

50 Miles Dog Walk in August



Use the circles to write in your daily miles count so you can see what an amazing job you are doing for the 250 babies admitted to neonatal care every day in the UK.

Remember to tag **@BlissCharity** and use **#MilesForBliss** if you are sharing photos or videos on social media.

Bliss
for babies born
premature or sick

Registered with
**FUNDRAISING
REGULATOR**

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You're doing amazing!

Remember to rest and recover

Half way there

You're doing great

Need help with your fundraising? Just ask on the Facebook group

More than 60% of babies in neonatal care are born full term.

Every six minutes, a baby is admitted to a neonatal unit in the UK.

Invite your friends to join your Facebook fundraiser

Total miles in August



YAY YOU DID IT

Well done! You've stepped up for babies in neonatal care.