

## Baby Ballerina Shoes



**Bliss**  
for babies born  
premature or sick

### MATERIALS

- Yarn: 20g DK yarn (Patons' Fairytale Dreamtime DK Pure Wool used in the sample).
- Small amount of contrasting DK for optional crochet flower embellishment.
- Needles & Extras: 3.5mm knitting needles,
- 2 3.5mm DPNs for knitting optional i-cord ties
- 3.5mm crochet hook for optional flower embellishment
- 1 stitch holder
- 1 darning needle

### TENSION

10cm<sup>2</sup> = 24sts & 40 rows in garter st.

### SIZE

Approx. 6cm in length

### ABBREVIATIONS

K: knit

sts: stitches

rep: repeat

P: purl

K2tog: knit 2 sts together

WS: wrong side

RS: right side

M1: pick up horizontal strand of yarn lying between the last st worked and the next st and knit into the back of it.

yo: put the yarn over the needle

sl 1: slip 1 stitch onto the right hand needle

psso: pass the slipped stitch over the knitted sts

ch: chain

dc: double crochet

ss: slip stitch

### INSTRUCTIONS

#### WHITE LACY SHOES

##### Begin with the sole:

\*\*\*\*Cast on 16 sts using 3.5mm needles.

Row 1 (& 3 & 5): K all sts.

Row 2: \*K1, M1, K6, M1, K1, rep from \* once. (20 sts)  
Row 4: \*K1, M1, K8, M1, K1, rep from \* once. (24 sts)  
Row 6: \*K1, M1, K10, M1, K1, rep from \* once. (28 sts)\*\*\*\*

### **Work the sides of the shoe:**

Row 7: \*K1, P1, rep from \* to end.  
Row 8: \*P1, K1, rep from \* to end.  
Repeat Rows 7 & 8 twice.

### **Divide sts to work the instep:**

Row 13: \*K1, P1, rep from \* twice, K1, cast off 4 sts, \*P1, K1, rep from \* twice, cast off 4 sts, \*P1, K1, rep from \* twice, P1. Break off yarn. Put first 7 sts and last 7 sts onto a stitch holder or a piece of spare yarn.  
Reattach yarn to the middle 6 sts with the WS facing, continue working on these 6 instep sts only:  
Row 14: \*K1, P1, rep from \* twice.  
Row 15: \*P1, K1, rep from \* twice.  
Repeat until 5 rows in total have been worked, finishing with a WS row (Row 18). Break off the yarn.

### **^^^^Work the ankle edging:**

With RS facing put the first 7 sts from stitch holder onto needle, then 6sts from instep, then the last 7 sts from stitch holder. (20 sts)  
Rejoin yarn and knit 2 rows.  
Cast off loosely knitwise.  
Make up  
Using yarn ends where possible, sew the sides of the instep to the cast off edges. Then bend the sole together and sew both halves together and continue sewing up the back to complete the heel and back of the shoe.^^^^

### **Optional loop for ties:**

With the wrong side of the shoe facing you, pick up 3 sts across the back of the heel and knit 10 rows. Break off the yarn and fold the loop towards the wrong side of the shoe. Use the yarn end to sew the 3 sts to the corresponding picked up st.

### **Optional ties (make 2):**

Using 2 DPNs, cast on 2 sts and knit an i-cord measuring 30cm. K2tog and fasten off. Sew in loose ends.  
Thread the ties through the loop of the shoe and tie loosely round baby's ankles.  
Alternatively thread a similar length of soft ribbon through the loop.

### **Optional picot flower embellishment (make 2):**

With 3.5mm crochet hook and contrast yarn make a magic adjustable ring then [ch3, 1 dc, ch3, ss] 5 times. Pull yarn to close the ring and form the flower. Fasten off and sew in loose ends. Sew to toe of shoe with contrasting yarn or tapestry/embroidery wool.

## **PINK LACY SHOES**

### **Begin with the sole:**

Follow the White Baby Ballerina Shoe pattern from \*\*\*\* to \*\*\*\*\*

**Work the sides of the sole:**

Row 7: K1, \*yo, sl 1, K2, pssso, rep from \* to end.

Row 8 (& 10 & 12): P all sts.

Row 9: K2, \*yo, sl 1, K2, pssso, rep from \* to last 2 sts, yo, sl 1, K1, pssso.

Row 11: K3, \*yo, sl 1, K2, pssso, rep from \* to last st, K1.

**Divide sts to work the instep:**

Row 13: K1, \*yo, sl 1, K2, pssso, rep from \* once, cast off 4 sts, K1, yo, sl 1, K2, pssso, K1, cast off 4 sts, \*yo, sl 1, K2, pssso, rep from \* once. Break off yarn. Put first 7 sts and last 7 sts onto a stitch holder or a piece of spare yarn. Reattach yarn to the middle 6 sts with the WS facing, continue working on these 6 instep sts only:

Row 14: P all sts.

Row 15: K all sts.

Repeat until 5 rows in total worked finishing with row 18. Break off yarn.

Follow the White Baby Ballerina Shoe pattern from ^^^^ to ^^^^ to complete the shoe and add the optional loops and ties if desired.

**Pattern kindly donated by Ceredka Designs**