

## Suggested Routes

If you are organising your own walk, why not try one of the suggested routes below and if not hopefully it will give you some inspiration to find your perfect journey.

### **Cotswold Way**

Running between Chipping Campden and Bath, the 102 mile long Cotswold Way passes picturesque villages and historic sites as it travels along the Cotswold escarpment.

[www.nationaltrail.co.uk/Cotswold](http://www.nationaltrail.co.uk/Cotswold)

### **Hadrian's Wall, Housesteads Roman Fort, Northumberland**

Tackle the most dramatic part of the Great Wall of the North and educate yourself on Britain's most famous Roman Fort. The views are best admired in morning sunlight, but avoid the area when it's raining as the route can be slippery and boggy.

[www.hadrians-wall.org](http://www.hadrians-wall.org)

### **Lane End to Henley, Oxfordshire**

A moderately hilly walk through some of the best of the Southern Chilterns scenery, red kite country, visiting three picturesque villages, and finishing down the Hambleden Valley to the Thames, with an optional three mile (five km) riverside extension to Henley.

<http://www.bucks-wmiddx-ramblers.org.uk>

### **The West Highland Way, Scotland**

Opened in 1980, The West Highland Way is Scotland's first official long distance route. This hike, which starts in the outskirts of Glasgow in the lowlands of Scotland and leads walkers to the foot of Ben Nevis in the North of Scotland, is a challenging yet rewarding experience.

[www.west-highland-way.co.uk](http://www.west-highland-way.co.uk)

### **South Downs Way**

Running 100 miles between historic Winchester to the white cliffs at Eastbourne, this route takes in the beautiful scenery of the newly-created South Downs National Park. This route provides walkers with the perfect opportunity to get away from it all.

[www.nationaltrail.co.uk/Southdowns](http://www.nationaltrail.co.uk/Southdowns)

### **North Downs Way**

Follow in the footsteps of pilgrims as you journey through inspirational countryside on the North Downs Way National Trail. Steeped in history, this 153 mile route offers spectacular views and peaceful landscapes along the North Downs in Surrey and Kent.

[emptywww.nationaltrail.co.uk/Northdowns](http://emptywww.nationaltrail.co.uk/Northdowns)

### **Purbeck Plod, Dorset**

A strenuous circular route from the sea front in Swanage - great views along the coast going west and panoramic views of the valley back down to Swanage.

[www.jurassicjaunts.co.uk/Purbeck\\_Plod.aspx](http://www.jurassicjaunts.co.uk/Purbeck_Plod.aspx)

### **Malham Cove, Yorkshire Dales**

An awe-inspiring collection of vistas as you pass the dramatic Gordale Scar, climb up to Malham Tarn (Britain's highest lake) and take it in the simple beauty of Janet's Foss waterfalls.

<http://www.malhamdale.com/walking.htm>

### **Epping Forrest, London**

Epping Forest has over 20 miles of surface trails and over 6,000 acres of forest to explore by foot, with the added addition lake views.

<https://www.cityoflondon.gov.uk/things-to-do/green-spaces/epping-forest/sports-events-and-activities/Pages/walking-and-running.aspx>

### **Berry's Green Circular, Kent**

An undulating walk through ancient villages and passing Biggin Hill's wartime airfield, the southern limit reaches the North Downs ridge with extensive views across the Weald to Ashdown Forest.

[https://www.ldwa.org.uk/ldp/members/show\\_path.php?path\\_name=Berrys+Green+Circular](https://www.ldwa.org.uk/ldp/members/show_path.php?path_name=Berrys+Green+Circular)