

## Baby's come early!



Hello.

I hope you enjoy reading “Baby’s Come Early” as much as I enjoyed creating it with the staff at Queen Charlotte’s Hospital, and my husband who drew all the pictures.

We created the book specifically to help young children who may find the early arrival of a sibling confusing, especially as often this is linked to their mother staying in hospital a little longer and sooner than anticipated. Not forgetting the attendant disruption to the household at this confusing and stressful time for all members of the family.

I’m delighted that the book has proved to be very helpful to many families, and feel it is really important that it is handed out at the neonatal ward or by a nurse who has contact with the family...as rushing round a bookstore is not going to be a priority at the birth of a premature baby!

My husband and I know first-hand that the time on a neonatal ward is one of the most intense experiences parents can encounter...and hope that the book gives a bit of comfort and clarification to family members at this unique time.

Julie O’Sullivan, Parent

We have had tremendously positive feedback about this resource from families, they have let us know that reading the book through with siblings has helped brothers and sisters understand more about what is happening and in some instances has helped reduce the many questions young children ask about the situation the family has been catapulted into.

If you would like further copies of this wonderful resource you can order (a maximum of 20 at a time) via The Winnicott Foundation the charity linked to our neonatal units: [info@winnicott.org.uk](mailto:info@winnicott.org.uk). The family are keen that the book is disseminated as widely as possible and hence we ask that you cover costs only. The resource will also be available on the Imperial App “Integrated Family Delivered Care” (IOS and Android) in April and is due to be on the Bliss website in the near future.

We hope you find the booklet as helpful as we have.

Imperial Neonatal Units, London

