

**MIDDLESEX COUNTY A.A. TRACK & FIELD CHAMPIONSHIPS**  
**Seniors, U20, U17**  
**Lee Valley Athletic Centre -Monday 30<sup>th</sup> August 2021**

**Closing date for receipt of entries is Midnight on Saturday 14 August 2021**  
**PLEASE NOTE THAT LATE ENTRIES WILL NOT BE ACCEPTED.**

**Ambulant disabled athletes are welcome to compete in all suitable events.**

**Club vests or representative vests must be worn as per UKA rule 17.**

**Athletes in all Age Groups must be registered with their National Association as per UKA rule 20.**

**Registration: Please note that you must register and collect numbers for each event one hour before the scheduled start time and late arrival may result in being unable to compete.**

**Age Groups Information:**

Seniors and U17 as at Midnight 31/08/21  
Under 20 as at Midnight 31/12/21)

U17s may only compete in up to three events  
U20s may only compete in up to five events

**Events**

**U17 Women**

80mH,100,200,300mH,300,800,1500,3000,HJ,LJ,TJ,PV,SP,DT,HT,JT

**U17 Men**

100mH,100,200,400mH,400,800,1500,3000,HJ,LJ,TJ,PV,SP,DT,HT,JT

**U20M, U20W, SM, SW** 100, 200, 400mH, 400, 800, 1500, 5000, 3000Walk,  
HJ, LJ, TJ, PV, SP, DT, HT, JT

**Sprint Hurdles**

**U20W/SW** 100mH

**U20M & SM** 110mH

**Entry Fees (per event) - £7.00 (U17, U20), £9.00 (Seniors)**

**Timetables will be sent via e-mail and will also be posted on the County website once entries have closed.**

**Contact and All Queries: Major Carr 07961 617502**  
**major\_carr@yahoo.co.uk**

**Terms and conditions text:**

**I hereby declare that I am an Amateur as defined by UKA Rule 1 and eligible to compete in the County Championship by birth or 9 months continual residence.**