Sheffield Teaching Hospitals NHS
NHS Foundation Trust

# Family and Infant Neurodevelopmental Education (FINE)

## for Medics and ANNPs

### A one-day interactive course for medical practitioners and neonatal nurse practitioners in paediatrics & neonatology

**Wednesday 23rd January 2019**

**08:45 – 16:45**

**R Floor Room 6**

**Royal Hallamshire Hospital, Sheffield Teaching Hospitals, S10 2JF**

This course introduces the scope of family-centred developmental care and presents the evidence supporting it. The programme includes presentations, demonstrations and interactive workshops with topics including:

- Preterm brain, motor and sensory development
- Long term neurodevelopmental outcomes
- Family Centred Care and the parent-infant relationship
- Observing and understanding infant behaviour
- Protecting sleep in the Neonatal Unit
- Supporting Skin to Skin care
- Managing stress and pain

**The 2019 course is offered at a discounted price of £30 which includes refreshments, lunch and a course handbook.** It is anticipated that the cost of subsequent courses will be approximately £100-£125

For further information contact caryl.skene@sth.nhs.uk

To apply click this link for the online application form or contact robert.rumsey@sth.nhs.uk

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FAMILY AND INFANT NEURODEVELOPMENTAL EDUCATION