

When you need someone to talk to, we're here.

If your baby is in neonatal care, you might like to talk to one of our experienced volunteers via video call.

The one-to-one conversation is an opportunity to ask questions, talk to someone about how you're feeling and get some support.

Volunteers are available throughout the week and some evenings and weekends.

It's easy to arrange a call, simply visit bliss.org.uk/support or email hello@bliss.org.uk and leave the rest to us.

