.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Companies Act 2006

b) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation.

Depreciation is calculated to write off the cost of each asset over its expected useful life at the following rate:

Fixtures and fittings 20% straight line basis per annum

Purchase of assets to a value of less than £500 are not capitalized.

c) Donations

Donations are accounted for on a received basis and are grossed up for any income tax recoverable.

Donated items are accounted for when received and are accounted for at a reasonable estimate of their value.

d) Grants receivable

Grants received are treated in accordance with the Statement of Recommended Practice "Accounting Reporting by Charities". Grants are credited to the Statement of Financial Activities when received, unless they relate to a specified future period and have a service level agreement in which case they are deferred.

Deferred income is released to the P&L inline with the requirements of the service level agreement.

e) Trustees

All the trustees donate their time spent running the charity on a voluntary basis and do not receive any remuneration. Indemnity Insurance was provided for the trustees which is included within the cost of our full insurance package and expenses were paid on behalf of a trustee for travel to Rise events and computer supplies in relation to RISE activities to a value of £138.



Notes to the financial statement – Continued For the Year ended 31 March 2014

1. Accounting Policies - continued

f) Allocation of expenditure

Resources are analysed as follows:

Costs of generating funds includes fundraising and publicity costs as well as a proportion of salaries and staff costs based on allocation of staff time spent raising and funding applications.

Charitable activities expenditure include the direct running costs of the charity's projects together with the support costs incurred that enable these activities to be undertaken.

Governance costs relate to statutory costs in connection with the general running of the charity, such as audit fees, AGM expenses and legal and professional fees. They also include an allocation of staff salaries.

g) Taxation

The charitable company is registered as a charity and is exempt from taxation (except for Value Added Tax) on its income and capital gains applied for charitable purposes.

h) Pension Contributions

The charity operates a defined contribution group personal pension scheme, which is available to all employees. The amount charged against expenditure represents the contributions payable to the scheme in respect of the year.

i) Leasing

Rentals applicable to operating leases are charged to the statement of financial activities over the period in which the cost is incurred.

j) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which are to be used in accordance with a specific purpose, as explained in note 14



Notes to the financial statement – Continued

For the Year ended 31 March 2014

k) Designated funds

Three designated funds have been set up in order to put aside funds for future large expenditure.

As laid out in the reserves policy (see page 17) a desired level has been set for each fund and transfers into the funds from the general fund will take place as authorised by the board until the required level has been reached.

The funds are to cover major buildings works or end of lease refurbishments for all RISE properties, major replacement of furniture and fittings and seed funding for new projects including fundraising activities such as social enterprises.

l) VAT

RISE's trading activities are below the threshold to register for VAT therefore no VAT is recoverable.

Notes to the financial statements - Continued
For the Year ended 31 March 2014

2. NET INCOMING RESOURCES

Net incoming resources for the year are stated after charging:

	2014	2013
	£	£
Depreciation	3,333	2,203
Auditors remuneration - audit services	6,420	4,740
Trustees' emoluments and expenses	138	9
Operating Lease payments	32,000	32,000

3. VOLUNTARY INCOME

	2014	2013
	£	£
Grants and Donations		
B&H 3 yr Core Grant	95,000	95,000
Donations	42,341	131,614
	137,341	226,614
Membership and Training Income		
Training and student fees Income	14,290	19,573
Membership	75	90
	14,365	19,663
Fundraising Events		
Race Income	100,370	56,911
Collections and Events	15,480	10,311
	115,850	67,222
Recycling	24	
TOTAL VOLUNTARY INCOME	267,580	313,499

Notes to the financial statements - Continued
For the Year ended 31 March 2014

4. COSTS OF GENERATING VOLUNTARY INCOME

	Unrestricted Funds	Restricted funds	Total 2014	Total 2013
	£	£	£	£
Salaries and staff costs	35,933		35,933	29,814
Fundraising	50,694		50,694	20,359
Support costs and overhead	6,314		6,314	12,858
	92,941	-	92,941	63,031

5. CHARITABLE ACTIVITY

	Staff Costs	Direct Service Costs	Support Costs	Total 2014
	£	£	£	£
IDVA	247,861	28,742	48,077	324,680
REFUGES	227,299	154,765	71,914	453,979
BME PEER EDUCATION	6,284	12,770	900	19,953
EDUCATION	18,993	3,392	3,820	26,205
DAPRS	401,588	68,020	94,730	564,339
HELPLINE	51,933	3,556	9,634	65,123
TOTAL	953,958	271,245	229,076	1,454,279

6 GOVERNANCE COSTS

	Unrestricted Funds	Restricted funds	Total 2014	Total 2013
	£	£	£	£
Audit and accountancy fees	6,420		6,420	4,740
Management Committee and AGM	3,050		3,050	1,152
Salaries and staff costs	7,000		7,000	11,550
Support costs	3,771		3,771	2,750
	20,241	-	20,241	20,192

Salaries and staff costs include a proportion of the senior management team

Notes to the financial statements - Continued
For the Year ended 31 March 2014

7. EMPLOYEES AND TRUSTEES

During the year £138 was reimbursed to members of the management committee (2013 - £9). There was no remuneration paid to any of the trustees or any persons connected to them.

	2014 £	2013 £
Salary costs:		
Wages and salaries	1,075,474	1,031,938
Social security costs	92,716	87,473
Pensions - Employer contribution	1,401	3,438
SMP	1,225	789
	1,170,816	1,123,638

The average number of employees, analysed by function, was:

	Number	Number
Generation of voluntary income	2	2
Charitable activities in furtherance of objects	50	51
Management and administration of the charity	4	
Governance	1	1
	57	54
	—	—

No employee earned at a rate of greater than £60,000 per annum.

8. RELATED PARTY TRANSACTIONS

During the year AMH consultancy run by Anne-Marie Harrison (trustee) delivered training on an OCN management and leadership course to staff members at RISE. Her time was donated and she received no fee for this activity.

Notes to the financial statements - Continued
For the Year ended 31 March 2014

9. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment £
COST	
At 1 April 2013	15,155
Additions	0
Disposals	0
At 31 March 2014	15,155
DEPRECIATION	
At 1 April 2013	8,812
Disposals	0
Charge for year	3,032
At 31 March 2014	11,844
NET BOOK VALUE	
At 31 March 2014	3,312
At 31 March 2013	6,343

10. DEBTORS

	2014 £	2013 £
Trade debtors	33,789	56,526
Prepayments	4,914	12,869
Taxation/pensions	420	1,516
Other debtors	525	581
	39,647	71,492

Notes to the financial statements - Continued
For the Year ended 31 March 2014

11. CREDITORS: Amounts falling due within one year

	2014	2013
	£	£
Trade creditors	21,507	26,929
Deferred income	41,086	100,919
Accruals	6,120	7,742
Taxation/pensions	20,735	20,156
Other creditors	286	851
	89,734	156,597

All deferred income at 31 March 2013 was released into the Statement of Financial Activities during the year ended 31 March 2014.

12. PENSIONS

The charitable company operates a defined contribution pension scheme. Contributions made by the company amounted to £1,401 (2013 £3,438) and the amount of contributions underpaid at the year end and included in creditors was £419.56

Notes to the financial statements - Continued
For the Year ended 31 March 2014

13. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid:

Land and buildings		2014	2013
		£	£
Expiring:	Within one year	32,000	
	In two to five years		32,000
		<u>32,000</u>	<u>32,000</u>

Note - our office lease expires in June 2014 - this is to be renewed for 18 months extension. However the lease has not yet been signed off.

14. Funds

ANALYSIS OF NET ASSETS BETWEEN FUNDS	Tangible fixed assets	Net Current assets	Total
	£	£	
Restricted funds	-	162,211	162,211
General funds	3,312	349,471	352,783
Designated Funds		40,000	40,000
	<u>3,312</u>	<u>551,682</u>	<u>554,994</u>

Notes to the financial statements - Continued
For the Year ended 31 March 2014

14 .FUNDS	Balance at	Incoming	Resources	Transfers	Balance at
See page 33 for fund purpose	31/03/2013	Resources	Expended	between	31/03/2014
	£	£	£	£	£
RESTRICTED FUNDS					
Fixed Assets	2,203		2,203		-
PCST helpline/AFS/IDVA	39,999	430,597	422,463		48,134
Brighton & Hove Supporting People	7,302	193,267	193,355		7,214
West Sussex Supporting People	-	52,352	51,278		1,074
Outreach Supporting People	15,686	47,766	45,661		17,791
Case for Change - HIDVA	32,888	49,964	55,062		27,790
MOJ Victim and Witness Protection	14,907	41,426	52,397		3,936
Brighton & Hove City PCT	-	24,667	24,667		0
Inspire	1,300	20,175	21,475	-	0
B&HCC CIN	-	37,722	37,722		-
Wyn & Ken Lo	-	12,000	7,000		5,000
Sussex Community Foundation LGBT		5,000	-		5,000
SCF Brenda Ford/Vodaphone	5,163	-	3,941		1,222
Helpline Donation		6,000	-		6,000
Healthy Schools	24,108	-	24,108	-	0
Break4change	462	12,320	11,782		1,000
Triple P	24,623	1,650	16,875		9,398
BME DV&A	14,534	5,000	19,534		0
Children Can Do	334	-	334		0
Special Activities - Allotment talk 2 me and Rhythmix	2,766	736	380		3,121
Anon restricted donations	3,800	-	3,800		-
Lottery	19,841	115,064	111,355		23,550
SECAMB	432	30,093	30,525		0
AVU		37,500	35,667		1,833
Chance for Change		2,500	2,352		148
Total Restricted Funds	208,145	1,125,798	1,171,732	-	162,211
Total restricted funds inc f/a	210,348	1,125,798	1,173,935	-	162,211
					162,211

Notes to the financial statements - Continued
For the Year ended 31 March 2014

14 .FUNDS	Balance at 31/03/2013 £	Incoming Resources £	Resources Expended £	Transfers between funds £	Balance at 31/03/2014 £
DESIGNATED FUNDS					
	-				-
Buildings maintenance	32,615		5,000	- 12,615	15,000
Furniture replacement	27,172			- 17,172	10,000
Seed funding				15,000	15,000
Total Designated Funds	59,787	-	5,000	- 14,787	40,000
	-				-
UNRESTRICTED FUNDS					
	-				-
Total Unrestricted Funds inc f/a	270,966	455,556	388,526	14,787	352,783
	-				-
TOTAL FUND BALANCES	<u>541,101</u>	<u>1,581,354</u>	<u>1,567,461</u>	<u>-</u>	<u>554,994</u>

Designated fund balance changes to meet requirements of revised reserves policy - see page 14

Notes to the financial statements - Continued
For the Year ended 31 March 2014

14 Funds continued

RESTRICTED FUNDS - PROVIDER AND PURPOSE

Payee	Purpose
PCST	Frontline staff for IDVA, COTS and Helpline to include LGBT workers
Brighton & Hove City PCT	Family, Children and Young People's Service
Brighton & Hove Supporting People	SP service residential and outreach
West Sussex Supporting People	SP service residential and outreach
Brighton & Hove Supporting People - Outreach	SP Stay safe service for floating support in Brighton & Hove
Case for Change	Provision of Health IDVA in Brighton A&E department
MOJ Victim and Witness protection fund	Criminal Justice IDVA to support service users with the court process
Inspire	Partnership work with Women offenders
Big Lottery - Reaching Communities	Outreach and therapeutic work and a volunteer coordinator
Wyn & Ken Lo	Community outreach worker
Small restricted grants	Vodafone and Sussex Community Foundation to work on community group programme
B&HCC - Healthy Schools	Provision of an education worker in schools
B&HCC - Triple P	To deliver Triple P parenting group work training
DAPHNE ESF - Break for Change	Working on the Break for Change Brighton Project
Anon Donation	Funding for equipment
Adoption and Fostering	DV consultation to Foster carers and Supervising Social workers
B&HCC - CIN	Secondment to B&H CIN social services team
SECAMB	Secondment to South East Coast Ambulance Service
BDNA	Work on the Parent/Child game
YOF	Equipment and Activities Children and Young People
BME D/V	BME DV prevention work with Sunrise, Imkaan and BMECP