

Teddy Bear

Bliss
for babies born
premature or sick



Knit using 3.25 needles (size 10) and Double Knitting yarn but **not** fluffy angora as the fibres can be inhaled. The bear can be brown and cream as shown or any colour of your choice. You'll also need some safe toy filling and a scrap of ribbon to finish. Tension should be just tight enough to prevent stuffing coming out through gaps. Easy to knit but more challenging to sew up!

HEAD

Cast on 6 stitches in main colour

1st and every alternate row: Purl 2nd row: Knit twice into each st (12)
4th row: Knit twice into each st (24) 6th row: Knit 8th row: K3, [inc 1, K5] x 3, inc 1, K2 (28) 10th row: Knit
12th row: Knit 14th row: K10, K2 tog tbl, K4, K2tog, K10 (26)
16th row: K4, K2tog tbl x 4, K2, K2tog x 4, K4 (18) 17th row: Change to white/cream for nose
18th row: K6, K2tog tbl, K2, K2tog, K6 (16) 20th row: Knit 22nd row: K2tog x 8 (8)

Break the yarn leaving a tail for sewing up. Thread through the remaining stitches and pull tight to gather. Secure the thread.

BODY

Cast on 9 sts

1st and every alt row: Purl 2nd row: Knit twice into each st (18) 4th row: [inc 1, K1] x 9 (27)
6th row: K1, [inc 1, K5] x 4, K2 (31) 7th row: Continue in stocking stitch for 15 rows
22nd row: K2tog x 15, K1 (16) 24th row: K2tog x 8 (8)

Break the yarn leaving a tail etc. as for head

ARMS

Cast on 5 sts

1st and every alt row: Purl 2nd row: Knit twice into each st (10)
4th row: K2, inc 1, K4, inc 1, K2 (12) 6th row: K3, K2tog x 3, K3 (9)
7th row: Continue in st stitch for 9 rows 16th row: K2tog x 4, K1 (5)

Break the yarn etc. as for head

EARS

Cast on 8 sts

1st row: Knit 2nd row: K2tog x 4 (4) 3rd row: K2tog x 2 (2)

Slip first st, knit second st, pass slipped st over. Break the yarn and bind off.

LEGS

Cast on 9 sts

1st and every alt row: Purl 2nd row: Knit twice into each st (18) 4th row: Knit

6th row: Knit 8th row: K4, K2tog x 5, K4 (13) 10th row: K4, K2tog, K1, K2tog, K4 (11) 11th row: Continue in st stitch for 9 rows 20th row: K2tog x 5, K1 (6)

Break the yarn etc. as for head

MAKE UP

Sew body seam using cast-off tail adding toy stuffing as you go. Gather cast-on stitches at neck to close.

Sew seam from nose to back of head adding stuffing as you go. Gather cast-on stitches to close.

Embroider eyes, nose and smiley mouth in black wool.

Attach ears to back of head (cast-on edge forms outside of ear). Sew head to top of body.

Gather cast-on stitches of arms and sew arm seam adding stuffing as you go. Sew arms to body.

Follow same instructions for legs.

To finish, tie ribbon around the bear's neck securing with a stitch centre-back for safety.

Adapted from a pattern kindly donated by Amanda Berry (Fluff and Fuzz)