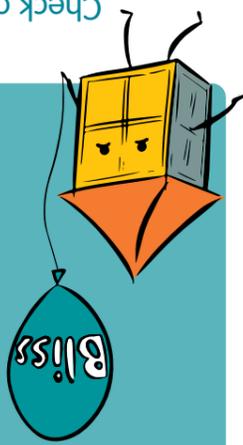


A little thank you from Bliss

Once you have finished your fundraising we will send you a thank you certificate.

★ **Raise £300** or more we will send a Bliss wristband, my first Bliss bear and Bliss candle tin.

★ **Raise £1000** or more to receive this year's Bliss super fundraiser glass trophy.



Setting up a JustGiving page

As well as using this paper form, setting up a JustGiving page is a great way to increase your fundraising. Just search **Bliss Little Lights** on JustGiving.

Once you have set up your page you can:

- ★ Join or create a team of Bliss Little Lights Walk fundraisers.
- ★ Share your page on social media to reach more potential sponsors.
- ★ Share your story on your page and keep it updated.

All money raised via JustGiving comes to Bliss automatically.

Top tip! If you are nearing your target, increase it to encourage people to keep donating to your page.

After your walk

We can't thank you enough for taking part in a Bliss Little Lights Walk and raising money for Bliss. This will help us to support the 100,000 babies born needing neonatal care every year.

Paying in your fundraising

If you have set up a **JustGiving** page for Bliss then the money you raise online will come to us automatically.

Please e-mail events@bliss.org.uk when all the donations are on your page.

You can also pay in your fundraising in two other ways:

- Online:** visit bliss.org.uk/donate to pay by credit/debit card or Paypal.
- By post:** cheques should be made payable to Bliss and returned to us with your sponsorship form to the address below.

Please tick which method you will use and remember to return your sponsorship form to Bliss. You can do this by email.

Once your fundraising has been paid in, we will send you a thank you certificate and any thank you gifts you are eligible for.

Contact us

☎ 020 7378 1122

✉ events@bliss.org.uk

🌐 bliss.org.uk/littlelights

🏠 Bliss, Fourth Floor, Maya House, 134-138 Borough High Street, London, SE1 1LB



Our work for tiny and poorly babies is only possible thanks to donations from generous supporters like you.



Bliss is there for all of these babies. We exist to ensure they have the best chance of survival and quality of life. We do this by working hand in hand with health professionals, providing training to improve care in units and funding neonatal research. We also provide information for families and have a dedicated network of volunteers providing practical and emotional support during what can be an incredibly stressful time.

Every year, over 100,000 babies are born premature or sick in the UK and in need of specialist hospital care. For these babies, the first few hours, days and weeks are the most critical that they will ever face. For their families, whether their baby is in hospital for a few days or many months, or sadly does not survive to come home, the journey they face is difficult and full of challenges.

Why Bliss needs you

Bliss Little Lights Walks are lantern-lit sponsored walks. Whether you are walking alone or with friends and family, you'll light up the night whilst raising vital funds for premature and sick babies. We hope you will bring out your lanterns, fairy lights and candles and shine bright!

What is a Bliss Little Lights Walk?

Bliss Little Lights Walk

Light up the night
for premature and sick babies



bliss.org.uk/littlelights

Sponsorship form

Bliss
for babies born
premature or sick

