

BRITISH MASTERS TRACK & FIELD CHAMPIONSHIPS 2024

26 - 28 July 2024

FINAL TIMETABLE (updated 26/07)

Saturday 27 July - Track

Ref.	Time	Event	Age
T01	10:00	110mH	Men (M35, M45)
T01	10:04	110mH	Men (M40)
T02	10:08	1500m	Women (W55+)
T03	10:15	100mH	Men (M50)
T04	10:19	1500m	Men (M55)
T05	10:25	100mH	Men (M55)
T08	10:35	100mH	Women (W35)
T06	10:39	1500m	Men (M60)
T07	10:47	100mH	Men (M60)
T07	10:51	100mH	Men (M65)
T09	10:55	1500m	Men (M65)
T10	11:01	1500m	Men (M70, M75, M80, M85)
T11	11:08	80mH	Women (W40-W45)
T12	11:12	1500m	Women (W35, W40)
T13	11:19	80mH	Women (W50-55)
T13	11:23	80mH	Men (M70+)
T14	11:27	1500m	Women (W45-W50)
T15	11:34	80mH	Women (W60+)
T16	11:38	1500m	Men (M35)
T17	11:46	1500m	Men (M40)
T18	11:53	1500m	Men (M45)
T19	12:00	1500m	Men (M50)
T20	12:07	100m	M75+ (2 heats)
T21	12:15	100m	M70 (2 heats)
T22	12:23	100m	M65 (2 heats)
T23	12:31	100m	M60 (3 heats)
T24	12:43	100m	M55 (2 heats)
T25	12:51	100m	M50 (3 heats)
T26	13:03	100m	M45 (2 heats)
T27	13:11	100m	M40 (3 heats)
T28	13:23	100m	M35 (2 heats)
T29	13:31	3000m Walk	Women
T30	13:56	3000m Walk	Men
T31	14:21	100m	W70 (2 heats)
	14:29	100m	W75+
T32	14:33	100m	W65
T33	14:37	100m	W60 (2 heats)
T34	14:44	100m	W55
T35	14:48	100m	W50 (2 heats)
T36	14:56	100m	W45
T37	15:00	100m	W40 (2 heats)
T38	15:08	100m	W35
T39	15:12	400m	M75
	15:17	400m	M80+
T40	15:22	400m	M70 (A & B Finals)
T41	15:32	400m	W60+ (3 races)
T42	15:47	400m	M65 (A & B Finals)
T43	15:57	400m	M60 (A & B Finals)
T44	16:07	400m	W55
T45	16:12	400m	M55 (A, B & C Finals)
T46	16:27	400m	M50 (A, B & C Finals)
T47	16:42	400m	W50
T48	16:47	400m	W45
T49	16:52	400m	M45 (A & B Finals)
T50	16:59	400m	W40
	17:04	400m	W35
T51	17:09	400m	M40 (A & B Finals)
T52	17:19	400m	M35 (A & B Finals)
T21f	17:29	100m	M70 Final
T22f	17:33	100m	M65 Final
T23f	17:37	100m	M60 Final
T24f	17:41	100m	M55 Final
T25f	17:44	100m	M50 Final
T26f	17:48	100m	M45 Final
T27f	17:52	100m	M40 Final
T28f	17:56	100m	M35 Final
T31f	18:00	100m	W70 Final
T33f	18:04	100m	W60 Final
T35f	18:08	100m	W50 Final
T37f	18:12	100m	W40 Final

Friday 26 July - Field

No.	Time	Event	Age
F01	14:00	Hammer	M70
F02	14:00	Discus	M65 (Outside)
F03	14:00	Shot	M75+
F04	15:15	Hammer	M75+
F05	15:15	Shot	M65
F06	15:20	Discus	W65+ (Outside)
F07	16:20	Discus	M75+
F08	16:20	Weight	M70 (Outside)
F09	17:10	Weight	W65+ (Outside)

Saturday 27 July - Field

No.	Time	Event	Age
F10	10:00	Hammer	Women W35-45
F11	10:00	Javelin	Men M65, M80+
F12	10:00	Long Jump	Men M35-45
F13	10:00	Shot	Men M55-60
F14	10:00	Long Jump	Men M50-55
F15	10:00	Discus	Women W60 Outside
F16	11:00	Discus	Men M45-50 Outside
F17	11:25	Hammer	Women 50-55, Men M65
F18	11:25	Long Jump	Men M60
F19	11:50	Javelin	Women W65+
F20	11:50	Shot	Men M70
F21	12:00	Long Jump	Men M65+
F22	12:30	Long Jump	Women W35-50
F23	13:10	Hammer	Women W60 Men M55
F24	13:20	Discus	Women W55, Men M70 O/Side
F25	13:30	High Jump	Men M55, M60
F30	13:45	Javelin	Women W35-50
F26	13:55	Pole Vault	Women
F27	14:30	Weight	Women W70+, Men M75+ Outside
F28	14:30	Discus	Men M60
F29	14:45	Hammer	Women W65+
F31	15:35	High Jump	Men M65+
F32	15:35	Long Jump	Women W55+
F33	15:45	Javelin	Men M70-75
F34	16:00	Weight	Men 35-40, M65 Outside
F35	16:25	Shot	Women W65+
F36	17:05	Javelin	Men M45-50
F37	17:30	Weight	Men M60 Outside

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Sunday 28 July - Track

Ref.	Time	Event	Age
T53	10:00	400mH	Men (M35)
	10:05	400m H	Men (M40-45)
T54	10:20	400mH	Men (M50)
T55	10:25	400mH	Men (M55)
T56	10:35	400mH	Women (W35, 40)
T57	10:45	300mH	Men (M60-65)
T58	10:50	300mH	Women W50
T59	11:00	300mH	Men (M70-75) Women (W60-65)
T60	11:10	200mH	Men (M80+) Women (W70+)
T61	11:20	3k Steeplec.	M35-55
T62	11:40	2k Steeplec.	Women/M60+
T63	11:55	200m	M60 (A & B & C Final)
T64	12:10	200m	M55 (A & B Final)
T65	12:20	200m	W45
T66	12:25	200m	M45 (A, B & C Finals)
T67	12:35	200m	M80+
T68	12:40	200m	M75
T69	12:45	200m	W70
	12:50	200m	W75+
T70	13:00	200m	M70
T71	13:05	200m	W65
T72	13:10	200m	M65 (A & B Finals)
T73	13:20	200m	W60 (A & B Finals)
T74	13:30	200m	W55 (A & B Finals)
T75	13:40	200m	W50 (A, B & C Finals)
T77	13:55	200m	M50 (A & B Finals)
T78	14:05	200m	W40
T79	14:10	200m	M40 (A & B Finals)
T80	14:20	200m	W35
T81	14:25	200m	M35
T82	14:30	800m	M50 (A & B Finals)
T83	14:40	800m	M45 (A & B Finals)
T84	14:50	800m	M40
T85	14:55	800m	M35 (A & B Finals)
T86	15:05	800m	W65-70
	15:10	800m	W75+
T87	15:15	800m	W60/W55
T88	15:20	800m	W50/W45
T89	15:25	800m	W40
	15:30	800m	W35
T90	15:35	800m	M80
	15:40	800m	M75
T91	15:45	800m	M70
T92	15:50	800m	M65 (A & B Finals)
T93	16:00	800m	M60 (A, B & C Finals)
T94	16:15	800m	M55 (A & B Finals)

Sunday 28 July - Field

No.	Time	Event	Age
F38	10:00	Triple Jump	Women W35-50
F39	10:00	Hammer	Men M60
F40	10:00	Shot	Men M45-50
F41	10:00	Javelin	Women W55-60
F42	10:00	High Jump	Women W35-50
F43	10:00	Discus	Men M35-40 Outside
F44	11:15	Pole Vault	Men M35-55
F45	11:15	Hammer	Men M50
F46	11:25	Discus	Men M55 Outside
F48	11:35	Triple Jump	Men M50 +M60
F49	11:35	Shot	Women W35-40
F47	12:00	High Jump	Women W55+
F50	12:25	Hammer	Men M35-45
F51	12:30	Discus	Women W35-40 Outside
F52	12:50	Triple Jump	Men M35-45, M55
F53	13:10	Shot	Women W55-60
F54	13:40	Discus	Women W45-50
F58	13:45	Weight	Women W55-60
F55	14:00	High Jump	Men M35-50
F56	14:20	Triple Jump	Women W55+
F57	14:40	Javelin	Men M55 & M60
F59	14:50	Weight	Men M45-55 Outside
F60	15:05	Shot	Men M35-40
F61	15:40	Triple Jump	Men M65+
F62	16:35	Shot	Women W45-50
F63	16:35	Pole Vault	Men M60+
F64	16:40	Javelin	Men M35-40
F65	16:40	Weight	Women W35-50