

TIME	No	EVENT	GENDER	HEATS		TIME	No	EVENT	GENDER
9.30	T1	75M HURDLES	GIRLS			9.30	F1	TRIPLE JUMP	BOYS
9.45	T2	1500M	GIRLS			9.30	F2	HIGH JUMP	GIRLS
10.00	T3	80M HURDLES	BOYS			9.30	F3	JAVELIN	GIRLS
10.15	T4	1500M	BOYS			10.30	F4	HIGH JUMP	BOYS
10.30	T5	300M	BOYS			10.30	F5	LONG JUMP	GIRLS
10.45	T6	300M	GIRLS			10.30	F6	DISCUS	BOYS & GIRLS
11.00	T7	800M	BOYS			11.30	F7	SHOT	GIRLS
11.15	T8	800M	GIRLS			11.30	F8	JAVELIN	BOYS
11.30	T9	100M	BOYS			11.30	F9	LONG JUMP	BOYS
11.45	T10	100M	GIRLS						
12.00	T11	200M	BOYS						
12.15	T12	200M	GIRLS						