

British
Masters Athletics



Event Information

*British Masters Open Road
Relay Championships*

Sunday 19th November 2023

ATW



Dear Competitor,

Thank you for entering the British Masters Open Road Relay Championship, delivered in partnership between the British Masters Athletics and ATW.

You are advised to read this information document carefully in advance of Sunday, November 19th (event day), and share it with your athletes, so that you can enjoy the event to its fullest.

Summary Event Info

Address: Mallory Park Circuit,
Church Road, Kirkby Mallory,
Leicestershire, LE9 7QE

Registration opens at:
9:30am and will remain open
until the race has started.

The schedule of events is as follows:

- 11am – Men's 3-stage M55 & M65+
- 11:05am – Women's 3-stage W55 & W65+
- 13:00pm – Men's 6-stage M35 & Men's 4-stage M45
- 13:05pm – Women 4-stage W35 & Women's 3-stage W45

All team declarations must be completed in Opentrack 30 mins before the start of the race.

SITE RULES

We are privileged to be able to race at this superb venue. Please follow these simple rules:

- 1. No dogs are allowed on site**
- 2. Do not bring dirt or gravel on to the track surface**
- 3. Only 'official' event vehicles are allowed on the race circuit.**
- 4. The gravel traps are specially prepared to absorb energy from crashing cars. Do not disturb or walk on the gravel, as it diminishes its effectiveness and requires re-setting at high cost.**





Venue

Mallory Park Circuit, Church Road, Kirkby Mallory, Leicestershire, LE9 7QE.

Follow ATW signage towards the Car Park and Race HQ.

Parking

Ample Parking is available - please follow the car park marshal instructions in the main carpark. Parking at the venue is charged at £3 per car. We strongly promote car sharing where possible. The parking fee will be collected on exit from the venue to avoid queues on arrival. Please provide cash where possible.

Changing and Toilets

There are toilets available at HQ in the toilet blocks. Also, in these blocks are a small changing facility, including showers.

Please do not get changed in the café.

Baggage

A baggage drop area will be available near the handover/waiting area. This will not be supervised, so please do not bring any valuables.

Photography

We will have an official photographer at the event. The pictures of all the races will be made available for you to download via the ATW photo page. If you wish for any of the published photos to be removed, just let us know at events@activetrainingworld.co.uk

[2023 ATW Event Photos](#)

Refreshments

There is a café onsite, serving hot drinks and light snacks.

Club tents

You are welcome to bring club tents. If you do, please bring sufficient weights to anchor them down safely.

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Registration

The centre of the track is accessed via the bridge from the car park.

Registration Opens: 9:30am.

This will be located at the cafe in the centre of the track.

At registration you will be required to give the team name you used to sign up to the event online.

In exchange, you will be given an envelope containing one race number per teammate and safety pins.

The number must be worn visible on the front of each runner.

Safety pins will be available at registration if required.

Team Declaration

Your team declaration (who is running on which leg) must be completed on the Opentrack registration page.

It is important that the declaration is completed 30 minutes before the start of the

race. Any changes after this point must be advised to the timing team on the day and it wont be reflected until the final results are published. If the changes affect the prizegivings in any way, it's important this is made clear.

Spectators

Spectators are encouraged to attend our events to give that extra support to clubmates, friends and family taking part.

Spectators are allowed on the racing track to get close up to the athletes, but must not walk/stand in the gravel traps.

Marshals

Did you know marshals at our events get money and free race entries. If you know people who may wish to be involved with ATW events then ask them to email

eventmakers@activetrainingworld.co.uk

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3 mile lap



M55 - 3x 3 miles
M65+ - 3x3 miles
W55 - 3x3 miles
W65+ - 3x3 miles
M35 - 6x3 miles
M45 - 4x3 miles
W35 - 4 x 3miles
W45 - 3x3 miles

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Race Briefing and Start

A race briefing will take place 10 mins before the start at the start/finish line.

The race will start in-between two Start Flags (orange dots). The handover box will be just after the finish arch (red rectangle) – more information about this will be on the next slide. Once you have completed the final leg, you will cross the finish arch, please then move out of the handover box as people will still be competing around you.



Course

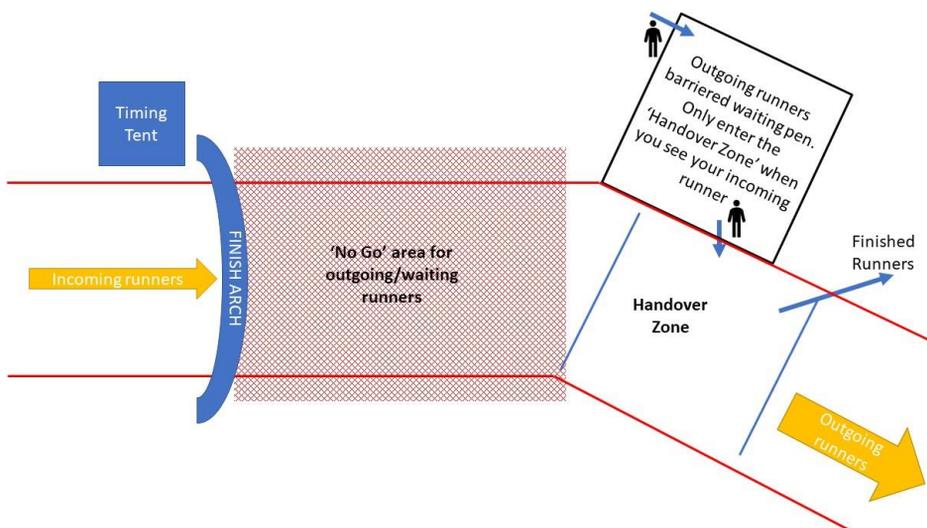
The run course follows a 3 mile lap around Mallory Park Race Circuit. Starting and finishing in the centre of the track under the arch. Here you will head out onto the track turning left, following the race track around the big lake until reaching the turnaround point and heading back the way you came. Instead of returning to the centre of the track, you climb to the highest point, up the hill and around the hairpin. You then follow the track around the devil's elbow and down the home straight, under the bridge before reaching the next turnaround point. Returning back the way you came, head up and down the hill, before turning left into the pit lane, and doubling back into the paddock area to head to the finish line.

Relay handover

To pass over to your outgoing runner, you will pass under the finish arch and continue into the handover zone where your outgoing runner should be waiting.

You must touch hands with the outgoing runner in the identified 'takeover zone', (see diagram below).

Outgoing/waiting runners will wait in the waiting pen. They only enter the handover zone when they can see their incoming runner approaching, or hear their team number called out by the commentator.





Timing

The event will be chip-timed. Your registration pack will include your race number with a chip attached to the back via a foam strip. Its important that the foam strip is not removed.

Results

Results are calculated by ATW's timing partner, EventChipTiming. Your time will be uploaded to their website within seconds of you crossing the finish line. There will be no ticket printer for times at the event, but you can find your result immediately at:

[All Races \(eventchiptiming.com\)](https://eventchiptiming.com)

Please advise any late (post declaration cut off) team changes to the timing team on the day.

Prizegiving

The prizegiving will take place once the podium results are ratified.

There will be a separate prizegiving after the morning races and the afternoon races.

There are 8 team prizes to be competed for:

- Men's 6-stage M35
- Men's 4-stage M45
- Men's 3-stage M55
- Men's 3-stage M65+
- Women's 4-stage W35
- Women's 3-stage W45
- Women's 3-stage W55
- Women's 3-stage W65+

Final word

We hope you are excited to be a part of the inaugural British Masters Open Road Relays at Mallory Park.

We look forward to welcoming you and your team.

