

TrekFest

THE Beacons
6 July 2019

START



CHOOSE YOUR *DISTANCE.* **CHOOSE YOUR** *CHARITY.* **MAKE EVERY STEP COUNT.**

ARE YOU UP FOR
OUR ULTIMATE UK
TREKKING CHALLENGE?

#TREKFEST
01244 676 454
TREKFEST.ORG.UK

SATURDAY 6 JULY 2019

BRECON BEACONS NATIONAL PARK

25KM OR 50KM



THIS WAS MY FIRST EVER CHARITY EVENT WITH MY HUSBAND, WE DID TREKFEST THE BEACONS AND IT DID NOT DISAPPOINT. GREAT CAMPING AREA, AMAZING FOOD, FRIENDLY AND HELPFUL STAFF AND MOST OF ALL A POP-UP PUB - WHAT MORE COULD YOU WANT? IT WAS VERY WELL ORGANISED AND I COULDN'T FAULT IT AT ALL, THANK YOU ALL AND WELL DONE EVERYONE WHO TOOK PART!

RACHEL, TREKFEST BEACONS 2017 CONQUEROR



THE CHALLENGE

Join us for our ultimate UK trekking challenge – TrekFest!

The aim of this epic trek across the Brecon Beacons in South Wales is simple - complete your chosen distance whilst making the miles count. You can do it for yourself or in support of the charity of your choice!

Suitable for beginner trekkers and expert trail runners alike, taking on TrekFest is by no means a walk in the park - it's tough and will test you both physically and mentally, pushing your boundaries like never before. With the right training and preparation however, it is definitely achievable - as thousands of trekkers over the years will testify. Our incredible TrekFest conquerors tell us it's truly life-changing and proves that anything is possible, and the sense of achievement you'll feel as you cross that finish line is truly indescribable! Whether you're a solo trekker or getting your friends, family or colleagues together as a team, the TrekFest crew will be supporting you every step of the way.

We take care of all the details - route marking, marshalled and fully stocked checkpoints, medical support, food and refreshments along the route – allowing you to focus on the challenge ahead and keep putting one foot in front of the other until you cross the finish line. If you are signing up as a team, members can register on either route and can fundraise for the team's chosen charity or their own individual choice.

FACTS AND FIGURES

TREKFEST HAS HELPED TO RAISE ALMOST
£2 MILLION FOR CHARITIES NATIONWIDE
SINCE 2013

MORE THAN 7000 PEOPLE HAVE
CONQUERED THE CHALLENGE SINCE ITS
LAUNCH IN 2013

THE BRECON BEACONS NATIONAL PARK
IS AN SAS TRAINING GROUND – EXPECT
STUNNING BUT CHALLENGING TERRAIN!

SINCE 2013 OUR AWESOME PARTICIPANTS
HAVE COMPLETED A TREKKING DISTANCE
OF ALMOST 300,000KM – THAT'S MORE
THAN 7 TIMES AROUND THE EQUATOR!

I'VE JUST COMPLETED TREKFEST IN THE BRECON BEACONS WITH GLOBAL ADVENTURE CHALLENGES AND HAD A FANTASTIC TIME. REALLY IMPRESSED WITH THE ORGANISATION, PLENTY OF PRE-EVENT INFORMATION AND A GREAT FRIENDLY TEAM TO KEEP YOU MOTIVATED ON THE DAY. I WOULD THOROUGHLY RECOMMEND TREKFEST AND LOOK FORWARD TO DOING MORE GAC EVENTS IN THE FUTURE. THANKS TO ALL INVOLVED FOR A REALLY FAB WEEKEND!

DEBBIE, TREKFEST BEACONS 2017 CONQUEROR



THE TREKFEST VILLAGE

Both the 25km and 50km routes start and finish at The TrekFest Village, where you can find plenty of facilities over the weekend – toilets, showers, food and drink, even camping plots and car parking! Join us for a delicious BBQ and a drink at the TrekFest bar on the Friday evening before the event or enjoy a celebratory drink once you have crossed the finish line. Bring your friends and family along for support and make a weekend of it!

MAKING A DIFFERENCE WITH EVERY STEP

Since TrekFest launched in 2013, thousands of individuals have taken on the challenge – helping to raise almost £2 million for charities nationwide. Whichever payment option you choose, we encourage you to help make 2019 our best fundraising year yet and make every step count for a cause you're passionate about!

THE ROUTE

Trekking through the Brecon Beacons National Park in South Wales, you'll discover breathtaking landscapes, stunning hills and tranquil reservoirs along the way. You'll also reach the summit of the Brecon Beacons' highest peak, Pen Y Fan (886m) on both the 25km and 50km routes, where you'll witness beautiful views stretching as far as the eye can see. This distinctive flat-topped peak won't just be the highlight of your adventure – it's also the highest point in South Wales!

THE TREKFEST HALL OF FAME

Think you have what it takes to make the TrekFest Hall of Fame? Walk, jog or even run and see if you can beat the clock - in 2017 77% of our 50km trekkers completed the challenge in under 12 hours, will you join them in 2019? Or will you join the 16% of 25km trekkers who conquered the route in under 6 hours!








WHAT'S INCLUDED

As soon as you register for TrekFest you'll be on a fully supported journey to the finish line. We'll be there for you before, during and after the challenge, ensuring you're left with memories to last a lifetime. Organising endurance challenge events is our thing so if you have any questions or concerns just get in touch - we're here to help.

BEFORE

-  CLOTHING AND EQUIPMENT LISTS
-  TRAINING GUIDE
-  ROUTE INFORMATION
-  FUNDRAISING TIPS AND TRICKS
-  15% DISCOUNT AT COTSWOLD OUTDOORS
-  EXCLUSIVE ACCESS TO THE TREKFEST FACEBOOK COMMUNITY
-  EXCLUSIVE ACCESS TO THE PARTICIPANT AREA ON TREKFEST WEBSITE

DURING

-  FULLY SIGNPOSTED ROUTE
-  MEDICAL SUPPORT
-  ROUTE GUIDES
-  MARSHALLED CHECKPOINTS WITH WATER, FRUIT AND SNACKS
-  HALFWAY HOT MEAL (FOR 50KM ROUTE ONLY)
-  TIMING CHIPS
-  MARSHALS AND SWEEP WALKERS ALONG THE ROUTE
-  UNBEATABLE SUPPORT FROM THE TREKFEST CREW

AFTER

-  FINISHER'S MEDAL AND T-SHIRT - WEAR THEM WITH PRIDE!
-  HOT MEAL AT THE FINISH LINE
-  POST-TREK MASSAGE - SOOTHE AWAY THOSE ACHES AND PAINS
-  HOT SHOWERS
-  CELEBRATORY DRINK AS YOU CROSS THE FINISH LINE
-  UNWIND IN OUR POST-TREK CHILL OUT ZONE
-  AN INCREDIBLE SENSE OF ACHIEVEMENT!

WHO WE ARE



We're experts when it comes to organising charity challenge events all over the world. Since the year 2000 we've taken thousands of individuals on adventures worldwide, helping them to fulfil their dreams and ambitions whilst raising millions of pounds for UK registered charities. We're based in Chester, and we operate in more than 30 destinations across the globe. Working with the very best local ground operators, we offer challenges that take you off the tourist trail to discover true culture and adventure.

We don't use volunteers on our events - throughout the weekend you'll be supported by paid and experienced professionals. Our TrekFest crew is made up of Global Adventure Challenges staff and experienced mountain leaders who will marshal our participants and work with first aid services to ensure your continued safety throughout the challenge. We aim to inspire, support and excite – so if taking on TrekFest has ignited your passion for adventure, check out our worldwide challenges at globaladventurechallenges.com!



COMPANY TEAMS

GET YOUR WORKPLACE INVOLVED

Not only will TrekFest build a sense of team spirit between your employees, but it will also give you the opportunity to support your chosen charity of the year and aid your Corporate Social Responsibility goals. Join us for a weekend adventure – whatever your objective, we can help you achieve it!

If you're planning to join us for TrekFest as a corporate team, here's just a few of the benefits we can offer depending on the size of your group:

- Group discounts for teams of over 20 people
- Company invoices to streamline the registration process
- Corporate team registration system
- Fast-track check in
- Access to our corporate camping area with dedicated facilities
- Checkpoint sponsorship with branded banners

For further information on the packages available for corporate teams, request a copy of our Corporate Teams brochure by calling us on **01244 676 454** or emailing info@trekfest.org.uk.



I THINK THIS COMPANY ARE GREAT! I JUST COMPLETED TREKFEST THE BEACONS - ALL THE INFO AND GUIDANCE PRE-EVENT WAS EXCELLENT AND THE PLANNING THAT WENT THROUGH TO THE DAY WAS FANTASTIC! HELPFUL, FRIENDLY AND HIGHLY ENTHUSIASTIC STAFF HELPED KEEP MORALE UP AT ALL TIMES! THANK YOU FOR A FANTASTIC WEEKEND.

KELLY, TREKFEST BEACONS 2017 CONQUEROR



TREK IN STYLE

Official TrekFest merchandise will be available for you to purchase online when you register – so you can take on TrekFest in style or just grab the perfect souvenir of your achievement. Order a TrekFest technical t-shirt or snap up a TrekFest neck gaiter and protect yourself against whatever weather the day brings!



HOW TO REGISTER

The sooner you register, the more you save - plus the sooner you can start training and fundraising! Early birds get a discount on their registration fee so it pays to sign up sooner rather than later. Just head over to trekfest.org.uk to get signed up!

PAYMENT OPTIONS EXPLAINED

PAYMENT OPTION A

You pay the registration fee when booking your place on the challenge, and then agree to raise the minimum amount of sponsorship for a charity of your choice. Your charity will then pay the additional challenge balance on your behalf. 50% of your minimum sponsorship must be received by your chosen charity 6 weeks before the challenge. The remaining 50% of your sponsorship must be sent to your charity no later than 4 weeks prior to the challenge.

PAYMENT OPTION B

You pay the registration fee when booking your place and then agree to pay the additional challenge balance no later than 4 weeks before the challenge. With this option you don't have to commit to raising a set amount of sponsorship, however we'd still encourage you to support a charity of your choice and raise as much as you possibly can!

PAYMENT OPTION C

You pay the total discounted cost of the challenge in full when you book your place on the challenge. Again although there is no minimum sponsorship requirement, we'd still encourage you to raise funds for a charity of your choice!

JUST DONE THE 50K TREKFEST THE BEACONS WITH MY WALKING BUDDY ALISON. WOW!
 WHAT AN EXPERIENCE! THE PLACE, THE WEATHER, THE PEOPLE... ALL FABULOUS.
 GAC OBVIOUSLY KNOW HOW TO PLAN A CHALLENGE LIKE THIS AND WERE VERY PROFESSIONAL
 IN THEIR DELIVERY BUT ALSO VERY HUMAN, PERSONABLE AND ENGAGING THROUGHOUT. WE FELT
 SAFE WITH THE MOUNTAIN RESCUE TEAM IN ATTENDANCE AS WELL AS GAC TEAM. GORGEOUS FOOD,
 FAB MASSAGE WHEN FINISHED, LOTS OF WATER & SNACKS ON ROUTE. CHEERS GAC!
 ANGELA, TREKFEST BEACONS 2017 CONQUEROR



CHALLENGE COSTS

The tables below detail the exact costs for each payment option available. Please note, all registration fees are non-refundable.

PAYMENT OPTION A & B	Route	Early Bird 1 Registration Fee <i>Until 30 September 2018</i>	Early Bird 2 Registration Fee <i>1 October - 30 November 2018</i>	Early Bird 3 Registration Fee <i>1 December 2018 - 28 February 2019</i>	Standard Registration Fee <i>From 1 March 2019 onwards</i>	+	Payment Option A <i>Min. sponsorship requirements</i>	OR	Payment Option B <i>Challenge balance amount</i>
	25km	£45	£55	£60	£65		£180		£55
	50km	£55	£65	£70	£75		£330		£100

PAYMENT OPTION C	Route	Early Bird 1 Registration Fee <i>Until 30 September 2018</i>	Early Bird 2 Registration Fee <i>1 October - 30 November 2018</i>	Early Bird 3 Registration Fee <i>1 December 2018 - 28 February 2019</i>	Standard Registration Fee <i>From 1 March 2019 onwards</i>
	25km	£90	£100	£105	£120
	50km	£145	£155	£160	£165

FAQS

EVERYTHING YOU NEED TO KNOW

IS THIS CHALLENGE FOR ME?

ABSOLUTELY! The minimum age requirement for the challenge is 18 years, though 14-17 year olds can take part with a parent or guardian. Whether you're looking to take part as a solo trekker or as part of a team you will be amongst like-minded individuals and team spirit will be flying high.

CAN I RUN TREKFEST?

Of course, if running is more your thing you are welcome to run or jog TrekFest! Why not see if you can beat the clock and make the TrekFest Hall of Fame!

HOW FIT DO I NEED TO BE?

The routes are designed to be challenging - the elevation will vary along the routes and you'll experience different terrain than you're used to day-to-day. Our participants' health and safety is our number one priority, so participation in the event is subject to completion of a medical declaration. A full training guide is available to download via the TrekFest website and we also run training weekends across the UK for anyone taking part in any Global Adventure Challenges event – a fantastic opportunity to meet other challengers and train together prior to the event.

DO I NEED SPECIALIST KIT?

A full kit list is available to download via the TrekFest website, it is vital that you carry the mandatory items listed. The route is fully signposted, but you will be provided with a route guide to carry as part of our safety procedures.

WILL THERE BE FOOD AND DRINK AVAILABLE?

Food and drink are readily available to buy at the TrekFest Village throughout the weekend, including a BBQ on the Friday night before the challenge. Complimentary water and snacks are available on the trek at checkpoints and there is a food stop halfway for the 50km route only. All participants also receive a hot meal once they cross the finish line. Please note breakfast on the Saturday morning before the challenge is not included, you will have to pay for this separately. We cater for most dietary requirements providing we know in advance, just fill out the relevant section when you register.

CAN I BRING MY DOG?

Unfortunately dogs (aside from assistance dogs) are not permitted on the trek or at the TrekFest Village.



GREAT ATMOSPHERE AT TREKFEST THE BEACONS 2017.

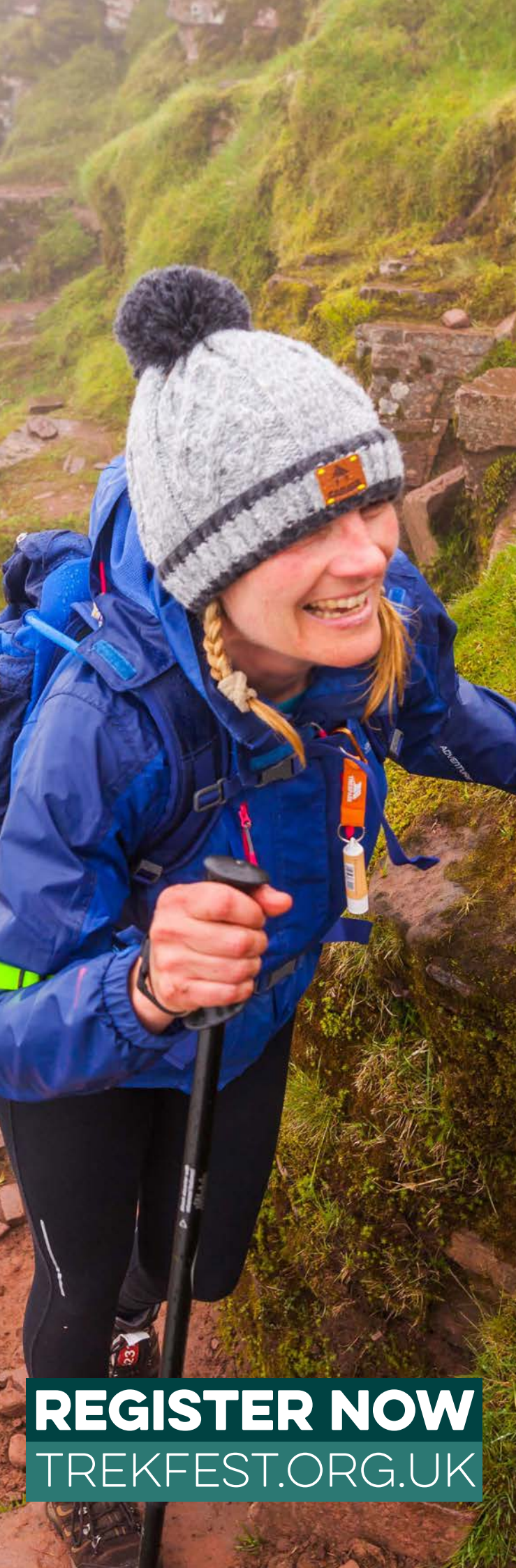
THE TEAM ENCOURAGING THE TREKKERS HOME

AT THE FINISH LINE WERE BRILLIANT AND

KEPT THE COMMENTARY GOING THROUGHOUT

THE EVENING. SEE YOU ALL NEXT YEAR.

MICHAEL, TREKFEST BEACONS 2017 CONQUEROR



I'M TAKING PART AS AN INDIVIDUAL AND I'M A BIT NERVOUS ABOUT TREKKING ON MY OWN, ANY ADVICE?

Join our TrekFest community on Facebook and get chatting to fellow trekkers! Many of our challengers arrange to meet for training walks ahead of the challenge and on the challenge itself. There will be many other individuals taking part in the event who you can join and share the experience with – the camaraderie amongst our participants is second to none. The TrekFest crew will also be there supporting you along the way!

WHAT SUPPORT IS THERE ON THE EVENT?

This is a fully supported event. There will be a strong support team with professional Global Adventure Challenges leaders. Sweep walkers will bring up the rear of the group and marshals carrying first aid kits will be along the route. All checkpoints are also marshalled with first aid kits and there is a first aid point located at the TrekFest Village.

WHAT HAPPENS IF I GET TIRED?

There are checkpoints along the route for you to rest at and it's not a problem for you to take more rest stops if you need them - but please be conscious of the time allowed to make it to checkpoints before they close or you may not be permitted to continue on the challenge for your own safety. If you need to pull out of the challenge for medical reasons you will need to do so at the nearest checkpoint and inform the checkpoint crew and they will arrange a transfer via a support vehicle back to the TrekFest Village.

CAN I SUPPORT ANY CHARITY?

Yes, providing we receive their authorisation that they are happy for you to do so. TrekFest is an 'Open Challenge' which means participants and teams are free to support the UK registered charity of their choice.

I'M WORRIED I WON'T RAISE THE MINIMUM SPONSORSHIP, ANY ADVICE?

Once you have signed up you'll receive a fundraising pack from your chosen charity to help you with your fundraising. You'll also receive a few tips and ideas from us to help you on your way!

I'M INTERESTED, HOW DO I SIGN UP?

You can register online via our website trekfest.org.uk. Places are limited and allocated on a first-come, first-served basis. We'll send out all the relevant information to you in the lead up to the event, so be sure to check your email inbox regularly! Your chosen charity will also contact you to discuss fundraising. If you have any other questions just get in touch, we're more than happy to help. Please call **01244 676 454** or email info@trekfest.org.uk.

REGISTER NOW
TREKFEST.ORG.UK

Online registration by [active.com](https://www.active.com)



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